

Fall Activity Guide

Programs, Athletics and Special Events for Adults, Youth and Families



Registration Site: middleburyvt.myrec.com

Middlebury Parks & Recreation Department • townofmiddlebury.org • Sept. - Nov. 2026



72-76 Merchants Row Middlebury VT | 802.388.1436

General Information

Mission Statement

The Middlebury Parks & Recreation Department (MPR) shall provide lands, facilities, and services for community members of all ages and all income levels. It shall provide programs for both sport and leisure. The department shall serve as instructor, facilitator, and partner in efforts to promote and improve quality of life for participants. MPR will work with an involved public and business community to provide a healthy and aesthetically pleasing environment with opportunities for cultural growth.

The department should be flexible enough to meet the changing needs and tastes of the community, while finding creative ways to deliver recreation programs and facilities that are affordable to the residents of Middlebury.

Contact Us

Office Hours: Monday – Friday, 9:00 am – 5:00 pm

Physical Address: 154 Creek Road, Middlebury, VT 05753

Mailing Address: 77 Main Street, Middlebury, VT 05753

Phone: 802-458-8015

Facebook: Town of Middlebury Parks and Recreation

Staff of Middlebury Parks and Recreation Department

Scott Bourne – Director

802-458-8015 sbourne@townofmiddlebury.org

Bonnie Moore — Program Coordinator

programcoordinator@townofmiddlebury.org

Middlebury Parks & Recreation Committee

The Parks and Recreation Committee is currently undergoing a reorganization process aimed at improving overall efficiency, clarity of roles, and effectiveness in supporting the department's operations. This effort is intended to better align the Committee's work with the needs of the department, the Town, and key stakeholders, including board and committee members.

As part of this transition, updates and refinements will continue to be made to ensure the Committee structure remains practical, responsive, and valuable in guiding decision-making and long-term planning. Please keep an eye out for future updates as this work progresses.

INCLEMENT WEATHER POLICY

Programs may be cancelled in the event of severe weather or power outages.

MPR encourages you to do the following if you have any questions:

Call: MPR Offices, 802-458-8015

Check: Facebook – Town of Middlebury Parks & Recreation

ADVERTISING

The Addison Independent prints and distributes this publication four times per year.

We welcome your advertisement for a business, program or event in our publication for a fee; please contact us for more specific information: advertising@addisonindependent.com or 802-388-4944.

Reservations: Facilities and Sports Fields

Middlebury Parks & Recreation Department requests that all groups planning to use our facilities or fields please notify us in advance by making a reservation. Anyone wishing to make a reservation must complete a facility use application, available in our offices or online at www.middleburyvt.myrec.com. Facility Use Request Forms are considered on a first-come, first-served basis, depending on availability. Rental fees may apply. For additional information regarding availability, rates, and reservations, contact the MPR offices at (802) 458-8015.





Non-Resident Policy

Non-Residents of Middlebury are allowed to register for all Parks and Recreation programs. Non-Residents will be charged an additional fee of 25% for each program registered for. A Non-Resident is defined as someone who does not live in Middlebury or pay property taxes to the Town of Middlebury.

Scholarships

Middlebury Parks and Recreation is pleased to be able to offer scholarships to participate in all our programs. The scholarship guidelines are based on the free and reduced lunch guidelines within the schools. If you would like to apply for a scholarship or for more information, please contact our office.

Accessibility

Individuals with or without disabilities may register for all programs offered by MPR provided program safety can be met. The Department provides reasonable accommodation for people with disabilities. Contact MPR offices in advance of the program start date to discuss accommodation on a case-by-case basis.

Refund Policy

If you need to cancel your registration before the second session of the program, we will refund you a pro-rated registration fee, minus a 10% processing fee. After attending the second session, eligibility for a refund is void.

- Please be aware that refund requests may take up to 30 days to process.
- Every effort is made to ensure that the information in this guide is accurate. We reserve the right to add, withdraw, or revise programs or events as needed. For more updated information, please visit our website often.

WEBSITE: WWW.TOWNOFMIDDLEBURY.ORG

REGISTRATION SITE: MIDDLEBURYVT.MYREC.COM

A BETTER PLACE TO LIVE, WORK & PLAY

SPOOKTACULAR IS COMING!

SUNDAY, OCTOBER 25TH

11-1PM

DON'T MISS THE POPULAR MAIN STREET SPOOKTACULAR PARADE! ORGANIZE AT THE GAZEBO FOR 11:30AM DEPARTURE.

