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GUIDE

SEPTEMBER 26, 2024



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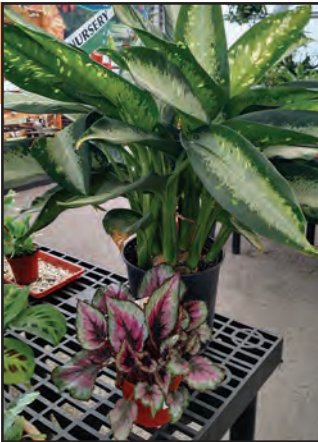
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The towns of Addison County and Brandon are steeped in history and culture, plus there's plenty to see.

Middlebury is the region's center, with Middlebury College a must-see for any tourist. Its magnificent campus is home to art galleries, performances by big city talent and plenty of sports (for a good view of the mountain scenery, check out the stands in the football stadium).

Downtown Middlebury has its own museum (the Sheldon Museum), lots of shops and restaurants.

But be sure to venture from there. Addison sports the Chimney Point Historic Site and the Dead Creek Wildlife Refuge teeming with wild geese and fowl of great diversity. Orwell is home to one of the last undisturbed Revolutionary War sites in the country — Mount Independence. Bristol, Brandon and Vergennes offer small-town life at its best with fun things to do and all the needed amenities.

Read the stories in this guide about getting out and about in the fall and then hit the back roads and trails of our beautiful region. Want to stick to your car? See detailed maps in our Fall Foliage Road Trips pages for some loops to drive and soak up the scenery.

Read the guide and find out what's going on in Addison County. Then get out and taste a portion of the best that Vermont has to offer!

~ The editors



TABLE OF CONTENTS

Savor the season in your kitchen	4
Cool-weather recipes.....	5 & 51
Wildlife at Dead Creek	7
Middlebury is busy this season.....	8-9
Sing hymns in Vergennes	10
Asters are a seasonal beauty	10
Bristol hosts Harvest Festival.....	12-13
Take a Fall Road Trip	14 & 43
Calendar of fall events	17-24
Some things to know about apples	26
Visit an Orchard	26-27
Dining Guide.....	30-32
Seasonal fair in Brandon	44
Two short hikes yield long views	45
Classic country stores.....	46
Cultural & Historical sites	47-49
See foliage from a ski lift	49
What's the prediction for fall foliage	50
Live music listings	52
Hot Spots and Map	54-55



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Savor the Season

WITH FALL RECIPES

By MARIN HOWELL

ADDISON COUNTY — There’s a lot to love about fall in Addison County — vibrant foliage, agreeable temperatures and, of course, a wide variety of locally grown produce waiting to be enjoyed.

From apples and arugula to pumpkins and parsnips, farms and orchards around the county produce an assortment of fresh fruits and vegetables throughout the fall, which can make for tasty snacks on their own or key ingredients in hearty recipes to whip up throughout the season.

Wondering what produce you can find locally this season and how to use it? Patricia A. Hannaford Career Center Culinary Instructor Jill Huizenga offered some fall cooking tips for beginner and

seasoned chefs alike.

When it comes to local produce, Huizenga listed several seasonal crops she likes to incorporate into dishes during the fall.

“What comes to mind first would be golden raspberries. Those are a fall fruit that I love,” she said. “Cabbage, heirloom tomatoes, stone fruits are just finishing up ... carrots, beets, so many things.”

Some of that produce makes its way into lessons with Huizenga’s students, who run the Glass Onion Eatery at the Career Center in Middlebury and cater lunches for the Age Well community.

Those catered meals offer Huizenga and her students an opportunity to get creative

(See Savor on Page 5)



“IT’S A GOOD TIME OF YEAR TO **ROAST OVER FIRE**, HAVING CHARBROILED SOME OF THOSE HEARTIER VEGETABLES IS REALLY NICE.”

— Chef Jill Huizenga



HANNAFORD CAREER CENTER Culinary Instructor Jill Huizenga has several ways she likes to use seasonal produce during the fall months. Her recommendations include preparing warm dishes like soups and stews and preserving in-season goods to enjoy later on.

Independent photo/Marin Howell



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"IF THE PRODUCE IS FRESH AND LOCAL AND YOU'RE TREATING IT KINDLY, IT CAN ONLY TASTE GOOD."
— Chef Jill Huizenga

SAVOR

(Continued from Page 4)

and plan dishes around a theme or season. Last year, they prepared an Italian meal with seafood pasta and Arancini, deep fried risotto balls that Huizenga noted could incorporate in-season produce like corn and butternut squash.

Other fall recipes she and her students have prepared often include pumpkin, such as pumpkin carrot apple ginger muffins.

"Those were really fun and seasonal," she recalled.

And autumn is a time when everyone enjoys feeling the kitchen heat up when the oven is going.

Huizenga herself enjoys baking breads and other treats as temperatures cool down in the fall.

"It's a nice seasonal activity," she said. "When it gets cooler out and I want my oven on and nice warm bread, that kind of stuff makes me happy."

Other warm dishes Huizenga likes to make in the fall include stews and soups.

"Roasted butternut squash is my favorite; a pureed soup with a nice cream," she said. "It's a good time of year to roast over fire, having charbroiled some of those heartier vegetables is really nice."

Huizenga said she also likes to dress up dishes with dried fruits like cranberries and pepitas, a type of pumpkin seed that doesn't have a hull.

The local chef finds inspiration for recipes in a few different places. When looking for cooking ideas, she recommends checking out *Allrecipes* and *Bon Appetit* magazines, as well as *The New York Times* cooking section.

Wherever she finds inspiration for dishes, Huizenga said she tries to keep it simple.

"If the produce is fresh and local and you're treating it kindly, it can only taste good," she said.

KEEPING FALL FOODS LONGER

In addition to cooking, Huizenga noted some other ways she's looking to use produce throughout the season, such as through preserving.

"Fall is a huge time to preserve, so I'm thinking more about how to preserve things and how to hold them over for the winter so I can continue to eat those things," she said.

For those new to preserving, Huizenga suggests storing goods in a way that you'll want to eat them later on.

"Be curious about it," she said. "It's so easy to just chop it and freeze it, but are you really going to use it if you do that or is there a better option?"

For example, try cooking a favorite dish using in-season produce to enjoy in the coming months.

"I made a ton of baba ghanoush with all the eggplants and some nice roasted garlic in it and froze it," Huizenga recalled. "(It's) making things and then freezing how you would eat them and knowing even how to portion it in ways that you're going to pull it out and eat it."

Huizenga also plans to explore fermentation this season, such as by using produce to make kimchi, a traditional Korean side dish made with fermented cabbage and other vegetables.

"My new curiosities are around fermenting and preserving that way," she said. "That's kind of my new journey."

What else is Huizenga looking forward to making this fall?

"I'm looking to do some more smoked meat stuff this year, and hopefully trying to source the meat locally, too," she said. "Also, apples and pies. I'm looking to do pies again for Thanksgiving."

WARM UP WITH FALL SOUP RECIPES

Like so many other Vermonters, Hannaford Career Center Culinary Instructor Jill Huizenga tells us in the companion story that she likes warm soups in the fall. From hearty classics to creative concoctions, the soup recipes below are sure to inspire your own culinary adventures this season. We got these recipes from Blue Cross of Vermont, which gathered them from their employees.

Grab your spoon, and dive in!



BRISTOL'S ABBY HUMMEL in 2022 shows the winter squash she roasted to be made into soup for the Kitchen Soup Project.

Photo courtesy of Abby Hummel

Butternut Squash & Tomato Soup

"THIS IS SO GOOD WITH CRUSTY BREAD, AND IT'S SO EASY."

— Kasey Staake, Blue Cross Vermont Research Specialist

Ingredients

1/2 butternut squash sliced
16 oz tomatoes
1 head of garlic
1/3 cup fresh basil
1/2 yellow onion chopped
1/3 cup olive oil
Salt & pepper to taste
1 cup vegetable broth
1/2 cup heavy cream

Directions

- Preheat oven to 425°F.
- Place butternut squash, tomatoes, garlic, basil, and onion on a baking pan. Sprinkle with olive oil, salt and pepper. Cover with foil and bake for 45 minutes.
- In a large pot, heat the vegetable broth and pour in the baked butternut squash and tomato mixture, including the juices. Blend with an immersion blender, then stir in heavy cream.
- Let it heat a few more minutes, then serve.

(See Recipes on Page 51)



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Wildlife Day

AT DEAD CREEK IN ADDISON

ADDISON — If you enjoy wildlife be sure to make plans to attend the 23rd annual Dead Creek Wildlife Day in Addison, on Saturday, Oct. 5.

Activities at Dead Creek Wildlife Day are especially for people who enjoy hunting, fishing, birdwatching, or learning about Vermont's diverse wildlife and ecosystems. The event will be held at the Vermont Fish and Wildlife Department's Dead Creek Wildlife Management Area (WMA) on Route 17, west of Route 22A.

Early risers can begin the day with a bird banding demonstration at 7 a.m. Two large tents at Dead Creek WMA headquarters will open at 9:30 a.m. featuring wildlife-related exhibits and activities such as decoy carving, building bluebird boxes, and nature crafts.

The Dead Creek Visitor Center will be open from 10 a.m. to 4 p.m. featuring displays about conservation and wildlife management in Vermont. Enjoy a walk along the interpretive trail to observe pollinators feeding on native wildflowers. Complete the NatureQuest featuring Steward the Otter.

Live critters will include a selection of snakes, turtles, raptors, and more that visitors can see up close and learn about their ecology. New this year will be a talk on the American marten, a demonstration by Newt the turtle-finding dog, a bat habitat walk, and a salamander talk. Smokey Bear will also be there to celebrate his 80th birthday.

Retriever dogs will be working in the area ponds, pointing dogs will be nearby, and all the favorite nature walks will be happening. All events are free, and a free shuttle bus will provide regular access to nearby field events throughout the day.

"We try to bring in new activities and presentations every year and I am excited for what is on the schedule this year. I only ever see smiles on people's faces as they learn about fish and wildlife in a beautiful setting," said Amy Alfieri, manager of the Dead Creek WMA. "Visitors love to see the live animals and working dogs, and the kids love to build their own bluebird box to take home. It's a great event for everyone."



DEAD CREEK WILDLIFE Day provides many activities geared towards the younger set. Bring your kids to this year's event on Saturday, Oct. 5, at the Dead Creek Wildlife Management Area, on Route 17, west of Route 22A.

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Explore Middlebury

FALL ACTIVITIES, SIGHT-SEEING & MORE

MIDDLEBURY — Out and about. That could be the theme of this fall in Addison County's shire town. Middlebury will see not just a lot of activities this season, but a broad range of them — with some involving “looking” and others prompting participants to “do.” All are designed to pull people out and draw them to events around Middlebury.

“As the air turns crisp, Middlebury is gearing up for a vibrant fall filled with events that celebrate our community spirit,” said Kathryn Torres, co-executive director of the Better Middlebury Partnership.

Many of this falls planned activities invite people to come downtown. The first will be this coming Saturday, Sept. 28, with the Fall Family Fair. The centerpiece will be a market in College Park at the site of the former town office and high school at the corner of South Main and College streets.

The market will be a vibrant opportunity for families — both those locals and those visiting for Middlebury College's Fall Family Weekend—to immerse themselves in the unique offerings of Middlebury. Designed to showcase local retailers and services, the market will feature a diverse range of products from artisanal goods to local produce, giving parents a

taste of what makes Middlebury special. This event allows parents to support local businesses and helps them connect with the community their children call home, a residence a chance to enjoy the diversity of offerings in one place. Whether it's discovering handmade crafts, sampling gourmet treats, or learning about services that cater to students and families alike, the market offers a warm and welcoming space for meaningful connections and lasting memories.

The next weekend you can enjoy culture and physical movement.

Friday, Oct. 4, will see the Opera Company of Middlebury kicking off its season with a twin bill: “Scalia/Ginsburg” and “The Interlopers.” The shows, directed by Douglas Anderson with music conducted by Filippo Ciabatti, will be staged at Town Hall Theater on that Friday, Saturday and Sunday.

“Scalia/Ginsburg” is a 2015 comic opera by composer-librettist Derrick Wang. The work balances Scalia's bombastic temperament versus Ginsburg's more demure nature, reflecting their public disagreements versus their private friendship and highlights their shared love of opera. When Justice Scalia is put on trial by supernatural forces, Justice Ginsburg chooses to defend him.



CAR SHOW

“The Interlopers” is a creation of Addison County's own Jorge Martín-Buján, who wrote the music. The libretto is by Andrew Joffe and based on short stories by Saki.

Whether you are a runner or a walker, Sunday, Oct. 6, will be a good day to get moving.

The day dawns with the Middlebury Maple Run 2024 — a running race set in the beautiful fall colors. There are options to run 5K, 10K and a half-marathon (13.1 miles). Runners love the Maple Run's beautiful and varied half marathon course. Starting with a large loop down residential South Street and Weybridge Street then out scenic Morgan Horse Farm Road into the farmlands of Weybridge. Runners loop back to town on Sheep Farm Road, a flat gravel road with gorgeous views back toward town and Middlebury College.

From there, runners cross through campus and then hit a stretch of the Trail Around Middlebury (TAM), before rejoining South Street Extension. The final 6 miles is an out/back stretch on the hilly (but beautiful) South Street Extension, on a mostly gravel road with stunning pastoral views of the Green Mountains. The finishers get more than just bragging rights — they get real Vermont maple syrup.

That's also the day of the annual CROP Hunger Walk fundraiser in downtown Middlebury. The 49th annual Addison County CROP Hunger Walk is one of more than 1,000 walks taking place around the country to raise funds for Church World Service and their partner agencies that address food insecurity and disaster relief. It is open to everyone, and walkers are encouraged to enlist sponsors. Register for the 2.2-mile walk at noon on the town green; the walk begins at 1 p.m. Learn more online at tinyurl.com/MiddHunger2024.

MiddPride, which held its first parade in 2023, is coming back with a big event on Saturday, Oct. 12, in downtown Middlebury. Join the family friendly festivities on the town green to celebrate the LGBTQIA+ members in our community.

It will kick off with a parade starting at 1 p.m. at College Park and marchers will saunter down Main Street to the green, which will host events until 5 p.m. There will be live music, drag performances, food, lawn games and, of course, rainbows.

Pride is an event for queer people and their allies. If you don't identify as LGBTQ+ please be respectful and (See Middlebury on Page 9)

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MIDDLEBURY

(Continued from Page 8)

supportive of the event. Pride is a great time to show the world who you really are. It's also about being comfortable in your own skin with a loving and supportive group around you. So feel free to rock your new rainbow buzzcut and Doc Martens or stay cozy in your favorite old hoodie and sweats. Just do you!

Pride is a time to be around an affirming and safe group of LGBTQ+ folks and allies. It doesn't matter if you're still in the closet or questioning or if you are simply an ally. Everyone is welcome to celebrate and stand in the way that feels right for them.

The next day, Sunday, Oct. 13, join the Better Middlebury Partnership and the Addison County Chamber of Commerce when Main Street in Middlebury will be block off from 10 a.m. to 3 p.m. to make way for the 3rd annual Middlebury Car Show and Fall Festival. The event, which is free to spectators, will include more than 50 vendors, live music and children's activities. But everyone is coming for the 75 show vehicles that will be on display all up and down the main drag. Check out the detailing, speak with the owners to see how they came to own and cherish their vehicles. We're told that the original Batmobile will be on display this year. Even if you aren't a car nut, the variety and scope of the show is enough to entertain almost anyone.

A good plan for the following weekend is more culture. Head back to Town Hall Theater for the Middlebury Acting Company's production of "The Cherry Orchard." Staged for two consecutive weekends, Oct. 18-20 and Oct. 25-27. Anton Chekhov's delightful tragi-comedy tells the story of the Gayev family, which is torn by powerful forces rooted deep in history, and in the society around them. Their estate is hopelessly in debt: urged to cut down their beautiful cherry orchard and sell the land for holiday cottages, they struggle to act decisively.

If you want to be outdoors that weekend, how about strolling on the Middlebury College campus at around 5 p.m. that Saturday, Oct. 19, to listen to Jessica Ip play music on the Carillon. That's the collection of 48 bronze bells in the belfry of the Middlebury Chapel,

that expert carillonners like Ip can play music on.

Later in the month, on the evening of Oct. 26, look for "Stories from the Heart." Come to St. Stephen's Church at 6:30 p.m. for a Moth-like storytelling event. This year's theme, "Honoring the Spirits of Those Who Have Left This World," highlights stories of loss, grief, and healing while remembering those still loved long after they have left this world. Five local storytellers will tell their story from the heart, without notes or prompts, their own personal experience told in their own words, in the moment.

After the stories, follow a luminary walk from the church down Main Street to the Sheldon Museum, where there will be an ancestors altar as a space for reflection and remembrance.

Things turn lighter on Sunday, Oct. 27. The main attraction — for showing off your costume and collecting sweet treats — will be the annual Spooktacular and Family Ghostly Gathering in Middlebury on Sunday, Oct. 27. Grab your broomstick, paint some whiskers on your nose, prepare your best smile and head to downtown. Everyone will gather on the town green and then go trick-or-treating at many downtown shops, where volunteers will be handing out candy and other goodies. The big show is a little later this year — 2-5 p.m. Shopkeepers and volunteers will be handing out candy from the Middlebury Post Office all the way to Canon Park on Main Street, as well as in Triangle/Fountain Park and along Merchants Row.

Dress up and take to the streets for this fun and festive celebration of Halloween!

