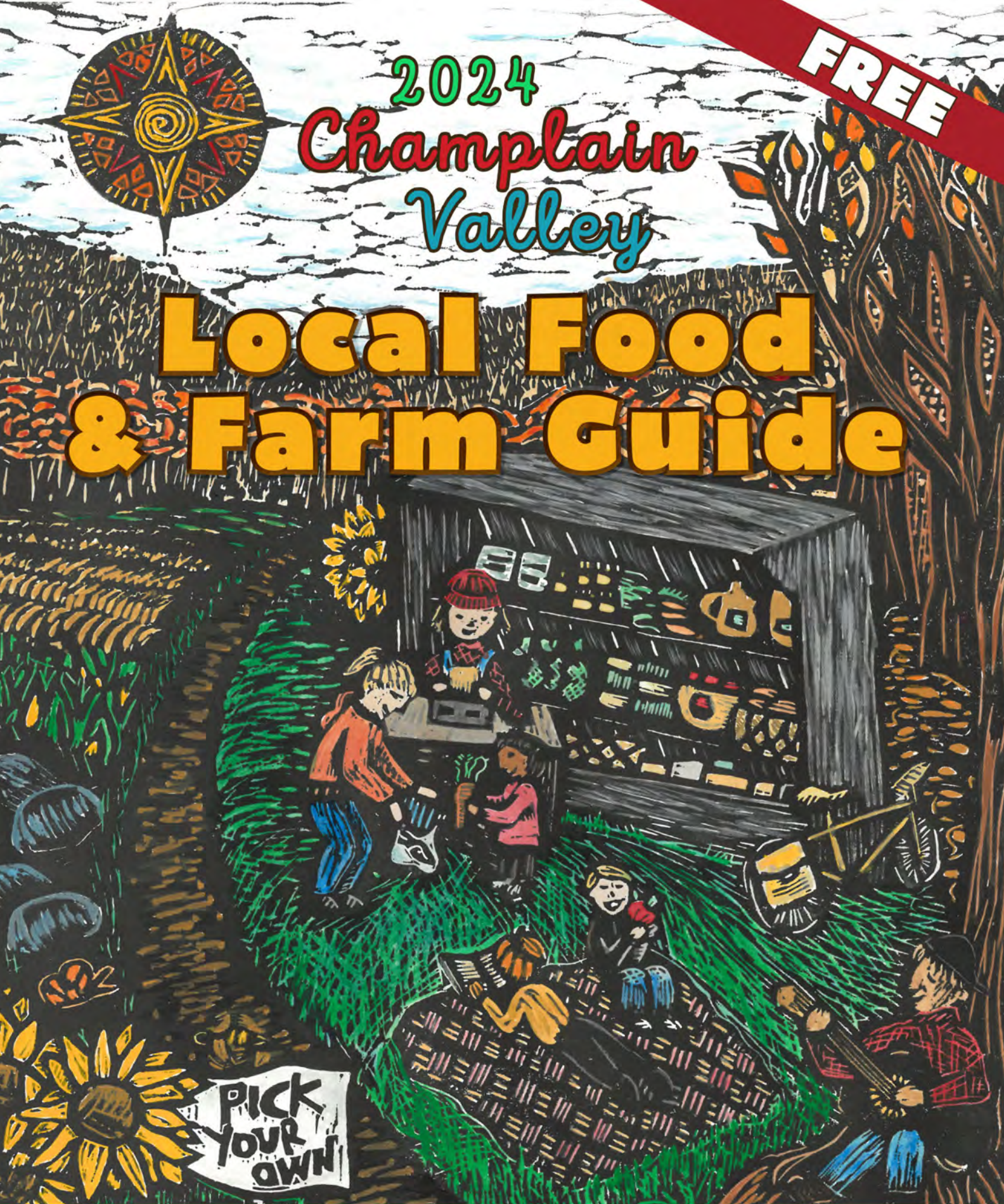


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2024 Champlain Valley

Local Food & Farm Guide



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Welcome!

Most, if not all, Vermonters can agree that small farms are one of our state's greatest assets. They are vital to rural economies, food security and our local food supply.

Vermonters also share the ability to withstand a rollercoaster of weather extremes. Lest we forget 2023's trifecta of F's (Freeze, wildFire, Flood)! Like the Winooski flowing through downtown Montpelier, these F's, among others, streamed out of mouths for months, creating personal whirlpools of shock, grief, and fear.

And yet, through that soggy summer of 2023, I felt a wave of gratitude for ACORN's founders who saw the writing on the wall nearly 20 years ago. ACORN has been working to mitigate some of the vulnerabilities we collectively face due to a changing climate since 2005 (visit our website to read our origin story).

In 2014, I shifted my own career to work in local food because of the same changing climate. Others may decide to work in food and agriculture because of food's wondrous ability to connect people and build bridges. It tastes awesome. It's fun to grow. It fills our bellies and energizes us. Food also lies at the fascinating intersection of health: for humans, animals, and the planet. This was my attraction to the work. Little did I know that 10 years later I'd be building a literal food hub to serve as a confluence for all of these entities.

Today, 18 months after we first rolled up our loading dock door, we are seeing the ACORN Food Hub's tangible effects. The Food Hub not only supports small farms, it also addresses many factors of the polycrisis including public health and wellbeing, economic inequality and community instability.

The Food Hub serves a triple purpose solution: by increasing market access for small scale farms and streamlining distribution, we lower greenhouse gas emissions. We are frontline to protecting small producers against ongoing consolidation across the food system. And, by providing critical storage and distribution infrastructure, we are baking redundancies into the food system in the form of coolers, freezers and vans. We also build community through programs such as Farmacy and the Farmer Climate Network.

The articles on the following pages cover many innovations and updates happening in our local foodshed. From the

mysteries of mushroom foraging to the multi-pronged practice of agroforestry, from the joys of small scale pig farming to the challenges of floriculture, from the philosophy of the *Right to Food* to the quandary of can farms scale, all of the folks featured in these articles, and the farms listed in the directory, also share something in common; they believe a better food system is possible. Not just better for the environment, but better for all of us.

Across political spectrums, geopolitical borders and ecosystems, *we* collectively hold the key to creating the food system *we* want to see: a food system that does the greatest public good with the least public harm. A food system that can grow food in abundance, provide our community with better access to nutritious foods, and honor farmers and farmworkers with dignified wages. A food system that cleans water, builds soil, and honors the animals (human and non-human alike) who are vital to healthy ecosystems.