GET READY FOR **TRICKS, TREATS** AND LOTS OF FUN NEW **ACTIVITIES** ON THE GREEN IN MIDDLEBURY!



VISIT EXPERIENCEMIDDLEBURY.COM FOR MORE INFO ABOUT SPOOKTACULAR, THE REST OF EXPERIENCE MIDDLEBURY SIGNATURE EVENTS AND ALL OF THE WAYS YOU CAN LIVE, WORK AND PLAY BETTER IN MIDDLEBURY!



EXPERIENCE MIDDLEBURY IS BROUGHT TO YOU BY THE BETTER MIDDLEBURY PARTNERSHIP









Take your skiing and snowboarding to new heights!



Registration is now open until December 1
Register early to participate in dryland training!

Financial Assistance Available



Join the Middlebury Ski & Snowboard Club and level up your ski and snowboard skills. Learn ski racing or refine your free-ride ski and snowboard techniques with other young enthusiasts this winter!

For more information, please visit us online at
www.middleburyskiandsnowboardclub.org



Walk and Bike Activities

Middlebury E-bike Lending Library:

Ilseley Public Library is partnering with Frog Hollow Bikes to loan out three e-bikes through October. E-bikes have an electric assist that helps riders get around with less effort and scale hills that previously seemed impossible. For complete details, loan rules, and descriptions of the bikes please visit: <https://www.ilsleypubliclibrary.org/find-it/library-of-things-e-bike/>

To reserve a bike, call the library front desk at 802.388.4098



Middlebury Bike Pump Track: Check out the town's bike pump track at Rec Park next to the town pool. Pump Tracks are small, confined loops consisting of banked corners and rollers that are spaced and shaped to enable riders to generate momentum by "pumping" the bike through the rollers. Pump tracks are fun, and also develop bike handling skills for riders of all ages.

Safe Routes Middlebury hosts "Walk and Roll to School Day" on the first Wednesday of each month at Mary Hogan School, monitors traffic patterns and travel behavior, plans activities to teach bike skills and rules of the road, and recommends improvements to roads, parking lots, drop offs, sidewalks, crosswalks, traffic lights, signage, bus routes, bike routes, bike racks, and more.

Walk/Bike Council of Addison County is a county-wide, citizen-led advisory group that meets to discuss county-wide walking and cycling topics. The Council seeks to build momentum and capacity for safer walking and biking to our towns and villages. Council members work with state and regional agencies, municipal staff, schools and other interested community partners. Anyone interested should visit <https://www.walkbikeaddison.org/>

International Walk and Bike to School Day

is a global event that involves communities from more than 40 countries walking and biking to school on the same day. Over time, this event has become part of a movement for year-round safe routes to school and a celebration – with record-breaking participation – each October.

This year the date is October 7th, 2026.



Aim for Archery Archery Class 101

Instructor: Melinda Laben-Hardt

Age: 8 to 99

Level: Beginning to Intermediate

Dates: Thursdays – 9/10, 9/17, 9/24, 10/1

Time: 4:30 p.m. – 5:30 p.m.

Price: \$100 dollars

Type of bow – Recurve

Minimum of 8 students per class with a maximum of 14 students per class.

Location: TBD

The equipment will be provided by instructor:

Recurve Bows, Arrows w/Field tips, Targets. The course content will review range safety, range set-up, basic equipment and use, and the basic steps of shooting and scoring.

Qualifications: Melinda Hardt has been instructing Archery classes for youth since 2007. She has taught Archery programs all over the country, from California to Maine. She is a certified Level 2 Archery Instructor through USA Archery.



SPOTLIGHT VERMONT

www.spotlightvermont.com

South Burlington
& Middlebury



LET
YOUR
LIGHT
SHINE

Dance Classes for All Ages
Musical theater classes for 11-14 years old

Learn from Spotlight Vermont's outstanding team of experienced instructors in a fun and supportive environment.



Classes fill quickly,
Register today!

Skate with Middlebury FSC!

Is your child ready to spin, glide, and shine? The Middlebury Figure Skating Club, in partnership with Middlebury Rec and Middlebury College, offers fun and inclusive figure skating lessons for kids ages 5–18.

Classes begin in October and end with a joyful group Ice Show in February during Middlebury College's Winter Carnival.

Skaters are grouped by ability and taught using the U.S. Figure Skating model by experienced, supportive coaches.