We're told that there will be a haunted forest in East Middlebury that day, as well, with perhaps a spook run accompanying it. Look for details in the weekly newspaper as the date approaches. An annual tradition that goes back a century will be marked on Saturday, Nov. 2. That's then 100th Annual Holiday Bazaar in Middlebury. From 9 a.m.-3 p.m., the Congregational Church of Middlebury UCC at 30 North Pleasant St. will host the market with a wide variety of gift and personal items and unique handcrafted items, including a raffle for a queen-size quilt. There will also be a delicious variety of homemade foods for take-out, including soups, pies and breads. More info is at midducc.org.



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SING HYMNS AT OPERA HOUSE

VERGENNES — Local musicians from over a dozen local churches will unite on the Vergennes Opera House stage on Sunday, Nov. 24, for a free community Thanksgiving event.

A packed house full of thankful hearts at last year's Thanksgiving event demanded a second annual community hymn sing.

Sing along to traditional favorite hymns and popular contemporary worship songs led by the Champlain Brass Quintet and

the Addison County Gospel Choir & Worship Team. There will be soloists featured, as well.

Doors open at 2:30, with singing beginning at 3 p.m.

Come lift your spirits as participants reflect on all that they are thankful for.

Song books will be provided at the door. It's free, but the opera house will gratefully accept donations toward the All Access Project.



THE VERGENNES OPERA House will host a Hymn Sing on Sunday, Nov. 24, to which the public is invited.

New England Aster THE STARS OF EARLY FALL

By ANGELA CANNON-CROTHERS

Before the trees put on their colorful autumnal cloaks, the newly rewilded fields at my home turn to gold and purple. New England American-aster (*Symphyotrichum novae-angliae*) begins blooming in August or September and continues to splash the meadows with deep purple color well into October, mixing with the bright yellow of goldenrod flowers.

These purple blooms belong to the *Symphyotrichum* genus, which includes more than 100 species in North America. Once commonly known as asters, members of this genus now go by the botanical moniker of American-asters.

I sometimes find fat bumble bees, numb after a chilly night, slowly warming in the morning light on tightly closed New England American-aster blossoms. Any time insects are prone to freeze, a delicate flower is likely to as well, and it always amazes me to see these purple blooms reopen full and lush during the warmth of

an afternoon following a frosted dawn.

The plants have hairy stems and typically grow 2 to 4 feet in height, although they can be as tall as 6 feet. Like all members of the American-aster genus, New England American-aster flower heads comprise two types of flowers: the purple ray flowers (each "petal" is actually an individual flower) around the outside, and the yellow disc flowers in the center. These bloom in clusters of 100 or more.

The flowers open and close daily in response to light and temperature changes, a movement known as nyctinasty, which is initiated by different parts of the light spectrum. Many flowers use nyctinastic movement, including daisies, Rose of Sharon, magnolias, morning glory, and tulips.

"Nyctinastic movements are part of the circadian rhythms of plants, in which plants primarily use different light-sensitive molecules to regulate

(See Asters on Page 11)



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ASTERS

(Continued from Page 10)

movements of plant organs,” said Arthur Haines, senior research botanist with the Native Plant Trust. “These light-sensitive molecules are called phytochromes, and they can sense different types of red light to interpret their environment, such as the onset of darkness.”

To create this movement, Haines said, plants rely on specialized cells that take in water, allowing them to open and close leaves, petals, and flowers. Darwin ventured that nyctinasty allows flowers to avoid being damaged by frost. Another theory suggests that closing at night allows flowers to sustain their blossoms longer, thereby increasing the chances of pollination and reproduction.

But closing isn’t New England American-asters’ only defense against the chill. They also have slightly fuzzy leaves, and short gland hairs on their stems. Trichomes, or hair on plants, can range from coarse to fine, to long and flowing, to so short that the hairs are barely noticeable – and they serve a variety of purposes, including helping to deter herbivore and insect predation, holding moisture, and preventing frost from reaching the leaf or stem.

New England American-asters are a favorite nectar plant for many native bumble bees and other pollinators, including migrating monarch butterflies. These plants also serve as host plants for

the larvae of various species of moths and butterflies, such as the pearl crescent.

My favorite thing about New England American-asters is their smell: a slightly citrus, mildly spicy floral aroma. Many herbalists document this plant as being helpful with respiratory ailments as well as having a calming effect on the nervous system. As a teenager, I used to put the fragrant flowers in my homemade potpourri. I have also tried putting the blossoms in oil. But nothing captures their scent – or color – like sunlight does.

These vibrant flowers are among the wildflower mix I planted in a former horse pasture at my home, converted after my beloved Morgan-cross pony passed away during the start of the pandemic. Now, when I see the purple blooms of New England American-asters and catch their scent in the autumn air, I think of my pony of 20 years. I sometimes bend to crush a few blossoms in my hands and breathe in the aroma. It always takes me back to my youth, and to my roots of loving, and learning about, wildflowers.

Angela Cannon-Crothers is a naturalist, writer, and poet. She is the Forest School & Field Studies coordinator at RMSC Cumming Nature Center in the Finger Lakes Region of New York. Her latest book is “Changing Seasons in the Finger Lakes.” Photo by John S. McCright. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: nhcf.org.

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BRISTOL TO HOST 25TH ANNUAL HARVEST FESTIVAL

CHARITY 5K,
VENDORS, MUSIC,
& FAMILY FUN

BRISTOL — It looks like this coming Saturday, Sept. 28, will be a fun day to be in Bristol.

First thing in the morning there will be 3.1-mile run/walk to support research into a deadly disease. Then the town green will fill up with vendors, musicians, gawkers and just regular old citizens out to check out the 25th annual Bristol Harvest Festival.

The day will start with the 3rd annual Stampede 2.0 Great Pumpkin 5K and Walkathon. Runners and walkers will start from the Mount Abraham Union High School parking lot off Airport Drive, wind their way through the village streets and end at the Bristol green in front of the Old Bristol High School. The event had a great turnout last year, including support from many of the fall sports teams from Mount Abe.

The annual walkathon started 34 years ago as a way to raise money for the Cystic Fibrosis Foundation, and it grew into the Three Day Stampede, which included a huge yard sale in addition to other fundraising events. After the pandemic ended most of those activities, organizers are continuing on with the Stampede

(See Bristol on Page 13)



MARIA DELOPEZ TRIES out one of the handmade offerings for sale, along with hand-woven hats and baskets, in a booth at the Bristol Harvest Festival on the town green in 2022. The Harvest Festival returns on Sept. 28 with more than 70 vendors, sidewalk sales, a sack race, pony rides and great food.

Independent file photo/Angelo Lynn



MANY OF THE 70 stalls at Saturday's Bristol Harvest Festival will sell things, but some, like this booth at the 2022 Harvest Fest, offer information.

Independent file photo/Angelo Lynn

Bristol INTHEFALL

BRISTOL

(Continued from Page 12)

2.0 in its new format of small one day events like the Cure Cup Field Hockey Tournament each July and this 5K run/walk.

"We are hoping to grow the 5K and the walkathon into the Great Pumpkin 5K in the next few years and we can do it with the help of this incredible community that we all live and work in," said Bonita and David Bedard, founders of the Three Day Stampede.

You can register to run or walk at the high school beginning at 8 a.m. Saturday or online at threedaystampede.org or you can sponsor someone else who is participating. Entry fee for the run is \$25 in advance or \$30 the day of the race with the opportunity to collect pledges instead.

The race starts at 8:30 a.m.

"Get a friend to join you, it's a beautiful route through Bristol and The Harvest Festival is a must see!" the Bedards said.

Then the town green will come alive

at 10 a.m. with crafters, food and live musical entertainment on the bandstand throughout the day for the festival, co-hosted by the Addison County Chamber and the Bristol Recreation Department. Mountain Community Health is a principal sponsor this year.

Continue down Main Street for merchant sales and to support our local businesses. The festival continues until 4 p.m.

Park your car at the Bristol Recreation Field and ride the Thornapple Farms horse-drawn trolley to the green.

Organizers said there will be more than 70 vendors.

In addition to shopping, look for sack races, kids activities, great food for sale and 92.1 WVTM radio broadcasting from the green.

Music will be performed on the bandstand throughout the day. On the schedule are the Ridgerunners at 10:30 a.m., Bob Recupero will pick up the mic at 11:45 a.m., and the duo Whiskey & Wine will close out the performances at 1:15 p.m.

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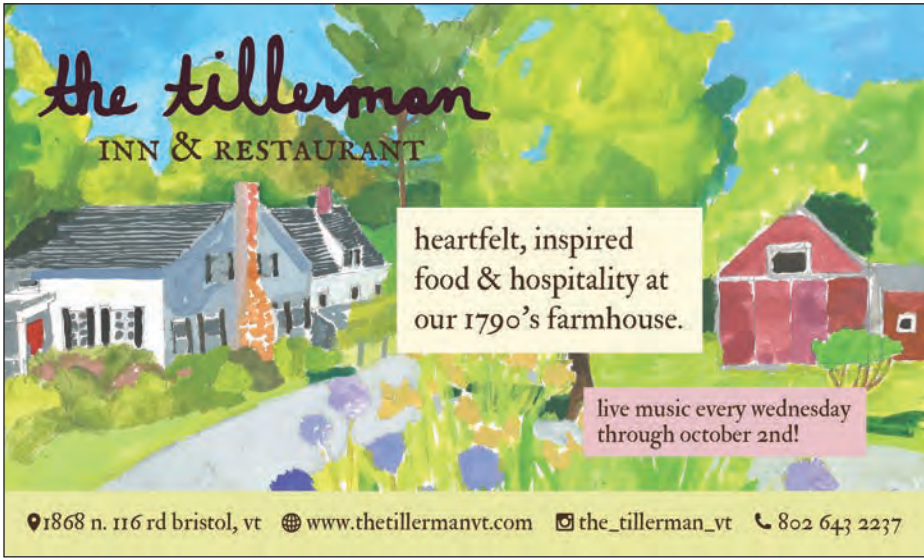
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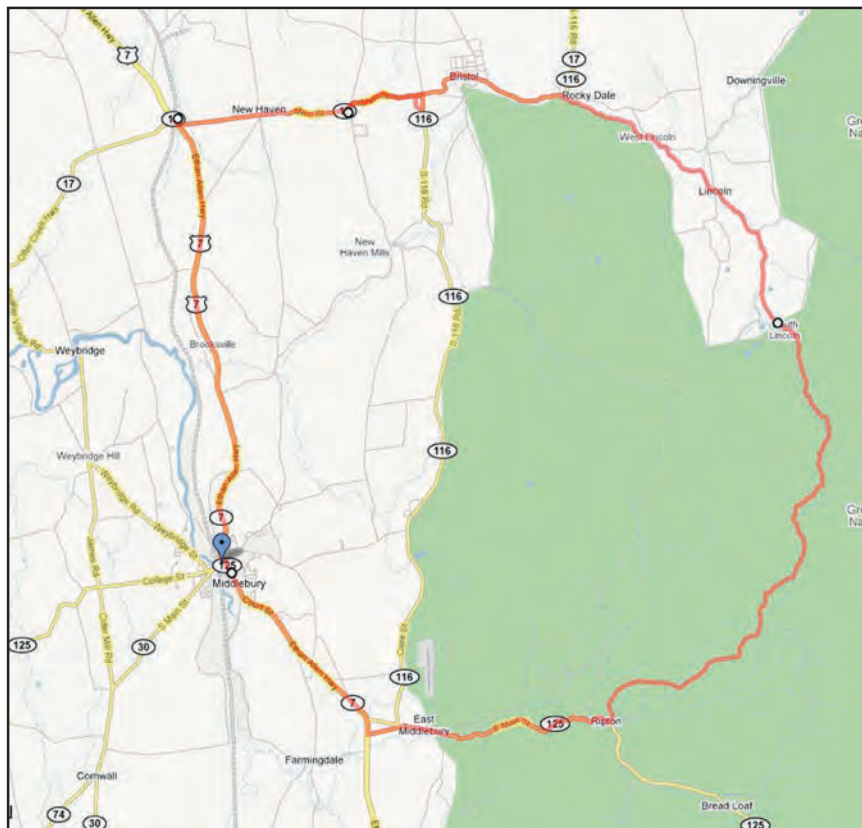
Discover Addison County

Fall Foliage Road Trips



Ripton/Lincoln Tour — 1 Hour:

From Middlebury, travel south on Route 7, then east on Route 125, passing the Waybury Inn on your left. Travel up the mountain, turn left at the Ripton Country Store and follow Lincoln Road north to Lincoln (take your time, part of this stretch is a dirt road). Lincoln Road turns into Ripton Road. When you get to River Road in Lincoln Village, turn left and head west out of Lincoln down the mountain to Route 17 (it is also called Route 116 at this point, so don't be confused if signs mention both names). Travel Route 17 west through the quaint village of Bristol (where you may like to stop for lunch at a variety of dining establishments) and on to Route 7. Turn left on Route 7 and travel south back to Middlebury.



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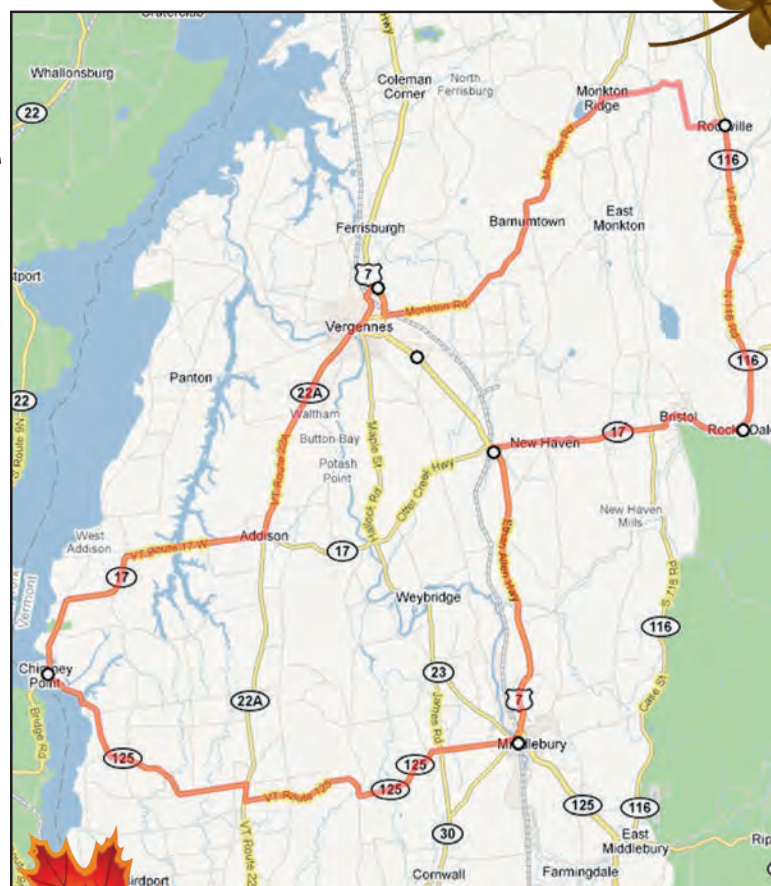


Chimney Point Drive — 2 Hours:

Leaving Middlebury via College Street, take Route 125 west to Chimney Point, the site of the beautiful Lake Champlain Bridge, which was rebuilt in 2011. A short trip across the bridge to Crown Point in New York will offer great views back to Vermont, and is a fine place for a picnic or tour around a major historic landmark. On the Vermont side of the bridge, the Chimney Point State Historic Site at the foot of the span is a perfect place to learn about, well, history. The nearby DAR John Strong Mansion Museum is also worth a stop if you have the time.

From the Vermont side of the bridge, take Route 17 east to Addison, where you will pick up Route 22A and head north into Vergennes, the smallest city in the United States. Note: Vergennes has some of the most interesting buildings in Victorian architecture. If you have time, get out of your car, wander in the Bixby Memorial Library on Main Street, and gaze up at the stained glass ceiling in the center of the building.

From Vergennes, take Monkton Road east. Cross Route 7 and continue east to the village of Monkton Ridge. At Monkton Ridge turn right onto Bristol Monkton Road, heading south, and continue to Bristol. In Bristol turn right on Route 17 and drive west to Route 7 and head south on Route 7 back to Middlebury.



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Champlain Lookout — 3 Hours:

From Middlebury, take Route 30 (South Main Street) east to Vergennes, then north on Route 73 and travel west to Larrabee's Point or Mount Independence State Historic Site in Orwell. At Larrabee's Point you will find the Fort Ti Ferry, with a small fee. The ferry will close for the season on Oct. 6.

Whether you take a quick trip over and back, or a longer trip to Larrabee's Point, where Route 73 ends and Route 17 begins, historic Shoreham.

Take Route 22A heading north. In Bridport take Route 17 east to Champlain, where you can admire the Lake Champlain Bridge. Follow Route 17 east. At the West Addison turn left off Route 17 and onto Jersey Street and continue north. Turn left on Button Bay Road and head north, passing the Basin Harbor Road toward Vergennes will bring you to Vergennes. Take Route 17 east to Route 23 and Route 23 south to Middlebury.



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October 31st at 7:30pm
Tickets \$25



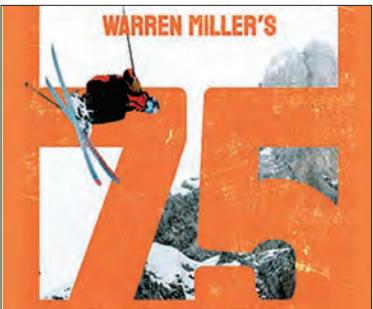
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Calendar OF EVENTS



sept 26 THURSDAY

Storywalk in Starksboro.

