



Programs, Athletics and Special Events  
for Adults, Youth and Families



# Summer Activity Guide

New Registration Site: [middleburyvt.myrec.com](http://middleburyvt.myrec.com)

Middlebury Parks & Recreation Department • [townofmiddlebury.org](http://townofmiddlebury.org) • May - Sept. 2026



**REGISTRATION  
NOW OPEN!**

**SUNDAY / OCTOBER 18**

**5K / 10K / HALF MARATHON**  
MIDDLEBURY, VT

**VERMONT'S "SWEETEST" HALF MARATHON**  
**MIDDLEBURY MAPLE RUN 2026**



**WHAT MAKES IT SO SWEET?**

- **BEAUTIFUL**, scenic routes with views of the Green Mountains & Adirondacks.
- A mix of **TRAIL, PAVED AND DIRT ROADS** for all events!
- **USATF-CERTIFIED COURSE** that is well supported, with rolling hills & foliage views.
- Well Organized, Great Swag, Well-Stocked **AID STATIONS**.
- Post-Race **BREAKFAST**
- Top Finishers Receive **VERMONT MAPLE SYRUP!**

**REGISTER TODAY!** [MIDDLEBURYMAPLERUN.COM](http://MIDDLEBURYMAPLERUN.COM)

Brought to you by  
ADDISON COUNTY  
**INDEPENDENT**

## GENERAL INFORMATION

### MISSION STATEMENT

The Middlebury Parks & Recreation Department (MPR) shall provide lands, facilities, and services for community members of all ages and all income levels. It shall provide programs for both sport and leisure. The department shall serve as instructor, facilitator, and partner in efforts to promote and improve quality of life for participants. MPR will work with an involved public and business community to provide a healthy and aesthetically pleasing environment with opportunities for cultural growth.

The department should be flexible enough to meet the changing needs and tastes of the community, while finding creative ways to deliver recreation programs and facilities that are affordable to the residents of Middlebury.

### Contact Us

**Office Hours:** Monday – Friday, 9:00 am – 5:00 pm

**Physical Address:** 154 Creek Road, Middlebury, VT 05753

**Mailing Address:** 77 Main Street, Middlebury, VT 05753

**Phone:** 802-458-8015

**Facebook:** Town of Middlebury Parks and Recreation

### Staff of Middlebury Parks and Recreation Department

**Scott Bourne – Director**

802-458-8015

[sbourne@townofmiddlebury.org](mailto:sbourne@townofmiddlebury.org)

### MIDDLEBURY PARKS & RECREATION COMMITTEE

The Parks and Recreation Committee is currently undergoing a reorganization process aimed at improving overall efficiency, clarity of roles, and effectiveness in supporting the department's operations. This effort is intended to better align the Committee's work with the needs of the department, the Town, and key stakeholders, including board and committee members.

As part of this transition, updates and refinements will continue to be made to ensure the Committee structure remains practical, responsive, and valuable in guiding decision-making and long-term planning. Please keep an eye out for future updates as this work progresses.

### INCLEMENT WEATHER POLICY

Programs may be cancelled in the event of severe weather or power outages.

MPR encourages you to do the following if you have any questions:

**Call: MPR Offices, 802-458-8015**

**Check: Facebook - Town of Middlebury Parks & Recreation**

### ADVERTISING

The Addison Independent prints and distributes this publication four times per year.

We welcome your advertisement for a business, program or event in our publication for a fee; please contact us for more specific information: [advertising@addisonindependent.com](mailto:advertising@addisonindependent.com) or 802-388-4944.

### RESERVATIONS: FACILITIES AND SPORTS FIELDS

Middlebury Parks & Recreation Department requests that all groups planning to use our facilities or fields please notify us in advance by making a reservation. Anyone wishing to make a reservation must complete a facility use application, available in our offices or online at [www.middleburyvt.myrec.com](http://www.middleburyvt.myrec.com). Facility Use Request Forms are considered on a first-come, first-served basis, depending on availability. Rental fees may apply. For additional information regarding availability, rates, and reservations, contact the MPR offices at (802) 458-8015.





**Non-Resident Policy**

Non-Residents of Middlebury are allowed to register for all Parks and Recreation programs. Non-Residents will be charged an additional fee of 25% for each program registered for. A Non-Resident is defined as someone who does not live in Middlebury or pay property taxes to the Town of Middlebury.

**Scholarships**

Middlebury Parks and Recreation is pleased to be able to offer scholarships to participate in all our programs. The scholarship guidelines are based on the free and reduced lunch guidelines within the schools. If you would like to apply for a scholarship or for more information, please contact our office.

**Accessibility**

Individuals with or without disabilities may register for all programs offered by MPR provided program safety can be met. The Department provides reasonable accommodation for people with disabilities. Contact MPR offices in advance of the program start date to discuss accommodation on a case-by-case basis.

**Refund Policy**

If you need to cancel your registration before the second session of the program, we will refund you a pro-rated registration fee, minus a 10% processing fee. After attending the second session, eligibility for a refund is void.

- Please be aware that refund requests may take up to 30 days to process.
- Every effort is made to ensure that the information in this guide is accurate. We reserve the right to add, withdraw, or revise programs or events as needed. For more updated information, please visit our website often.