Most beginner and intermediate lessons are Sunday mornings;

Advanced lessons are Sunday evenings with an additional weekday morning option.

All practices are held at the Chip Kenyon '85 Arena at Middlebury College.

Skaters need their own skates—figure skates are encouraged for ages 8+.

Registration opens in September through the Middlebury Rec Department.

Questions? Email us at skating@middfsc.org.





**FROG HOLLOW
BIKES**
MIDDLEBURY, VT

**THE BIKE
SHOP FOR
EVERYONE!**



Your local bike shop
with over 50 years of
experience!

Call to schedule a tune today!

802-388-6666

Other Services:

**Bike Rentals • Ice Skate Sharpening
Ski and Snowboard Tuning**

74 Main St., Middlebury • froghollowbikes.com

Fall Highlights at the Sheldon!

Mingle at the Museum

**Saturday, September 26, 2026
5:00 PM - 7:00 PM**



Support the Sheldon by joining us for live music with Ernest James Zydeco, dinner by Crooked Ladle, treats by Cookie Love, beverages, photo booth, scavenger hunt, games and a silent auction!

\$50 General admission; Kids are free

Illustrating Vermont History

A Panel of Storytelling and Graphic Novels
A VT Humanities Fall Festival event

**Saturday, October 24, 2026
1:00 PM - 3:00 PM**

Featuring authors Dan Nott, Daryl Deitchik and Tillie Walden, moderated by Middlebury College Professor of History, Rebecca Bennette.
Free and Open to All.



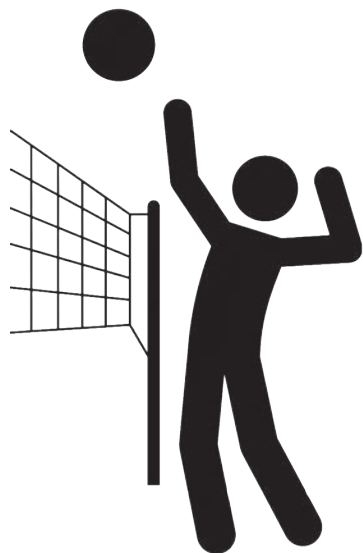
One Park Street, Middlebury, VT 05753
(802) 388-2117
HenrySheldonMuseum.org
Scan QR code for more events



Adult Co-Ed Volleyball

Advanced beginner and above volleyball. Players aim for good ball-handling skills, trying bumps, sets, and spike on most plays. Teams are formed each week depending on who attends to keep the skill levels balanced on both sides and fun for all.

Location: Middlebury Rec Center Gym –
154 Creek Road, Middlebury, VT



Date/Time: Mondays –
6:45 p.m. – 9:00 p.m.

**\$4.00 per drop-in or buy
a \$20 punch card for 7
visits.**

For more information,
please contact
Sue Richardson at
suerichardson@gmavt.net
or 802-557-2724. We use
the GroupMe app to do
weekly headcounts and
communicate time changes
and cancellations.



TaeKwonDo KICKS — Teaching Students to be Good NINJAS for 19 years

NINJA Rules:

**Never hit • Include Everyone • No Lying
Just be Kind • Always Be you**

**Our main goal at KICKS is to provide a safe community for
everyone and increase students' self confidence and self
worth through respect, mentoring, hard work and fun.**



Come join our KICKS Family. Contact us for your first free class: 802-377-0476 or tkdkicks101@yahoo.com

**Classes for all ages preschool through grandparents (all family style - so everyone trains together) in
Middlebury, Vergennes, Orwell, and Hinesburg. Month to month commitment only with family discounts.**

MiniBury

by the *Addison Independent*



Looking for local kid-friendly events? We've got you covered!

Subscribe to MiniBury to get year-round local events, activities and resources delivered directly to your inbox every week. We're always looking for contributors! Email hello@minibury.com to learn more.



Scan the code or visit minibury.com to sign up for our email newsletter.



2026 Middlebury Flag Football

REGISTRATION and EQUIPMENT ISSUED at the Middlebury Rec Gym – 154 Creek Road

Tuesday, September 1, 6:00 p.m. – 6:45 p.m.

8th grade: 6:00 p.m.

7th grade: 6:15 p.m.

6th grade: 6:30 p.m.

Wednesday, September 2, 6:00 p.m. – 6:45 p.m.

1st – 3rd grade: 6:00 p.m.