Thursday, Sept. 26, 10 a.m., Starksboro community gardens. Starksboro Library invites you to stroll through the community gardens and read "How to Build an Apple Pie," by Marjorie Priceman. The storywalk will be up until Oct. 8.

Bixby Library plant donation days in Vergennes.

Thursday, Sept. 26, 3-5 p.m., back parking lot, Bixby Memorial Library, 258 Main St. Need to weed out your plants? Donate them for the Bixby plant sale. Herbs, plants (both indoor and outdoor), bulbs, decorative planters, gently used garden tools, would be gratefully received. Please label plants with name, sun or shade, and color. Plants donated in "sale ready" condition would be wonderful, but healthy plants in any container will be appreciated. Continues Friday, Sept. 27, during the same time period.

"Colonnaded Streets and Urban Theater in the Later Roman Empire" lecture in Middlebury.

Thursday, Sept. 26, 4:30 p.m., Johnson Classroom 204, Chateau Rd. Grand, colonnaded avenues proliferated as never before in leading cities of the later Roman Empire. These new urban thoroughfares were costly and complex investments that transformed the appearance and the experience of the cityscapes they adorned. Hendrik Day, Professor of Art History, Hunter College, CUNY, will discuss. Open to the Public.

Sundance Film Festival shorts on screen in Middlebury.

Thursday, Sept. 26, 7-9:30 p.m., Dana Auditorium, 356 College St. The Hirschfield International Film Series opens with a selection of shorts from this year's Sundance Film Festival. Free. Open to the Public

sept 27 FRIDAY

Museum open house in Middlebury.

Friday, Sept. 27, 10 a.m.-4 p.m., Henry Sheldon Museum, 1 Park St. The Henry Sheldon Museum welcomes Middlebury College families and local residents to visit the museum and enjoy our new exhibitions. More info at henrysheldonmuseum.org or call 802-388-2117.

Bixby Library plant donation days in Vergennes.

Friday, Sept. 27, 3-5 p.m., back parking lot, Bixby Memorial Library, 258 Main St. Details in Sept. 26 listing.

David O in Bristol.

Friday, Sept. 27, 4-6 p.m., BCC Botanicals, 140 North St. It's Freshie Friday at BCC. Come hear live music to start your weekend.

The Electrostatic Cats in Middlebury.

Friday, Sept. 27, 4-7 p.m., Happy Valley Orchard, 217 Quarry Rd. Listen to great music for free at Happy Valley's Mountain Mac Music Series. Pies, donuts, and Mountain Mac Hard Cider available for purchase. Bring chairs, blankets, picnics. No outside alcohol. Leashed dogs are welcome.

Tom Van Sant in New Haven.

Friday, Sept. 27, 5-7 p.m., Lincoln Peak Vineyard, 142 River Rd. Enjoy free music by this Grateful Dead tribute band. Wine available for purchase.

Cocoon in Middlebury.

Friday, Sept. 27, 8 p.m., Robison Hall, Mahaney Arts Center, 72 Porter Field Rd. A special evening of true stories told live without notes. This

year's edition, on the theme of "Awe," will feature six storytellers drawn from the student body, faculty/staff, and the community. Come early to see the museum exhibition "An Invitation to Awe," and stay for a reception with the storytellers and organizers after the show. Tickets: \$15/10/8/5, streaming tickets \$10/5 info at go.middlebury.edu.

sept 28 SATURDAY

Green Mountain Club hike in Keene, N.Y.

Saturday, Sept. 28, Owl Head Lookout.

Moderate hike of 2.5 miles one way with an elevation change of about 1,400 feet. The lookout offers views in nearly every direction. Peaks in the immediate neighborhood include Giant, Rocky Peak Ridge, Knob Lock and Hurricane. The foreground forest of hardwoods offers spectacularly colorful foliage. Carpool from the Addison Central school for a one-hour drive to the trailhead. Contact Barry Francis at barryfrancis@gmavt.com or 802-349-9206 for details.

Great Pumpkin 5K and Walkathon in Bristol.

Saturday, Sept. 28, 8 a.m., parking lot, Mt. Abraham Union High School, Airport Dr. Start of Bristol Harvest Festival at the 3rd annual Stampede 2.0. Runners and walkers will start from the Mt. Abraham parking lot and end at the Bristol Green in front of the Old Bristol High School. More info at threedaystampede.org/5k-registration.

Bixby Book and Plant Sale in Vergennes.

Saturday, Sept. 28, 9 a.m.-1 p.m., 258 Main St. In addition to a used book sale in the library's Otter Creek Room, the Friends of the Bixby host a plant sale in front of the library. Look for annuals, perennials, houseplants, veggies and herbs, rooted cuttings, and shrubs. All proceeds support the Bixby Library.

Orwell Free Library harvest sale in Orwell.

Saturday, Sept. 28, 9 a.m.-1 p.m., Orwell Free Library, 473 Main St. Used books, baked goods, soups, pumpkins, gourds, breakfast sandwiches, garden bounty and more will be for sale to benefit the Orwell Free Library.

Harvest Festival in Bristol.

Saturday, Sept. 28, 10 a.m.-3 p.m., Town Green. Bristol's Harvest Festival celebrates its 25th year with more than 70 vendors displaying local crafts and terrific food options on the green. All day live music at the bandstand with kids' activities and an ADA-compliant children's playground.

Fall Family Weekend fair and market in Middlebury.

Saturday, Sept. 28, 10 a.m.-1 p.m., College Park, College St., across from Shiretown Market. A lively mix of vendors and service providers for parents, students and locals. The market will feature a diverse range of products from artisanal goods to local produce, giving Middlebury College parents a taste of what makes Middlebury special.

Bird Boombox in Brandon.

Saturday, Sept. 28, 11 a.m.-1 p.m., Kennedy Park, 31 Center St. Picnic in the park to live music.

Bridport Historical Society annual meeting in Bridport.

Sunday, Sept. 22, 2 p.m., Bridport Masonic/Community Hall, 52 Crown Point Rd. The meeting will feature a talk by Stuart Lilie from Fort Ticonderoga on the Green Mountain Boys' capture of Fort Ticonderoga. Pot-luck luncheon at 1 p.m. (bring a dish to share); Stuart Lilie at 2 p.m.; annual meeting at 3 p.m.

The Yurtbags in Brandon.

Saturday, Sept. 28, 4-6 p.m., Red Clover Ale, 43 Center St.

Carillonneur Andrea McCrady in Middlebury.

Saturday, Sept. 28, 5 p.m., Middlebury College Chapel. The Middlebury College campus and surrounding neighborhoods will ring with the sound of carillon bells at the new fall festival. Free and open to the public. McCrady is Dominion Carillonneur from Canada.

King Pede card party in Ferrisburgh.

Saturday, Sept. 28, 6:30 p.m., Ferrisburgh Town Hall, Route 7. The evening begins at 6:30 p.m. with a sandwich supper and then on to the games!

Rambletree in Bristol.

Saturday, Sept. 28, 7 p.m., South Mountain Tavern, 31 Main St.

Sophie Shao and Friends in Middlebury.

Saturday, Sept. 28, 7:30 p.m., Robison Hall, Mahaney Arts Center, 72 Porter Field Rd. Perennial favorite cellist Sophie Shao returns to open the Performing Arts Series' 105th season with an accomplished, all-female ensemble performing a stunning program of sonatas and piano trios. Tickets: \$25/20/10/5; streaming tickets \$15/5. Info at go.middlebury.edu.

sept 29 SUNDAY

John Lackard Blues Band in Monkton.

Sunday, Sept. 29, 1-4 p.m., Yates Family Orchard, 1074

Davis Rd. Free to the public. Come and enjoy some of the finest local musicians, pick some apples, bring a picnic, enjoy a Dreamee and relax in the orchard.

David Karl Roberts in Brandon.

Sunday, Sept. 29, 2-4 p.m., Red Clover Ale, 43 Center St.

Jimmy Goodwin in Middlebury.

Sunday, Sept. 29, 4-7 p.m., Tavern on the Tee/ Ralph Myhre, 317 Golf Course Rd.

sept 30 MONDAY

Bingo in Middlebury.

Monday, Sept. 30, 6 p.m., VFW 530 Exchange St. Doors open at 4:30 p.m., Quickeys at 6 p.m., and regular Bingo at 7 p.m. \$1,000 jackpot. Kitchen open from 5-7 p.m. with regular Bingo menu and special homemade desserts. Open to the public. Proceeds benefit veterans' programs.

oct 1 TUESDAY

America the Violent: How Group Terror has Shaped the Nation's Life in Middlebury.

Tuesday, Oct. 1, noon Ilseley Public Library, 75 Main St. Suzanne Brown leads the discussion of "The Rope: A True" (See Calendar, Page 18)

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ELEPHANT & PIGGIE BIGGIE WEEKEND



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Vermont Public Kids Day

Meet Daniel Tiger!

Nov. 16 | ECHO, Leahy Center for Lake Champlain




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Check out more fall events at echovt.org



Calendar OF EVENTS



Story of Murder, Heroism & the Dawn of the NAACP" by Alex Tresniowski. It's part of a series that explores the connection between mob violence and American culture, historically spurred often by racism. Participants can pick up a copy of each book at the circulation desk.

Eight-week grief support group for MAID and VSED. Begins Tuesday, Oct. 1, 6-7:30 p.m., Zoom. If you supported someone you love through Medical Aid In Dying or Voluntary Stopping of Eating or Drinking you are welcome to join for this 8-week grief support group. Advanced registration. Must commit to full 8 weeks. Please send referrals to: Louella Richer at lricher@portermedical.org

oct 2 WEDNESDAY

Green Mountain Club hike in Warren. Wednesday, Oct. 2, Lincoln Peak. Moderate, 5-mile round trip hike from Sugarbush South with 2,400-foot elevation change. Spectacular views throughout. Contact Alan Finn at alanfinn453@gmail.com or 802-349-2162 to register and for details.

"A Political History of Palestine: Hardliners Assume Control, 2001-2023" talk in Middlebury. Wednesday, Oct. 2, 3 p.m., EastView at Middlebury and via Zoom. Professor Emeritus Russell Leng presents this talk in the fifth installment of this six-part series.

Twangtown Paramours and The Almendros in Bristol. Wednesday, Oct. 2, 4-7 p.m., The Tillerman, 1868 N. 116 Rd. Come hear live music in The Tillerman's barn. Music is free. Tillerman will sell food and drinks from its outdoor kitchen. A warm-up band performs from 5-6:30 p.m., followed by The Almendros from 7-9 p.m.

oct 3 THURSDAY

True crime podcast discussion group in Middlebury. Thursday, Oct. 3, 6 p.m., Ilsley Public Library, 75 Main St. Join fellow amateur sleuths for a discussion of three different true crime podcasts on three different crimes. The first meeting will focus on True Crime Garage, The Dartmouth Murders (2 episodes). Listen on your own before the discussion. Renee will facilitate the discussions with prompts and visuals. For participants 18 and over.

oct 4 FRIDAY

The Mamajamas in Brandon. Friday, Oct. 4, 7:30 p.m., Brandon Town Hall, 1 Conant Sq. Returning for their third year, this co-ed a capella group from Middlebury College brings exciting original arrangements of favorite songs and will amp, good old-fashioned fun.

Bala Bila in Middlebury. Friday, Oct. 4, 7:30 p.m., Robison Hall, Mahaney Arts Center, 72 Porter Field Rd. This world music duo brings together two African master musicians — Balla Kouyate on balafon, calabash, bass guitar and voice, and Matchume Zango on timbila, mbira, percussion, and voice — for an intimate, living-room style concert and intercultural musical conversation. Tickets: \$25/20/10/5. More info at go.middlebury.edu.

oct 5 SATURDAY

Dead Creek Wildlife Day in Addison. Saturday, Oct. 5, 9:30 a.m.-4 p.m., Dead Creek Wildlife Management Area, 966 Route 17 West. A day of activities for all, including live critters, warden dog demonstration, decoy carving and painting, nature and habitat walks, fishing how-to's, building bluebird boxes, face painting, soap carving and nature art and crafts. Rain or shine, though the schedule may change slightly due to unforeseen conflicts

Used book sale in Middlebury. Saturday, Oct. 5, 10 a.m.-2 p.m., Town office plaza, Main St. The last Friends of Ilsley Library Used Book Sale until after the completion of the renovation and expansion project. We will be stocked with lots of fiction and non-fiction books for both adults and children. Rain location Ilsley Community Room. Right after the sale, we will move our operation to the basement of the Middlebury United Methodist Church, at 43 N. Pleasant St., Middlebury. The more books we sell, the less we have to move.

The Morning Dudes in Middlebury. Saturday, Oct. 5, 3-6 p.m., Happy Valley Orchard, 217 Quarry Rd. Listen to great music for free at Happy Valley's Mountain Mac Music Series. Pies, donuts, and Mountain Mac Hard Cider available for purchase. Bring chairs, blankets, picnics. No outside alcohol. Leashed dogs are welcome.

Carla Staffaroni Carillonneur in Middlebury. Saturday, Oct. 5, 5 p.m., Middlebury Chapel. The Middlebury College campus and surrounding neighborhoods will ring with the sound of carillon bells at the new fall festival. Free and open to the public.

Short Notice in Bristol. Saturday, Oct. 5, 7 p.m., South Mountain Tavern, 31 Main St.

The Clements Brothers in Lincoln. Saturday, Oct. 5, 7:30 p.m., Burnham Hall, 52 E. River Rd. The Clements Brothers are George (guitar) and Charles (upright bass), identical twins from the heart of New England. The two have been playing and writing music together for as long as they can remember, first entering the Americana music scene in 2012 as part of an internationally touring grass-roots band. Doors open at 7 p.m. Homemade refreshments available. Tickets \$20-\$25 sliding scale. More info at burnhampresents.org.

Blues Without Borders in Brandon. Saturday, Oct. 5, 7:30 p.m., Brandon Town Hall, 1 Conant Sq. Expect to hear covers of blues rock tunes, a few classics, and many new songs from today's hottest acts plus some original music.

oct 6 SUNDAY

Lewis Creek Association 2024 Party in Starksboro. Sunday, Oct. 6, 9 a.m.-4 p.m., Cota Field, States Prison Hollow Rd. and Route 116. A day-long celebration of the lives and work of Marty Illick and Terry Dinnan in partnership with Vermont Master Naturalist. Explore the watershed (registration required), lunch and remarks, treasure hunt, and outing with local experts on history, wildlife and geology. Join friends and neighbors for all or part of the day. Free and open to the public. More info at www.lewiscreek.org.

Calendar OF EVENTS

Middlebury Maple Run in Middlebury. Sunday, Oct. 6, 9 a.m., Porter Medical Center, 115 Porter Dr. A half marathon/10k/5K running event. A beautiful and varied half marathon course in and around Middlebury and Weybridge. More info, race fees course map and volunteer info available at www.middleburymaplerun.com.

Addison County CROP Walk in Middlebury. Sunday, Oct. 6, noon, town green. Addison County CROP Hunger Walk is part of a movement, taking steps and raising funds together to provide meals for those in our own community who need them and supporting programs that create greater food security in communities all around the world. Check out the list of teams already started or create your own. More info at events.crophungerwalk.org/cropwalks/teams?event=middleburyvt.

Soulshine Revival in Monkton. Sunday, Oct. 6, 1-4 p.m., Yates Family Orchard, 1074 Davis Rd. Free to the public. Come and enjoy some of the finest local musicians, pick some apples, bring a picnic, enjoy a Dreamee and relax in the orchard.

Brandon Has Talent auditions in Brandon. Sunday, Oct. 6, 3-6 p.m., Brandon Town Hall, 1 Conant Sq. If you like to sing, dance, or have a special talent, join us for the 10th Annual "Brandon Has Talent" show. To sign up for an audition day and time e-mail Dennis at denniswarden@gmail.com or call 802-247-5420.

Elisabeth Von Trapp in Bristol. Sunday, Oct. 6, 4 p.m., Bristol Federated Church, 37 North St. A benefit concert for the Bristol Federated Church.

oct 7 MONDAY

Book Club in Starksboro. Monday, Oct. 7, 5 p.m., Starksboro Public Library, 2827 Rout 116. The Starksboro Library has started a new book club. The first book is "The Food Explorer" by Daniel Stone, the adventures of the globe-trotting botanist who transformed what America eats. You don't have to be from Starksboro to join us. Everyone is welcome.

oct 8 TUESDAY

Green Mountain Club hike in Salisbury. Tuesday, Oct. 8, Rattlesnake Point. Moderate hike to ledges with beautiful views of Lake Dunmore. Enjoy Falls of Lana along the way. Round trip is 4.5 miles with 1,100 feet of elevation gain. Contact Morris Earle at [morisearle@gmail.com](mailto:morrisearle@gmail.com) or 802-734-0984 for information or to register.

"Living Deliberately: What Thoreau Means Today" in Middlebury. Tuesday, Oct. 8, 5:30-7 p.m., Town Hall Theater, 68 S. Pleasant St. The final installment of "Up for Discussion," a free series created by Vermont Book Shop and Town Hall Theater designed to spark community conversation and featuring local experts in their fields sharing timely topics that span literature, art, film, and contemporary issues. The 30-minute presentation will be followed by a roundtable discussion and sharing of thoughts and ideas. Free, but registration required at townhalltheater.org.

oct 9 WEDNESDAY

The Evolution of "Stuck in Vermont" with Eva Sollberg in Middlebury.