**WEBSITE: [WWW.TOWNOFMIDDLEBURY.ORG](http://WWW.TOWNOFMIDDLEBURY.ORG)**

**REGISTRATION SITE: [MIDDLEBURYVT.MYREC.COM](http://MIDDLEBURYVT.MYREC.COM)**



**Make Music a Part of Your Summer!**

Join us for private music lessons on your instrument of choice. We offer lessons in piano, guitar, drums, clarinet, saxophone, violin, trumpet, cello, and much more!

Learn more and register today: [mcmvct.org/lessons](http://mcmvct.org/lessons)

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**Other Services:**

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Ski and Snowboard Tuning**

74 Main St., Middlebury • [froghollowbikes.com](http://froghollowbikes.com)

# 2026 IMPORTANT SUMMER DATES

## MAY

### May 5 @ 5:30 PM

Swim Lessons, Swim Team, Tennis, Golf, Mayhem Basketball, Voltage Soccer, Gymnastics Camp registrations open

### May 7

- Archery begins

## JUNE

### June 8

- Swim Team Practices Begin (Preseason)
- Aiki Jitsu Self-defense Begins

### June 15

- Town Pool Opens
- Camp Kookamunga Week 1 – Blast Off to Summer
- Challenger Soccer Camp: Session 1
- Gymnastics Camp: Sessions 1 & 2

### June 22

- Camp Kookamunga Week 2 – Need for Speed
- RMGC Golf Camp: Session 1
- Gymnastics Camp: Sessions 3 & 4
- Middlebury Tennis: Session 1
- Swim Lessons: Session 1

### June 29

- Camp Kookamunga Week 3 – Sports Mania
- Middlebury Tennis: Session 2
- Vermont Voltage Soccer Camp

## JULY

### July 6

- Camp Kookamunga Week 4 – Make a Splash
- RMGC Golf Camp: Session 2
- Middlebury Tennis: Session 3
- Swim Lessons: Session 2
- Gymnastics Camp: Sessions 5 & 6

### July 13

- Camp Kookamunga Week 5 – Sliding Through Summer
- Middlebury Mayhem Basketball Camp
- Middlebury Tennis: Session 4

### July 20

- Camp Kookamunga Week 6 – Staycation
- Middlebury Tennis: Session 5
- Swim Lessons: Session 3

### July 27

- Camp Kookamunga Week 7 – Rolling Into Fun
- Middlebury Tennis: Session 6
- MSP Skateboard Camp

## AUGUST

### August 3

- Camp Kookamunga Week 8 – Fun in the Sun
- Swim Lessons: Session 4 (Evening Session)
- Gymnastics Camp: Sessions 7 & 8

### August 10

- Camp Kookamunga Week 9 – Summer Sendoff Week
- RMGC Golf Camp: Session 3
- Challenger Soccer Camp: Session 2

### August 23

- Town Pool Closes (Tentative)

### August 27

- Fall Activity Guide Released

## SEPTEMBER

### September 8

- Fall Programs Begin

### September 12

- Woofstock

# New England Family Theatre Festival

## TOWN HALL THEATER MAY 8-16



Shadow Performance Workshop



FULL SCHEDULE & TICKETS  
SCAN ME!



TOWNHALLTHEATER.ORG

## AQUATICS 2026

**Operating Schedule** (June 15 – August 23)

- 7:30–10:30 AM – Swim Team Practice
- 10:30 AM–12:00 PM – Swim Lessons
- 12:15–1:00 PM – Adult Lap Swim
- 1:00–4:45 PM – Camp/Open Swim
- 4:45–5:30 PM – Adult Lap Swim
- 5:30–7:00 PM – Family Swim
- 7:00–8:00 PM – Swim Team Skills Practice

**KIDDIE POOL:** Ages 5 and under, open 12:15 PM–8:00 PM  
(adult supervision required)

### DAILY FEES

Youth (15 and younger) - \$5.00  
Adults (16+) - \$7.00  
Senior Citizens (55+)-\$4.00

### SEASON PASSES

Youth \$75 (Non-Resident 93.75)  
Adult \$90 (Non-Resident \$112.50)  
Family- Up to 6 people \$150.00 (Non-Resident \$187.50)  
Senior Citizens (55+) \$50 (Non-Resident \$62.50)



## Swim Lessons Lesson Schedule

### Session I: June 22– July 3 (2 weeks)

Sec A: Level 1	11:00-11:30
Sec B: Level 2	10:30-11:00
Sec C: Level 3	10:30-11:00
Sec D: Level 4	11:00-11:30
Sec E: Parent & Child	11:30-12:00
Sec F: Preschool Level 1	11:00-11:30
Sec G: Preschool Level 2	10:30-11:00
Sec H: Flex 1	11:30-12:00
Sec I: Flex 2	11:30-12:00

### Session II: July 7– 17 (2 weeks)

Sec A: Level 1	11:00-11:30
Sec B: Level 2	10:30-11:00
Sec C: Level 3	10:30-11:00
Sec D: Level 4	11:00-11:30
Sec E: Parent & Child	11:30-12:00
Sec F: Preschool Level 1	11:00-11:30
Sec G: Preschool Level 2	10:30-11:00
Sec H: Flex 1	11:30-12:00
Sec I: Flex 2	11:30-12:00

