

Mt. Abraham | Vergennes | Middlebury | Otter Valley

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MON-FRI 8-5, SAT 8-12 OR BY APPOINTMENT | 18 CREEK RD | MIDDLEBURY, VT | (802) 458-8999

MIDDLEBURY UNION HIGH SCHOOL

Tigers hope for another successful winter run

BY ANDY KIRKALDY

MIDDLEBURY — Most Middlebury Union High School sports teams enjoyed successful seasons this past winter, and there are reasons to hope for more of the same in the 2025-2026 campaign.

The top results: The wrestling team nearly made history before settling for second in the state; the Tiger girls' Nordic skiing and girls' hockey teams each took second in Division II; the dance team tied for second statewide; the Nordic boys were third in D-II; and the girls' hoop team reached Barre for the first time in years by upsetting a rival in the playoffs.

Will they or other Tiger teams repeat or exceed those accomplishments?

Good luck to all, and let the games begin.

WRESTLING

- Coach Ethan Raymond returns to lead the MUHS wrestling program for a 13th year. He is a former Vermont high school and New England college champion. Assisting him are former head coach Jon Ashley, Ben Cook and Nate Gebo.
- This past winter the Tigers excelled on the mat, coming within a dozen points at the state meet of ending Mount Anthony's multi-decade stranglehold on the Vermont team title.
- Returning after winning individual titles for the MUHS team are juniors Tucker Wright and Wyatt Kennett. Also back after reaching the podium last winter by virtue of a top-six finish are sophomore Miles Goetz, juniors Jason Sperry and Parker Carl and senior Steven Lackard. Returning after competing for MUHS in the state meet, but not placing, is Colton Murray.
- Among the projected starters are freshman Walter Farnsworth, 113 pounds; Goetz, 120; junior Sawyer Malzac, 144; junior Luke Galera, 150; Jason Sperry, 157; Parker Carl, 165; Wyatt Kennett, 175; Trevor Wright, 190; Tucker Wright, 215; and Steven Lackard, 285.
- Raymond hopes the Tigers can pick up where the left off. "We will be looking to step right back in the path of last year," he said. "We're working hard and looking to get better. We will have a solid team."

GIRLS' HOCKEY

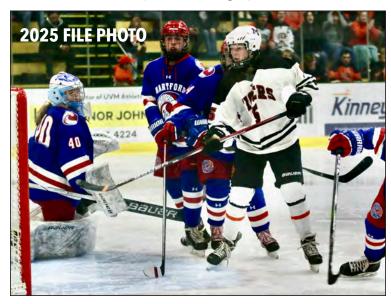
- Coach PJ Lalonde is back to lead the girls' hockey program, with Raven Payne and Timm Hanley again assisting him. That entire group returns for its third year behind the Tigers' bench.
 - This past winter the Tigers were seeded No. 3 in D-II and

reached the championship game. There, they faced No. 4 Hartford, which also upset its way to the D-II final. In a tight contest the Hurricanes prevailed, 2-0. The Tigers ended up with 12 wins, Hartford with 13.

- MUHS last won the D-II championship in 2021 as a No. 6 seed.
- Only three seniors graduated, but they included the team's leading scorer and starting goalie.
- There are more seniors on this year's team, all of whom are expected to start: defenders Ireland Hanley and Quinn Doria, and forwards Lia Calzini, Kenyon Connors and Sawyer Witscher. Junior Heaven Ross takes over in goal after an all-star level season as a field hockey goalie.
 - Hanley, Calzini and Doria are the Tigers' captains.

NORDIC SKIING

- Co Head-Coaches Jay Harrington and Keith Wilkerson return to helm the MUHS Nordic program, with Laura Murphy McIntosh assisting.
- A year ago, the Tiger girls' and boys' Nordic ski teams posted second- and third-place finishes at the two-day D-II championship meet, respectively.
- On the girls' side only one of the four skiers who scored points in that title meet returns, senior Mary Harrington. She finished second in both the classic and freestyle individual races and helped the Tiger relay teams to a pair of second-place results in the relays.
 - There are more returners on the boys' side. Jorgen Pirrung, (See MUHS, Page 9)





WRESTLING



Name	Grade
Steven Lackard	12
Parker Carl	11
Luke Galera	11
Wyatt Kennett	11
Try McTavish	11
Sawyer Malzac	11
Colton Murray	11
Jason Sperry	11
Tucker Wright	11
Miles Goetz	10

i dikei Odii	- 11
Luke Galera	11
Wyatt Kennett	11
Try McTavish	11
Sawyer Malzac	11
Colton Murray	11
Jason Sperry	11
Tucker Wright	11
Miles Goetz	10
Jeremiah Bougor	10
Trevor Wright	10
Walter Farnsworth	9
Brayden Litchfield-Friend	9

Middlebury Union High School			
Date	Varsity Wrestling Opponent/Event	Time	
12/17	@ Spaulding	6 p.m.	
12/29&30	• •		
1/3	@ MAU Tournament		
1/7	@ Fair Haven	6 p.m.	
1/14	Duals host	6 p.m.	
1/15	@ Colchester	6 p.m.	
1/21	@ OV	6 p.m.	
1/29	@ BBA	5:30 p.m.	
2/4	@ VUHS	6 p.m.	

MUHS

GIRLS' HOCKEY



Middlebury Union High School		
Varsity Girls' Hockey		
Coach: PJ Lalonde		
Name	<u>Grade</u>	
Lia Calzini	12	
Kenyon Connors	12	
Quinn Doria	12	
Ireland Hanley	12	
Sawyer Witscher	12	
Ida Blackwell	11	
Kate Kozak	11	
Julia Morrisey	11	
Heaven Ross	11	
Nova Bojanowski	10	
Maggie Collins	10	
Becka Seeley	10	
Della Connor	9	
Josephine Ives	9	
Violet Lenihan	9	
Stella Lenti	9	
Reese Muzzy	9	

Girls' Varsity Ice Hockey			
Date	Opponent/Event	Time	
12/10	@ Stowe	7:15 p.m.	
12/13	Stowe	5 p.m.	
12/20	Rutland	5 p.m.	
12/22	@ Sealakers	4:20 p.m.	
12/29	U32	5 p.m.	
12/30	Burr & Burton	5 p.m.	
1/3	@ Rutland	6 p.m.	
1/7	@ Stowe	7:15 p.m.	
1/14	Brattleboro	7 p.m.	
1/17	Woodstock	5 p.m.	
1/21	@ Harwood	6:30 p.m.	
1/24	Missisquoi	7 p.m.	
1/28	@ N Country	6 p.m.	
1/31	CVU	7 p.m.	
2/4	@ Rice	5:15 p.m.	
2/7	Spaulding	7 p.m.	
2/11	@ Hartford	5:45 p.m.	
2/14	@ Essex	3 p.m.	
2/21	Sealakers	5 p.m.	
2/28	St Albans	7 p.m.	