I invite you to use this Guide as a resource to connect with the neighbors who tend the land where our food grows. They are the climate heroes who continue to transform our local food system.

Join us in supporting small scale agriculture, truly our region's greatest asset. Add our online market to your weekly grocery shopping routine, support a Farmacy farmshare, and/or come out and ride the Tour de Farms in September.

I look forward to seeing you out in the community!

With gratitude,

Lindsey Berk

Executive Director, ACORN



LINDSEY BERK

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LEARN MORE ABOUT ALL OF OUR PROGRAMS: WWW.ACORNV.T.ORG



ACORN

HOW TO USE THIS GUIDE:

Sample Directory Pages



Map



Index



- The Directory is organized alphabetically by town, with **farms listed alphabetically** within each town.
- A **map** in the centerfold illustrated where the farms are located. The numbers next to the farm indicate their listing number within the Directory, *not* their page number.
- If you're looking for a specific product, check our Index on Page 70.
- A searchable, digital version of the map and directory can be found at www.acornvt.org/map

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We are a community non-profit governed by a volunteer board whose mission is to promote the growth and health of local food and agriculture in Vermont's Champlain Valley.

Food and Farms



The **Champlain Valley Guide to Local Food and Farms** provides comprehensive information about our region's farms and serves as a year-round resource for buying local.



The **Tour de Farms**, the Champlain Valley's annual cycling and sampling tour of local farms, raises awareness of our county's bounty and promotes safe, sustainable transportation.



The Farmer Climate Network

This emerging network of farmers and community members will collaborate to mitigate the risks and adapt to the opportunities that a changing climate presents.

Food Economy



A **Food Hub** that drives local food for the whole community. This space in Middlebury hosts the aggregation, storage and distribution of local food. We're increasing access to markets for producers and increasing access to local food for everyone.



ACORN's **online market** streamlines wholesale and bulk purchasing on an e-commerce platform. The market aggregates products from multiple local farms onto one invoice, making it easier to purchase local food. "A local foods Costco."



ACORN is a member of multiple **statewide groups and communities of practice** to ensure we remain connected with our colleagues in the regional foodshed and continue to identify new opportunities for growers and food producers in the Champlain Valley.

Community + Culture



We publish a monthly e-newsletter, **Cultivating Connections**, to inform our community about farm and food-related news. Sign up for the newsletter at www.ACORNVT.org. To submit content, email info@acornvt.org.



The **Farmacy Food is Medicine** program connects families facing food insecurity and/or diet-related illness with free local farm shares (CSA) of organic fruits and vegetables, supplemented with nutrition & cooking information.



ACORN is a nimble network, a catalyst for developing local, sustainable and collaborative solutions that adapt to current times. **Please get in touch** if you'd like to work with us in the future.

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Agroforestry in Vermont's Champlain Valley

BY SUSAN SMILEY

Agroforestry is rooted in indigenous land management here in the U.S. and globally. The sophisticated management of trees, and integration of trees with other forms of agriculture and food production has always been commonplace among traditional agrarian and indigenous cultures. Today, most of the interest in agroforestry lies with farmers, who are seeking strategies that address climate change and land degradation.

There are five widely recognized agroforestry practices:

Today, most of the interest in agroforestry lies with farmers, who are seeking strategies that address climate change and land degradation.

planting windbreaks (linear plantings of trees and shrubs), riparian buffers (plantings that hold soil along the edges of streams and water bodies), silvopasture (interspersing trees at low density in grazing land), alley cropping (where food crops are produced in alleys between rows of trees) and forest farming (intentionally growing crops like mushrooms under the forest canopy).

A number of farms in the Champlain Valley are adopting agroforestry programs in these categories. Harrison's Homegrown in Addison is

creating silvopasture for their certified organic dairy operation. Milkers graze in lightly treed areas where there is room for grass to grow and where the animals can find shade in the heat of the day. In the fall the cows eat the fallen leaves, and in dry years they browse the brushy areas of the pasture even when the Harrisons



Chestnuts raised in air prune raised beds at Yellowbud Farm's nursery.

are supplementing with hay. Windbreaks along the laneways that the cows traverse to get from barn to pasture are being planted with fast and slow growing trees, which will also provide shade and habitat for pollinators. Trees are also being chosen for their varying resilience to extremes of temperature and rainfall levels. These include tulip poplars, willows, hickories and oaks.

While the Harrisons have been using agroforestry techniques for 15 years, only recently have they seen financial support become available for these practices. Covering the planning,

(See Agroforestry, page 8)



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Planting day for a block of chestnuts and hickories at Bending Birch Homestead.

Agroforestry continued from page 7

purchasing of plants, infrastructure building and planting costs presents a formidable challenge for established and beginning farmers. Several government support programs now exist, and longtime supporters and educators for agroforestry practices such as Interlace Commons in Bristol are training local service providers at the Natural Resource Conservation Service, and working with farms to accomplish projects.

Across the Champlain Valley to the east, Wild Roots Farm in Bristol is in their ninth year of silvopasturing. In establishing agroforestry practices on their small, diverse farm, Jon Turner and his family planted trees along the contour lines of their land and now graze their sheep and goats, rotating them through the trees. Six buffer zones are in evidence at the farm. These multi-species bands of plants include pollinators, conifers and other habitats and also serve as windbreaks. Wild Roots Farm will soon resume the practice of forest farming, planting mushrooms under their forest canopy and introducing ducks to control populations of slugs that might feed on their mushrooms.

As interest in agroforestry increases, so has the demand for



Harrison cow grazing amongst the trees.

tree and bush saplings and seedlings needed for planting. Meghan Giroux of Interlace Commons observes that there is a national plant shortage and she hopes that there will eventually be a state nursery in Vermont that is supported by the Department of Forests, Parks and Recreation. In the meantime, there are many small nurseries operating in New England teaching themselves the skills necessary to do their own propagation, as

(Continued on next page)



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Wild Roots Farm goats grazing.

well as seeking out cultivars with genetic diversity growing in the forests of New England and beyond.