(Grades 1–3 can also register online)

4th grade: 6:15 p.m.

5th grade: 6:30 p.m.

****Please bring two (2) separate checks to registration, one for registration fee and one for equipment deposit. Cash is also accepted.**

REGISTRATION FEE: Payable to Middlebury Flag Football (MFF)

Grades 5–8: \$50.00 for first player *see below for family rate information

Grade 4: \$25.00

Grades 1–3: Free

***Family Rate: \$50.00 for 1st player, \$25 for 2nd player, free for additional players**

EQUIPMENT DEPOSIT: All players, grades 4–8:

\$125.00 payable to Middlebury Flag Football (MFF).

Original checks will be returned when all equipment is returned on time in satisfactory condition.

**SKILLS CLINIC/TEAM ASSIGNMENT:
GRADES 4–8**

Saturday, September 5, 11:00 a.m. – 12:00 p.m.

Flag Football Clinic hosted by Middlebury College Football team at Middlebury College Alumni Stadium.

- Bring your flags only – leave the rest of your gear at home
- Cleats are optional
- There are many events at the college on the 5th; you may need to park a distance and walk. Please allow enough time to find parking and get to the field for players to be ready to go by 11:00.



Sunday, September 6

Coaches contact each player regarding team assignments, practice details, and their contact information. If you do not hear from the coach by 6:00 p.m. Sunday evening, contact Peter Brakeley at 802-989-6992 or June Kaufmann at 802-349-8534.

Week of September 7

Grades 5–8: Four (4) practices, 2 hours each. Practice days and times determined by team coach.

Grade 4: Monday and Wednesday 5:00 p.m. – 6:00 p.m.

Grades 1–3: Monday 5:00 p.m. – 6:00 p.m.

Practice for all grade levels takes place on the MUHS practice fields.

Saturday, September 12

Games begin! All games will be played at the MUHS practice fields.

• 9:00 a.m. – **Grades 7 and 8**

• 10:30 a.m. – **Grades 5 and 6**

Grades 1–4 do not have Saturday games

Week of September 14

Grades 5–8: Two (2) practices, 1½ hours each.

Grade 4: Continue 2 practice sessions per week.

Grades 1–3: Continue with 1 practice a week. No Saturday games for grades 1–4.

Remainder of the Season:

Repeat of the above

Grades 5–8: 2 practices each week, games on Saturday through October 17th.

Grade 4: Monday, Wednesday practice 5:00 p.m. – 6:00 p.m.

Grades 1–3: Monday practice 5:00 p.m. – 6:00 p.m.



Yoga with Vanessa Dunleavy

Time: Fridays, 11:00 a.m. – 12:00 p.m.

Location: Middlebury Rec Center
Multipurpose Room

Cost: \$15

Come revitalize your body and relax your mind with Yoga asanas and breath work. With a focus on alignment and awareness, we will work on strength, balance, and flexibility, all while honoring our body's intuition and individual needs.

Learn more about Vanessa at
www.vanessadunleavy.com



Let Us Host Your Event!

Soccer • Lacrosse • Basketball • Baseball • Hockey • Rollerblading
Concerts • Car Shows • Home Shows • Flea Markets • Fund Raisers
And More!

See You On the Ice in October!

296 Buttolph Dr, Middlebury
www.MemorialSportsCenter.org



Make Music at MCMC this Fall!

- Private lessons for all ages and levels
- Group classes including Youth Chorus, Community String Ensembles, Ukulele Jam, the MCMC Ramblers Acoustic Jam, and Standard Jazz and Improv
- Music Together® (ages 0-5) and Rhythm Kids® (ages 4-8)
- Performance salons and more!

To learn more visit: mcmcv.org



Peace of Mind

*is Knowing Your Loved One
Never Leaves Our Care*

Affordable Cremation
& Burial Plans

The only on-site crematory in Addison County.
Locally owned & operated by Walter Ducharme

Sanderson-Ducharme Funeral Home
117 South Main St. Middlebury, VT
802-388-2311
sandersonfuneralservice.com

Pumpkin Spice and Everything Local



Whether you're cheering from the soccer sidelines or savoring a latte on the porch, local news is part of every season.



Set up your regular donation and help sustain award-winning local journalism in our community!



ADDISONINDEPENDENT.COM/ALL-STARS

2026 Fall Soccer

All practices will be held at the Middlebury Recreation Park.

Soccer will begin the week of September 7.