*Continued on Page 8*

## 2026 ACTIVITY GUIDE RELEASE DATES

Summer – April 23<sup>rd</sup>  
Fall – August 27<sup>th</sup>  
Winter – November 5<sup>th</sup>

## Kick Back this summer with TaeKwonDo KICKS

Learn some new skills  
Meet New Friends  
Increase Confidence  
and Focus  
Cross train for Sports

Running regular classes all summer  
No contracts, month-to-month commitment  
Accepting new students anytime • First Class is Free to Try Out

Classes are available for preschool-age through grandparents in 4 locations: Middlebury, Vergennes, Hinesburg, and Orwell.  
The first class is free to try out! Call 802-377-0476 or email [tkdkicks101@yahoo.com](mailto:tkdkicks101@yahoo.com) for information.

*Continued from Page 7*

## Swim Lessons Lesson Schedule

### Session III: July 20– 31 (2 weeks)

Sec A: Level 1	11:00-11:30
Sec B: Level 2	10:30-11:00
Sec C: Level 3	10:30-11:00
Sec D: Level 4	11:00-11:30
Sec E: Parent & Child	11:30-12:00
Sec F: Preschool Level 1	11:00-11:30
Sec G: Preschool Level 2	10:30-11:00
Sec H: Flex 1	11:30-12:00
Sec I: Flex 2	11:30-12:00

### Session IV: Aug 3– 14 (2 weeks)

**\*\*NIGHT SESSION\*\***

Sec A: Level 1	6:00-6:30
Sec B: Level 2	5:30-6:00
Sec C: Level 3	5:30-6:00
Sec D: Level 4	6:00-6:30
Sec E: Parent & Child	6:30-7:00
Sec F: Preschool Level 1	6:00-6:30
Sec G: Preschool Level 2	5:30-6:00
Sec H: Flex 1	6:30-7:00
Sec I: Flex 2	6:30-7:00

Registration opens Tuesday, May 5th @5:30pm. Lessons are held Monday-Thursday. Fridays are reserved as a make-up day for cancellations due to weather.

**Fees:** \$130.00- Resident \$162.50- Non-Resident

### Parent and Child - for ages 6 months to 36 months (must be accompanied by an adult)

This class will teach your child to become more comfortable in water, so they are willing and ready to learn to swim. Basic skills taught include adjusting to water environment, comfort holding a front or back position in water and demonstrating breath control (blowing bubbles. etc.)



**Visitors welcome May-Oct.**  
*See website for full details*  
 802.388.2011  
[www.uvm.edu/morgan](http://www.uvm.edu/morgan)  
 74 Battell Drive, Weybridge, VT 05753



### Preschool Aquatics (3 Levels)

Ages 3 and up. Designed to give children a positive, developmentally appropriate aquatic learning experience. Level 1 helps orient young preschool children to aquatic environment and gain basic skills. Level 2 helps children gain greater independence in the water using basic skills, Level 3 helps children to gain basic swimming propulsion skills to be comfortable in and around water. Each level must be completed before advancing to the next level.

### Learn-To-Swim (Levels 1 and 2) – Ages 6 and up

Instructors will teach swimmers' ability and confidence.

**Level 1.** Focuses on skills such as water entry and exit, bobbing, blowing bubbles through nose and mouth, opening eyes underwater and retrieving objects. Level 1 must be passed to move to the next level.

**Level 2.** Participants must be able to perform kicks, basic arm strokes and be comfortable with face in water. This level focuses on jumping feet first into the water, fully submerging and holding breath, floating face down in the water, back float, changing direction while swimming on front and back and continued work on swimming on front and back. Level 2 must be completed before advancing to Level 3.

### Stroke Development (Level 3)

**Level 3.** Builds on previously learned skills by providing additional practice. Participants learn the survival float, front crawl with rotary breath and elementary backstroke. Headfirst entry into water is introduced and treading skills are improved with scissor and dolphin kicks. Level 3 must be passed before advancing to level 4.

### Stroke Improvement (Level 4)

**Level 4.** Develops participants' confidence in the strokes learned in Level 3 and improves other aquatic skills. In Level 4, participants improve their skills and increase their endurance by swimming familiar strokes (front crawl, elementary backstroke) for greater distances. Participants also learn the back crawl, breaststroke and butterfly and the basics of turning at a wall. Level 4 must be completed to advance to Level 5.

### Stroke Refinement (Level 5)

**Level 5.** Participants refine their performance of all strokes and increase their distances. Flip turns on the front and back are also introduced. Diving is refined. Level 5 must be completed to advance to level 6.

### Swimming and Skill Proficiency (Level 6)

**Level 6.** The objectives of this level, the final level of the American Red Cross learn-to-swim program, are to refine the strokes so participants can swim them with ease, efficiency, power, and smoothness while going greater distances.