Dwyer Haney in Starksboro has planted a blizzard of young trees and bushes on a 26-acre parcel once part of an upland dairy in that mountain town. Chestnuts, hickories and mulberries yield nuts with a long storage life and integrate well with grazing farm animals. Catalpas and locust trees are nitrogen fixing and are rot resistant. Paw paws are native and were spread across the landscape by indigenous people, along with hickories. Mulberries are one of the first tree fruits to come into bearing, with particularly delicious leaves for livestock.

Taproot Nursery in Cornwall does their own propagation from seeds, cuttings and plant divisions, focusing on trees and shrubs with edible fruits, roots, shoots and leaves, and aquatic perennial plants, seeking to support climate friendly food systems.

We all know the old proverb, The best time to plant a tree was 20 years ago. The second best time is now. These innovative farms and businesses are bringing that wisdom to life and are at the vanguard of creating a diverse and resilient food shed for our community to enjoy for years to come.



A grafted Kokuso mulberry, known for early heavy bearing, at Bending Birch Homestead.

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Alethea Bahnck stands with some of her Berkshire breed pigs at Vermont Heritage Grazers in Bridport. Bahnck raises the animals from birth to slaughter, giving them plenty of time in open pasture and non-GMO feed.

Vermont Heritage Grazers raises quality pastured pork in Bridport

BY NORA BROWN

In our changing agricultural landscape, finding ways to balance the health of our communities, ourselves, and our environment can feel like an impossible task. While it is difficult for smaller producers to succeed in an industry that increasingly favors bigger producers, awareness of the negative impacts of factory farming has helped support a growing market for local foods in Vermont and around the country.

Alethea Bahnck of Vermont Heritage Grazers is part of this growing trend. Since 2007 she has raised pastured pork for

wholesale in Bridport, converting what was a dairy farm into a “farrow to finish” operation of heritage breed pigs. “I found that there was a need for farm-raised, natural pastured pork on a year-round basis,” Bahnck explains. The Berkshire breed she chose grows more slowly than the common white Yorkshire, but the pork they produce is of a higher quality. Her pigs are born and raised on the farm until they are sent to slaughter, typically after 7-7.5 months. At any given time, she is typically

(See Pork, page 11)



Pork continued from page 10

raising around 350 pigs.

The small scale of her operation means that Bahnck can play a role in every step of the process. And she certainly takes a hands-on approach, emphasizing self-reliance. “Anything you want to know, you can pretty much figure out, at least I’ve found that,” she says. Pastured full-time in summer, her pigs are fed non-GMO grain feed in winter, which is ground and mixed on-site. Usually combining roasted soybeans and corn, Bahnck has also experimented with growing grains like barley, wheat, and rye. She also grows all the hay she uses for bedding, which she later dries, composts, and spreads back on her fields. Even in winter, her pigs have ample access to outdoor space attached to their barns: “It’s a short life, but a good one,” she says.

Bahnck’s self-reliance has helped her adapt to unforeseen challenges in the past few years. While her markets have since recovered, the COVID-19 pandemic temporarily cut her off from customers in Boston, a major blow to the business. Taking advantage of a Vermont Housing and Conservation Board pivot grant, she spent two years raising chickens in mobile trailers for Maple Wind Farm. The 2023 season threw more obstacles her way. Following two summers of drought, she found her pasture inundated with rainwater. “Last year, in late July and August, we actually had to pull the groups off pasture, because

“I found that there was a need for farm-raised, natural pastured pork on a year-round basis... It’s a short life, but a good one.”

— Alethea Bahnck

they were in standing water,” Bahnck explained, “so I’m very grateful that I had a barn full of hay left over from other years.”

Despite the challenges she has faced, Bahnck has found success delivering high-quality pork to her wholesale customers in Vermont and Massachusetts. She provides clients in Boston and Burlington as well as the Middlebury Natural Foods Co-op right here in Addison County with whole animals and packaged cuts. “People buying up in Burlington are supporting local, and it’s good pork,” she says. With its self-reliance and care for the environment, Vermont Heritage Grazers is just the kind of business that will drive Vermont’s sustainable and resilient food future.





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A beautiful cluster of bleeding fairy helmet mushrooms (*Mycena haematopus*) backlit by the sun.



Learn all about the fungi in VT

BY MEG MADDEN

Growing up in rural Vermont, my journey as a naturalist began at an early age. My parents' six-acre property — sandwiched between a swift river and open meadows — is a rich tapestry of hardwood forest and red cedar woodland, punctuated by ribbons of limestone ledge, and dotted with marshes and deep coldwater springs. Its staggering diversity of species created a sense of living in a real-life nature special.

Dozens of bird species flit between forest and feeders; rainbow trout course the cold river; deer graze the meadow, hiding their speckled fawns in the verdant shade of tall grass while bees and butterflies bustle among a colorful kaleidoscope of wildflowers; foxes dart silently through tangled thickets in pursuit of mice and rabbits; coyote packs howl and yip in the gully at night; and a trusting bobcat family leads its kits boldly through the gardens in broad daylight.

(See Fungi, page 15)

"Dozens of bird species flit between forest and feeders; rainbow trout course the cold river; deer graze the meadow, hiding their speckled fawns in the verdant shade of tall grass while bees and butterflies bustle among a colorful kaleidoscope of wildflowers...."



False turkey tail mushrooms (*Stereum lobatum*) are common hardwood decomposers.



Meg Madden holding a sunset-hued reishi mushroom (*Ganoderma tsugae*).

Photos courtesy of Meg Madden



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Fungi continued from page 13

Wildflowers were my first love — I knew when and where each species of violet first bloomed, and the precise location of a solitary red trillium plant. I would explore my forest playground for hours. Eventually, summoned for dinner, I would traipse home tired and happy, pockets full of treasures, reeking of garlic from nibbling on wild ramps.

Mushrooms, whimsical and mysterious, always fascinated me, but unsure of their toxicity, my parents forbade me to touch them. So for many years I admired them from a respectable distance, amassed a collection of field guides, and decorated my home with their images. In mid-March of 2020 my daughter and I were smitten by brilliant bowl-shaped scarlet elf cup mushrooms (*Sarcoscypha* sp.) discovered in the woods behind our house. Their beauty inspired me to seek out, photograph, and learn about every mushroom I could find. My curiosity quickly turned into a passion and a full-time career as a field mycologist, educator, and fungi advocate. I now lead mushroom walks, give lectures, and organize community science events throughout Vermont.