Wednesday, Oct. 9, 1 p.m., Ilsley Public Library, 75 Main St. or Live Stream. In the latest presentation in VT Humanities' Snapshot series discussions program, Seven Days senior multimedia producer Eva Sollberger will discuss her "Stuck in Vermont" video series, reflecting on what lies ahead for this video series — and possibly for Vermont — in the coming years. To live stream, register at tinyurl.com/VT-Humanities-Stuck.

"A Political History of Palestine: The Gaza War and the Post-War Future" in Middlebury. Wednesday, Oct. 9, 3 p.m., EastView at Middlebury and via Zoom. Professor Emeritus Russell Leng presents the sixth talk in a six-part series.

oct 11 FRIDAY

"America the Violent: How Group Terror has Shaped the Nation's Life" in Middlebury.

Friday, Oct. 11, noon, Ilsley Public Library, 75 Main St. Suzanne Brown leads this Vermont Humanities Reading and Discussion Series program on 'The Rope: A True Story of Murder, Heroism & the Dawn of the NAACP,' by Alex Tresniowski.

oct 12 SATURDAY

Wildlife walk in Middlebury.

Saturday, Oct. 12, 8 a.m., meet at Otter View Park, corner of Weybridge St. and Pulp Mill Bridge Rd. Join Otter Creek Audubon and the Middlebury Area Land Trust to survey birds and other wildlife at Otter View Park and the Hurd Grassland. Birders of all ages and abilities welcome. For more information, call 802-388-6019.

Pride celebration in Middlebury. Saturday, Oct. 12, 1-5 p.m., College Park and town green. Middlebury Teen center invites all to join the family-friendly festivities on the Green to celebrate the LGBTQIA+ members in our community. The parade starts at 1 p.m. at College Park and the rest of the events will be hosted on the Green until 5 p.m. Live music, drag performances, food, lawn games, and, of course, rainbows.

Sister Speak in Middlebury. Saturday, Oct. 12, 3-6 p.m., Happy Valley Orchard, 217 Quarry Rd. Listen to great music for free at Happy Valley's Mountain Mac Music Series. Pies, donuts, and Mountain Mac Hard Cider available for purchase. Bring chairs, blankets, picnics. No outside alcohol. Leashed dogs are welcome.

Chicky Stolz in Brandon. Saturday, Oct. 12, 4-6 p.m., Red Clover Ale, 43 Center St.

Leroy Preston in Vergennes. Saturday, Oct. 12, 7:30 p.m., Vergennes Opera House, 120 Main St. Preston has an impressive musical history, not only as the co-founder of the renowned Texas-based group, Asleep At the Wheel, but also as a songwriter. Tickets \$25 advance/\$30 door. More info at vergennesoperahouse.org.

Bingo in Vergennes. Saturday, Oct. 12, 5 p.m., St Peter's Parish Hall, 85 S. Maple St. Doors open at 5 p.m. and games start

(See Calendar, Page 20)



The Little City's Historic Theater

Get tickets and details at vergennesoperahouse.org



Leroy Preston & Friends from The Unknown Blues Band
Vermont Music Greats join the celebrated songwriter
Saturday, October 12
7:30pm



Dave Keller Band
3-time BMA nominee
for Best Soul Blues Album
Saturday, November 2
7:30pm



Thanksgiving Community Hymn Sing
with Champlain Brass and the
Addison County Gospel Choir
Sunday, November 24
3:00pm



Broadway Direct
with Bill Carmichael & Friends
TWO shows this year!
Friday, Dec 6th 7:30pm
Saturday, Dec 7th 3:00pm



Hard Scrabble
A Vermont-based band of
Bluegrass & Acoustic Americana
Saturday, January 11
7:30pm



LC Jazz "Winter Thaw"
Free Community Concert
Bring your dancing shoes!
Saturday, February 8
7:30pm

Calendar OF EVENTS

at 6 p.m. A family friendly event. All cash prizes, 50/50 raffle. Refreshments sold. Sponsored by the St. Peter's Historic Preservation Committee to benefit the ongoing restoration efforts for the bell tower and the Church.

oct 13 SUNDAY

Green Mountain Club hike in Crown Point/Ironville, N.Y.

Sunday, Oct. 13. Coot Hollow and Penfield Museum. A short 2-mile hike to a historic cemetery and an overlook of a glacial chasm. Stunning views across Lake Champlain to a patchwork of fields and the Green Mountains. The hike will be followed by a visit to the Penfield Homestead Museum, which features local history dating back to the dawn of the electric age. More info contact ruthpenfield@gmail.com or 802-458-1116.

Car Show and Fall Festival in Middlebury.

Sunday, Oct. 13, 10 a.m.- 3 p.m. Triangle Park/Main St. Come to Middlebury, for the 3rd annual Middlebury Car Show and Fall Festival, Main Street will close to welcome 75 classic cars and trucks. Food trucks, 50+ vendors, live music, raffle drawings, and more. With kids' activities as well, this event is fun for the whole family and free for spectators.

"The Black Presence at the Battle of

Bennington" in Orwell. Sunday, Oct. 13, 1-2 p.m., Mt. Independence State Historic Site, 472 Mt. Independence Rd. Most Vermonters might be surprised that among the 30 men killed at the Battle of Bennington was a black man, Sipp Ives, a member of Seth Warner's Continental regiment of Green Mountain Boys. Teacher and author Phil Holland explores military records and early town histories to present a more diverse picture of Vermont's iconic battle and its Green Mountain Boys than typically depicted.

oct 15 TUESDAY

"America the Violent: How Group Terror has Shaped the Nation's Life" discussion in Middlebury.

Tuesday, Oct. 15, noon, Ilsey Public Library, 75 Main Street. Suzanne Brown will lead the discussion of "Advancing Luna & Ida B. Wells," by Alice Walker in the latest installment of this series. Participants can pick up a copy of each book at the circulation desk. A VT Humanities program.

"Ancient Beacons Long for Notice: a conversation with Dario Robleto" in Middlebury.

Tuesday, Oct. 15, 4:30 p.m., Room 216, McCardell Bicentennial Hall. In his prints, sculptures, and films, multi-disciplinary artist Dario Robleto

incorporates a deep fascination with science, history, sound, medicine, and human empathy. His 2024 film, "Ancient Beacons Long for Notice," is currently installed at the Middlebury College Museum of Art in the exhibit, "An Invitation to Awe." He will join Guest Curator Katy Smith Abbott in conversation, as they explore Robleto's conviction that "awe is a courtship with the unknown." Open to the Public.

oct 16 WEDNESDAY

"Simple Astonishment: A Community Conversation on the Changing Climate" in Middlebury.

Wednesday, Oct. 16, 5-7 p.m., Henry Sheldon Museum, 1 Park St. Environmental writers Megan Mayhew Bergman and Jon Mingle, photographer Caleb Kenna, and poet Cindy Hill will discuss the role of the arts and humanities in shaping our connection to the climate crisis, followed by a close observation and reflection in response to selected images from the Sheldon's archives and modern images from photographer Caleb Kenna. Free and open to all. More info at henrysheldonmuseum.org.

oct 17 THURSDAY

"Three of Bristol's Past Residents and Their Brushes with the Law" in Bristol.

Thursday, Oct. 17, 7 p.m., Howden Hall, 19 West St. At the monthly meeting of the Bristol Historical Society Reg Dearborn will be presenting a program about John Ring (1871), Dr. Don Bisbee (1914) and Joseph Choquet (1931). Following the program there will be a short business meeting and all society members are welcome to attend. More info contact (802) 453-3526 or dear4@gmavt.net.

Blues Without Borders in Bristol. Thursday, Oct. 17, 7 p.m., South Mountain Tavern, 31 Main St.

oct 18 FRIDAY

Bloodroot Gap in Middlebury.

Friday, Oct. 18, 3-6 p.m., Happy Valley Orchard, 217 Quarry Rd. Listen to great music for free

at Happy Valley's Mountain Mac Music Series. Pies, donuts, and Mountain Mac Hard Cider available for purchase. Bring chairs, blankets, picnics. No outside alcohol. Leashed dogs are welcome.

Matthew Dickinson on the upcoming elections in Middlebury.

Friday, Oct. 18, 3 p.m., The Residence at Otter Creek, Lodge Rd. Come hear Middlebury College Political Science professor Matthew Dickinson discuss the 2024 elections and their significance. Free and open to the public

The Morning Dudes in Bristol. Friday, Oct. 18, 6-8 p.m., BCC Botanicals, 140 North St.

"The Cherry Orchard" in Middlebury.

Friday, Oct. 18, 7:30 p.m., Town Hall Theater, 68 S. Pleasant St. Middlebury Acting Company presents Anton Chekhov's delightful tragi-comedy. The Gayev family is torn by powerful forces, forces rooted deep in history, and in the society around them. Their estate is hopelessly in debt: urged to cut down their beautiful cherry orchard and sell the land for holiday cottages, they struggle to act decisively. Tickets available at townhalltheater.org.

oct 19 SATURDAY

Green Mountain Club hike in Hancock.

Saturday, Oct. 19, Philadelphia Peak. A hike to the 3,199-foot summit from Route 125 in Hancock. Difficult, no marked trail. Approximately 6 miles. Contact Beth Eliason for more information at betheliason@gmail.com.

A morning mini-retreat with Wes Vander Lugt in Middlebury.

Saturday, Oct. 19, 9 a.m.-12:30 p.m., Memorial Baptist Church, 97 South Pleasant St. Two talks, "Why Beauty Matters for Everyone" and "Reimagining the Beauty of Creation and Our Role Within It," by Wes Vander Lugt, a pastor-theologian, teacher, writer, nonprofit leader, and arts advocate. There will also be a poetry reading with Abigail Carroll, and music with Matthew Dickerson. Coffee and refreshments starting at 8:30 a.m., Free and open to the public.

Sara Grey and Kieron Means in Middlebury.

Sunday, Oct. 19, 1-2 p.m., Ilsey Public Library, 75 Main St. Grey and Means will present a unique look at songs in the oral tradition of people who migrated

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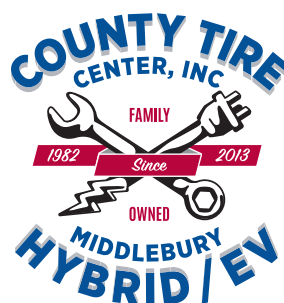
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Calendar OF EVENTS

and took them into the Panhandle, the Great Plains and the Western States. This is not just a random collection of well-known western songs. It is a unique and rare collection of old songs and ballads from many sources.

Uncle Baby in Brandon. Saturday, Oct. 19, 4-6 p.m., Red Clover Ale, 43 Center St.

Jessica Ip, Carillonneur in Middlebury. Saturday, Oct. 19, 5 p.m., Middlebury Chapel. The Middlebury College campus and surrounding neighborhoods will ring with the sound of carillon bells at the new fall festival. Free and open to the public.

"Phantom of the Opera" on screen in Brandon. Saturday, Oct. 19, 7 p.m., Brandon Town Hall, 1 Conant Sq. Long before Andrew Lloyd Webber created the hit stage musical, this silent film adaptation starring Lon Chaney put 'Phantom' firmly in the pantheon of both horror and romance. Just in time for Halloween. Free.

Barbacoa in Bristol. Saturday, Oct. 19, 7 p.m., South Mountain Tavern, 31 Main St.

"The Cherry Orchard" in Middlebury. Saturday, Oct. 19, 7:30 p.m., Town Hall Theater, 68 S. Pleasant St. See Oct. 18 listing.

oct 20 SUNDAY

World Singing Day in Bristol.

Sunday, Oct. 20, 1 p.m., Holley Hall, 1 South St. Five Town Friends of the Arts is hosting their 2nd annual fun, local, and free music event with some of the area's best musicians. Listen and sing with them on new and familiar songs. Performers include Maiden Vermont, Womensing, Middlebury College Community Chorus, Patrick Fitzsimmons, Richard Ruane and Beth Duquette, Va & Vient, the Vermont Ukelele Society and young singers from Addison County. Food and drink available for purchase by local vendors. All ages are welcome.

"The Cherry Orchard" in Middlebury. Sunday, Oct. 20, 2 p.m., Town Hall Theater, 68 S. Pleasant St. See Oct. 18 listing.

oct 22 TUESDAY

"America the Violent: How Group Terror has Shaped the Nation's Life" discussion in Middlebury. Tuesday, Oct. 22, noon, Ilsley Public Library, 75 Main Street.

Through a combination of both fiction and non-fiction, this series explores the connection between mob violence and American culture, historically spurred often by racism. Suzanne Brown will lead the discussion of "Cloudsplitter," by Russell Banks.

"Packrafting in Gates of the Arctic National Park" presentation in Middlebury. Tuesday, Oct. 22, 7 p.m., Champlain Valley Universal Unitarian Society, 2 Duane Ct. As part of the Green Mountain Club Fall Speaker Program, Tim Upton and Beth Eliason will share photos and highlights of their July trip. Doors open 6:30 p.m.

oct 23 WEDNESDAY

Green Mountain Club hike in Starksboro. Wednesday, Oct. 23, Starksboro Adventure. "Get

to the point," where three counties, one gore and three towns literally come to a point in the middle of nowhere with a USGS marker for proof. About 700-ft elevation gain of steady uphill on rough woods roads and a bit of bushwhacking for about 2 miles round trip. Moderate hike with limit of 6. Wear appropriate clothing; bring water, food, poles and your personal gear for a safe hike. Contact Cecilia Elwert at ceciliaelwert@yahoo.com for more info.

"Big Night" on screen in Middlebury. Wednesday, Oct. 23, 1 p.m., Community Room, Ilsley Public Library, 75 Main St. the Middlebury Community Classic Film Club's fall series on movies about food continues with this deliciously comic tale about the two Italian-American brothers who own a failing restaurant. Starring: Stanley Tucci, Isabella Rossellini, Tony Shalhoub, Minnie Driver and Ian Holm.

oct 24 THURSDAY

Brett Hughes Honkytonk in Bristol. Thursday, Oct. 24, 7 p.m., South Mountain Tavern, 31 Main St.

NER Out Louder in Middlebury. Thursday, Oct. 24, 7:30 p.m., Dance Theater, Mahaney Arts Center, 72 Porter Field Rd. Students from Oratory Now read selections from the New England Review, lending their voices to the work on the page, and student writers read their own poetry and

prose for an audience of students, faculty, and community members. Everyone is invited to a reception in the lobby after the show. Free, live and streaming. info at go.middlebury.edu.

oct 25 FRIDAY

Scarlet Annie in Middlebury.

Friday, Oct. 25, 3-6 p.m., Happy Valley Orchard, 217 Quarry Rd. Listen to great music for free at Happy Valley's Mountain Mac Music Series. Pies, donuts, and Mountain Mac Hard Cider available for purchase. Bring chairs, blankets, picnics. No outside alcohol. Leashed dogs are welcome.

"The Cherry Orchard" in Middlebury. Friday, Oct. 25, 7:30 p.m., Town Hall Theater, 68 S. Pleasant St. Middlebury Acting Company presents Anton Chekhov's delightful tragi-comedy. The Gayev family is torn by powerful forces, forces rooted deep in history, and in the society around them. Their estate is hopelessly in debt: urged to cut down their beautiful cherry orchard and sell the land for holiday cottages, they struggle to act decisively. Tickets available at townhalltheater.org.

"Radio Shows" in Brandon. Friday, Oct. 25, 7 p.m., Brandon Town Hall, 1 Conant Sq. The Brandon Town Players present a

staged reading in a Cabaret style setting featuring comedy and sci-fi thrillers. Cash bar and snacks provided. Reservations for tables can be made by calling 802-247-5420 or emailing at denniswarden@gmail.com.

Sō Percussion with Caroline Shaw in Middlebury. Friday, Oct. 25, 7:30 p.m., Robison Hall, Mahaney Arts Center, 72 Porter Field Rd. The four-man ensemble is celebrated for their dazzling and surprising live performances as well as their contributions to education and community. Tickets: \$25/20/10/5 info at go.middlebury.edu.

oct 26 SUNDAY

Day of the Morgan and raffle drawing in Weybridge.

Saturday, Oct. 26, 10 a.m.-2 p.m., UVM Morgan Horse Farm, Battell Dr. Celebrate all things Morgan horse with guided tours, historical displays, walking trails, activities for kids, and cider and doughnuts. Free. Rain or shine.

Patrick Fitzsimmons in Brandon. Saturday, Oct. 26, 4-6 p.m., Red Clover Ale, 43 Center St.

George Matthew Jr., carillonneur in Middlebury. Saturday, Oct. 26, 5 p.m., Middlebury Chapel. The Middlebury

(See Calendar, Page 22)

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Calendar OF EVENTS

College campus and surrounding neighborhoods will ring with the sound of carillon bells at the new fall festival. Free and open to the public.

"Stories from the Heart" in Middlebury. Saturday, Oct. 26, 6:30-8 p.m., St. Stephen's Episcopal Church, 3 Main St. Come join us for the Moth-like storytelling event. This year's theme, "Honoring the Spirits of Those Who Have Left This World," highlights stories of loss, grief, and healing while remembering those still loved long after they have left this world. Doors open at 6 p.m. This event will be followed by a luminary walk from St. Stephens church down Main Street to the Sheldon Museum.