Our staff would like to wish the athletes of Addison County the best of luck in the winter sports season!

We are here to cheer you on the sidelines and support your recovery should your hard work require some TLC.



Matt Horne, PT, CSCS Tracy Horne, PT Jodi Belisle Eddy, PT

PHYSICAL THERAPY

231 Court Street, Middlebury 802-388-3533 • www.addisonwellnesspt.com



MUHS

BOYS' HOCKEY



Middlebury Union High School Varsity Boys' Hockey			
Coach: Jo	ordan Stearns	3	
<u>Name</u>		<u>Grade</u>	
TJ Baron	12	Case Pitner	11
Jaxson Heffernan	12	Asa Root Pratt	11
Adrien Malhotra	12	Otto Seigfried	11
Logan McNulty	12	Jude Grant	10
Ethan Mulcahy	12	Evan Northrup	10
Sutton Rubright	12	Will Warren	10
Joseph Sullivan	12	Parker Austin	9
Gabriel Quesnel	11	Colin Chamberlin	9
Jase Kozak	11	Watson Malcom	9
Reaney McKinley	11	Leo Swenton	9
Tyler Munson	11		

Middlebury Union High School Boys' Varsity Ice Hockey		
Date	Opponent/Event	Time
12/12	Rutland	7 p.m.
12/17	@ Woodstock	6 p.m.
12/20	Hartford	7 p.m.
12/22	@ S. Burlington	7:40 p.m.
12/29	N Country	7 p.m.
12/30	Woodstock	7 p.m.
1/3	@ St J	4:45 p.m.
1/10	@ Saranac	1 p.m.
1/17	CVU	7 p.m.
1/21	@ Missisquoi	7:45 p.m.
1/24	@ Milton	7 p.m.
1/28	Burlington	7 p.m.
1/31	@ N Country	3 p.m.
2/4	Brattleboro	7 p.m.
2/7	@ Stowe	6:45 p.m.
2/14	@ Hartford	2 p.m.
2/18	Missisquoi	7 p.m.
2/21	St. J	7 p.m.
2/25	Milton	7 p.m.
2/28	@ Burlington	4:50 p.m.



GIRLS' BASKETBALL



Middlebury Union High School
Varsity Girls' Basketball

Coach: Eric Carter	
Name	Grade
Solstice Binder	12
Josie Gaiottl	12
Leah Duguay	11
Alice Livesay	11
Isabel Quinn	11
Willow Heywood	10
Ellie Orten	10
Lousia Orten	10
Lilliam Paquette	10
Ginger Riney	10
Sophie Simpson	10
Morgan McNulty	9
Emma Quinn	9
Millie Tenny	9
Ava Wood	9

liddlebury Union High Schoo	١
Girls' Varsity Basketball	

Date	Opponent/Event	Time
12/12	@ VUHS	7 p.m.
12/19	St Albans	7 p.m.
12/23	Enosburg	7 p.m.
1/2	OV	7 p.m.
1/5	Harwood	7 p.m.
1/7	@ Missisquoi	7 p.m.
1/10	Mt Abe	12:30 p.m.
1/13	@ Colchester	7 p.m.
1/19	VUHS	7 p.m.
1/24	Winooski	12:30 p.m.
1/27	@ Milton	7 p.m.
1/30	Missisquoi	7 p.m.
2/2	@ Spaulding	7 p.m.
2/4	@ Mt Abe	7 p.m.
2/7	Colchester	12:30 p.m.
2/10	@ Enosburg	7 p.m.
2/18	@ Winooski	7 p.m.
2/20	Milton	7 p.m .

MUHS

(Continued from Page 3)

now a sophomore, placed in the top 10 in both the freestyle and classic races. Also scoring for the Tigers in one of the two races or in one of their two third-place relay teams at states were Nate Cook Yoder, now a junior, and Gabe Perchemlides, now a sophomore.

- The coaches expect several newcomers and veterans to step up and fill the openings. On the girls side the coaches said sophomore Meredith Carr-Perlow would join Harrington, along with some athletes "among a big crew of promising new 9th-and 10th-grade skiers." On the boys' side they expect senior Kaden Hammond to join Pirrung, Nate Cook Yoder and Perchemlides as the primary starters.
- Harrington and Hammond are the young team's only seniors. They are joined as captains by Cook Yoder.

DANCE

- Coach Ashley Smith is entering her seventh year leading the perennially contending dance program at MUHS.
- The Tiger dancers were, along with wrestling and girls' Nordic and hockey, the most successful MUHS teams this past winter. They essentially tied for second in the state behind champion Mount Mansfield at the championship competition,

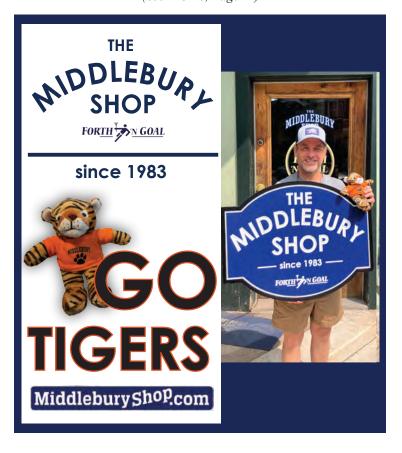
taking second in both their chosen disciplines, Hip Hop and Pom.

- The numbers of dancers dropped a bit for the program this past winter, and reinforcements from Mount Abraham on a member-ot-member basis were a welcome addition. Mount Abe students, plus one from Vergennes Union High School, join the Tiger ranks again this winter.
- Observers agreed the team showed great improvement over the course of this past winter.
- Senior Madelyn Brochu and junior Jordyn Rushton are the team's captains.
- The Tigers are young. Oprea Littlefield is the only other senior on the roster besides Brochu.