While conducting online research I discovered iNaturalist, a crowd-sourced platform where users record and share observations of plants, animals, fungi, and other organisms. Individuals document biodiversity through photos and notes, contributing to scientific and conservation efforts worldwide. My activity on iNaturalist began as a way to catalog and organize my personal




Indigo milk caps (*Lactarius indigo*), exude a bright cobalt blue liquid when cut or bruised.

findings, but I soon discovered a need for a comprehensive list of fungi species for Vermont. In January 2022 I created the Fungi Of Vermont project, and since its inception, over 82,000 observations representing more than 1,500 species of fungi have been recorded by nearly 8,000 observers.

Fungi are key organisms in every ecosystem. They cycle organic matter back into the environment, sequester carbon, and connect plants and trees via their vast mycelial network. Humans have barely begun to understand the extent of their significance, but a deeper understanding and appreciation of our fungal neighbors is essential to the health of our planet. If you or your organization are interested in attending or organizing an event please reach out to me at sporestoriesvt@gmail.com or on Instagram @spore.stories.

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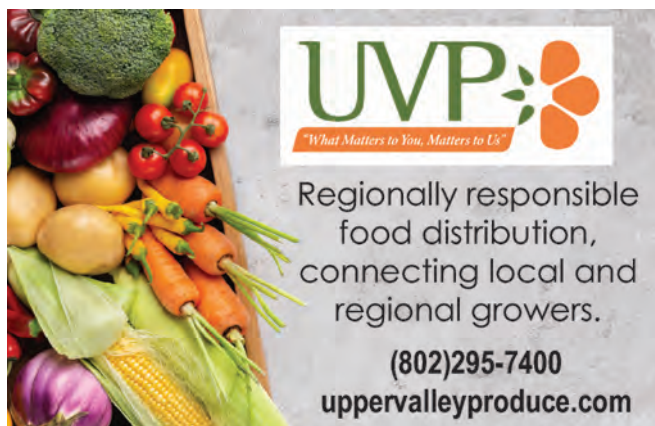
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Farm Directory

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1. Harrison's Homegrown



Melanie and Patrick Harrison | 8042 Vermont Route 22A
Addison | 802-759-2605 | ptpatrick@gmavt.net

PRODUCTS: Beef (available by the quarter, half, or whole at the farm by appointment), milk, hay

AVAILABLE: Farm direct by appointment

SERVICES: Kids camps, riding lessons, horse boarding, educational programs

2. Harwood Farm



Alden Harwood | 1582 Route 17E | Addison | 802-989-0479
aharwood802@gmail.com

Diverse, owner operated farm since 1991. Produce horse hay, vegetables, flowers, and honey. Value added products of pasta sauce, jelly, and piccalilli. Farmstand open 24/7 from May through October.

PRODUCTS: Assorted vegetables, sweet corn, herbs, flowers, jams and jellies, butternut squash, tomato pasta sauce, hemp, CBD, compost, hay, plants and starts, honey

AVAILABLE: Middlebury Summer Market, farm stand

SERVICES: Accepts EBT

AVAILABLE SEASON: Spring, Summer, Fall

3. Mike's Farm



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Benson

5. Cobble Knoll Orchard

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Pick your own apple orchard with a beautiful view in Benson, VT. New family-owned orchard with over 70 varieties of apples. Fresh-pressed cider, homemade cider donuts, Vermont hard cider, our own wood-fired maple syrup and Vermont artisan cheese.

PRODUCTS: Apples, peaches, squash, pumpkins, baked goods, sweet cider, maple

AVAILABLE: Farm stand, pick your own

6. Falkenbury Farm

Bob Ambrozaitis | 1520 Park Hill Road | Benson

802-537-2979 | joerobert@yahoo.com | falkenburyfarm.com

PRODUCTS: Rabbits, goats, beef

AVAILABLE: Farm direct

7. Little Sister Farm

Ben Jutzi | 2158 Stage Road | Benson | 812-202-1003

littlesisterfarms@gmail.com | littlesisterfarm.com

Started in the spring of 2023, Little Sister Farm is a market garden in the lower Champlain Valley focused on growing mixed vegetables using low impact sustainable practices.

PRODUCTS: Assorted vegetables and herbs, plants and starts

AVAILABLE: Rutland Farmers Market, local restaurants, farm stand

SERVICES: Farm stays

8. Maple Ridge Meats



Greg Hathaway | 464 Stage Road | Benson | 802-537-2811

mapleridgemeats@gmail.com | mapleridgemeatsvt.com

We are a full service USDA slaughter/processing facility and certified organic processor.

AVAILABLE: Facility direct

SERVICES: Certified organic meat processing

9. The Bur-Ger Farm

Sarah Hathaway | 1077 Stage Road | Benson | 802-537-3830

burgerfarmvt.com

The Bur-Ger Farm is a small, well-loved and operated family farm.

We raise and sell 100% grass fed beef, pasture raised pork, lamb, and farm fresh chicken. Our eggs are free range and cage free.

PRODUCTS: Beef, pork, lamb, chicken, eggs

AVAILABLE: Delivery to Rutland and Middlebury areas. Call or email to order. Rutland, Bristol, Shelburne, and Fair Haven Farmers Markets

10. Vermont Natural Beef

Bob Stannard | 1943 Stage Road | Benson | 802-537-3711

vermontnaturalbeef.com

PRODUCTS: Beef, custom cut and delivered

AVAILABLE: Online

Brandon

11. Country Blossoms Honey

Fred Putnam, Jr. | Brandon | 802-247-3323

countryblossomshoney@gmail.com

facebook.com/countryblossomshoney

Country Blossoms honey comes from Vermont country wildflowers.

Vermont Land Trust



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our future.

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Places to go and things to do at
vlt.org



Our honey is never heated or filtered (the definition of raw honey); it comes straight from our own hives just as our bees made it. Our honey won Best of Class and Best of Show at a VT Farm Show.

