

STUDENTS OF THE WEEK FROM AREA HIGH SCHOOLS

Mount Abraham Union High School

Louisa Guilmette

Mt. Abraham is proud to recognize Louisa Guilmette as student of the week. Lou lives in Monkton with her Mom, Dad, younger brother and dog, Phoebe.

Lou has earned highest honors every semester throughout her high school career. She enjoys challenging herself and getting out of her comfort zone. Her favorite classes at Mt. Abe have been AP Biology, AP English Literature and American Studies. She also loves science, especially Chemistry. Lou states that science interests her as it helps explain "why things are the way they are and how they work." Lou shared her appreciation for her teacher Mrs. Grzyb, stating "she is one of the kindest, empathetic, selfless and understanding people I know. She works very, very hard to make sure her students understand the material. She always grades on time and will spend countless hours with you after school to help you. She challenges you and pushes you to succeed. I am beyond grateful that I had her as a teacher."

In addition to her outstanding academic career, Lou is very involved in the Mt. Abe community. She likes being with her friends and connecting with them throughout the school day. She is captain of the field hockey team, senior class treasurer, a member of the Eagle Leadership Society, the Neuroscience Club and a participant in Mt. Abe musicals.

In her spare time, Lou can be found working at Lulu's ice cream shop in Vergennes, where she washes dishes and prepares ingredients for the ice cream. She also enjoys baking, camping, hanging out with friends and spending time with her family.

Reflecting on her time at Mt. Abe, Lou speaks to the importance of finding people who support and value her. Lou's advice to other students is "to be friends with the people who make you laugh and make you feel appreciated."

Lou plans to attend college to pursue a degree in the sciences. She hopes to study abroad while in school and travel after she graduates from college. Congratulations, Lou, on your accomplishments, leadership, and commitment to the Mt. Abraham community! We wish you all the best in your future endeavors.



Louisa Guilmette
MAUHS

Otter Valley Union High School

Jaydon Connors

Jaydon Connors is this week's Otter Valley Student of the Week. He lives in Pittsford with his mom, sister and pets. Jaydon manages to balance academics, athletics and a part-time job at Keith's Country Store.

When he's not working or in class, Jaydon spends his time improving his football skills, lifting weights, and hanging out with friends and family. At Otter Valley, he appreciates the chance to expand on what he already knows, and he especially enjoys AP World History. His favorite teacher is Mr. Rose, who Jaydon describes as a smart, caring individual and also his football coach and mentor.

Jaydon is a member of the National Honor Society and serves as captain of both the football and lacrosse teams.

He believes one of the most important lessons he's learned is that "people are always going to try to bring you down. You can't spend your time thinking of what others say — you gotta have some sort of an ego and stay optimistic to win." It's a piece of advice he hopes underclassmen will carry with them through their own high school experience.

After graduation, Jaydon plans to attend college and pursue a career as an athletic trainer.

Everyone at Otter Valley Union High School wishes Jaydon the very best in his future endeavors!



Jaydon Connors
OVUHS

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Students of the Week are chosen by school teachers and administration.

Congratulations, Louisa and Jaydon!

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