GIRLS' BASKETBALL

- Coach Eric Carter returns for his third year leading the MUHS girls' hoop program. Assisting him are Deborah Holler and Emma Carter.
- Last winter was the best season in a long time for the program as the Tiger girls made it to Barre for the first time since 2011 before coming up short as a No. 5 seed in the semifinal round.
- The Tigers'16th and final win of the 2024-2025 campaign came in the quarterfinal round in Bristol over rival Mount Abraham, the No. 4 seed, after two close losses in the regular (See MUHS, Page 11)







BOYS' BASKETBALL



Middlebury Union High School		
Varsity Boys' Basketball		
Coach: Chris Altemose		
Name	<u>Grade</u>	
Jonathan Kafumbe	12	
Cooke Riney	12	
Taylor Altemose	11	
Colin Chicoine	11	
Ryan Brouillard	11	
Connor Gordon	11	
Landon Hunt	11	
Timmy Laframboise	11	
Brady Lloyd	11	
Judah Matovu	11	
Daniel Power	10	
Adam LaRose	10	
Arthur Calvi	9	

Boys' Varsity Basketball			
Date	Opponent/Event	<u>Time</u>	
12/15	@ Harwood	7 p.m.	
12/18	St. Albans	7 p.m.	
12/22	@ S Burlington	7 p.m.	
12/27	Rice	12:30 p.m.	
1/6	OV	7 p.m.	
1/13	Rutland	7 p.m.	
1/17	Missisquoi	12:30 p.m.	
1/20	@ VUHS	7 p.m.	
1/23	@ Mt Abe	7 p.m.	
1/28	Milton	7 p.m.	
1/31	@ Enosburg	2:30 p.m.	
2/3	@ Winooski	7:30 p.m.	
2/11	@ Missisquoi	7 p.m.	
2/17	Mt Abe	7 p.m.	
2/19	@ Milton	7 p.m.	
2/21	@ VUHS	12:30 p.m.	
2/23	Enosburg	7 p.m.	
2/26	Winooski	7 p.m.	

MUHS

(Continued from Page 9)

season to the Eagles.

- Like the MUHS girls' soccer team this fall, the Tigers will have to navigate the season without standout senior Solstice Binder, who is out with an injury suffered this past summer.
- Returning starters include sophomore guard Louisa Orten and junior guard/forward Isabel Quinn.
- The team's seniors are forward Josie Gaiotti and versatile three-year starter Solstice Binder, who is not expected to play due to an injury suffered before her soccer season. The Tigers are young, with only two juniors on the roster besides Quinn, guards Leah Duguay and Alice Livesay.
 - Isabel Quinn and Binder are the captains.

BOYS' BASKETBALL

- Coach Chris Altemose is in his second stint as the head coach of the Tiger boys' basketball team and has a total of 20 years as a head basketball coach at MUHS. Two former head coaches of Tiger hoop programs are assisting, Cindy Atkins and Kyle Lussier.
- This past winter the Tigers won a playoff game for the first time since 2020. As a No. 6 seed they defeated visiting No. 11 Spaulding in a tight contest that ultimately hinged on a missed free throw with no time left on the clock. Then they gave No. 3 Harwood a battle in the quarterfinal round and wrapped up a successful season at 13-9.
- Several seniors graduated, but starting senior center Cooke Riney returns along with classmate Jonathan Kafumbe, a guard.
- Expected starters along with Riney include four of the following five: Kafumbe and four juniors: Ryan Brouillard, Taylor Altemose, Colin Chicoine and Brady Lloyd.

Coach Altemose said he was looking forward to the season.

"Our team is working hard, being good teammates, and improving each day," he said. "We're having fun playing this great game."

BOYS' HOCKEY

- Coach Jordan Stearns is back for his fifth year leading the Tiger boys' hockey program. Helping him coach are Brendan Collins, Sean Goodell and Giles Heilman.
- The 2024-2025 season was not the best for the team. It ended when the No. 8 seed Tigers lost at home to No. 9 Colchester in the first round of the D-II playoffs. The young Tigers were competitive at times, but finished at 4-16-1. The Tigers this season will be seeking the program's first playoff win since 2022 and first title since 2011.
- The team graduated only two seniors. This year's squad is more seasoned, rostering seven seniors defensemen Sutton

Rubright, Jaxson Heffernan, Ethan Mulcahy and Logan McNulty; goalie TJ Baron; and forwards Adrien Malhotra and Joe Sullivan

• Team captains are seniors Rubright and McNulty, with TJ Baron and junior Gabe Quesnel the assistant captains.

Stearns said he will make sure plenty of players see time on the ice, but one goalie will likely carry the load.

"We will have a rotation of starters this year for forwards and defense," he said. "TJ Baron will consistently be the starter in net."

• In all, the coach expects a step forward this winter for the Tigers.

"We have an older and more experienced team this year, which should lead to a faster, more skillful, and overall stronger team than last year," Stearns said. "With a strong class of first-year players to add to the mix, we should have a great blend of experience and youthful talent."

GYMNASTICS

- Coach Natalia Little has coached the gymnastics team for six years.
- The Tiger gymnasts compete well against other teams outside of the state's larger population centers that can offer student-athletes year-round access to gymnastics clubs and facilities.
- Little focuses on honing her athletes' skills and fostering their love of the sport.
- Returning as high scorers from a year ago are senior Alixis Williams, juniors Lila Hescock and Nataly Johnson, and sophomore Anni Broderson.
- The team's seniors are Mady Richard, Alixis Williams and Emily Johnson. Richard and Emily Johnson are the captains.
- Little said the younger athletes on a larger roster than in recent years show potential: "Most come with a solid gymnastics background," she said.
 - Little expects to enjoy working with the team.

"I'm most looking forward to seeing the kids grow this season," she said.





DANCE



Middlebury Union High School Varsity Dance Team		
Date	Opponent/Event	Time
1/17	@ Lamoille	1 p.m.
1/31	Hosts	1 p.m.
2/7	@ Burr & Burton	1 p.m.
2/14	@ S Burlington	1 p.m.
2/21	State Competition at VUHS	5:30 p.m.

Middlebury Union High School Varsity Dance Coach: Ashley Smith				
	Name		<u>Grade</u>	
Madelyn Brochu	12	<u>)</u>	Bea Deering	10
Emily Fritz	12	2	Ray Fallon	10
Oprea Littlefield	12	2	Fiona Harrington	10
Cora Blair	11		Harper Hendy	10
Kayla Haugan	11		Akirah Lalumiere	10
Isobela Osborne	11		Thea Porter	10
Jordyn Rushton	11		Ava Whelan	10
Ellie Conklin	10)	Kayla Kilburn	9
Coralyn Conrad	10)	Grace Mical	9



GYMNASTICS



Middlebury Union High School		
Varsity Gymnastics		
Coach: Natalia Little		
Name	Grade	
Emily Johnson	12	
Mady Richard	12	
Alixis Williams	12	
Gaby Araujo	11	
Lila Hescock	11	
Nataly Johnson	11	
Anni Broderson	10	
Leah Warner	10	
Ariana Blodgett	9	
Chloe Krechel	9	
Willow Mongeon	9	

Middlebury Union High School		
i i	Varsity Gymnast	
<u>Date</u>	Opponent/Event	<u> </u>
12/19	Burlington	6 p.m.
12/27	@ Brattleboro	2 p.m.
12/29	Harwood	6 p.m.
1/5	Montpelier	6 p.m.
1/15	@ Essex	6 p.m.
1/19	S Burlington	6 p.m.
1/30	@ CVU	7:30 p.m.
2/7	St J	11 a.m.
2/14	@ Burr & Burton	4:30 p.m.