PRODUCTS: Sweet corn, honey, creamed honey, honey bee nucleus colonies, beeswax, honey favors for weddings, parties, and other events

AVAILABLE: Morningside Bakery and Pizza, Brandon Vermont Senior Citizens Center, farm direct by phone or email

SERVICES: Swarm removal, educational workshops for new and prospective beekeepers

AVAILABLE SEASON: Year Round

12. Funk's Farmin'

Matthew Funk | Brandon | 802-324-3846

facebook.com/groups/372361616285678

PRODUCTS: Eggs, pork, turkeys, chickens, ducks, herbs, baked and canned goods, assorted vegetables, prepared meals, plants and starts, lumber, tinctures, mushrooms

AVAILABLE: Farm direct by appointment, Middlebury Natural Foods Co-op, Rutland Co-op, Greg's Meat Market, Wooden Barrel Country Store

SERVICES: Tractor/trailer/truck maintenance, landscaping and hauling

13. Hamilton Cattle Company

Jamie Hamilton | 4960 West Creek Road | Brandon

802-353-0737 | hamiltoncattlecovt@gmail.com

hamiltoncattleco.com

Hamilton Cattle Company is a grass-fed, cow-calf to finish beef operation located in Florence, VT. Owned and operated by Jamie Hamilton, the farm sells beef direct to consumer, to local stores and restaurants, as well as regionally.

PRODUCTS: Beef

AVAILABLE: Farm direct, Baird Farm, Kamuda's Country Market, Wooden Barrel Country Store

SERVICES: Custom farming

14. High Pond Goat Farm

Stephen and Wendy Cijka | 1958 High Pond Road | Brandon

802-273-2655 | highpondgoatfarm@gmail.com

Small family run goat farm producing and selling fresh chevre, goat milk yogurt, goat milk lotion, and granola. We also raise chickens and slaughter pigs. Fresh eggs available occasionally.



PRODUCTS: Cheese, eggs, goat dairy, raw milk, yogurt, baked goods, soap and body products

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, Rutland Farmers Market, Brandon Farmers Market, farm direct, VFFC Online Market

AVAILABLE SEASON: Spring, Summer, Fall

15. Neshobe River Winery, Foley Brothers Brewery

Bob Foley | 79 Stone Mill Dam Road | Brandon | 802-465-8413

brewinginvermont@gmail.com | foleybrothersbrewing.com

PRODUCTS: Grape wine, cassis, beer

AVAILABLE: Winery/brewery direct, website

SERVICES: Tasting room

ONLINE STORE: Yes

16. Renaissance Farm

Diane Barrette | 1403 Arnold District Road | Brandon

802-236-6504 | renaissancefarmvermont@gmail.com

renaissancefarmvermont.square.site

We are a small, family run flower farm located in central Vermont that uses sustainable growing practices to keep our land as healthy as possible. We love what we do and hope you enjoy the flowers we grow for you.

PRODUCTS: Spring, summer, and fall flower varieties

AVAILABLE: Rutland Farmers Market, farm direct by appointment

SERVICES: Spring tulip subscription, floral services

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Visit www.AddisonCountyMaple.org



17. Spotted Dog Family Farm

Charles & Susan Whiting | 1516 Hollow Road | Brandon

802-247-6076 | cswhtng@aol.com

facebook.com/vermontirishdexters

Green World animal welfare approved.

PRODUCTS: Grass-fed, grass-finished beef, retail cuts, Dexter breeding stock, haylage in season

AVAILABLE: Farm direct, Cafe Provence

18. Wood's Market Garden



Dan and Elyse Wulfkuhle | 93 Wood Lane | Brandon

802-247-6630 | info@woodsmarketgarden.com

woodsmarketgarden.com

Wonderful family farm growing fresh veggies and fruits for the greater Brandon community and beyond for over 100 years. Certified organic crops and a wide selection of seasonal bedding plants and garden starts. Bustling farmstand located on Rt 7.

PRODUCTS: Assorted vegetables, sweet corn, herbs, flowers, apples, blueberries, melons, raspberries, rhubarb, strawberries, plants and starts, local eggs, meat, dairy, and more!

AVAILABLE: ACORN Food Hub, Farm stand, Middlebury Natural Foods Co-op, Rutland Food Co-op, City Markets, Healthy Living, farm direct, website

SERVICES: CSA, community events, farm events, floral services, pick your own

Bridport

19. Bridport Creamery

Nicole Foster | 3284 Lake Street | Bridport | 802-758-6800

bridportcreamery@gmail.com | bridportcreamery.com

Founded 2013 by Nicole Foster. Artisanal pasteurized and raw milk cheeses.

PRODUCTS: Artisanal cheese, pasteurized and raw milk cheeses, cheese curds, swisslerella, colby, aged tomme cheese

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, Greg's Market, wholesale, farm stand, The Skinny Pancake, Wheel Inn, Halfway House, 7 South Deli, website

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

20. Champlain Valley Alpacas at The Vermont Wedding Barn

Les and Jenny Foshay | 152 Merino Lane | Bridport

802-758-3276 | alpaca@wcvf.com | champlainvalleyalpacas.org

The longest operating alpaca farm in the region with National Show honors, offering highest quality crafting fleeces, natural beef and alpaca, grapes and leaves in season and our 300 person event barn, overnights and camping.

PRODUCTS: Beef, alpacas, catnip, grapes, eggs, grape juice and jelly, fiber, pelts, fleece, fine finished woven alpaca products, alpaca jerky

AVAILABLE: Farm direct

SERVICES: Breeding, community events, educational programs, farm events, farm stays/B&Bs, pick your own, weddings and large parties, hands on alpaca shearing experiences by appointment

21. Fairy Tale Farm

Alissa Shethar | 1183 VT Route 125 | Bridport | 802-265-5646

info@fairytalefarm.net | fairytalefarm.net

Sheep dairy and creamery producing sheep and cow milk cheeses and sheep milk gelato, kettle dyed yarns and blankets.

PRODUCTS: Cheese, eggs, sheep dairy, gelato, fiber, wool, roving

AVAILABLE: Burlington Farmers Market, Dedalus Cheese and Wine, Middlebury Natural Foods Co-op, Mad River Taste Place, Vergennes Laundry and more

SERVICES: Farm events, accepts EBT

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AVAILABLE SEASON: Year Round
ONLINE STORE: Yes

22. Hemenway Hillbillies/Myrick Maple Works

Cindy/Steve/Steve Jr. Myrick | Bridport | 802-236-8800
 Myrick@middlebury.edu

We are a multi-generational family operation located in Bridport making Vermont maple syrup the slow old-fashioned way, no reverse osmosis, still using an open-pan wood-fired evaporator.

PRODUCTS: Maple syrup, value-added products like maple sugar, maple coconut crunch and maple glazed nuts made to order year 'round.