You can register on middleburyvt.myrec.com.

Registration will close September 4.

Cost: \$85 for residents of Middlebury, \$106.25 for non-residents. (Scholarships available)

Each registrant will receive a ball and jersey to keep.

If you are interested in coaching a team, please email Bonnie at programcoordinator@townofmiddlebury.org

Division 1: Grades 1 and 2 (Co-ed)

Wednesday and Friday 3:30 p.m. – 4:45 p.m.

Division 2: Grades 3 and 4

Tuesday and Thursday 3:30 p.m. – 5:00 p.m.

Division 3: Grades 5 and 6

Boys: Monday and Wednesday 5:30 p.m. – 7:00 p.m.

Girls: Monday and Wednesday 5:30 p.m. – 7:00 p.m.

Please note that 6th graders will have the option of playing both Rec and Middle School Soccer this fall (practices are later for that age group so they have the option to do both).



Preschool and Kindergarten Soccer (Ages 4–5)

Mondays: September 14th – October 14th

4-Year-Olds: 3:40 p.m. – 4:10 p.m.

5-Year-Olds: 4:15 p.m. – 5:00 p.m.

Cost: \$60 for residents of Middlebury, \$75 for non-residents. (Scholarships available)

This session will focus on teaching the fundamentals of soccer. This program is designed to be clinic-based skills work, which will help players get ready for the next level of competitive soccer while keeping it fun and engaging. The groups will be age-specific this year, and we will be limiting it to 20 players per age group so we can keep these group sizes small and offer more one-on-one direction.

MUHS 2nd–5th Grade Field Hockey Clinic

Description: The MUHS Field Hockey team is excited to offer a fall field hockey clinic for youth interested in learning about the game! These weekly clinics led by high school players and coaches will touch on fundamental field hockey skills, teamwork, and gameplay. This clinic is open to players in 2nd–5th grade with any amount of experience. A stick selection is available for players who do not have their own stick. Players should bring their own shin guards, mouth guard, and water. Please notify MaKayla if your child is riding the bus and a Varsity player will meet them. We are hosting a total of four practices and one scrimmage. Please take note of



the dates below. Registration funds support the MUHS Varsity Field Hockey Program.

Schedule:

Practices (3:45 p.m. – 4:45 p.m.) – Wednesday 9/9, 9/16, 9/30, 10/14

Youth Day – 9/23 @ 4:30 p.m. Come cheer on your Varsity Tigers at Jette Field!

Home Scrimmage (5:00 p.m. – 6:00 p.m.) – Thursday 10/8 vs. Bristol

Location: MUHS Field Hockey fields (below high school football fields)

Cost: \$60

Instructors: MUHS Field Hockey players and coaches (MaKayla Broughton & Tajah Marsden)

Contact: mbroughton@acsdv.org



MARK RAYMOND • raymondrenovation@gmail.com

The logo for Raymond Renovation & New Construction, LLC, featuring the company name in a stylized, serif font within a dark blue, shield-like border.

Handling all phases of residential and light commercial carpentry since 1992

www.raymondrenovationvt.com • 802-388-0742

The logo for the Middlebury Dance Centre, featuring the name in a cursive font and two purple silhouettes of dancers in dynamic poses.

Weight/Stretch and Ballet Classes for teens and adults!

For more information please contact Barbara Elias at (802) 388-8253

14 Seminary Street | Middlebury



Self Defense Aiki Jitsu Adults Program

Ages: 14 and up

Cost: \$50.00

Maximum Class Size: 10

Aiki Jitsu is a dynamic, self-defense oriented martial art encompassing strikes, throws, joint locks, and ground fighting. It focuses on using leverage and body mechanics to allow a smaller person to defeat a larger, stronger attacker.

**No experience needed
(but welcome if you have some!)**

Come ready to learn and enjoy a challenging and dynamic workout!

Instructor: Sensei Bruce Andrews

Schedule: September 16 – December 9.

Morning Classes: Monday, Friday 9:00 a.m. – 10:30 a.m.

Evening Classes: Monday, Wednesday, Friday 7:00 p.m. – 8:30 p.m.

Note: Signing up will enable you to participate in any combination of morning and evening classes. Students will need to purchase their own Judo Gi with white belt before class (Available at awma.com, amazon.com, or sporting goods stores). Note that a karate, tae kwon do or ju-jitsu gi will be unlikely to stand up to the strain of throwing techniques. Students without a suitable gi will not be able to participate in throwing techniques.