NORDIC SKIING



Middlebury Union High School Boys' and Girls' Varsity Nordic Skiing				
Date Opponent/Event Time				
12/16	Rikert	3 p.m.		
12/30	@ Sleepy Hollow	TBA		
1/19	@ Sleepy Hollow	10 a.m.		
2/19	Rikert	TBA		
2/ 24	@ Craftsbury	TBA		



NORDIC SKIING



	Coaches: Jay Harrii	n School Nordic Ski Team ngton, Keith Wilkerson	
	<u>Name</u>	<u>Grade</u>	
Kaden Hammond	12	Gabriel Perchemlides	10
Mary Harrington	12	Jorgen Pirrung	10
Nate Cook Yoder	11	Cameron Vose	10
Amelie Richter	11	Emerson Blair	9
Graeham Zieger	11	Sarah Duplissis	9
Alex Andersson	10	Montana Gray	9
Meredith Carr-Perlow	10	Penny Lickun	9
Sadie Jette	10	Rupert Suhr	9
Pema Kerins	10	Avery Thompson	9



Mt. Abraham Union High School

Eagle teams have plenty of enthusiasm for winter season

BY ANDY KIRKALDY

BRISTOL — In the winter of 2024-2025, Mount Abraham Union High School sports teams welcomed a new varsity program, indoor track and field, and saw some good results from among the existing teams, notably the girls' basketball squad, with 17 wins including one in the postseason, and the wrestling team, which placed four wrestlers on state tournament podiums.

As usual, there was plenty of enthusiasm at the Bristol school this month to accompany the short run-up to the season, with practices starting on Dec. 1 and action starting for all the teams within two weeks in the school gyms and wrestling rooms and the University of Vermont's indoor track facility.

Best of luck to the following Mount Abe teams and athletes and their coaches

GIRLS' BASKETBALL

- Coach: Koran Cousino, herself a former Mount Abe standout, is entering her fourth year leading the Eagle girls' basketball program. She is assisted by Bonnie Huizenga, Kari Jipner and Erin LaRose.
- In the 2024-2025 season a veteran Eagle girls' hoop team posted a 16-4 regular season record that included two wins over Middlebury, a three-win improvement over the prior season. It was a performance that was good for the No. 4 seed in Division II. But the No. 5 Tigers upset them in Bristol in the quarterfinal round.
- After many athletes graduated, returning starters are few, and this season the Eagles will be relying on athletes who came off the bench this past winter and younger players to play important roles.
- The Eagles' seniors are Genevieve Forand, Molly Mangini, Sierra Roberts, Brooklyn Ryersbach and Isla Underwood. Among that group Forand saw the most time a year ago, while Underwood is not expected to play due to injury.
- The perennial contending program's last D-II title came in 2022 under then Coach Connie LaRose, when as a No. 6 seed the Eagles defeated the Nos. 2 and 3 seeds on the way to the championship. Cousino was an assistant to LaRose at that point.

BOYS' BASKETBALL

- Coach Martin Clark is entering his 11th year leading the Eagle boys' basketball program, making him the second-longest tenured Mount Abe coach. He is assisted by Troy Paradee, Shawn Oxford, Ed Cook and Trent Roleau.
- This past winter the Eagle boys posted an 8-13 record for the second straight season, but finished the regular (See Eagles, Page 22)





GIRLS' BASKETBALL



Mount Abraham Union High School Varsity Girls' Basketball		
Coach: Koran Cousino		
Name	Grade	
Genevieve Forand	12	
Molly Mangini	12	
Sierra Roberts	12	
Brooke Ryersbach	12	
Isla Underwood	12	
Adrianna Earle	10	
Samantha Guilbeault	10	
Gwen LaPerle	10	
Mattea O'Bryan	10	
Olivia Sawyer	10	
Edda Twyman	10	
Sophie Underwood	10	

Varsity Girls' Basketball			
Date	Opponent/Event	Time	
12/12	@ Harwood	7 p.m.	
12/15	Fair Haven	7 p.m.	
12/18	@ FH Tourn	5:30 p.m.	
12/22	@ FH Tourn	7 p.m.	
1/5	@ VUHS	7 p.m.	
1/7	Milton	7 p.m.	
1/10	@ MUHS	12:30 p.m.	
1/13	@ Missisquoi	7 p.m.	
1/16	Burr & Burton	7 p.m.	
1/21	@ Colchester	7 p.m.	
1/24	Enosburg	12:30 p.m.	
1/27	Winooski	7 p.m.	
1/30	@ Milton	7 p.m.	
2/4	MUHS	7 p.m.	
2/7	Missisquoi	12:30 p.m.	
2/9	VUHS	7 p.m.	
2/13	Colchester	7 p.m.	
2/16	@ OV	7 p.m.	
2/18	@ Enosburg	7 p.m.	
2/21	@ Winooski	2:30 p.m.	



BOYS' BASKETBALL



Mount Abraham Union High School Varsity Boys' Basketball		
Coach: Martin Clark		
<u>Name</u>	<u>Grade</u>	
Oliver Cogswell	12	
Cooper Cook	12	
Charlie Germon	12	
Will Gustin	12	
John Stanley	12	
JaeQuin Tomasi	12	
Jaran Griffin	11	
Jackson Jennigs	11	
Bowen Lutz	11	
Dustin Abbott	10	
Waydon Cherington	10	
Noah Germon	10	
Kai Ludka	10	

	Varsity Boys' Basketball	
Date	Opponent/Event	Time
12/13	Mt Anthony	12:30 p.m.
12/15	@ Randolph	7 p.m.
12/18	@ U-32	7 p.m.
12/23	@ Harwood	7 p.m.
12/27	OV	12:30 p.m.
12/30	Randolph	7 p.m.
1/2	Fair Haven	7 p.m.
1/9	@ OV	7 p.m.
1/14	@ Missisquoi	7 p.m.
1/17	Winooski	12:30 p.m.
1/23	MUHS	7 p.m.
1/28	@ Enosburg	7 p.m.
1/31	@ VUHS	2:30 p.m.
2/3	@ Milton	7 p.m.
2/6	Missisquoi	7 p.m.
2/11	@ Winooski	7 p.m.
2/17	@ MUHS	7 p.m.
2/19	Enosburg	7 p.m.
2/23	VUHS	7 p.m.
2/26	Milton	7 p.m.