AVAILABLE: Farm direct (phone/text orders, at the sugarhouse during the season), Broughton's Farm Supply and Pratt's Store

SERVICES: Shipping and delivery

23. Little Ditty Farm

Jessica Addis | 642 Route 22A | Bridport | 802-349-3441
 Jessica@littledittyfarm.org | littledittyfarm.org

Goat milk soap, bath bombs, lotion bars, scrubs

PRODUCTS: Goat milk soap, caramels, fudge and bath products, free range eggs

AVAILABLE: Pratt's Store, website

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

24. Long Cloud Farm

Stephen Clark | 2069 VT Route 125 | Bridport | 646-509-5560
 Longcloudfarmvt@gmail.com | longcloudfarm.com

PRODUCTS: Lamb

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op

SERVICES: Breeding, contract grazing

25. Morgan Hill Farm

Cheryl Connor | 2710 Route 22A | Bridport | 802-349-8635
 mhfarms@gmavt.net

Morgan Hill Farm is owned by Jerry and Cheryl Connor. We relocated the farmstand and now have 600 chickens at our home farm. We sell eggs at our farmstand and at the Middlebury Natural Foods Co-op. Stop by and try some of our restaurant quality eggs. Oh, and you will love the view!

PRODUCTS: Eggs

AVAILABLE: Middlebury Natural Foods Co-op, Haymaker Bun Company, Tourterelle, farm stand

AVAILABLE SEASON: Year Round

26. Shallow Rock Farm

Lynn Clohessy | 603 Market Road | Bridport | 802-758-2979
 lynnffmfd@yahoo.com

Growing flowers, vegetable and perennial starts since 2012.

Offering a large selection of favorites as well as new and other unique fun finds.

PRODUCTS: Plants and starts

AVAILABLE: Farm stand

AVAILABLE SEASON: Spring

27. Understory Farm

Gregory Witscher | 2076 East Street | Bridport | 802-282-6738
 understoryfarmvt@gmail.com | understoryfarmvermont.com

PRODUCTS: Flower subscriptions, flowers for weddings & events

AVAILABLE: Vermont grocery stores, website

ONLINE STORE: Yes

Bristol

28. Bristol Community Gardens

Catherine Cover | 416 Hewitt Road | Bristol | 802-453-4855
 ccover@gmavt.net | bristolcommunitygarden.weebly.com

Bristol Community Gardens offers garden space for residents of the 5-Town area. We are located on farmland on Hewitt Road, 1 mile from Bristol Village. Gardeners pay per square footage of their garden plot. We are committed to organic methods.

PRODUCTS: Assorted vegetables

SERVICES: Community events, community garden plots

29. Emerald Rose Grows

Greg Newman | 11 Main Street | Bristol | 802-453-4797
 emeraldrosefarms@yahoo.com | emeraldrosegrows.com

We're a cannabis farm in downtown Bristol.

PRODUCTS: Soil amendments, soil mix, lights, fans, nutrients, grow tents, novelty seeds

AVAILABLE: Retail direct, website

ONLINE STORE: Yes



**Bristol
Farmers
Market**

EVERY MONDAY

JUNE 3 - SEPT 30

3:00 - 7:00 PM

BRISTOL TOWN GREEN



30. Farmhouse Chocolates

Eliza and Erlé La Rocca/LaBounty | 25B Mountain View Street
Bristol | 802-349-6228 | info@farmhousechocolates.com
farmhousechocolates.com

This isn't just chocolate. It is an invitation to slow down. Expand, light up, be still. Just for a moment. Savor.

PRODUCTS: Handmade truffles, caramels & chocolate bars crafted with organic, fair trade, soy-free chocolate. Some vegan options. Mostly dark chocolate with a few milk chocolate options, too!

AVAILABLE: Factory store, on our website and Etsy for year-round, nationwide delivery. Middlebury Natural Foods Co-op, Healthy Livings, City Markets, Hunger Mountain Food Co-op, and outside of VT

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

31. Firefly Fields



Nathan Hammer | Bristol | hammer.nathan@gmail.com
fireflyfields.org

Firefly Fields is a diversified market garden. It grows a wide range of crops, but is best known for its strawberries and Sungold cherry tomatoes. Its goal is to produce high quality and affordable crops for the local community.

PRODUCTS: Assorted vegetables, raspberries, strawberries, cherry tomatoes

AVAILABLE: Middlebury Natural Foods Co-op

32. Gateway Farm

Abby Roleau | 506 North 116 Road | Bristol | 802-453-5263
thegatewayfarm@gmavt.net | thegatewayfarm.com

PRODUCTS: Maple syrup, beef, pork, poultry, lamb, corn, squash, tomatoes, cucumbers, apples, peaches

AVAILABLE: Farm stand and 25B Mountain View Street, Bristol (check website for hours), website

SERVICES: Pick your own pumpkins

ONLINE STORE: Yes

33. Hogback Mountain Brewing

Samantha Sawyer | 372 Rockydale Road | Bristol
802-643-2304 | sam@hogbackbrew.com | hogbackbrew.com

Founded in 2015, Hogback Mountain Brewing is a nano-brewery embracing the concept of local supporting local. Owned and operated by Jamie and Samantha Sawyer, Hogback Mountain crafts hyper-local traditional styles infused with a Vermont flair. Head brewer, Sam, utilizes key ingredients from local producers in Vermont and as close to home as possible.

PRODUCTS: Hyper-local beer

AVAILABLE: Distributed across the state

SERVICES: Private events in the taproom, including farm to table fare from Lucky Star Catering

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes



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34. Interlace Commons

Meghan Giroux | 9 Pleasant Street | Bristol | 802-578-0829
info@interlacecommons.org | interlacecommons.org

Interlace Commons aims to connect people with information about the functionality and implementation strategies of ancient and modern forms of agroforestry. We achieve this by exploring the intersectionality of two siloed disciplines "agriculture and forestry" through programming and farm-driven research initiatives supported by academic and community partners.