Questions: Contact Sensei Andrews at 860-488-0429 or bruce@zenbudokaieast.org.



**CO-OPERATIVE
INSURANCE
COMPANIES**

As a member-focused insurer, we offer financial security and trusted protection through personal, commercial, and farm insurance—delivering on our promise with integrity and care.



HOME • BUSINESS • AUTO • FARM

Middlebury, Vermont • (802) 388-7917

Find a local agent near you at co-opinsurance.com

Committed to our MEMBERS, protecting what matters most.

Tot Time

Location: Middlebury Rec Gym

Times: Wednesdays and Thursdays
10:00 a.m. – 12:00 p.m.

Cost: Free, thanks to generous sponsorship
by Junebug

**Tot Time begins on
Wednesday, September 9!**



District Transfer Station

1223 Rte 7 South Middlebury, VT

HOURS: Monday-Friday 7 AM to 3 PM, Saturday 8 AM to 1 PM
NO RESIDENTIAL TRASH OR RECYCLING

HazWaste Center:

HOURS: Monday-Friday: 8 AM to 2 PM, Saturday 8 AM to 1 PM
BUSINESSES MUST MAKE AN APPOINTMENT

Accepted Items:

- Appliances • Batteries • Books
- Confidential Documents
- Construction & Demolition Debris
- Electronic Waste • Food Waste
- Fluorescent Light Bulbs • Furniture & Mattresses • Hazardous Waste • Leaf & Yard Waste • Maple Sap
- Tubing • Natural Wood Waste
- Plastic Bags & Film
- Scrap Metal • Tires..... and more!

District Residential Drop-Off

100 Kings Way (off Campground Rd.) New Haven, VT

HOURS: Fridays, 8 AM to Noon
NO LARGE LOADS OR SPECIAL WASTES

Accepted Items:

- Food Waste
- Leaf & Yard Waste
- Household Trash
- Blue Bin Recycling

CONTACT US

(802) 388-2333 | acswmd@acswmd.org
AddisonCountyRecycles.org



[addison.co.waste.mgmt](https://www.instagram.com/addison.co.waste.mgmt)



[addisoncountysolidwaste](https://www.facebook.com/addisoncountysolidwaste)

We sell...



2026

FALL YOUTH TENNIS

STARTS SEPTEMBER 14

FREE TIGER TENNIS
MON & WED 3:30-5 PM

AFTERSCHOOL GROUP LESSONS
MON &/OR WED: AGES 5-11
TUES &/OR THURS: MIDDLE & HIGH SCHOOL

Pre-registration required.
New students can join anytime!

PLEASE REGISTER IN ADVANCE!

TO REGISTER: CALL OR EMAIL

360 Boardman Street, Middlebury, VT
(802) 388-3733
contact@middleburytennis.com
middleburytennis.com

MIDDLEBURY INDOOR TENNIS

REGISTER NOW!

MIDDLEBURY AREA LAND TRUST
23rd Annual
TAM TREK
Sept 20 2026

A benefit event for the Middlebury Area Land Trust.
19-mile, 10k, 5k or 2 mile fun run options
All races start/end at Wright Park

www.maltvt.org/tam-trek

Adult Pick-Up Basketball

Times: Wednesdays 6:30 p.m. – 8:30 p.m.

Location: Middlebury Rec. Center Gym

Ages: 30+

Drop-in Fee: \$4.00 per drop-in or buy a \$20 punch card for 7 visits.

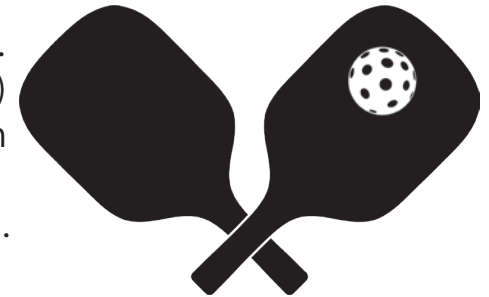
For more information, please contact Bryan Jones at 802- 989-8399



Pickleball

Outdoor play will continue at Midd Rec Park until the first snowfall.

Indoor courts (starting approx. Early November) Monday through Thursday, 7:00 a.m. – 10:00 a.m. All abilities are welcome.



Court 1 will be for beginners; Courts 2 and 3 will be for intermediate/advanced players.

Cost: \$4.00 per drop-in or buy a \$20 punch card for 7 visits.