## MIDDLEBURY SWIM TEAM

**Coaches:** Carina Bellmann, Monica Benjamin, Elizabeth Harding

**Contact Information:**  
middleburyswimteam@gmail.com

**June 15 – July 31, Practice Monday–Friday**

**Super Marlins:** 7:30–9:00 AM

**Marlins:** 9:00–10:00 AM

**Mini Marlins:** 10:00–10:30 AM

**Super Marlins** Optional Monday & Wednesday Evening Skills Review 7:00–8:00 PM

**Registration opens** May 5, 5:30PM

**Registration closes** May 29, 5:30PM

**Dual meets are held on Tuesday and Thursday evenings.**  
**Meets start at 6:00 PM.**

**Location: Middlebury Town Pool**

**Fees:** Super Marlins: \$275 (\$343.75 non-res.) **Marlins:** \$250 (\$312.50 non-res.) **Mini Marlins:** \$200 (\$250 non-res.) Scholarships are available - for more scholarship information, please call 802-458-8015.

Dual meets (two-team competitions) are held on Tuesday and Thursday evenings from the end of June until the end of July. Meets start at 6 PM and last around two hours.



\*A distance meet is held July 11th to provide swimmers with the opportunity to qualify for distance events at the State Championship meet. All swimmers are encouraged to attend. More info to come later. Qualifying swim team members may choose to compete at The Champlain Valley Swim League Championship Meet and the Vermont State Championship at UVAC in White River Junction. Dates will be finalized later.

Looking for a fun way to meet great families, develop a lifelong sport, be a part of a team, and make the most of your summer? Come join the Middlebury Swim Team! The team is divided into skill-level practice groups so each swimmer can develop at a comfortable pace. Not sure which practice group is right for your swimmer? Not to worry, MIDD coaches will help swimmers and their parents find their best fit!



*Continued on Page 10*

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Middlebury, Vt  
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## MIDDLEBURY AGWAY

338 Exchange St., Middlebury • 802-388-4937

Monday - Friday 8-6, Saturday 8-5 • Sunday 9-4

**OPEN 7 DAYS**



## YOUR YARD, GARDEN AND PET PLACE™

*Continued from Page 9*

**Mini Marlins:** Swimmers ages 5-8 with a competitive spirit and the need for experience. They will continue to improve rhythmic breathing and competitive stroke skills. All swimmers are encouraged to compete in meets. Swimmers who can swim 25 yards independently are welcome to join this group. If your swimming isn't quite there yet we encourage you to enroll in swimming lessons for another season prior to joining the swim team.

**Marlins:** Experienced 8 & under, 9–10-year-old and newer 11–12-year-old swimmers. Emphasis is placed on stroke development, correct technique, and building swimming endurance. Competitive preparation is introduced. Swimmers should plan to participate in swim meets.

**Super Marlins:** 13-year-old and older swimmers, 11 & 12-year-old at the coaches' discretion. Emphasis is placed on intensive water training with a continued focus on endurance, commitment, and competition. Stroke technique is reviewed as necessary, and race strategy is reinforced. All Super Marlins serve as role models for younger teammates and are expected to participate in swim meets.

**Apparel:** Team suits are not required but may be purchased. More to come later. Super Marlins swimmers are encouraged to bring their own fins, snorkels and paddles to practice.

**Parents:** Parents are asked to volunteer at swim meets. From scorers to concessions, timers to ribbon distribution, there is something for everyone and a way for all to contribute to the fun and success of our team.

**\*Swimtopia is the primary means of communication. This swim management tool is used by coaches to send weekly updates as well as to enter swimmers in meets. Please download and familiarize yourself with this free application prior to the season starting.**



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296 Buttolph Dr, Middlebury | [www.MemorialSportsCenter.org](http://www.MemorialSportsCenter.org)

## MIDDLEBURY SKATEPARK PROJECT SKATEBOARD SESSIONS

July 28–August 1

**Description:** These bite-sized afternoon skateboard sessions are intended for all abilities. We'll take over a portion of the Recreation Center parking lot, add a few skatepark elements, and session them in a fun and supportive environment. You can expect to be outside, to be physically active, to learn something new at any level, and to have a blast with friends new and old. We will have access to shade, water, and restrooms inside. We will also host at least one session at the Middlebury Mini at Recreation Park. Campers should bring a skateboard, helmet, pads, sneakers, a snack, sunscreen, and a water bottle. Skateboards, helmets, and pads are available to use at no cost if preferred.



**Who:** Ages 7+  
**When:** July 27 – July 31  
**Where:** Recreation Center (Creek Road)  
**Cost:** \$30 for the week  
**Registration:** <https://middleburyvt.myrec.com/>  
**Questions:** [middleburyskatepark@gmail.com](mailto:middleburyskatepark@gmail.com)  
<https://middleburyskatepark.com>

**These sessions will be capped at  
12 participants**



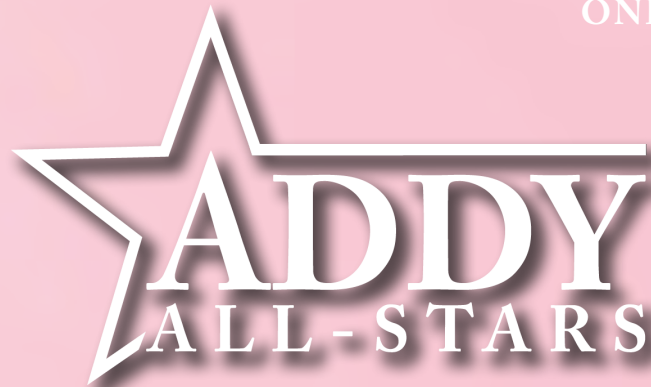
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## 2026 CHALLENGER SPORTS SOCCER CAMP