WRESTLING



Mount Abraham Union High School		
Varsity Wrestling Coach: Alex Peterson		
Name	Grade	
Mason Atkins	11	
Abraham Camara	11	
Kassondra Garrow	11	
Hailey Isham	11	
Isayah Isham	11	
Zachary Montgomery	11	
Lincoln Painter	11	
Mike De La Cruz	10	
Andrew Doherty-Konczaal	10	
Mason Forand	10	
Bradley LaVangie	10	
Forest Turner	9	

Mount Abraham Union High School		
Date	Varsity Wrestling Opponent/Event	Time
12/13	@ NAC Tournament	
12/20&21	@ Lowell Holiday Tournament	
12/27	@ Fair Haven Duals	
12/29 & 30	0@ MUHS Tournament	!
1/3	@ Mt. Anthony Tournament	
1/7	@ Mill River	10 a.m.
1/10	@ Mill River Tournament	İ
1/13	@ Fair Haven	6 p.m.
1/16&17	@ Essex Tournament	
1/21	@ OV	6 p.m.
1/24	@ VUHS Tournament	İ
1/28	Hosts	6 p.m.
1/31	@ OV Tournament	
2/7	@ Mt. Mansfield Tournament	

Mt. Abe

INDOOR TRACK & FIELD



Name	<u>Grade</u>
Jackson LaMarche	11
Truman Sawyer	11
Tanner Cross	10
Charlie Desilets	10
Sloane Grzyb	10
Juliana Murphy	10
Eloise Newman	10
Karson Norris	10
Julian Schuler	10
Jaret Sturtevant	10
Del Guilmette	9

9

9

9

Indoor Track & Field

Coach: Dustin Corrigan

Pax Gunderson Benjamin Mangini

Matthew Steele

Ethan Tanych Emily Wells

Mount Abraham Union High School Indoor Track & Field		
Date	Opponent/Event	<u>Time</u>
2/13	@ UVM	8 a.m.
12/21	@ UVM	8 a.m.
12/27	@ UVM	8 a.m.
1/4	@ UVM	8 a.m.
1/10	@ UVM	8 a.m.
1/10	Championship Meet at UVM	

Eagles

(Continued from Page 17)

season strong.

- The Eagles were seeded ninth for the D-II playoffs and after a long bus ride gave No. 8 North Country a battle before coming up just short, 56-50.
- Many key players graduated, and the Eagles will be relying on returners to play expanded roles and newcomers to make an impact. The team's returning players who saw significant minutes a year ago include seniors Cooper Cook, Charley Germon and Johnny Stanley.
- The team's other seniors are Oliver Cogswell, William Gustin and JaeOuin Tomasi.
- Cook, Germon and sophomore Waydon Cherington are the Eagles' captains.

WRESTLING

- Coach Alex Peterson, a Mount Abe teacher, is entering his fourth year in leading the Eagle wrestling program. His assistants are Carroll Isham, Eric Forand and Patrick Pfenning.
- At the state championship meet this past winter, four Eagles reached the podium, all of them then sophomores: Baxter Montgomery (third at 120 pounds), Isayah Isham (third at 138), Mason Atkins (sixth at 157) and Lincoln Painter (sixth at 165). All of them return, but not necessarily at the same weight classes.
- The Eagles were a young team a year ago, with no seniors and only two juniors on the roster, and finished 10th overall at the championship meet hosted by Spaulding.
- There are no seniors on the roster this season, but there are seven juniors.

- Several weight classes feature competition this winter for the starting spots.
- Atkins and Isham will serve as the team's captains.
- Program numbers took an upturn in 2023 and remain stable this season at 12 wrestlers.

INDOOR TRACK & FIELD

- Mount Abe's indoor track and field team enters its second year as an official varsity program after being upgraded from club status.
- Physical Education teacher Dustin Corrigan, who as the longtime girls' soccer team head is the school's longest tenured coach, returns to lead the indoor track and field team.
- In the 2025 state meet, Ruby Connell, Cameron Vose and Hazel Stoddard submitted individual top-10 finishes on the girls' side, as did Truman Sawyer and Elliot Senecal on the boys' side. Also, the boys' 4x200 relay team of Jaret Sturtevant, Jackson LaMarche, Sawyer and Lincoln Ward finished eighth with a personal record.
- Returning from among those athletes are LaMarche, Sawyer and Sturtevant. It's also fair to look to freshman Del Guilmette to make his presence known at the state cross country meet this past fall he was he top male runner in Addison County.
- The team is young: It consists entirely of sophomores and freshmen except for juniors Sawyer and LaMarche.
- The team's roster count doubled a year ago to 20, and this year's count stands at a still healthy 16 after a number of athletes graduated.
- The University of Vermont hosts the team's entire schedule, five regular season meets between mid-December and mid-January, and the championship meet on Jan 17





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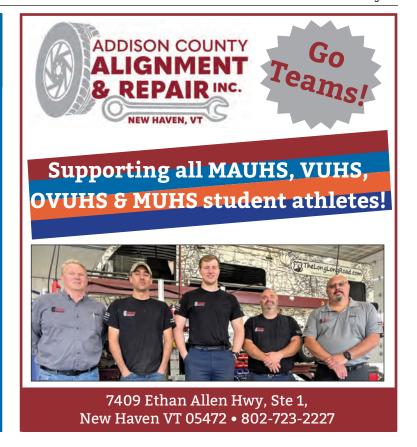
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Vergennes Union High School

Strong Commodore teams aims for post-season berths

BY ANDY KIRKALDY

VERGENNES — Vergennes Union High School sports teams fared pretty well overall in the winter of 2024-2025, even if championship hardware was largely elusive — only two wrestlers, one who graduated this past spring, earned state titles.

The wrestling team should fare well again, and key players return to bolster the boys' and girls' basketball teams, each of which won playoff games last season.

And the indoor track and field program returns a number of athletes who performed well up at the University of Vermont's facility this past winter.

Here's a closer look at the Commodores' campaigns.

WRESTLING

COACH: Eugene Stearns, a former Vermont Wrestling

Coach of the Year, stepped down after a successful tenure leading the program. Taking over as co-coaches are former head coach and state champion Nate Kittredge and longtime youth coach Travis Scribner. They are assisted by Eli Brace.

- Vergennes was seventh as a team at the state meet last year, a solid result considering injuries and the school's status as one of the smaller schools competing in the alldivision meet.
- Four Commodores stood on the podium at the end of the meet in Barre, one of whom, Isaac Preston, graduated.