GREG'S MARKET
★ PROUDLY SUPPORTS ★
FALL SPORTS
★★★★★

PARTY PLATTERS, BAG LUNCHES, AND FRESH TO-GO SALADS TOO!

3 ELM STREET, MIDDLEBURY, VT
OPEN 7 DAYS A WEEK
802-989-7651

Middlebury's A&W is the last car hop in Vermont!

Kid and pet friendly with a special pet menu.
Open through the end of September

RT 7 South • Middlebury
802-388-2876
Located just south of Middlebury on Route 7

REGISTER FOR THESE PROGRAMS AT WWW.MIDDHOCKEY.COM

Registration for youth hockey in Middlebury is now open!

Join the **Middlebury Amateur Hockey Association** for programs tailored to boys and girls aged 5-14.

Whether you're new to the game or a seasoned player, we have something for everyone:

Learn to Play, recreational programs, and team play.

Financial aid and equipment are available to ensure everyone can join in the fun.

GIRLS TRY HOCKEY FREE

Sundays • Dates and Times TBD • Attend all 4 or just 1!

Ages 5+, some skating ability helpful. No equipment needed, bring what you have, and we'll loan you the rest. Pre-registration required. Check our website for more details. Registration should open mid-September. Girls only. Time TBD.



BOSTON BRUINS ACADEMY

LEARN TO PLAY! Saturdays 10/24, 10/31, 11/7 and 11/14 • Time TBD

Does your 5- to 9-year-old want to learn to play hockey this fall?

Now's the time to sign up for this great co-ed introductory program!

Bruins Academy is a program for kids who haven't played organized hockey before. It's organized and sponsored by the NHL's Boston Bruins and we are so happy to host it at Memorial Sports Center again. For \$225, kids will receive a complete set of hockey equipment and 4 on-ice sessions in Middlebury. The on-ice sessions provide a little introduction to the great sport of hockey. Some skating skills are necessary. Check our website for more details

GIRLS HOUSE LEAGUE

A once-a-week program, starting in November. \$168 plus USA Hockey registration. It will be a girls-only ice time opportunity to work on and build hockey skills. More details will be announced on our website soon!



NEW FOR 2026-2027!

FALL LEARN TO SKATE!

Please watch our Facebook page and website for more details!



Middlebury Amateur
Hockey Association



@middleburyhockeymaha

Thank you to Friends of Middlebury Hockey and Memorial Sports Center for supporting our youth hockey programs!



BE A TIGER. PLAY HOCKEY!

2026 Fall Gymnastics

Instructor: Terri Phelps 802-236-1315

Registration will begin Wednesday, September 2nd at 5:30 p.m.

Students will work to improve strength, flexibility, and coordination, and skill development in a safe and fun environment. Instruction will be included on uneven bars, beam, floor exercise, springboard, and vault.

Dates: September 8 – December 15

No classes: 9/12, 9/21, 10/8–10/12, 10/22, 11/10, 11/23–11/28

***Please note:** Price changes are due to the fall session being extended by a month. Cost per class remains the same.

Preschool (Ages 3–4)

Wednesday 9:30 a.m. - 10:30 a.m.

\$260 (\$325)

Wednesday 10:30 a.m. - 11:30 a.m. \$260 (\$325)

Saturday 9:00 a.m. - 10:00 a.m. \$220 (\$275)

Saturday 10:00 a.m. - 11:00 a.m. \$220 (\$275)

Young Beginner (Ages 4–5)

Saturday 11:00 a.m. - 12:00 p.m. \$198 (\$247.50)

Beginner (ages 5–6)

Saturday 12:30 p.m. - 1:30 p.m. \$198 (\$247.50)

Beg/Adv Beginner Advanced

Tuesday 3:15 p.m. - 4:15 p.m. \$234 (\$292.50)

Wednesday 3:15 p.m. - 4:15 p.m. \$234 (\$292.50)

Advanced Beginner/Intermediate

Saturday 1:30 p.m. - 2:30 p.m. \$198 (\$247.50)





BTS
BUSINESS TELEPHONE SYSTEMS

Stay Active. Stay Connected.

*Telecommunications Sales & Service • Data Cabling
Wireless • Fiber Optics • Security Surveillance Systems*

Visit our new website! bts-vt.com

802-388-8999 • John and Jim Fitzgerald

39th Annual
Ripton Ridge Run

Online registration is now open!