**Where:** Middlebury Recreation Fields, 277 Mary Hogan Drive  
**Open to Children Ages 3-14**  
**Session 1: June 15-19**  
**Session 2: Aug 10-14**

Challenger is excited to announce the return of British & Irish professional coaches again for summer 2026 to bring their high-quality coaching skills to Middlebury! The weeklong programs are conducted at local facilities, and each will contain Challenger's own brand of innovative practices, small-sided games, camp world cup, cultural education, character building, and FUN!

**Half Day:** (Ages 5-14 )  
 Times: 9 AM-12PM  
 Cost: \$195 (Early Bird Special) or \$225.00

**Full Day:** (Ages 6-14)  
 Times: 9 AM-3PM  
 Cost: \$250 (Early Bird Special) or \$290.00

**Goalkeepers and Goal Scorers:** (Ages 6-14)  
 Times: 1:00-3:00 PM  
 Session 1: \$65.00, Session 2: \$115.00

**Tiny Tykes:** (Ages 3-5)  
 Times: 8-8:45 AM  
 Cost: \$115 (Early Bird Discount) or \$135.00

**Register:** [challengersports.com/camp-search/](http://challengersports.com/camp-search/) & enter zip code 05753



## 2026 VERMONT VOLTAGE SOCCER CAMP June 2-July 3

**9 AM-12 PM:** \$235.00, Ages 5-15  
**9 AM-3 PM:** \$325.00, Ages 9-15

**Middlebury Recreation Fields, 277 Mary Hogan Drive**  
**Open to Children Ages 5-15**

The Academy offers an opportunity to gain experience and enjoy many aspects of the game of soccer in a fun yet competitive environment. Fundamental, as well as sophisticated techniques of soccer will be taught on a personalized individual level along with various forms of group instruction provided by Camp Director Bo Vuckovic, a FIFA UEFA A Pro license holder and the staff of the Vermont Voltage Soccer Academy who are all former professional soccer players. Emphasis is placed on the development, improvement, and refinement of basic playing skills Cost: See above- Non-Residents will pay a 25% Non-Resident fee per child. Each child will receive a camp T-shirt and soccer ball.



**Register:** Online or in person starting Tuesday, May 5 at 5:30PM





### Addison County

Solid Waste Management District

**District Transfer Station**  
 1223 Rte 7 South Middlebury, VT  
 HOURS: Monday-Friday 7 AM to 3 PM, Saturday 8 AM to 1 PM  
 NO RESIDENTIAL TRASH OR RECYCLING

**HazWaste Center:**  
 HOURS: Monday-Friday: 8 AM to 2 PM, Saturday 8 AM to 1 PM  
 BUSINESSES MUST MAKE AN APPOINTMENT

**Accepted Items:**

- Appliances • Batteries • Books
- Confidential Documents
- Construction & Demolition Debris
- Electronic Waste • Food Waste
- Fluorescent Light Bulbs • Furniture & Mattresses • Hazardous Waste • Leaf & Yard Waste • Maple Sap
- Tubing • Natural Wood Waste
- Plastic Bags & Film
- Scrap Metal • Tires..... and more!

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**District Residential Drop-Off**  
 100 Kings Way (off Campground Rd.) New Haven, VT  
 HOURS: Fridays, 8 AM to Noon  
 NO LARGE LOADS OR SPECIAL WASTES

**Accepted Items:**

- Food Waste
- Leaf & Yard Waste
- Household Trash
- Blue Bin Recycling

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**CONTACT US**  
 (802) 388-2333 | [acswwd@acswwd.org](mailto:acswwd@acswwd.org)  
[AddisonCountyRecycles.org](http://AddisonCountyRecycles.org)

 [addison.co.waste.mgmt](https://www.instagram.com/addison.co.waste.mgmt)  
 [addisoncountysolidwaste](https://www.facebook.com/addisoncountysolidwaste)

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**We sell...**



## GYMNASTICS CAMPS

Instructor: Terri Phelps

Registration for Gymnastics Camps Opens Tuesday, May 5 @5:30 PM

Phone: (802) 236-1315

Email: terriphelps@gmail.com

please only call or email with questions about classes.

For registration questions, please email [sbourne@townofmiddlebury.org](mailto:sbourne@townofmiddlebury.org)

**Session 1: June 15-19**

9:00 AM-12:00 PM    Ages 5-8    \$200 (\$250 Non-Res)

**Session 2: June 15-19**

1:00 PM-4:00 PM    Ages 8-11    \$160 (200 Non-Res)

**Session 3: June 22-26**

9:00 AM-12:00 PM    Ages 5-8    \$200 (\$250 Non-Res)

**Session 4: June 22-26**

1:00 PM-4:00 PM    Ages 8-11    \$200 (\$250 Non-Res)

**Session 5: July 6-10**

9:00 AM-11:00 AM    Ages 4-5    \$90 (\$112.50 Non-Res)

**Session 6: July 6-10**

1:00 PM-4:00 PM    Ages 8-11    \$200 (\$250 Non-Res)

**Session 7: August 3-7**

9:00 PM-12:00 PM    Ages 5 - 8    \$200 (\$250 Non-Res)

**Session 8: August 3-7**

1:00 PM-4:00 PM    Ages 8-11    \$200 (\$250 Non-Res)

Students will work to improve strength, flexibility, and coordination, as well as skill development in a safe and fun environment. Instruction will be included on uneven bars, beam, floor exercise, springboard, parallel bars, and vault.