Then-junior Payton Lavoie won at 190 pounds and was voted by the coaches as the tournament's outstanding wrestler after defeating higher seeds on the way to his title.

Also reaching the podium for VUHS were sophomore (See Commodores, Page 27)





GIRLS' BASKETBALL



Vergennes Union High School Varsity Girls' Basketball Team		
Coach: Billy Waller		
Name	Grade	
Ava Francis	12	
Amelia Giroux	12	
Summer Gosliga	12	
Faith McAllister	12	
Libby Ringer	12	
Ashtin Stearns	12	
Georgia Krause		
Isabel Miguel	10	
Ayla Kittredge	9	

Girls' Varsity Basketball		
<u>Date</u>	Opponent/Event	<u>Time</u>
12/12	MUHS	7 p.m.
12/15	Danville	7 p.m.
12/23	@ Williamstown	7 p.m.
1/2	@ Blue Mt	7 p.m.
1/5	Mt Abe	7 p.m.
1/7	Stowe	7 p.m.
1/14	Richford	7 p.m.
1/16	White River	7 p.m.
1/19	@ MUHS	7 p.m.
1/21	@ Fairfax	7 p.m.
1/23	@ Twinfield	7 p.m.
1/26	Williamstown	7 p.m.
1/28	@ Danville	7 p.m.
1/30	Blue Mt	7 p.m.
2/2	@ Stowe	7 p.m.
2/7	Winooski	2:30 p.m.
2/9	@ Mt Abe	7 p.m.
2/11	@ Richford	7 p.m.
2/18	Fairfax	7 p.m.
2/20	Twinfield	7 p.m.

Commodores

(Continued from Page 25)

Stephen Kittredge, second at 126, and freshman Jackson Scribner, fourth at 138. Also of note, Addie Smith, now a sophomore, was second in the state in her weight class in the girls-only tournament, qualifying for a regional event.

• The coaches expect others to join them stepping onto the podium this winter, possibly by junior Izaak Wolniewicz, the only upperclassman on the team as well as Lavoie, the team's only senior.

BOYS' BASKETBALL

- Coach Eric LeBeau is in his third season leading the VUHS boys' hoop program. Assisting him will be Will Benton, Ben Smith, Lance Bergmans and Ben Curtis.
- The Commodore boys finished at 14-7 this past winter after their third consecutive close loss in Division III quarterfinal, this time as a No. 3 seed.
- This season VUHS will be looking to make its first trip to Barre since the 2022-23 season, when the Commodores lost to playoff nemesis Winooski in a semifinal.
- Unlike the boys' soccer team, the VUHS boys' basketball team will remain in the competitive Lake Division and play mostly D-II competition.
- Several key players were undergraduates a year ago. Seniors on the team this year are Ryker Mosehauer, Theo Elzinga, Aden Fuller, Ryan Wright and Logan Thibault.
- Returners who started or played key roles off the bench a year ago include Mosehauer, Wright, Cohen Howell and Quinn LeBeau.

GIRLS' BASKETBALL

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- The Commodores finished at 10-12 a year ago, a record that included a first-round D-III playoff win on the road before a loss to the top seed in a quarterfinal.
- The VUHS girls' squad has played in the Lake Division against a mostly D-II schedule in past winters, but this season will play more games against D-III competition after a switch to the Mountain Division, a move that could improve their tournament seeding.
- The Commodores lost only one player to graduation from this past winter, while this year's roster includes six seniors: Ashtin Stearns, Ava Francis, Summer Gosliga, Libby Ringer, Faith McAlister and Amelia Giroux. All but Gosliga played on the championship VUHS girls' soccer team.
- Returning starters include Stearns, Francis, Giroux and junior Georgia Krause.
- The program will be seeking its first trip to the Barre Auditorium since reaching the championship game in 2021. **INDOOR TRACK & FIELD**
- Coach Brad Castillo is in his 17th year leading the Commodore indoor track and field program, which he helped found. Castillo also heads the VUHS cross-country program in the fall and the school's spring outdoor track and (See Commodores, Page 31)





BOYS' BASKETBALL



Vergennes Union High School Varsity Boys' Basketball Team		
Coach: Eric LeBeau		
Name	<u>Grade</u>	
Theo Elzinga	12	
Aiden Fuller	12	
Ryker Mosehauer	12	
Logan Thibault	12	
Ryan Wright	12	
Jude Bragg	11	
Juan De La Cruz	11	
Cole Gagnon	11	
Benjamin Hale	11	
Cohen Howell	11	
Quinn LeBeau	11	
Liam McGuire	11	
Liam Paquette	10	

Boys' Varsity Basketball		
Date	Opponent/Event	Time
12/13	@ Colchester	2:30 p.m.
12/18	CVU	7 p.m.
12/20	Harwood	2:30 p.m.
12/27	@ Spaulding	12:30 p.m.
12/29	Hazen	7 p.m.
1/06	Fair Haven	7 p.m.
1/14	@ Winooski	7 p.m.
1/17	Milton	2:30 p.m.
1/20	MUHS	7 p.m.
1/23	@ Missisquoi	7 p.m.
1/26	@ OV	7 p.m.
1/29	Crown Pt.	6 p.m.
1/31	Mt Abe	2:30 p.m.
2/03	@ Enosburg	7 p.m.
2/06	Winooski	7 p.m.
2/10	@ Milton	7 p.m.
2/17	Missisquoi	7 p.m.
2/21	@ MUHS	2:30 p.m.
2/23	@ Mt Abe	7 p.m.
2/26	Enosburg	7 p.m.



INDOOR TRACK & FIELD



Vergennes Union High School Varsity Indoor Track & Field			
Coach: Brad Castillo	•		
Name	Grade	David Coburn	10
Sawyer Garthaffner	12	Petra Fearon	10
Chance Koenig	12	Lauren Hill	10
Carter McGuire	12	Georgia Kunkel	10
Eleanor Wilkinson-Sachs	12	Marwan Liebhaber	10
Ryan Johnson	11	Emerson Morrill	10
Connor Simison	11	Rowan Neffinger	10
Madeliene Stroup	11	lla Borah	9
Isabella Van Voorst	11	Quin Dubois	9
Vivienne Audy	10	Ranen Howell	9

Vergennes Union High School Varsity Indoor Track and Field		
<u>Date</u>	Opponent/Event	<u>Time</u>
12/13	@ UVM	8 a.m.
12/21	@ UVM	8 a.m.
12/27	@ UVM	8 a.m.
1/4	@ UVM	8 a.m.
1/10	@ UVM	8 a.m.
1/10	Championship Meet at UVN	1