"The Cherry Orchard" in Middlebury. Saturday, Oct. 26, 7:30 p.m., Town Hall Theater, 68 S. Pleasant St. See oct. 18 listing.

oct 27 SUNDAY

"The Cherry Orchard" in Middlebury. Sunday, Oct. 27, 2 p.m., Town Hall Theater, 68 S. Pleasant St. See oct. 18 listing.

Spooktacular in Middlebury. Sunday, Oct. 27, 2-5 p.m., Main St. and the town green. Come down for trick-or-treating along Main St and Merchants Row between 2 and 5 p.m. Shopkeepers and volunteers will be

handing out candy from the Middlebury Post Office all the way to Canon Park on Main Street, as well as in Triangle/Fountain Park and along Merchants Row. Dress up and take to the streets for this fun and festive celebration of Halloween.

oct 31 THURSDAY

Green Mountain Club hike in Port Henry/Mineville, N.Y. Thursday, Oct. 31, Hike Cheney & Belfry Mountains. Scenic, easy, 2-mile, and 1-mile hikes with a few hundred feet of elevation gain. Multiple viewpoints, including one of the Dix Range, Rocky Peak Ridge, and Giant Mt. from Cheney and sweeping 360 views from the fire tower of Belfry Mt. If you have major vertigo issues, skip the tower and still enjoy some views. Both short hikes are within 30 minutes from Chimney Point parking for carpooling. Contact leader Ken Corey at (802) 349-3733 or kencorey53@gmail.com to register.

Trick or Treating for children in Middlebury. Thursday, Oct. 31, 5-7 p.m., The Residence at Otter Creek, Lodge Rd. Free and open to the public.

Haunted Forest in East Middlebury. Thursday, Oct. 31, Waybury Inn, 457 E. Main St. Get scared silly this Halloween night at the Waybury's haunted forest,



Not a speck of dirt

THE SHINE ON the chrome air filter in this Chevy Nova on display at last October's Middlebury Car Show and Fall Festival catches the eye of this auto enthusiast, among many others. The third annual car show will be Oct. 13.

Independent photo/John S. McCright

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Calendar OF EVENTS

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nov 1 FRIDAY

Artist Rose-Lynn Fisher in Middlebury. Friday, Nov. 1, 12:30 p.m., Lower lobby, Mahaney arts Center, 72 Porter Field Rd. Join us for a talk by Rose-Lynn Fisher, an artist featured in the exhibition, "An Invitation to Awe," who uses microscope, camera, and mixed media to explore the realms within realms we inhabit, in work that evokes a continuum of interconnections and wonder. Afterward, stay for conversation over a light lunch. Free and open to all, but \$5 donations are welcome.

Bloodroot Gap in Brandon. Saturday, Nov. 1, 4-6 p.m., Red Clover Ale, 43 Center St.

Dissipated Eight in Brandon. Friday, Nov. 1, 7:30 p.m., Brandon Town Hall, 1 Conant Sq. Middlebury College's male a Capella group returns for their 8th year of entertaining audiences of all ages. Their signature harmonies, touch of comedy and interaction with the audience make them a town hall favorite.

nov 2 SATURDAY

Green Mountain Club walk in Starksboro. Saturday, Nov.

2. Discover some monster (and some not so) "glacial erratics" from a road walk with sweeping views of the Monroe Skyline. Contact Cecilia Elwert at ceciliaelwert@yahoo.com for more info.

100th Holiday Bazaar in Middlebury. Saturday, Nov. 2, 9 a.m.-3 p.m., Congregational Church of Middlebury, 30 North Pleasant St. The church's Unity Hall, Fellowship Hall, other rooms and hallways are transformed into a holiday-style marketplace. The entire community is invited and welcomed into our church home to enjoy time for shopping.

Pre-Concert Lecture: Jerusalem Quartet in Middlebury. Saturday, Nov. 2, 6:30 p.m., Room 125, Mahaney Arts Center, 72 Porter Field Rd. Learn more about this concert's music in a free pre-concert lecture by Professor Emeritus of Music Larry Hamberlin. Free and open to the public.

Maiden Vermont in Brandon. Saturday, Nov. 2, 7 p.m., Brandon Town Hall, 1 Conant Sq. This chorus of 30 women specializes in everything from country to pop movie themes and plenty of classic barbershop tunes. Tickets at the door.

Remember Baker in Bristol. Saturday, Nov. 2, 7 p.m., South Mountain Tavern.

Maya de Vitry in Lincoln. Saturday, Nov. 2, 7:30 p.m., Burnham Hall, 52 E. River Rd. Burnham Presents. Doors open at 7 p.m. Maya de Vitry comes to the Burnham Presents stage on her album release tour for "The Only Moment"! de Vitry first traveled and

performed as a fiddling street musician, and then in bars, theaters, and on festival stages as a founding member of The Stray Birds. She has been devotedly creating a powerful new body of work - one that consistently blurs genre while showcasing her delight in storytelling and her extraordinarily dynamic singing. Homemade refreshments available. Tickets \$20-\$25 sliding scale. More info at burnhampresents.org/.

Dave Keller in Vergennes. Saturday, Nov. 2, 7:30 p.m., Vergennes Opera House, 120 Main St. One of the premier torchbearers of Deep Soul and Roots music, Dave Keller's dynamic, high energy performances have earned him a legion of fans throughout the U.S. and Europe. Keller knows how to fill dance floors. But just as importantly, he connects with his fans in a real way, breaking down the barrier between performer and audience, creating an experience that everyone remembers long after the show is over. Tickets \$15 advance/\$20 door, available at vergennessoperahouse.org.

Jerusalem Quartet in Middlebury. Saturday, Nov. 2, 7:30 p.m., Robison Hall, Mahaney Arts Center, 72 Porter Field Rd. With a repertoire spanning the classical to contemporary, they captivate audiences with spellbinding interpretations, blending technical virtuosity with profound musical depth. The Jerusalem Quartet returns to Middlebury with a program of Haydn, Shostakovich, and Dvorák. Tickets: \$25/20/10/5, available at www.middlebury.edu/events/event/jerusalem-quartet-0.

nov 7 THURSDAY

Green Mountain Club hike in Bristol. Thursday, Nov. 7, Deer Leap. An easy to moderate hike of 3.6 miles round trip with 440 feet elevation change. Enjoy views to the southeast, southwest, and west over the town of Bristol. Contact Ken Corey at (802) 349-3733 or kencorey53@gmail.com to register.

True crime podcast discussion group in Middlebury. Thursday, Nov. 7, 6 p.m., Ilsley Public Library, 75 Main St. Join fellow amateur sleuths for a discussion of the podcast Park Predators, The Hunter (1 episode). Listen to the podcast on your own before the discussion. Renee will facilitate the discussions with prompts and visuals. For participants 18 and over.

Jaded Ravins in Bristol. Thursday, Nov. 7, 7 p.m., South Mountain Tavern, 31 North St..

nov 8 FRIDAY

Middlebury College Choir fall concert in Middlebury. Friday, Nov. 8, 7:30 p.m., Robison Hall, Mahaney Arts Center, 72 Porter Field Rd. Open to the Public. (See Calendar, Page 24)

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Calendar OF EVENTS

nov 9 SATURDAY

Green Mountain Club hike in Killington. Saturday, Nov. 9, Shrewsbury and Killington Peaks. Moderate to strenuous hike of about 11.5 miles with over 3,000 feet of elevation change climbing two Coolidge Range peaks; Shrewsbury and Killington. Fairly steep grades up Shrewsbury and Killington peak with an easy grade in between. Contact Ryan Grace at rgracersox@gmail.com for more information.

Wildlife walk in Middlebury. Saturday, Nov. 9, 8 a.m., meet at Otter View Park, corner of Weybridge St. and Pulp Mill Bridge Rd. Join Otter Creek Audubon and the Middlebury Area Land Trust to survey birds and other wildlife at Otter View Park and the Hurd Grassland. Birders of all ages and abilities welcome. For more information, call 802-388-6019.

Puzzle swap in Middlebury. Saturday, Nov. 9, 10 a.m., Isley Public Library, 75 Main St. Join us in the Jessica Swift Community Room to stock up on new puzzles for this coming winter, a.k.a. puzzle season. Bring any puzzles you are done with and take home new-to-you puzzles.

"A Case For The Existence of God" by Samuel D. Hunter staged reading in Middlebury. Saturday, Nov. 9, 4 p.m., Byers Studio, Town Hall Theater, 68. S.

Pleasant St. This play unfolds in a cubicle where two seated people unexpectedly choose to bring one another into their fragile worlds. Keith, a mortgage broker, and Ryan, a yogurt plant worker seeking to buy a plot of land that belonged to his family many decades ago, realize they share a "specific kind of sadness." Tickets \$12, available at townhalltheater.org.

Brandon Has Talent in Brandon. Saturday, Nov. 9, 7 p.m., Brandon Town Hall, 1 Conant Sq. This 10th edition of one of the most popular shows in the Town Hall promises great entertainment, plenty of laughter, and lots of fun with a few surprises.

nov 10 SUNDAY

"A Case For The Existence of God" by Samuel D. Hunter staged reading in Middlebury. Sunday, Nov. 10, 4 p.m., Byers Studio, Town Hall Theater, 68. S. Pleasant St. See Nov. 9 listing.

nov 11 MONDAY

Veterans' Luncheon in Middlebury. Monday, Nov. 11, noon, the Residence at Otter Creek, Lodge Rd. All veterans and

their partners are invited for a free lunch in appreciation of their service to our country.

nov 12 TUESDAY

"America the Violent: How Group Terror has Shaped the Nation's Life" discussion in Middlebury. Tuesday, Nov. 12, noon, Isley Public Library, 75 Main Street. Suzanne Brown will lead the discussion of "Cloudsplitter," by Russell Banks in the latest installment of this series. Participants can pick up a copy of each book at the circulation desk. A VT Humanities program.

nov 13 WEDNESDAY

"Who is Killing All the Great Chefs of Europe" on screen in Middlebury. Wednesday, Nov. 13, 1 p.m., Community Room, Isley Public Library, 75 Main St. the Middlebury Community Classic Film Clubs' fall series on movies about food continues with this romp through London, Venice and Paris is this comical tale of culinary crime.

nov 14 THURSDAY

Guest curator talk: Kenneth J. Myers in Middlebury. Thursday, Nov. 14, 4:30 p.m., Room 125, Mahaney Arts Center, 72 Porter Field Rd. Middlebury College Museum of Art hosts Kenneth J. Myers, Byron and Dorothy Gerson Curator of American Art at the Detroit Institute of the Arts (DIA), who organized the major traveling exhibition, "Frederic Church: A Painter's Pilgrimage." Open to the Public.

Otter Creek Audubon Society annual meeting and talk in Middlebury. Thursday, Nov. 14, 7-8 p.m., Champlain Valley Unitarian Universalist Society, 2 Duane Ct. Join us for a celebration of the work OCAS has done in the previous year. Featured speaker, Rob Bierregaard, Ph.D. will talk about his research on the ecology and migration of Ospreys in eastern North America. Representative Amy Sheldon will be presented the Silver Feather Award. And there will be a brief business meeting and board election. Free and open to the public.

Russ Lawton & Friends in Bristol. Thursday, Nov. 14, 7 p.m., South Mountain Tavern., 31 Main St.

"King Lear" on stage in Middlebury. Thursday, Nov. 14, TBD, Wright Memorial Theater, Chateau Rd. The Middlebury College Theatre Department presents Shakespeare's classic drama in an epic production starring Alex Draper and a large cast of Middlebury students. Tickets \$15/10/8/5. Info at go.middlebury.edu.

"King Lear" on stage in Middlebury. Saturday, Nov. 16, TBD, Wright Memorial Theater, Chateau Rd. See Nov. 14 listing.

nov 15 FRIDAY

Financial fraud talk in Middlebury. Friday, Nov. 15, 2 p.m., The Residence at Otter Creek, Lodge Rd. Nickolas Kerest, U.S. Attorney for the District of Vermont will give this informational talk on financial fraud education. Free and open to the public.

Bingo in Vergennes. Saturday, Nov. 16, 5 p.m., St Peter's Parish Hall, 85 S. Maple

St. Doors open at 5 p.m. and games start at 6 p.m. A family friendly event. All cash prizes, 50/50 raffle. Refreshments sold. Sponsored by the St. Peter's Historic Preservation Committee to benefit the ongoing restoration efforts for the bell tower and the Church.

"King Lear" on stage in Middlebury. Friday, Nov. 15, TBD, Wright Memorial Theater, Chateau Rd. See Nov. 14 listing.

Sean Dorsey Dance, "The Lost Art of Dreaming" in Middlebury. Friday, Nov. 15, 7:30 p.m., Dance Theater, Mahaney Arts Center, 72 Porter Field Rd. Sean Dorsey is an Emmy Award-winning choreographer, dancer, writer, educator, and activist. Long recognized as the U.S.'s first acclaimed transgender modern dance choreographer, Dorsey brings his newest work—and his explicitly trans-positive pedagogy—for his Performing Arts Series debut. Tickets: \$25/20/10/5 5 info at go.middlebury.edu.

nov 16 SATURDAY

Green Mountain Club hike in Monkton. Saturday, Nov. 16, Raven Ridge. This is a 2.2-mile moderate hike of Nature Conservancy protected property with about 490 ft. elevation gain. Hike north on the loop trail through the woods, then up a steep slope to the ridge with views of the Champlain Valley and interesting geological formations. Parts of the trail are steep and a hiking pole is recommended. Dress in layers, wear sturdy boots and bring water and a snack. Limited to 10 participants. For more information and to register Contact leader Ruth Penfield at ruthpenfield@gmail.com or 802-458-1116.

"Barbed Wire" on screen in Brandon. Saturday, Nov. 16, 7 p.m., Brandon Town Hall, 1 Conant Sq. During World War I, the French government commandeers a family farm for use as a camp for German POWs, setting the local population at each other. Intense 1927 silent film drama about forbidden love and the human condition, with a special holiday twist.

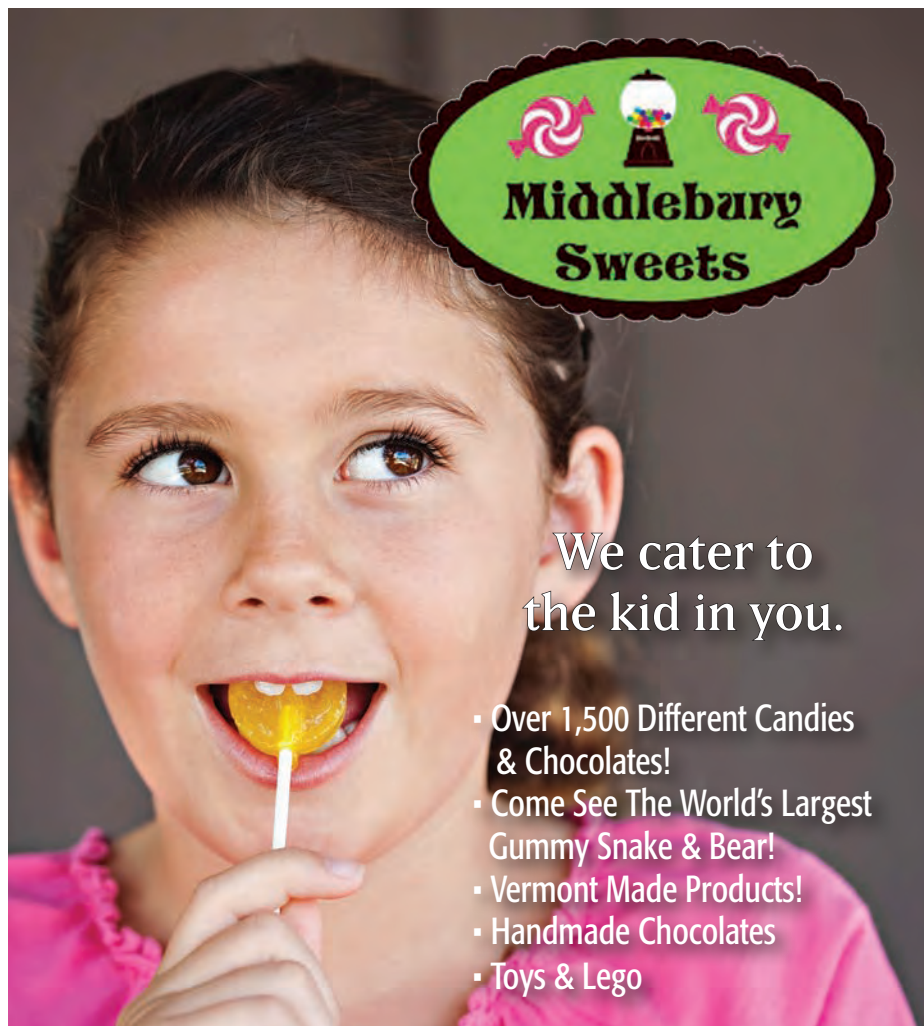
The Maiden Show in Middlebury. Saturday, Nov. 16, 7 p.m., Town Hall Theater, 68 S. Pleasant St. Come hear Maiden Vermont sing their catchy tunes. Tickets \$20/\$15/\$10, available at townhalltheater.org.

Sean Dorsey Dance, "The Lost Art of Dreaming" in Middlebury. Saturday, Nov. 16, 7:30 p.m., Dance Theater, Mahaney Arts Center, 72 Porter Field Rd. See Nov. 15 listing.

"King Lear" on stage in Middlebury. Saturday, Nov. 16, TBD, Wright Memorial Theater, Chateau Rd. See Nov. 14 listing.

nov 17 SUNDAY

The Maiden Show in Middlebury. Sunday, Nov. 17, 2 p.m., Town Hall Theater, 68 S. Pleasant St. See Nov. 16 listing.