# MiniBury

BROUGHT TO YOU BY THE ADDISON INDEPENDENT

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sweet summer?*

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## 2026 RMGC JUNIOR GOLF CAMP

At Ralph Myhre, we are passionate about growing sport with junior golfers. Each year, we have an unbelievable instructor-to-camper ratio of 4:1 to ensure each participant not only grasps the game's fundamentals of the golf swing but also develops some technical skills that they can take with them to use for years to come! Our camps emphasize sportsmanship, respect, etiquette, and always: the fun of playing golf outdoors in a group. Our camps are designed and led by coach, instructor and PGA associate Loyal Broughton, who has helped coach and teach some of the best juniors in the state and is currently the assistant coach of the men's Middlebury College golf team.

### Camp Highlights:

- Enhanced Learning: Fun first is a must. Instructions at the driving range, putting green, and our new short game practice area.
- Extended Course Time: More time on the actual golf course during the latter part of each camp week, weather permitting.
- Special Gifts and Prizes: Complimentary hats and golf balls, with prizes for individual and team achievements in friendly daily competitions

### Camp Details:

- Ages: 8 – 14
- Sessions: Each week is open to all skill levels. We divide and mix groups to help create inclusive growth, while keeping friends together for added fun. This helps with character development, honesty, and integrity.
- Equipment: If your junior does not have a set of golf clubs, that's ok, we do!
- Daily Details: Each session starts with interactive team games and competitions. Our group activities involve fundamentals of the game and practice sessions, and our

on-course play involves individual play and team play, with some rules of the game information. Each day at camp creates improvement, growth and a future of possibilities within the game.

- Duration: Monday to Friday, 9 AM to 12 PM. On Fridays, camps extend to 1 PM with a special lunch at noon and a certificate ceremony.
- Cost: \$225 per child (\$316.25 for non-residents).
- Extra Perks: Snacks provided daily. Junior golfers also receive a 5-round punch card for the season. Taven on the Tee lunch deals available to campers each day after camp made especially for the Junior to enjoy!

**Cost: Per junior golfer \$199.00 (Res) \$248.75 (Non-Res)**  
**(Sign up closes week prior to the camp chosen)**

**Week 1** – June 22-25

**Week 2** – July 6-9

**Week 3** – August 10-13

**Course information:** [www.ralphmyhregolfcourse.com](http://www.ralphmyhregolfcourse.com)  
**Registration:** Online or in-Person beginning May 5, 5:30PM





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MIDDLEBURY INDOOR TENNIS

## Summer 2026

Middlebury Indoor Tennis and the Addison County Athletics Foundation are sponsoring a variety of outdoor tennis opportunities for kids ages 5 to 14. Sessions are designed for beginning and intermediate players. Sessions run Monday-Thursday, with Friday reserved as a rain backup day if needed. All sessions will be held at the Middlebury Recreation Park Courts.

**8:30 – 9:00 AM: Tiny Swingers:** Red Ball Tennis (ages 5-6)  
(\$62.5/session non-resident; \$50/session resident)

**9:00 – 10:00 AM: Little Aces:** Red Ball Tennis (ages 7-9)  
(\$87.5/session non-resident; \$70/session resident)

**10:00 – 11:30 AM: Hot Shots:** Orange/Yellow-Dot Ball Tennis (ages 10-14)  
(\$137.5/session non-resident; \$110/session resident)

**Session 1:** June 22 – 26

**Session 2:** June 29 – July 3

**Session 3:** July 6 – 10

**Session 4:** July 13 – 17

**Session 5:** July 20 – 24

**Session 6:** July 27 – July 31

Sophia Boise, an Assistant Tennis Pro at Middlebury Indoor Tennis, will run the summer camps this year. Sophia and the seasoned junior pros working with her have a wealth of teaching experience that helps make summer tennis fun for all. For questions about summer camps, contact Franz Collas, Tennis Director at Middlebury Indoor Tennis, at [franz@middleburytennis.com](mailto:franz@middleburytennis.com) or at (802) 388-3733.

Experienced players (ages 13-16) can enroll in advanced yellow ball sessions that are held indoors at Middlebury Indoor Tennis during the afternoon. Private lessons and clinics are available for children and adults of all ages and abilities! Please contact Franz Collas for more information about these opportunities.



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- Seasonal Events
- First Fridays Downtown
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360 Boardman Street, Middlebury, VT  
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## Drop-In Programs

### Pickleball

Two dedicated courts located at Middlebury Recreation Park (77 Mary Hogan Drive).