WRESTLING



Vergennes Union High School Varsity Wrestling Team

Coaches: Travis Scribner & Nate Kittredge Name **Grade** Payton Lavoie 12 Stephen Kittredge 11 Izaak Wolniewicz 11 Gavin Couture 10 Izaiha Deyette 10 Joseph Maneen 10 Jackson Scribner 10 Adeline Smith 10 Caleb Stearns 10 Maddox Davis 9 9 Bella Emerson Adrien Provencher 9 9 Liz-Marie Fuentes

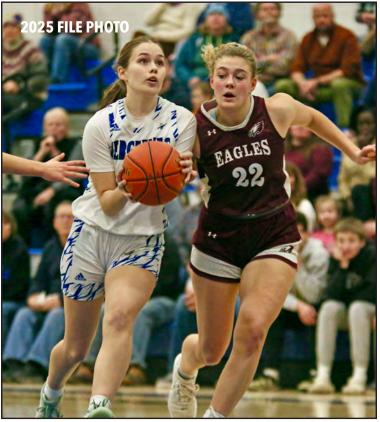
Date	Opponent/Event	Time
12/13	@ ConVal Tournament	
12/16	Essex & SBHS	6 p.m.
12/19 & 20	0@ Lowell Holiday Tournament	
12/23	Colchester & MMU	6 p.m.
12/29 &30	@ Noble Tournament	
1/3	@ Keene Tournament	
1/8	MAU & OV	6 p.m.
1/10	@ Mill River Tournament	
1/14	@ MUHS	6 p.m.
1/16 &17	@ Essex Classic	
1/21	FHS, RHS & BBA	5:30 p.m.
1/24	Commodore Invitational	
1/28	@ Mt Abe	6 p.m.
1/31	@ Mt. Greylock Tournament	
2/4	MUHS & Mt Abe	6 p.m.
2/7	@ Plymouth Tournament	
2/14	@ State Dual Tournament	
2/27 & 28	State Championship Meet at C	VU

Commodores

(Continued from Page 27)

field program.

- The Commodore program saw a multi-season streak of winning at least one event in the D-II indoor championships snapped this past winter, but relay teams set several personal bests and placed in several events.
- On the girls' side, two runners return from a four-by-800-meter girls' relay team that placed third this past winter, junior Isabelle Van Voorst and sophomore Lauren Hill, and they were joined by junior Eleanor Wilkinson-Sachs on a team that placed sixth in the 4x400 relay. Hill also finished in the top 10 at 1,000 meters.
- On the boys' side, four runners return from relay teams that posted top-10 finishes in the 4x200, 4x400 and 4x800, including two seventh-places just off the podium, setting personal bests in each event. Those returners are seniors Chance Koenig and Carter McGuire, junior Ryan Johnson, and sophomore Rowan Neffinger.
- Interest in the program remains high, with 19 students signed up this winter.





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BOYS' BASKETBALL

Otter Valley Union High School Varsity Boys' Basketball Head Coach: Mike Stark		
Name	<u>Grade</u>	
Riley Connaughton	12	
Connor Denis	12	
Logan Denis	12	
Zachary Dragon	12	
Jackson Howe	12	
Brody Lathrop	12	
Brayden Meza	12	
Jacob Warrell	12	
Marek Heitmann	11	
Jonathan Johnson	11	
Ayden Wingfield	10	

Otter Valley Union High School Boys' Varsity Basketball		
Date	Opponent/Event	Time
12/13	@ Fair Haven	2:30 p.m.
12/18	@ Proctor	7 p.m.
12/27	@ Mt. Abe	12:30 p.m.
1/3	@ Springfield	1:30 p.m.
1/6	@ Middlebury	7 p.m.
1/9	Mt Abe	7 p.m.
1/14	@ Windsor	7 p.m.
1/16	MAU	7 p.m.
1/23	@ White River Valley	7 p.m.
1/26	VUHS	7 p.m.
1/29	Windsor	7 p.m.
1/31	@ Bellows Falls	1 p.m.
2/5	Fair Haven	7 p.m.
2/7	Bellows Falls	7 p.m.
2/10	White River Valley	7 p.m.
2/12	Hartford	7 p.m.
2/17	Mill River	7 p.m.
2/19	Burr & Burton	7 p.m.
2/23	@ MAU	7 p.m.
2/26	@ Brattleboro	7 p.m.



CHEERLEADING

Otter Valley Union High School Varsity Cheerleading	
Head Coach: Kassidy Buley	
Name	Grade
Alyssa Wade	11
Leah Chapin	10
i I	
! !	
! !	

 	Otter Valley Union High School Cheerleading		
Date	Opponent/Event Time		
12/13	@ Essex, VCCA Clinic		
1/31	@ Rutland, CVCC		
2/7	@ S. Burlington, NVAC		
2/14	@ Essex, VCCA		
2/21	@ States, Vergennes		
3/21	@ @ New Englands, Worcester, Mass.		



WRESTLING

Otter Valley Union High School Varsity Wrestling	
Coach: Cole Mason	
Name	<u>Grade</u>
Maisa Allen	12
Colin Carroccia	12
Drake Felkl	12
Thomas Given	12
Ethan Ross	12
Blake Allen	11
David Bertrand	11
Ayden Larocque	11
Max Potter	11
Keegan Reid	11
Colby Benoit	10
Aiden Graham	10
Chase Herrick	10
Ethan Kenyon	10
Tyson Lanza	10
Mason Markowski	10
Brady Babcock	9
Brooklyn Coburn	9
Declan Gallipo	9
Jordan Loso	9
Andrew Sweeney	9
Landon Wilcox	9
Caleb Woodward	9

Otter Valley Union High School			
Varsity Wrestling			
Date	Opponent/Event	<u>Time</u>	
12/13	@ NAC Tournament	9:30 a.m.	
12/17	Duals Host (Open)	6 p.m.	
12/20	Essex, Springfield	10 a.m.	
12/27	@ Berkshire Tourney		
1/3	@ Keene, NH Tourney	9 a.m.	
1/8	@ Vergennes	6 p.m.	
1/10	@ Pelham, NH	9 a.m.	
1/16 & 17	@ Essex Classic		
1/21	Mt. Abe, Middlebury	6 p.m.	
1/23	Hosts Duals (Open)	6 p.m.	
1/24	Hosts Tourney	9:30 a.m.	
1/29	@ Mill River	6 p.m.	
1/31	@ Mt. Greylock	9:30 a.m.	
2/4	Host Duals (Open)	6 p.m.	
2/7	@ Mt. Mansfield	9:30 a.m.	
2/11	Host Duels (Open)	6 p.m.	
2/14	@ State Dual Tourney	10 a.m.	
2/27&28	@ CVU, State Tourney		
3/7&8	@ New England Tourney		