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Here are fun facts about our Vermont apples

By **DEBORAH J. BENOIT**
UVM Extension Master Gardener

They're the most familiar of fruits, but how much do you really know about apples?

Apples (*Malus domestica*) are members of the rose family (*Rosaceae*). So are crabapples, pears, apricots and cherries.

If you're looking for a native apple tree, you're going to be disappointed. Apples aren't native to the Americas. They originated in Kazakhstan, in central Asia and eastern Europe about 6,500 years ago.

Apples came to America with the first colonists, who carried young trees and seeds from home. Unlike today's apples, they were likely smaller and not so pleasant tasting. Even so, apples became a staple in the American diet with many being pressed to make cider. Hard cider was regularly consumed at meals — a safer alternative at a time when water supplies often carried disease due to poor sanitary practices.

Apples moved westward along with

settlers, including the man many know as Johnny Appleseed. He was born Jonathan Chapman in 1774 in Leominster, Mass., and apprenticed as an apple orchardist. Chapman collected seeds from cider presses, planting orchards as he traveled.

The quality of apples from those trees was unpredictable and usually poor. Sometimes, though, apple trees grown from seed produced unexpectedly good results that led to the varieties we're familiar with today.

If you've considered trying to grow an apple tree from seed, you'll likely be disappointed with the result. Apple trees don't grow true from seed, so the fruit won't be the same as the source of the seeds. For this reason, apple trees today are rarely grown from seed.

Ancient Romans used grafting to propagate apples and brought the technique with them as the empire expanded. By grafting a cutting from the parent tree (called the "scion") to the rootstock of

another, an apple tree can be grown that will bear the same fruit as the parent plant. Today, all commercially sold apple trees are produced by grafting.

Since most apple trees aren't self-fertile, you'll need to plant at least two different varieties for the trees to produce fruit. Crabapple trees can also be used as pollinizers. While some varieties such as Golden Delicious are self-pollinating, having another pollinizer can produce a larger crop.

The American crabapple (*Malus coronaria*) is native to North America, while the European crabapple (*Malus sylvestris*) is native to Europe and western Asia. Crabapples are generally smaller than two inches while apples are larger.

There are more than 7,500 varieties of apples grown around the world. In the United States, more than 2,500 varieties are grown, though less than a dozen make up the majority of apples available on grocery market shelves. Gala, Granny

Smith and Golden Delicious are among the most popular apples.

While apples grow throughout the United States, Washington grows the most apples, about 160 million bushels each year. Vermont produces about a million bushels annually.

Depending on the variety and growing conditions, an apple tree can take up to 10 years to produce fruit. That tree can have a life span of 100 years.

It takes about 40 apples to make a gallon of cider. Hard cider is fermented, unfiltered apple juice.

Have you ever wondered why apples don't sink? They're about 25% air, so they rise to the surface.

There's some truth to the old expression "an apple a day keeps the doctor away." Apples are a good source of fiber and antioxidants and contain no fat or cholesterol.

Interested in growing your own apples? Check out this link: go.uvm.edu/tree-fruit.



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House Salad
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New England Rock Crab cake, baby arugula, heirloom tomato, Calabrian chile aioli

Moonlight Bay Oysters with Champagne mignonette

Charcuterie Lonza, country terrine, pork rillettes, crostini, pickled root vegetables

Entrees
Broad Brook Farm Duck Leg Pot Pie
cippolini onions, English peas, Footprint Farm carrots

Bouillabaisse
Slow-cooked spicy red curry fin fish and shellfish w/ saffron aioli crostini

House made Tagliatelle
Wagyu beef ragu, roasted local mushrooms, Parmigiano Reggiano

Wagyu Burger
Brioche bun, Vermont cheddar, smoked bacon, remoulade, house frites

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AREA Dining Guide



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The talented chef and staff welcome you to the Black Sheep Bistro in Vergennes, for a warm and cozy dining experience inside or on the patio. Their menu has been prepared with fresh, local ingredients and inspired by traditional French flavors. French fries and mashed potatoes for the table! Call 802-877-9991 for reservations or order online at blacksheepbistrovt.com. Located at 253 Main Street, Vergennes, VT.



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AREA

Dining Guide



JESSICA'S AT SWIFT HOUSE INN

Jessica's at Swift House Inn offers fine dining with an award-winning wine list and a seasonally changing menu in a historic setting. Vermont native Chef Rob Fenn showcases local products like vegetables from Elmer Farm here in Middlebury, blue cheese from Boucher Family Farm from Highgate, Misty Knoll chicken from New Haven, and more. Whether you're having a romantic dinner or a celebration feast, sommelier Ella Donnelly-Wright will make sure you choose the right wines. Enjoy a cocktail at the bar or outdoor dining. Hours: Wed., Thurs. & Sun. 5:00 pm to 8:00 pm, Fri. & Sat. 5:00 pm to 8:30 pm. *Photo Credit: Caleb Kenna*



MORGAN'S TAVERN

Nestled in the heart of Middlebury, Morgan's Tavern invites you to indulge in a casual dining experience where classic pub fare is elevated by a warm, rustic ambiance. Housed in a beautifully preserved historic building, the tavern's menu is a tribute to comfort food, featuring beloved dishes crafted with locally sourced ingredients and enriched with global flavors, offering a unique and deeply satisfying culinary journey. Whether you're here for business or pleasure, Morgan's Tavern ensures an unforgettable dining experience, complemented by a thoughtfully curated wine list designed to please every palate.



OTTER CREEK BAKERY

Otter Creek Bakery is a small European-style bakery and deli offering a full line of gourmet foods made on the premises. Open since 1986, the bakery has received numerous gourmet food awards, including "Best Pastry Shop and Artisan Bread" from the American Institute of Food and Wine, Vermont Chapter. Visit them at 14 College Street in Middlebury, 802-388-3371, ottercreekbakery.com, or at their second location, Otter East, located at 51 Ossie Rd., East Middlebury, 802-989-7220, ottereast.com.



PARK SQUEEZE

Located on Main Street in historic downtown Vergennes, the Park Squeeze crew serves casual and delicious food and drinks Tuesday through Saturday, 4pm - 8pm. Bring the family or meet up with friends on one of two inside levels or on the porch where you can watch the activity on the bustling Main Street. Check them out on Facebook for new menu offerings and weekly specials! You can order online at parksqueeze.com and walk-ins are welcome... they'll squeeze you in! Find them at 161 Main Street, Vergennes, VT. 802-877-9962.





AREA

Dining Guide





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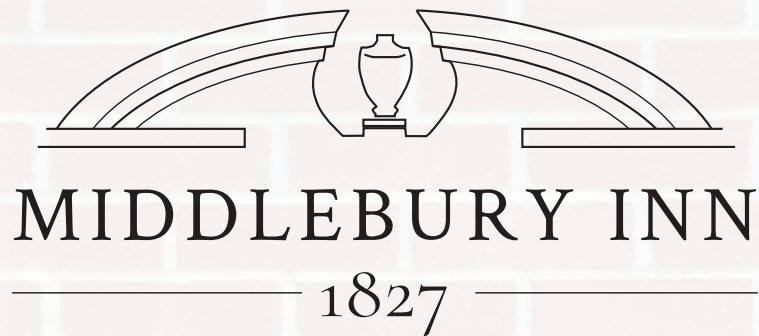
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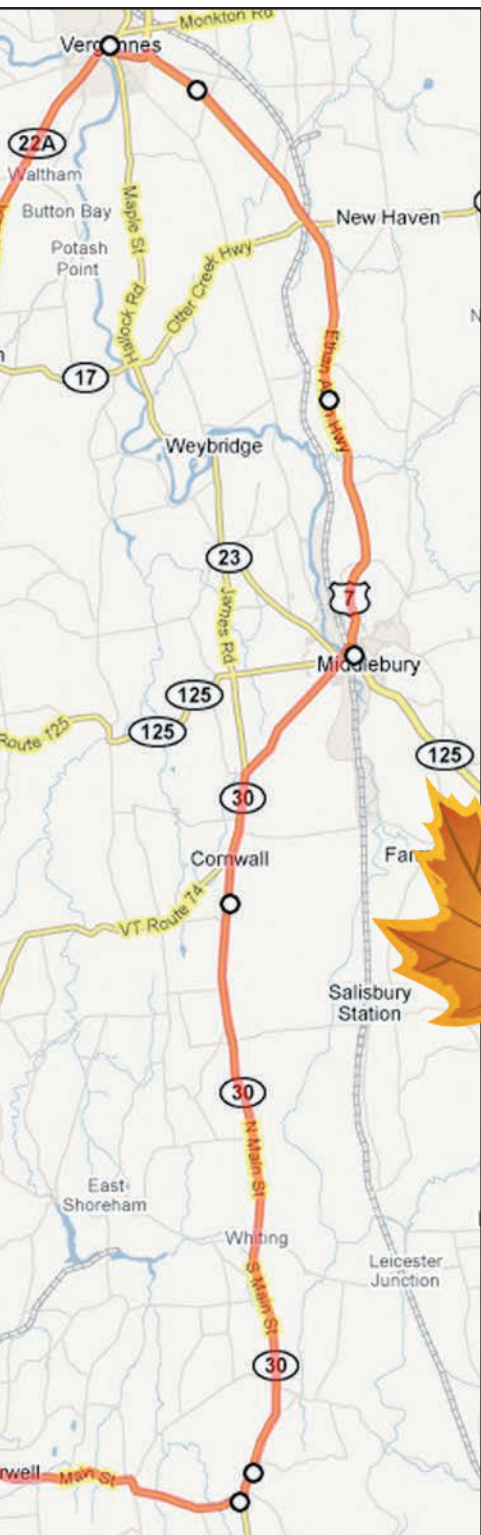
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's Back Road Splendor



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Mad River Valley Tour — 3-4 Hours:

From Middlebury, take Route 7 south a few miles to Route 125 on the left. Cruise Route 125 east through East Middlebury and Ripton, passing the Robert Frost Wayside Recreation Area, the famous Middlebury College Bread Loaf campus, crossing over the Middlebury Gap (elevation 2,149 feet). Proceed down the mountain (also known as the Robert Frost Memorial Drive), into the town of Hancock.

Take a left onto Route 100 north through the town of Granville, watching on your left for the beautiful Moss Glen Falls. Continue north into Waitsfield, where you will pick up Route 17, and follow it west over the Appalachian Gap (elevation 2,365 feet — a great place to stop and enjoy foliage views). When you get to the bottom of the other side, you'll take a left and Route 17 and Route 116 will run together for several miles, including through the village of Bristol. Just past the village, Route 116 peels off south but you should stay on Route 17 westbound through New Haven until you come to Route 7. Take Route 7 south back to Middlebury.



Capital City Cruise — Day Trip:

From Middlebury, take Route 7 south to Route 125, Route 125 east over the mountains to Route 100 in Hancock. Take Route 100 south to Stockbridge, where you pick up Route 107 and drive east to Bethel.

In Bethel take Interstate 89 (known as one of the most beautiful interstates in the country) and head north, passing Vermont's capital city, Montpelier (population 8,030 — smallest capital city in the country). Get off the interstate at Middlesex (Exit 9) and take Route 100B south to the town of Waitsfield. In Waitsfield, bear right on Route 17 and head west over the Appalachian Gap (elevation 2,365 feet). Follow Route 17 to Route 7 and then take 7 south back to Middlebury.

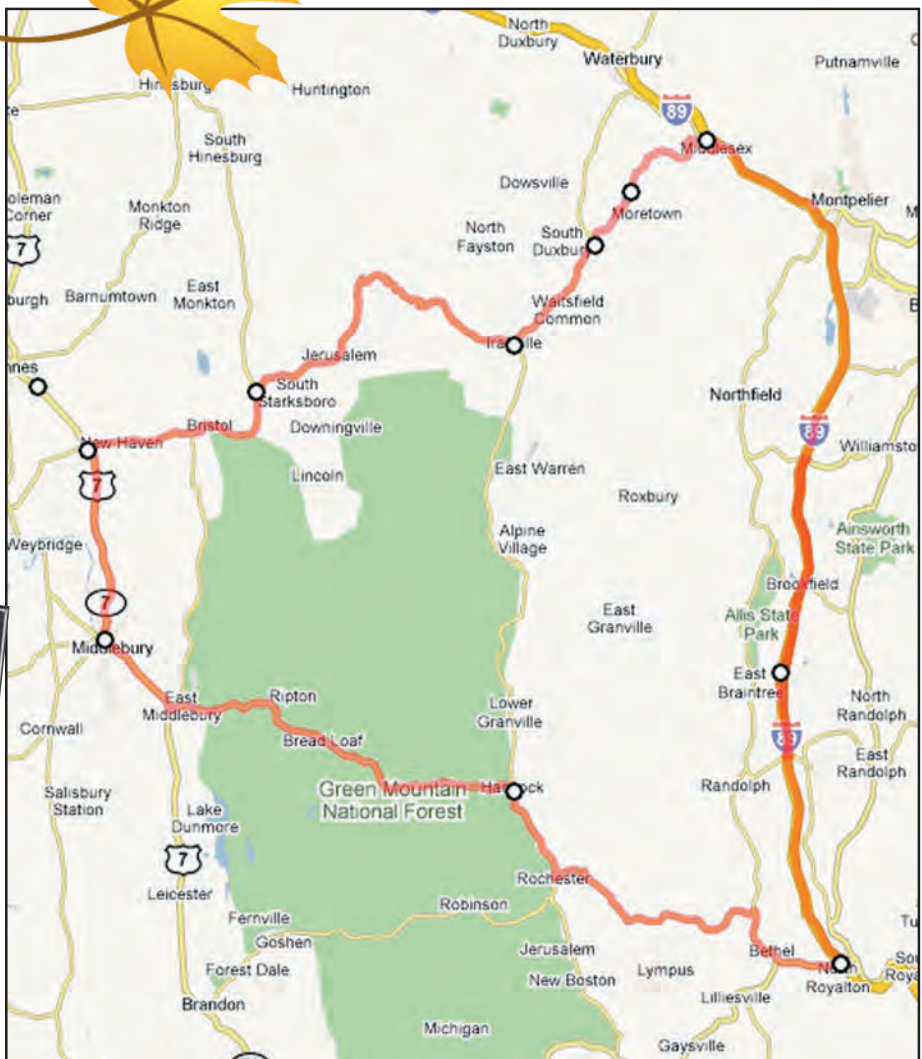
in Street) south to Sudbury, where you pick up
n Lake Champlain. You may want to stop at the
l, which is a very fine Revolutionary War site. At
which provides a quick ride across the lake (for a

or just stay in Vermont, this route continues from
e 74 begins. Follow 74 north and east through

ke Route 125 west to Chimney Point on Lake
amplain Bridge, which opened in November
General Store, known locally as WAGS, bear
ntinue north along Lake Champlain. Take a
beautiful Button Bay State Park, where one
in Harbor resort, which features the Red Mill restaurant. A right on
you back to Route 22A (just before the Little City), where you'll travel south to Addison.
th through Weybridge and back into Middlebury.



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Brandon INTHEFALL

Harvest Festival

BRANDON HOSTS ANNUAL FAIR

BRANDON — Brandon is going to be in Festival Heaven at the beginning of October when the charming town between Middlebury and Rutland will host its annual harvest fair.

On the first Sunday of the month — the 6th — the Brandon Harvest Fest is back for 2024. The Town of Brandon will host the big event that day between 12 noon and 4 p.m. at Estabrook Park, which is right off Route 7 just north of town.

The fun, outdoor festival will feature pumpkins, leaf people, music, food, vendors and more! Look for something new this year — just like there is something new every year, because Brandon can't stay still! One constant is Leaf People. The plain, straw-filled beings that are sold bare for \$10, which you can then dress any way want, courtesy of the Nifty Thrifty Thrift Shop.

Plus look for baked goods, hay rides, games, picture opportunities in our beautiful Estabrook Park, pumpkins, pony rides, goats, critters, lots and lots of vendors with cool stuff. Shop local with our great people!

A great afternoon with a great bunch of people, plenty of free parking and did we mention that its free admission? Yeah!



WHEN:
SUNDAY, OCT. 6

WHERE:
ESTABROOK PARK,
BRANDON

WHAT:
LEAF PEOPLE, MUSIC,
FOOD, VENDORS & MORE!



THIS BRANDON RESIDENT shows us how to make a Leaf Person. Make your own at the Oct. 6 Harvest Festival.

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Take a short hike

SNAKE MOUNTAIN & SUNSET LEDGE

If you want to get out and get a little exercise that leads you to a high spot where you can soak up Addison County's beautiful fall foliage, we have two recommendations. Both involve hiking, but neither will take your whole day.

The first is the trail up Snake Mountain, which sits on the town line between Addison and Weybridge.

This is the most commonly traveled route to the 1,275-foot summit of Snake Mountain starts near the parking lot on Addison's Mountain Road just north of Wilmarth Road. This puts you on to the West Trail, which is relatively flat at first, then turns a corner and climbs up a steady incline to the Summit Trail to the peak.

The hike is about two miles up and the elevation change is around 975 feet. Plan for the hike to take 45-60 minutes.

You can tell that the trail was once used as a stagecoach road for taking guest to the Grand View Hotel, which burned down in 1925. The foundation of the hotel is still visible and makes for a nice flat spot overlooking the farmland up and



A GROUP OF visitors from New York soak up the sunset and the beautiful fall views from the site of the former hotel near the summit of Snake Mountain in Addison.