Cost: \$4.00 per drop-in or buy punch cards to save money (indoor play only)

### Adult Co-ed Volleyball

Mondays 6:45-9:00 PM at Middlebury Rec. Center Gym

Advanced beginner to intermediate volleyball. Players aim for good ball handling skills, trying to bump, set, spike on most plays. Teams are formed each week depending on who attends to keep the skill levels balanced on both sides and fun for all.

For more information, please contact Sue Richardson, [suerichardson@gmavt.net](mailto:suerichardson@gmavt.net) or 802-557-2724. \$4.00 per drop-in or buy a \$20 punch card for 7 visits.

### Adult Co-ed 30+ Basketball

Wednesdays 6:30-9:00 at Middlebury Rec. Center Gym  
For more information, please contact KC Bullock, 802-989-0374

### Mini IIsley

30 Main St. (Duclos Building)

New Hours:

Monday - Thursday 9 AM-4 PM

Friday 9 AM-5 PM

Saturday 9 AM-4P M

[www.ilsleypubliclibrary.org](http://www.ilsleypubliclibrary.org)

Check out our events calendar for summer events. Also, on the main page, there are instructions on how to request a book from our satellite location.



# the TEEN CENTER

## The Teen Center

The Teen Center, located at 77 Mary Hogan Drive, is open all summer, for teens entering 7th-12th grade.

Summer programs will include 3-day camps, weeklong camps, drop-in hours, and field trips.

All programming is offered as free or pay-what-you-can.

Teens can register themselves for drop-in but will need to pre-register for camp days and field trips.

Learn more at [teencentervt.org](http://teencentervt.org).

## HENRY SHELDON MUSEUM

SPRING/  
SUMMER  
2026

### Opening Day

Wednesday, May 20

On View for the 2026 Season:

Artists in the House

Uncovering Wallpaper Design

Remembering the American Revolution

Icy Artifacts of the Everyday

Time Keeping

Drawing on the Archive:

Tillie Walden's Charity & Sylvia

Tempestry Project



### Visit Us

1 Park St, Middlebury, VT  
Open Wednesday - Saturday  
10am - 4pm (802) 388-2117  
[henrysheldonmuseum.org](http://henrysheldonmuseum.org)

## Self Defense Aiki Jitsu Adults Program

Ages 14 and up

Cost: \$50.00

Maximum Class Size: 8

Questions:

Contact Sensei Andrews at 860-488-0429  
or [bruce@zenbudokaieast.org](mailto:bruce@zenbudokaieast.org).

Aiki Jitsu is a dynamic, self-defense oriented martial art encompassing strikes, throws, joint locks, and ground fighting. It focuses on using leverage and body mechanics to allow a smaller person to defeat a larger, stronger attacker.

No experience not needed (but welcome if you have some!). Come ready to learn and enjoy a challenging and dynamic workout!



**Instructor: Sensei Bruce Andrews**

**Schedule: June 8 – July 31.**

**Monday, Wednesday, Friday 7:00 – 8:30 PM**

Students are encouraged to purchase their own Judo Gi with white belt before class (Available at [awma.com](http://awma.com), [amazon.com](http://amazon.com), or sporting goods stores). Note that a karate, taekwondo or jujitsu gi will be unlikely to stand up to the strain of throwing techniques. Students without a Gi will not be able to participate in throwing techniques.



## Yoga with Vanessa Dunleavy

**Fridays, 11:00 AM-12:00 PM**

in the Middlebury Rec Center Multipurpose room. Come revitalize your body and relax your mind with Yoga asanas and breath work. With a focus on alignment and awareness, we will work on strength, balance, and flexibility, all while honoring our body's intuition and individual needs. Learn more about Vanessa at [www.vanessadunleavy.com](http://www.vanessadunleavy.com)



**Drop-ins welcome, \$15 per class**

**NO CLASSES: 5/16, 6/27, 7/4 & 7/11**

**Questions? Email [dunleavy.vanessa@gmail.com](mailto:dunleavy.vanessa@gmail.com)**

**REGISTRATIONS  
OPEN MAY 5!**

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## Walking and Biking Walk and Bike Updates

**Middlebury E-bike Rentals:** Ilsley Public Library is partnering with Frog Hollow Bikes to loan out three e-bikes this summer. E-bikes have an electric assist that helps riders get around with less effort and scale hills that previously seemed impossible. For complete details, loan rules, and descriptions of the bikes please visit: <https://www.ilsleypubliclibrary.org/find-it/library-of-things-e-bike/> To reserve a bike, call the library front desk at 802.388.4098

**Middlebury Safe Routes** hosts "Walk and Roll to School Day" on the first Wednesday of each month at Mary Hogan School. They also monitor traffic patterns and student travel behavior, plans activities to teach bike skills and rules of the road, and recommend improvements to roads, parking lots, drop offs, sidewalks, crosswalks,



traffic lights, signage, bus routes, bike routes, bike racks, and more. Contact Erik Remsen at erik.remsen@gmail.com to help or offer input.

**The Walk/Bike Council of Addison County** is a county-wide, citizen-led advisory group that meets quarterly. The Council seeks to build momentum and capacity for safer walking and biking to our towns



and villages. Council members work with state and regional agencies, municipal staff, schools, and other interested community partners. Anyone interested should visit [www.walkbikeaddison.org](http://www.walkbikeaddison.org).