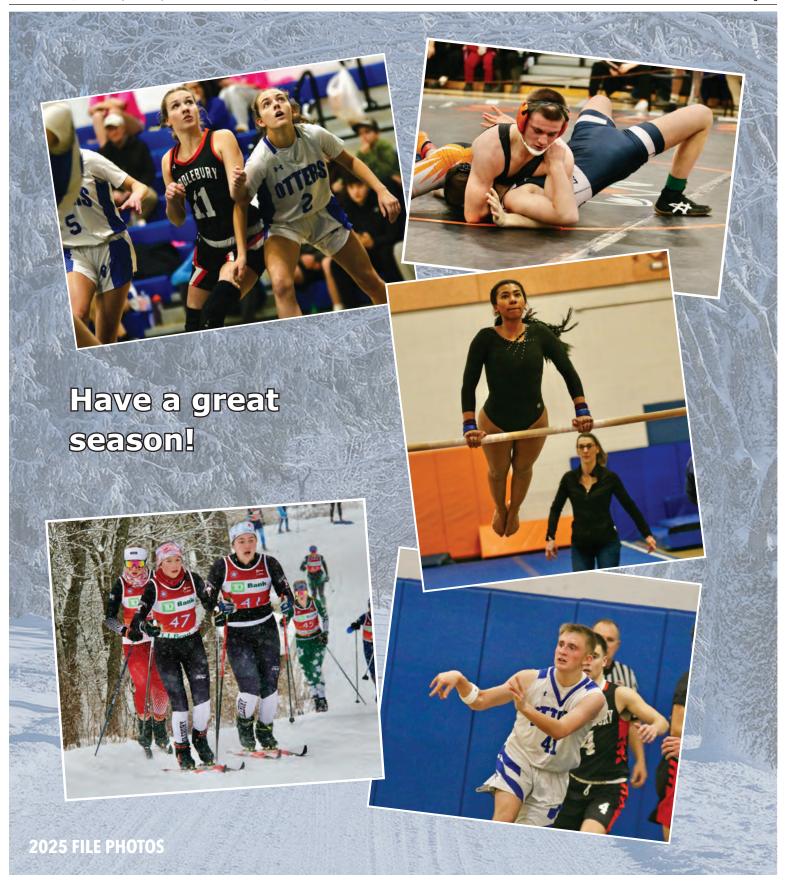


GIRLS' BASKETBALL

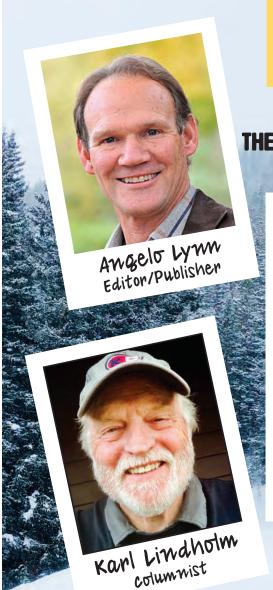
Otter Valley Union High School Varsity Girls' Basketball		
Head Coach: Ray Counter		
Name	Grade	
Breanna Bovey	12	
Hannah Desabrais	12	
Marissa Dick	12	
Jazalynn Madrigal	12	
Leann Thomas	12	
Allie Charbonneau	11	
Isabella Bovey	10	
Tegan Boynton	10	
Shayla Frain	10	
Lucy Howe	9	
Lydia Keith	9	
Georgia LaPorte	9	

Otter Valley Union High School Girls' Varsity Basketball		
Date	Opponent/Event	Time
12/16	MAU	7 p.m.
12/18	@ Fair Haven Tourney	7 p.m.
12/22	@ Fair Haven Tourney	5:30 p.m.
12/27	@ West Rutland	2:30 p.m.
12/30	@ Woodstock	7 p.m.
1/2	@ Middlebury	7 p.m.
1/5	Springfield	7 p.m.
1/8	Fair Haven	7 p.m.
1/12	@ Green Mountain	7 p.m.
1/15	@ Windsor	7 p.m.
1/17	Hartford	12:30 p.m.
1/24	@ Springfield	1:30 p.m.
1/27	Poultney	7 p.m.
1/30	@ Burr & Burton	7 p.m.
2/3	Windsor	7 p.m.
2/6	West Rutland	1 p.m.
2/11	@ Hartford	7 p.m.
2/13	Proctor	7 p.m.
2/16	Mt. Abe	7 p.m.
2/20	MSJ	7 p.m.









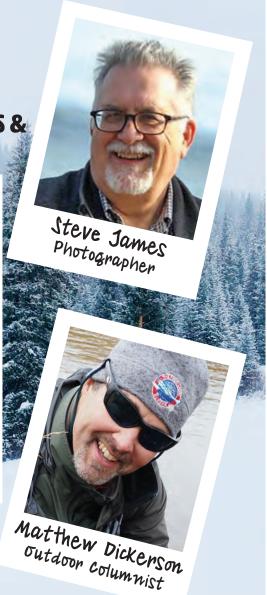
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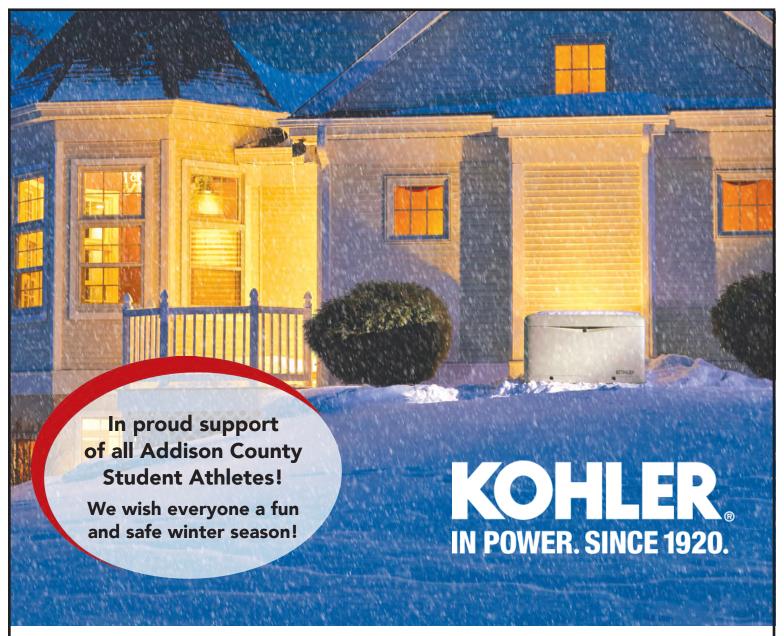
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