PRODUCTS: Edible trees and bushes, perennial vegetables, nursery, agroforestry consultation

AVAILABLE: Nursery direct

SERVICES: Design, installation and establishment of ecologically regenerative landscapes. Site evaluation, planning and development, agroforestry consultation

35. Little Hogback Farm

Matthew Davis | 2365 Lower Notch Road | Bristol
 802-598-8204 | littlehogbackfarm@gmail.com
littlehogbackfarm.com

PRODUCTS: Maple products: maple syrup, maple cream, maple sugar

AVAILABLE: Middlebury Natural Foods Co-op, Waitsfield Farmers Market, website

ONLINE STORE: Yes

36. Lower Notch Farm

Matt Bryan | 1946 Lower Notch Road | Bristol | 410-370-5239
lowernotchfarm@gmail.com | lowernotchfarm.com

PRODUCTS: Blueberries, Flowers

AVAILABLE: Farm direct, Middlebury Farmers Market, Bristol Farmers Market

SERVICES: Pick your own, wholesale

37. Mayer Maple Producers

Alan and Cindy Mayer | 4395 South 116 Road | Bristol
 802-453-5129 | clsmayer@gmail.com

PRODUCTS: Maple syrup

AVAILABLE: Precision Print & Copy in Vergennes, direct sales, free local delivery

38. Norm Booska

Norm Booska | 149 Lower Notch Road | Bristol | 802-453-5653

PRODUCTS: Raspberries, black raspberries, blackberries

AVAILABLE: Middlebury Natural Foods Co-op

39. savouré soda

Jess Messer | 26 Main Street | Bristol | 802-734-4236
jess@savouremtl.com | savouremtl.com

Check out our website for a full list of stockists of canned veggie seltzers and bottled sodas, and online ordering. Follow us on Instagram @savouremtlvt for latest news and updates on Tandem events and rotating flavours.

PRODUCTS: On tap and bottled seasonal sodas and canned seltzer

AVAILABLE: Available at Tandem, our production kitchen in Bristol

40. V Smiley Preserves

V Smiley | 16 Main Street | Bristol | vpreserves@gmail.com
vsmileypreserves.com

V Smiley Preserves makes honey-sweetened, no added pectin preserves with an emphasis on regional fruit and aromatics. We manufacture our product at Minifactory in downtown Bristol where you'll also find the preserves on the food & drink menu.

PRODUCTS: Jams, preserves, marmalade

AVAILABLE: Middlebury Natural Foods Co-op, Burlington Farmers Market, Minifactory

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

41. Wild Roots Farm

Jon Turner | 195 Harvey Road | Bristol | 802-377-1214
wildrootsfarmvt@gmail.com | wildrootsfarmvermont.com

Wild Roots Community Farm is a veteran-owned 10 acre operation dedicated to resilience through food systems education and wilderness living skills. Wild Roots offers workshops, and activities in agroforestry, animal husbandry, ecological design, survival, wilderness medicine and functional fitness.

SERVICES: Education and workshops

AVAILABLE SEASON: Summer, Fall

42. Yore Fare Farm

Anthony Myrick | Bristol | anthony.myrick@hotmail.com
 I've raised pastured poultry, eggs, pork and beef since 2009.

PRODUCTS: Beef, poultry, pork, eggs

AVAILABLE: Farm direct

AVAILABLE SEASON: Year Round

Charlotte

43. Adam's Berry Farm



Adam Hausman | 985 Bingham Brook Road | Charlotte
 802-578-9093 | info@adamsberryfarm.com | adamsberryfarm.com

Adam's Berry Farm is a community-oriented farm that grows delicious certified organic strawberries, blueberries and raspberries. Over the last 20 years the farm has created community through food and berries. Enjoy fresh berries, popsicles and sorbet at the farm stand and at pick your own (check the website for what's available).

PRODUCTS: Strawberries, blueberries, raspberries, pears, melons, pumpkins, flowers, eggs, jams and jellies, popsicles, sorbet and frozen berries

AVAILABLE: ACORN Food Hub, farm stand, City Market, Healthy Living, Burlington Farmers Market, wholesale

SERVICES: Pick your own berries and flowers, educational programs and event space

AVAILABLE SEASON: Summer, Fall

44. Allen Family Maple

David Allen | 82 Split Rock Road | Charlotte | 802-734-1105
mansfield@gmavt.net | mansfieldforest.com

David and Jane Allen have been marketing their maple syrup for over



30 years. We ship syrup throughout the U.S. and to Europe.

PRODUCTS: Maple syrup

AVAILABLE: Gilfeather's, Charlotte General Store, the Old Brick Store, website

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

45. Charlotte Village Winery

William Pelkey | 3968 Greenbush Road | Charlotte
802-425-4599 | info@charlottevillagewinery.com
charlottevillagewinery.com

PRODUCTS: La Crescent, Merlot, Cabernet, Chardonnay Wine, three styles of Blueberry wine and other sweet wines

AVAILABLE: Vineyard direct

SERVICES: Tasting room open May through December, free wine tasting, phone to order

46. Fat Cow Farm

Peter Trono | 800 Bingham Brook Road | Charlotte
802-343-3254 | fatcowfarmstore@gmail.com

PRODUCTS: American-style Wagyu beef, pork, lamb, seasonal poultry, maple syrup, honey

AVAILABLE: Farm store, Spear's Corner Store, Shelburne Tap House, Backyard Bistro

47. Golden Apple Family Farm

1052 Whalley Road | Charlotte |

goldenapplefamilyfarm@gmail.com | goldenapplefamilyfarm.com

Golden Apple Family Farm is a diversified orchard and farm in Charlotte, Vermont. We offer seasonal vegetables, flowers, and fruit. Our year-round farmstand features pastured, heritage chicken, lamb, pork, eggs and raw honey.

PRODUCTS: Poultry, pork, lamb, assorted vegetables, sweet corn, herbs, flowers, apples, blackberries, melons, peaches, pears, plums, raspberries, strawberries, eggs, sweet cider, jams and jellies, honey

AVAILABLE: Farm stand, website

SERVICES: Farm events

48. Grass Cattle Company

Steve Shubart | 1677 Hinesburg Road | Charlotte | 802-363-4575
steve@grasscattlecompany.com | grasscattlecompany.com

Visit our heated ranchstand steakshop for 100% grass-fed & finished, antibiotic & hormone-free beef, raised regeneratively on our ranch. We're open every day from 8am-8pm. Self-checkout on iPad. Credit card only. Eggs too! @GrassCattleCompany

PRODUCTS: Beef cuts, beef bundles, pasture-raised eggs, tallow soap

AVAILABLE: Ranchstand

AVAILABLE SEASON: Fall, Winter

ONLINE STORE: Yes

49. Greylaine Farm

Michael Kirk | Charlotte | 802-349-4994

greylainefarm@gmail.com | greylainefarm.com

Dorset x Ile de France Sheep raised on pasture in Charlotte.