Is this the summer to try a local bike route? **The Triangle Bike Loop** is a bike route on local roads connecting the towns of Middlebury, Vergennes, Bristol and New Haven in Addison County, Vermont. The route also passes through portions of the towns of Weybridge, Waltham and Ferrisburgh. More information on the route can be found at: [https://www.walkbikeaddison.org/triangle\\_bike\\_loop](https://www.walkbikeaddison.org/triangle_bike_loop)

Be sure to check out the **Middlebury Bike Pump Track!** This feature, built in 2023, is located in Middlebury Rec Park. Pump Tracks are small, confined loops consisting of banked corners and rollers that are spaced and shaped to enable riders to generate momentum by "pumping" the bike through the rollers. Pump tracks are fun and also develop bike handling skills for riders of all ages.



REGISTER NOW!

**A benefit event for the Middlebury Area Land Trust.**

19-mile, 10k, 5k or 2 mile fun run options

All races start/end at Wright Park



SEPTEMBER 12

# WOOFSTOCK: WALK FOR THE ANIMALS

Join us for a 1-mile walk around Middlebury followed by music, prizes, food, and our ever-popular pool party for dogs in the Middlebury Town Pool! All proceeds benefit Homeward Bound, Addison County's Humane Society. [homewardboundanimals.org](http://homewardboundanimals.org)



## ARCHERY 101

Instructor: Melinda Laben-Hardt

Age: 8 to 99

Level: Beginning to Intermediate

Dates: Thursdays, May 7, 14, 21, and 28.

Time: 4:30 PM to 5:30 PM

Length of Class: 1 hour

Full Session: 4 consecutive weekly classes

# of Students per Class: Minimum 8 students, maximum 14 students

Price per Student: \$100 dollars for full session

Type of Bow: Recurve

Location of Range: TBD

Equipment Provided by Instructor: Recurve Bows, Arrows w/Field tips, Targets

Course Content: Range safety, range set-up, basic equipment setup and use, and the basic steps of shooting, and scoring.



## Program Breakdown:

**Week 1-** Introduction of equipment and range, rules and safety guidelines, basic form.

**Week 2-** Review of Safety Rules, Stance and form work, game

**Week 3-** Practice Shooting, individual tips and assessments, game

**Week 4-** Practice Shooting, Balloon Shoot.

**Qualifications:** Melinda Hardt has been instructing Archery classes for youth since 2007. She has taught Archery programs all over the country, from California to Maine. She is a certified Level 2 Archery Instructor through USA Archery.



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*The Middlebury Basketball Association (MBA) supports youth through high school basketball programs by building a strong basketball community that embraces inclusivity, enhances teamwork and encourages sportsmanship.*

**Learn more about basketball development opportunities that are available for the summer at:**



**MIDDHOOPS.COM**



**@MIDDVTHOOPS**



**@MIDDHOOPS**



**INFO@MIDDHOOPS.COM**



## ADDISON COUNTY INDEPENDENT Calling all green thumbs!



Get ready to showcase your gardening prowess in this year's **Garden Game**

Whether you're a seasoned gardener or a budding enthusiast, submit your prized produce for a chance to win big! From colossal pumpkins to luscious tomatoes, let your garden treasures shine and claim the title of the biggest and the best.

### Here are this year's categories:



- Asparagus (length x circumference)
- Beet (circumference)
- Broccoli (diameter)
- Cabbage (circumference)
- Cantaloupe (circumference)
- Carrot (length x circumference)
- Cauliflower (diameter)
- Corn (length x circumference)

- Cucumber (length x circumference)
- Edible Leafy Greens (length x width - leaf only)
- Eggplant (circumference x circumference)
- Fennel (length x circumference)
- Green Bean (length)
- Kohlrabi (circumference)
- Leek (length x circumference)

- Melon (circumference)
- Onion (circumference)
- Parsnip (circumference)
- Pepper (circumference x circumference)
- Potato (length x circumference)
- Pumpkin (circumference x circumference)
- Radish (circumference)
- Rhubarb (length)

- Rutabaga (circumference)
- Summer Squash (length x circumference)
- Sunflower (diameter)
- Tomato (circumference)
- Turnip (circumference)
- Winter Squash (length x circumference)
- Zucchini (length x circumference)

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# VERMONT Sun RUN



**May 10, 2026**  
**Lake Dunmore, Vermont**

**Register today!**



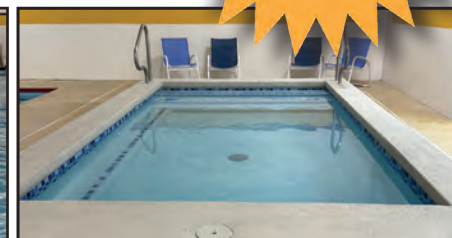
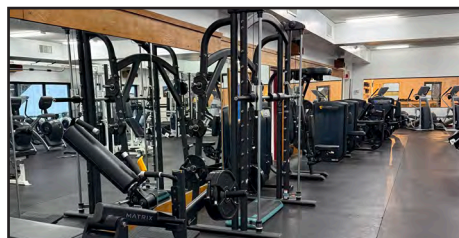
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