Independent file photo/John S. McCright

down the Champlain Valley and across to the Adirondack Mountains in New York.

An alternate route up Snake Mountain is the East Trail. It starts at a parking lot on Snake Mountain Road in Weybridge, a half mile north of Prunier Road.

For a little more effort, you can drive up to the Lincoln Gap and hike up to Sunset Ledge. Getting there takes a little longer than driving to Snake Mountain, and the trail is a little rougher, and perhaps a little more challenging. But the views are spectacular. This trail is said to be 2.2 miles out and back, with a little over 400

feet of elevation gain. Budget at least 45 minutes for the hike.

The Sunset Ledge hike is relatively short hike that quickly takes the participant to absolutely spectacular views of the Valley and the Adirondack Mountain Range from an elevation around 2,700 feet.

In Lincoln, drive east up toward the Lincoln Gap and Mount Abraham. There is parking at the 2,000-foot pass. The Long Trail on the north side of the road goes up Mount Abe, which is probably a hike for another day. On the south side of the road follow the white-blazed Long Trail South

markings. The trail starts with a moderate ascent through a high range forest as it enters the Bread Loaf Wilderness Area. Be aware of switchbacks in the trail, and possibly slippery condition. As the trail begins a slight decline you will come upon a large rock overhang facing west towards Lake Champlain and the Adirondacks. Settle in for a long drink from your water bottle and a long, glorious view of the entire Champlain Valley.

Lincoln Gap Road closes after the first October snowfall, so don't wait too late to go on this hike.



THE FALL COLORS always appear at their best at sunset, as they do here in a view from Snake Mountain in 2022.

Independent file photo/John S. McCright



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Credit: Diane Wozniak

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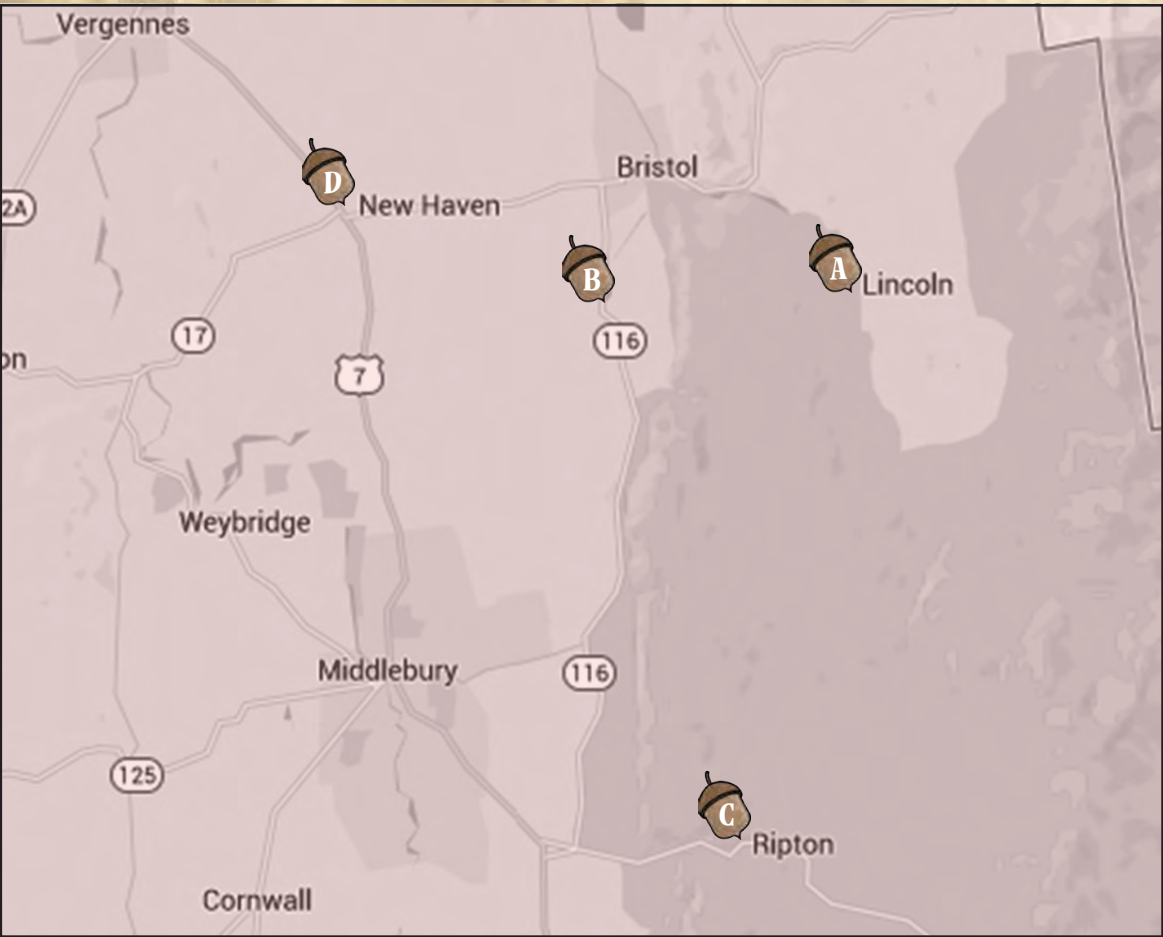
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ARE YOU PLANNING A LEAF-PEEPING ROAD TRIP THIS FALL?

Don't worry about packing a lunch or forgetting something at home, because you'll want an excuse to stop at the wide variety of Country Stores along the way. Whether you need a sandwich, a gas stop, directions, keepsakes, or are just dying to stop in and meet a local Vermonter, these featured shops will give you just what you're looking for! Check out the map on this page for a directory of Country Stores, and make sure to add in a stop on your foliage tour.



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The Middlebury Farmers Market is now 50 years old!

Visit us and wish us many happy returns. Find us every Saturday in the Event Hall at the VFW-530 Exchange St in Middlebury, VT from 9-12:30

It is a cozy venue, where you'll find music, hot drinks, seating, breakfast sammies, prepared foods for you to enjoy and most importantly a touchpoint with local farmers and artisans with plenty of opportunity for great conversation!



"I look forward to Saturday Morning for my Middlebury Farmers' Market bliss. MFM is a relaxing and delicious way to get the weekend off to a satisfying start. The food, vendors, customers, and families are a pleasure, a farmers market family. So many of us have attended this market for decades. They have been around for half a century. Imagine that. I have kept a relationship with this market through the best of times as well as the leaner times. I suggest that you treat yourself to a Saturday Morning Treasure, the Middlebury Farmers' Market is a good place to begin your weekend, it is habit-forming."

~Margaret



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Henry Sheldon Museum

Check out these three extraordinary exhibits on display at the Sheldon!

Patent Pending: Ingenuity and Innovation in Vermont, May 11, 2024 – October 19, 2024.

Patent Pending: Ingenuity and Innovation in Vermont features many patents, ideas, and inspirational "firsts" that have come out of Vermont - the sheer number may surprise you! While patents abound for everyday objects - including the clothespin, a fishing spoon lure, and even the sports bra - others include globally significant innovations like the first electric motor and our modern Global Positions System (GPS). There is no limit to who or what may be the next great innovator or innovation to come from Vermont. Maybe it will be you! Sponsored by FLORA. Closing on October 19th.



From Homespun to Couture: Fashion in Historic Middlebury, May 11, 2024 – January 4, 2025.

Due to popular demand, this exhibit continues in an expanded format. From Homespun to Couture offers a window into the sartorial tastes of local women and the growing Middlebury tailoring scene from the 1800s to the early 20th century. Local fashion reflected the dynamic changes in society, culture, and technology of the era, while also echoing women's practical needs, available resources, and societal norms. Clothes were mended and reused to extend their life. Historic photographs, fashion publications, business advertisements and merchants' ledgers, dresses, bonnets, shoes, and fashion accessories from the Museum's archival and object collections on display reveal what Middlebury women made, wore, and purchased in the town's early days.



Model Boats: The Craftsmanship of Jerry DeGraff, May 11, 2024 – January 4, 2025.

Jerry DeGraff, a native Vermonter from Essex Junction, served four years in the Navy before working many years in local building trades. As he honed his skills as a craftsman, a Christmas gift in 1994 gave him the motivation to try his skills at another trade - constructing model boats from scratch. Model Boats: The Craftsmanship of Jerry DeGraff features DeGraff's fine skills and attention to detail. These meticulously crafted vessels are on loan from the DeGraff family.



Holiday Model Trains are coming soon!
November 29-
January 4th



Check out our NEW hands-on maker space
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We host a Crafters' Market one Saturday each month.



Join Us This Winter in the Cozy Event Hall at 530 Exchange Street in Middlebury (VFW).

We will have music, hot drinks to warm you, and a customer table for your enjoyment while you warm-up and then shop.



Visit the Henry Sheldon Museum A gem in downtown Middlebury!

Enjoy our current exhibits and lovely garden.

Visit the Museum's website for program and event details.



NEW! Imagining the Future A Kids' Makerspace

All ages are invited to play, create, and tinker in the Sheldon's new kids' makerspace. This space is designed to support and nurture museum visitors across various disciplines, from the arts & humanities to the world of technology.

This "mini"-Makerspace provides a platform for creativity and innovation. From painting fun 3D animal pets to woodworking your own pixel art, there are numerous opportunities for hands-on learning and creative expression. Check our events calendar for special workshops! Come imagine with us! Admission for kids is free!

Simple Astonishment: A Community Conversation On The Changing Climate

Wed., October 16th | 5-7pm
HSM Cerf Gallery

The evening will open with a conversation between Megan Mayhew Bergman, Cindy Hill, Caleb Kenna and Jon Mingle, moderated by writer and educator Liza Cochran, about the role of the arts and humanities in shaping our connection to the climate crisis. The second hour will engage participants in what poet Jane Hirshfield calls finding "simple astonishment," and the curative power of creating art as we face the crisis of our lifetime. In small groups, participants will be guided through a close observation of a select few images from the Sheldon's archives and modern images from photographer Caleb Kenna. Free and Open to All.



Generously Funded by Vermont Humanities, as part of the 50 Forward Fall Festival.

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- Stuffed Animal Storytime & Tea Party, October 12th, 1-2 PM
- Halloween Family Movie Night, October 18th, 6:30-8 PM
- Intro to LEGO Robotics, October 26th & November 2nd

Adult Programs

- Book & Plant Sale, September 28, 9 AM-1 PM
- “How to Love a Forest” Author Talk, October 1, 5:30-6:30 PM
- Halloween Watch Party After Hours, October 24, 7-9 PM
- “Ira Allen” History Talk, November 14, 5-6:30 PM

Visit bixbylibrary.org/event for more events and information.



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Foliage chairlift rides

AT MIDDLEBURY COLLEGE SNOWBOWL

HANCOCK — An unusual way to see our annual foliage spectacular is coming to the Middlebury College Snowbowl.

Head up Route 125 to the Snowbowl on any of four days this fall when the ski area will be open early to give rides up the mountain.

Enjoy a leisurely lift ride to the top of Snowbowl on the new Sheehan Quad, where you'll be treated to panoramic views of the magnificent fall foliage that Vermont is famous for. Whether you're a nature enthusiast, a photographer or just looking for a peaceful escape, our lift rides provide an unforgettable experience.

The Fall Foliage Lift Rides will be offered on: Saturday and Sunday, Sept. 28, and 29; Saturday, Oct. 5; and Saturday, Oct. 12. All rides will be offered between 10 a.m. and 3 p.m.

Why visit?

- Unmatched Views: Experience the

beauty of autumn from a whole new perspective.

- Photography Opportunities: Capture the vibrant colors and stunning landscapes.

- Relax and Unwind: Enjoy a serene and tranquil environment away from the hustle and bustle.

This is a great, family-friendly outing for families, couples and solo adventurers.

People who have already purchased a season pass for skiing at the Snowbowl will receive complimentary fall foliage lift rides as a special perk. For non-pass holders, tickets can be purchased on-site for \$15 for adults and \$10 for kids (17 and under).

Refreshments will be available for purchase at the base lodge.

Dress in layers to stay comfortable in varying temperatures. Don't forget your camera or smartphone to capture the stunning views. And have fun!



CATCH THE LIFT at the Middlebury Snowbowl this fall for foliage rides!
Image courtesy of Middlebury Snowbowl

cultural·historic·sites



Daniel Chipman, a co-founder of Middlebury College, and his wife, Eleutheria, built their home in 1828 in Ripton and quickly became pillars of the community. Among their many contributions, Daniel became Ripton's first postmaster, using their home as the town's first post office for 20 years.

In 1938, William Meacham (Middlebury College class of 1921) and his wife, Rena of Middlebury, purchased the property and restored and modernized the house while preserving much of its original charm, including the 1820s Salisbury Glass panes that remain intact in a few windows. To this day, these small, slightly blue rectangles are a distinctive feature worth noticing as you pass by – a fun challenge for those who enjoy finding hidden details.

In the early 1970s, the house became an inn as it is to this day, welcoming guests from out of town as well as locals for music nights, book readings, art clubs and more.

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Foliage experts expect Vermont to have a colorful season

By CATHERINE HURLEY
VTDigger.org

It's already been a great year for hydrangeas, magnolias and lilacs in New England. Now, headed into Vermont's prime leaf-peeping season, foliage experts were predicting another strong, colorful showing.

"We see a fairly positive set of circumstances surrounding this year's prospects," Jim Salge, a former meteorologist at Mount Washington Observatory in New Hampshire, wrote in his annual fall foliage forecast for *New England Magazine*. "The forest looks healthy, vibrant, and full of energy, and therefore primed for a big show."

In Vermont, experts agree.

"Things are looking very good right now. We had a good growing season," said Josh Halman, forest health program manager at the Vermont Department of Forests, Parks and Recreation. Halman is part of a team that flies over the state each year to assess forest damage, and so far, he hasn't seen any negative impact on hardwood trees.

Foliage in Vermont peaks between mid-September and late-October, and over the season observers will first see red maple trees start to turn, mainly in the Northeast Kingdom and wetland areas.

"Those are just starting to come to life a little bit with their red colors," Halman said in mid-September.

At this point last year, fungal diseases posed the biggest concern for the foliage



season. According to Salge, trees in 2024 put more resources towards producing seeds, which left them more vulnerable to fungi.

"Last summer, the rains wouldn't stop, leading to a lot of fungus in the fall that muted much of our display," Salge wrote in his forecast. But with a mild winter and cool, long-lasting spring weather, "the

trees had a long season in which to store energy for this year."

Halman has seen the result of that growing season here in Vermont.

"We've seen a little bit of that this year," he said, referring to leaf fungi. "Didn't seem to have the same level of fungal activity on maple species as we did last year, so that's good."

Although forecasts predict a great foliage season, Halman warned that weather changes can cause last-minute changes to what is on display.

"It's worth saying," he said, that storms or heavy winds headed into peak season can strip foliage from trees and reduce the amount of color on the landscape. That kind of strong weather can change the timing and duration of peak season, though right now, things are looking good.

"It's really hard to forecast what's going to happen in the next few weeks in terms of weather," Halman said.

Ideal weather conditions for foliage include warm days and cool nights. For the forecast to stay bright, fall conditions need to cooperate, Salge said in his report.

"I'm hoping, beyond all hope, it makes for happy trees," said Jeff "Foliage"

Folger, a New England foliage blogger and photographer who describes himself as "mildly obsessive about leaves." (The nickname came from his editor at *Yankee* magazine, where Folger was the first foliage blogger.)

Folger, who lives in Salem, Mass., flew his drone above his home in the beginning of September and saw leaves already starting to turn, which he normally doesn't see until October. In Addison County, one season observer said he sees the first trees with red or orange foliage in mid-August, and this year has been no different. Despite that early color, the real show doesn't start until at least mid-September, and peak is several weeks to a month after that.

It's hit or miss whether early colorful leaves will also turn brown earlier than usual, Folger said.

"Every year we see some trees cause a panic," when their leaves turn and drop early, Folger said. "But it's not widespread." He said it's normal for there to be some early fall color, where a leaf or branch here and there turn before the rest.

With hope for a colorful season, Folger is upbeat for leaf peepers in Vermont.

"You always have the classics," he said.

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RECIPES

(Continued from Page 5)

Stamppot

“When I was growing up, we were allowed to choose our birthday meal and given that I’m a soup weather baby, stamppot was almost always my choice,” said Blue Cross Vermont Medical/Clinical Coding Specialist Maggie Roddy.

Ingredients

1-ish pound of dark leafy greens, finely chopped. Kale is traditional, but you can use endive, curly endive, chard or spinach

2-ish pounds of potatoes, sweet or not, peeled or not, cut into chunks — russets are best

1-ish (or more) pounds precooked sausage, knockwurst, kielbasa, bratwurst, etc., cut into chunks or not

Milk

Butter

Salt

Pepper

Directions

• In a soup pot, boil the kale and potatoes together in water until the potatoes are tender. Drain, saving some of the liquid.

• Mash the potato/kale mixture with butter and milk until it’s a soupy texture (not a mashed potato texture).

• You can loosen the potato/kale mix with the reserved water if you don’t want it to be too rich.

• Nestle the precooked sausage into the pot. Bring everything back to a simmer. Heat the sausage through.

• Season to taste with salt and pepper.

Make it your own. Maggie said that some people will brown off a pound of bacon lardons (small strips or cubes of fatty bacon) to dress it up, and some might toss in a bit of vinegar. She suggests playing with the ratio of kale to potatoes, or using different veggies altogether, like carrots or parsnips.