Sunday, October 11, 2026
Former Ripton Elementary School 753 Lincoln Rd.
Race Day Registration: 11am-12pm
Race Start: 12:30pm

Register online!
Scan the QR code or visit
tinyurl.com/RiptonRidgeRun



Intermediate/Advanced

Tuesday 4:15 p.m. - 5:30 p.m.
\$260 (\$325)

Wednesday 4:15 p.m. - 5:30 p.m.
\$260 (\$325)

Saturday 2:30 p.m. - 3:30 p.m.
\$220 (\$275)

The Gymnastics Afterschool Program

(Ages 6–10)

Program includes a 1-hour class, games/activities, and free time. Please bring a snack as well.

Monday 3:15 p.m. - 5:15 p.m.
\$352 (\$440)

Thursday 3:15 p.m. - 5:15 p.m.
\$352 (\$440)



**Watch for the 2026
Winter Activity Guide
Coming November 5th!**



2ND ANNUAL HOPE IN MOTION RACE

A Community Celebration For Everyone

Timed 5K Run/Walk • Timed 1K Fun Run

SUNDAY, SEPT 27, 2026

55 Collins Drive, Middlebury, VT

Bib Pick-Up Begins: 8:00 AM • Start Times: 1K Fun Run: 9:00 AM • 5K Run/Walk: 9:45 AM

MORE THAN JUST A RACE!

*Join us for a day dedicated to celebrating recovery, promoting wellness,
and bringing our community together.*

Live Music • Food Trucks • Community Resource Fair • Family Activities • Door prizes, Giveaways & More!



Peer Recovery Center

OF ADDISON COUNTY

79 Court Street, Middlebury, VT



**Register
Now!**

**Grand Opening
Saturday August 29**



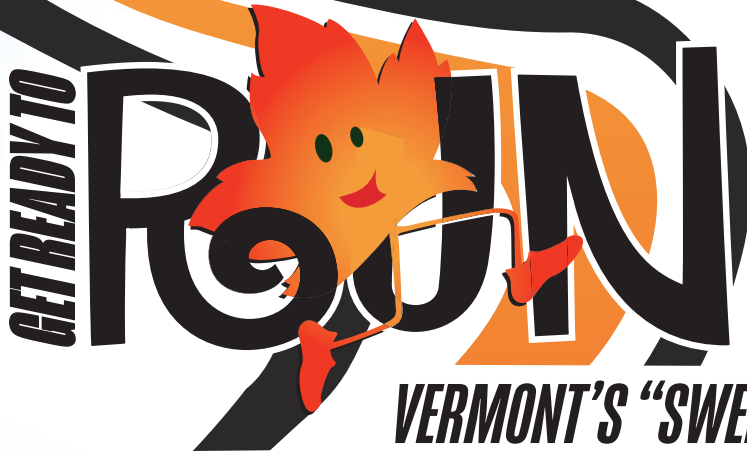
**WELCOME
BACK!**

**Fresh Spaces.
New Stories.**

Mon-Thurs	8am - 6pm
Fri	8am - 4pm
Sat	9am - 4pm
Sun	Closed

 **ILSLEY PUBLIC LIBRARY**

75 Main St / Middlebury, VT 05753 / (802) 388-4095



FUN FOR THE WHOLE FAMILY
REGISTER TODAY!

SUNDAY / OCTOBER 18
5K / 10K / HALF MARATHON
MIDDLEBURY, VT

VERMONT'S "SWEETEST" HALF MARATHON
MIDDLEBURY MAPLE RUN 2026



WHAT MAKES IT SO SWEET?

- **BEAUTIFUL**, scenic routes with views of the Green Mountains & Adirondacks.
- A mix of **TRAIL, PAVED AND DIRT ROADS** for all events!
- **USATF-CERTIFIED COURSE** that is well supported, with rolling hills & foliage views.
- Well Organized, Great Swag, Well-Stocked **AID STATIONS**.
- Post-Race **BREAKFAST**
- Top Finishers Receive **VERMONT MAPLE SYRUP!**

Brought to you by
ADDISON COUNTY
INDEPENDENT

REGISTER NOW!





We realize that no one knows your child better than you!
Our goal is to partner with you to develop a plan to care for your child both in wellness and illness. Let us work with you in every phase of your child's health care to bring out the best in every parent and child.



Rainbow Pediatrics is an Accredited
Patient Centered Medical Home

rainbowvt.com



802-388-1338