“IT’S REALLY **WHATEVER YOU WANT TO DO, JUST DON’T FORGET TO CALL ME FOR DINNER!”**

— Maggie Roddy



SARAH STOTT CUTS veggies for a soup she was making in her Bristol kitchen back in 2022 as part of the Kitchen Soup Project.

Photo courtesy of Sarah Stott

Cream of Broccoli Soup

“I NEVER MAKE THE SAME SOUP TWICE. **I THROW EVERYTHING IN BUT THE KITCHEN SINK... AND MEASUREMENTS? THEY DON’T EXIST. I JUST EYEBALL IT... I LOVE A GOOD CREAM OF BROCCOLI SOUP BUT WITH MY OWN TWIST!”**

— Amanda Bergeron, Blue Cross Vermont’s senior quality liaison

Ingredients

Broccoli

Cauliflower

Celery

Onion & Garlic

Veggie or Chicken Broth

Homemade roux using butter, flour and cream or milk

Optional: Quinoa, meat, cheese, green onion, scallion

Directions

• Boil fresh broccoli, cauliflower, celery, onion and fresh garlic. Amanda emphasizes that you can use whatever you have on hand, like squash, zucchini, carrot or potatoes. Cook the vegetables to your preferred degree of done, then add the broth.

• Make homemade roux to thicken the soup using butter, flour and cream (or milk). To do this, heat some butter in a saucepan, add some flour (about equal portions of each), let it brown just the slightest bit, then add the liquid and let it thicken as it heats.

• Add the roux to veggie mix when it’s at the consistency desired.

• Then mix in spices to taste. Amanda uses salt, pepper, garlic and nutmeg.

• Incorporate any personal additions like cooked quinoa or prepared meat.

• Once served, you can top it with cheese like fresh mozzarella or grated Cabot cheddar and sprinkle with green onion or scallion on top.



EMILY BRIDGES, A teacher at Middlebury’s Quarry Hill School adjusts the heat on a veggie soup a couple years back.
Independent file photo/Megan James

Mexicali Soup

Ingredients

1 lb. lean ground beef or turkey

1 chopped onion

1 can sliced or diced potatoes

1 can green beans, cut up

2 cans stewed tomatoes

1 can corn

1 can chickpeas

1 can kidney beans, drained and rinsed

1 can cut carrots

1 teaspoon basil

1 teaspoon oregano

1 teaspoon chili powder

Garlic powder, onion powder, salt, and pepper to taste

“THIS IS MY MOM’S MEXICALI SOUP. **WE LOVE IT, THE KIDS LOVE IT, IT’S A YEAR-ROUND SOUP THAT WE ASK FOR OFTEN.”**

— Julie Sancibrian,

Operations Manager of Blue Cross Vermont.

Directions

• Brown and drain beef or turkey in soup pot.

• Add chopped onion and cans of veggies, liquid and all (except for kidney beans).

• Add water or chicken broth to cover ingredients by a ½-inch.

• Season with oregano, basil and chili powder, then add garlic powder, onion powder, salt and pepper.

• Simmer until heated through.

Note: If using fresh potatoes and carrots, pre-cook them slightly before adding, or allow time for them to simmer until soft.

• Serve with shredded cheese, sour cream, and/or tortilla strips, if desired.

Live Music AROUND TOWN

There are numerous opportunities to catch a live music show in Addison County during the fall. Venues range from performance hall to local eateries to apple orchards. From classical to rock'n'roll, there's something for everyone.

Below is a list of shows:

Brett Hughes Honkytonk in Bristol. Thursday, Sept. 26, 7 p.m., South Mountain Tavern.

David O in Bristol. Friday, Sept. 27, 4-6 p.m., BCC Botanicals.

The Electrostatic Cats in Middlebury. Friday, Sept. 27, 4-7 p.m., Happy Valley Orchard.

Tom Van Sant in New Haven. Friday, Sept. 27, 5-7 p.m., Lincoln Peak Vineyard.

Andrea McCrady, carillonneur in Middlebury. Saturday, Sept. 28, 5 p.m., Middlebury Chapel.

Bird Boombox in Brandon. Saturday, Sept. 28, 11 a.m.-1 p.m., Kennedy Park.

The Yurtbags in Brandon. Saturday, Sept. 28, 4-6 p.m., Red Clover Ale.

Rambletree in Bristol. Saturday, Sept. 28, 7 p.m., South Mountain Tavern.

Sophie Shao and Friends in Middlebury. Saturday, Sept. 28, 7:30 p.m., Mahaney Arts Center.

John Lackard Blues Band in Monkton. Sunday, Sept. 29, 1-4 p.m., Yates Family Orchard.

David Karl Roberts in Brandon. Sunday, Sept. 29, 2-4 p.m., Red Clover Ale.

Jimmy Goodwin in Middlebury. Sunday, Sept. 29, 4-7 p.m., Tavern on the Tee/Ralph Myhre

Twangtown Paramours and The Almendros in Bristol. Wednesday, Oct. 2, 5-9 p.m., The Tillerman .

Remember Baker in Bristol. Thursday, Oct. 3, 7 p.m., South Mountain Tavern.

Soulshine Revival in Monkton. Sunday, Oct. 6, 1-4 p.m., Yates Family Orchard.

The Mamajamas in Brandon. Friday, Oct. 4, 7:30 p.m., Brandon Town Hall.

Bala Bila in Middlebury. Friday, Oct. 4, 7:30 p.m., Mahaney Arts Center.

The Morning Dudes in Middlebury. Saturday, Oct. 5, 3-6 p.m., Happy Valley Orchard.

Short Notice in Bristol. Saturday, Oct. 5, 7 p.m., South Mountain Tavern.

The Clements Brothers in Lincoln. Saturday, Oct. 5, 7:30 p.m., Burnham Hall.

Blues Without Borders in Brandon. Saturday, Oct. 5, 7:30 p.m., Brandon Town Hall

Carla Staffaroni Carillonneur in Middlebury. Saturday, Oct. 5, 5 p.m., Middlebury Chapel.

Elisabeth Von Trapp in Bristol. Sunday, Oct. 6, 4 p.m., Bristol Federated Church.

Leroy Preston in Vergennes. Saturday, Oct. 12, 7:30 p.m., Vergennes Opera House.

Sister Speak in Middlebury. Saturday, Oct. 12, 3-6 p.m., Happy Valley Orchard.

Chicky Stolz in Brandon. Saturday, Oct. 12, 4-6 p.m., Red Clover Ale.

The Tenderbellies in Monkton. Sunday, Oct. 13, 1-4 p.m., Yates Family Orchard.

Blues Without Borders in Bristol. Thursday, Oct. 17, 7 p.m., South Mountain Tavern.

Bloodroot Gap in Middlebury. Friday, Oct. 18, 3-6 p.m., Happy Valley Orchard.

The Morning Dudes in Bristol. Friday, Oct. 18, 6-8 p.m., BCC Botanicals.

Uncle Baby in Brandon. Saturday, Oct. 19, 4-6 p.m., Red Clover Ale.

Barbacoa in Bristol. Saturday, Oct. 19, 7 p.m., South Mountain Tavern.

Brett Hughes Honkytonk in Bristol. Thursday, Oct. 24, 7 p.m., South Mountain Tavern.

Scarlet Annie in Middlebury. Friday, Oct. 25, 3-6 p.m., Happy Valley Orchard.

Patrick Fitzsimmons in Brandon. Saturday, Oct. 26, 4-6 p.m., Red Clover Ale.

Bloodroot Gap in Brandon. Saturday, Nov. 1, 4-6 p.m., Red Clover Ale.

Remember Baker in Bristol. Saturday, Nov. 2, 7 p.m., South Mountain Tavern.

Jaded Ravins in Bristol. Thursday, Nov. 7, 7 p.m., South Mountain Tavern.

Russ Lawton & Friends in Bristol. Thursday, Nov. 14, 7 p.m., South Mountain Tavern.

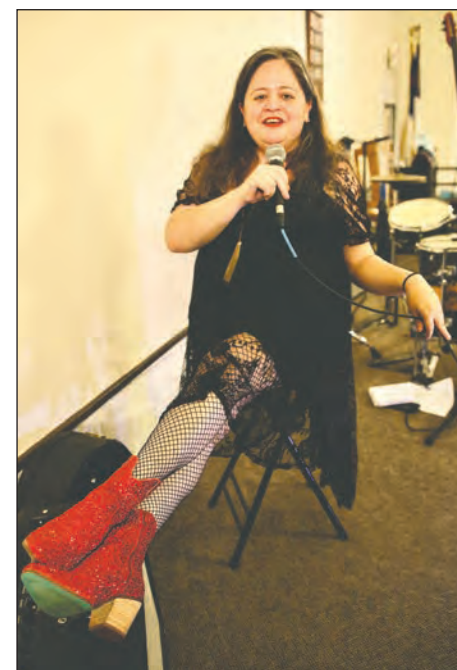
Blues Without Borders in Bristol. Thursday, Nov. 21, 7 p.m., South Mountain Tavern.



THE ALMENDROS



BLOODROOT GAP



SCARLET ANNIE



SOPHIE SHAO & FRIENDS



FIND MORE EVENTS IN THE
Fall Guide Calendar

(See Calendar on Page 17)

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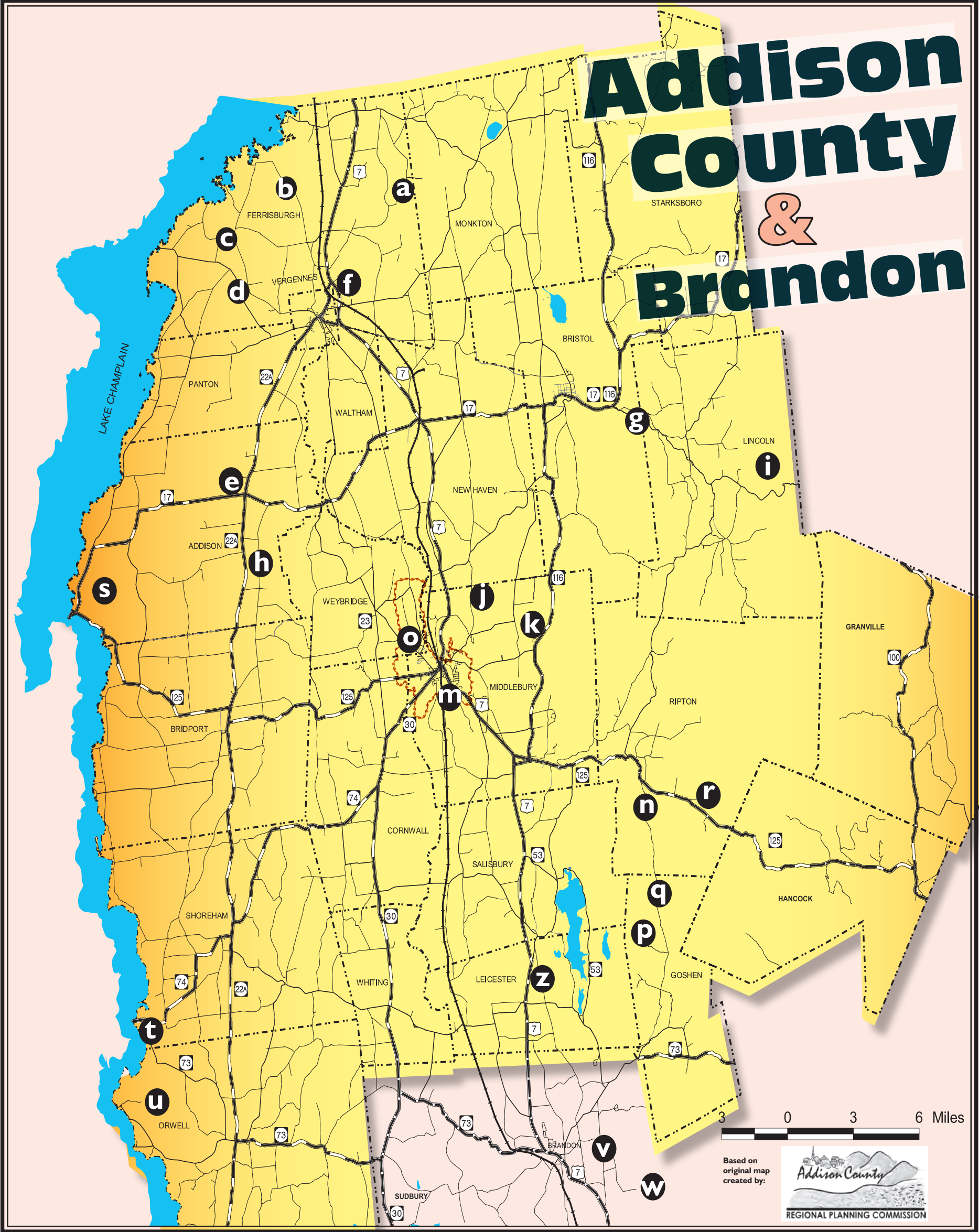


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Hot Spots KEY

a. Rokeby Museum, 45334 Route 7, Ferrisburgh. Underground Railroad site and prominent Quaker family farm. rokeby.org. Open through Oct. 13.

b. Kingsland Bay State Park, Ferrisburgh. Day use, nature path. vtstateparks.com/kingsland.html. Open through Oct. 14.

c. Button Bay State Park, Ferrisburgh. Overnight camping, nature trails. vtstateparks.com/buttonbay.html. Open through Oct. 14.

d. Lake Champlain Maritime Museum, Ferrisburgh. Traces the history of Lake Champlain, extensive indoor and outdoor exhibits, including boats. lamm.org. Free admission in 2023. Through Oct. 20.

e. Dead Creek Wildlife Management Area, Route 17, Addison. Home to migrating waterfowl, walking paths, and boat launches. vtfishandwildlife.com/watch-wildlife/dead-creek-visitor-center. Visitor Center open through Nov. 17.

f. Bixby Library, 258 Main St., Vergennes. Stained glass ceiling illuminates historic library and extensive collection of early arrowheads and other artifacts. bixbylibrary.org.

g. Lord's Prayer Rock, Bristol. In 1891, Joseph C. Greene paid a carver to engrave the Lord's Prayer on a huge rock sitting next to what is today Route 116. It's still an unusual roadside attraction. tinyurl.com/LordsPrayerRock.

h. Snake Mountain. Parking lot on Mountain Road in Addison. Family-friendly hike to beautiful vistas of Champlain Valley and Adirondacks. Don't leave valuables in the car. tinyurl.com/y5hw4w47.

i. Mount Abraham trail access, Long Trail, Lincoln. Summit includes 360-degree panorama. greenmountainclub.org.

j. University of Vermont Morgan Horse Farm, Morgan Horse Farm Road, Weybridge. Beautiful grounds featuring a leading breeding program for state's official animal. Tours daily. uvm.edu/cals/morganhorsefarm. Open through Oct. 26.

k. Henry Sheldon Museum of Vermont History, 1 Park St., downtown Middlebury. Tour the Judd Harris House, sculpture garden, ongoing exhibits and events. Fall shows feature collages and interesting collections created by locals plus more. henrysheldonmuseum.org.

m. Middlebury College. Campus tours available at admissions office. Event listings available at arts center ticket office. middlebury.edu.

n. Spirit in Nature Path, Goshen Road, Ripton. Immerse yourself in nature by walking any of the 13 different paths. spiritinnature.org.

o. Trail Around Middlebury. The "TAM" is a 19-mile footpath that encircles Middlebury and links several hundred acres of town land, conserved properties and other local landmarks. maltvt.org/tam.

p. Falls of Lana, Rattlesnake Cliffs, Silver Lake trails access, Salisbury-Leicester town line. newenglandwaterfalls.com/vermont.php.

q. Branbury State Park, Salisbury. Day use and overnight camping, kid-friendly sandy beach and extensive grass lawn, boat rentals. vtstateparks.com/branbury.html. Open through Oct. 14.

r. Rikert Outdoor Center, Ripton. Located on Middlebury College's Breadloaf Campus, take a walk on the ski trails before the snow flies and you will see some beautiful scenery. Another couple miles up Route 125 in Hancock is the Snowbowl, which offers foliage viewing on its ski lifts several times this fall.

s. Chimney Point State Historic Site, Addison. Chimney Point is the site of Native American, early French, and Revolutionary War-era settlement. Historic tavern was an important meeting place. Ongoing exhibits and tours. historicssites.vermont.gov/chimney-point. Open through Oct. 14.

t. Fort Ticonderoga (take the ferry from Shoreham across Lake Champlain to New York through Oct. 6 or take the Crown Point Bridge in Addison. Preserved Revolutionary War fort with extensive interpretation, guides, re-enactors, gift shop and many events. fort-ticonderoga.org. Open through Oct. 29.

u. Mount Independence State Historic Site, Orwell. A largely undisturbed Revolutionary War site. Visitors center with extensive exhibits and many interpretive trails. historicssites.vermont.gov/mount-independence. Open through Oct. 20.

v. Steven A. Douglas Birthplace & Museum, Route 7, Brandon. Town of Brandon museum located in historic birthplace of statesman Steven A. Douglas. Enjoy local history including architecture, industry, business, tourism, and immigration. brandon.org/things-to-do/the-brandon-museum.

w. Brandon Artists Guild, 7 Center St., Brandon. Gallery shows work from a diverse group of more than 30 artists in various media. brandonartistsguild.org.

z. Giant gorilla holding a VW, 2829 Route 7, Leicester. An unusual sight if you've never seen a nearly 20-foot-tall concrete gorilla hoisting a real car. roadsideamerica.com/story/11913.



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