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mtnsidemapple@gmail.com
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Middlebury College



PRODUCTS: Lamb, mutton, wool, pelts

AVAILABLE: ACORN Food Hub, farm direct, wholesale

AVAILABLE SEASON: Fall and winter

50. Hands and Heart Farm

Katherine Knox | Charlotte | 802-233-2640

katherineknox11@gmail.com | handsandheartfarm.com

Family owned and run sheep farm which is the home to a herd of traditional, registered Border Leicester and Romney sheep raised with love and respect for the breeds, the environment and the individuals.

PRODUCTS: Lamb, mutton, fiber, wool, pelts, fleece, roving

AVAILABLE: Norwich Knits, Must Love Yarn, farm direct

51. Head Over Fields



Katie Rose Seward | 6035 Ethan Allen Highway | Charlotte

802-425-5866 | headoverfieldsvt@gmail.com

headoverfieldsvt.com

Head Over Fields is cultivating 5 acres of certified organic vegetables in the Champlain Valley. Our farm stand is conveniently located on Route 7 near Mount Philo State Park and is open 5 days/week April-November. We offer Spring, Summer and Fall CSA Shares and can be found at the Shelburne Farmers Market on Saturdays May-October.

PRODUCTS: Assorted vegetables, herbs, flowers, plants and starts, wreaths and baskets, honey

AVAILABLE: ACORN Food Hub, CSA, farm stand, Shelburne Farmers Market

SERVICES: CSA, wholesale, floral services

52. High Hedge Farm

Bruno Murphy | 69 Ashe Road | Charlotte | 802-373-8378

bandt98@gmail.com |

PRODUCTS: Wholesale hay, feeder cattle

AVAILABLE: Farm direct, call to order

53. Nitty Gritty Grain Co. of Vermont



Catherine Kenyon | 4458 Lake Road | Charlotte | 802-425-4544

ckenyon@nittygrittygrain.com | nittygrittygrain.com

All of our grains come from our farm, Aurora Farm, in Charlotte. They are single source grains which adds to their integrity.

PRODUCTS: Pancake/muffin mix, whole grain cornmeal, unbleached all purpose white flour, wheat berries, four different types of flour

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, Healthy Living, City Market, Lantman's, Jericho Market, local restaurants

54. Pelkey's Blueberries

3968 Greenbush Road | Charlotte | 802-425-3281

PRODUCTS: Blueberries, jam, pies, creemees

AVAILABLE: Farm direct

SERVICES: Pick your own

55. Plum Hill Farm

201 Line Drive | Charlotte | 802-310-2803

plumhillfarm@gmavt.net | plumhillfarm.com

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lucasfamilyfarmllc@gmail.com



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stone fruit, plums, peaches, cherries

PRODUCTS: Plums, peaches, cherries

AVAILABLE: Burlington Farmers Market

56. Rise 'n Shine

343 Root Road | Charlotte | 802-264-1913

peter@risenshine.farm | risenshine.farm

We deliver milk six days a week, year round. We deliver to 10 towns on a weekly basis. We currently offer products from 30+ farmers on our home delivery routes. 200 products delivered to your door.

PRODUCTS: Bottled milk

AVAILABLE: Farm stand, home delivery

AVAILABLE SEASON: Year Round



57. Shakey Ground Farm

David Beckwith | 289 Converse Bay Road | Charlotte

802-425-2448 | info@shakeygroundfarm.com

PRODUCTS: Vegetables, berries, mushrooms, grass fed lamb, grass fed beefalo, pastured eggs, chicken, wool, fiber

AVAILABLE: Farm stand, spring, summer, & fall CSA, Shelburne Farmers Market, Shelburne Supermarket, Rise & Shine Market, local restaurants

SERVICES: Spring, summer and fall vegetable CSA

ONLINE STORE: Yes

58. Sobremesa

Caitlin and Jason Elbersen | Charlotte | 802-279-3444

sobremesavt@yahoo.com | sobremesavt.com

PRODUCTS: Kimchi, sauerkraut, kombucha, fire cider, elderberry syrup

AVAILABLE: ACORN Food Hub, Middlebury Co-op, City Market, Burlington Farmers Market, website

ONLINE STORE: Yes

59. Stony Loam Farm

Dave Quickel | 2755 Hinesburg Road | Charlotte

802-238-0255 | stonyloamfarm@hotmail.com

stonyloamfarm.com

PRODUCTS: Assorted vegetables, flowers

AVAILABLE: City Market, Healthy Living, Shelburne Supermarket, American Flatbread Burlington, Archie's, Stone Soup

SERVICES: Summer vegetable and flower CSA

60. Sparrowhawk Farm



Phoebe Judge | 200 Higbee Road | Charlotte | 802-349-1301

phoebe@sparrowhawkfarmvt.com | sparrowhawkfarmvt.com

We are a cut flower farm in Charlotte. We grow organically, using low-till and regenerative methods on five acres. Started in 2023, we grow flowers for our CSA, florists, and events. We are focusing on incorporating native flowers into event florals.

PRODUCTS: Flowers, blackberries, currants

AVAILABLE: City Market, Healthy Living, farm stand

SERVICES: Community events

61. Sweet Roots Farm



Jane MacLean | 4702 Ethan Allen Highway | Charlotte

802-425-3652 | jane@sweetrootsvt.com | sweetrootsvt.com

PRODUCTS: Assorted vegetables, blueberries, strawberries

AVAILABLE: ACORN Food Hub, farm stand

SERVICES: Pick your own blueberries, CSA

Cornwall

62. Bread Loaf View Farm

Kenn Hastings | 486 Cider Mill Road | Cornwall | 802-349-1755

maplekenn@gmail.com | breadloafviewfarm.com

Bread Loaf View Farm, established in 1985, produces all grades of pure maple syrup and value added products. We offer farm store pickup, online sales and ship our products worldwide. Private label and wedding favors are a specialty.

PRODUCTS: Specialty products including Bourbon infused syrup, maple cream, fudge, granulated sugar, candies, granola, hot sauces, honey and gift packs

AVAILABLE: Addison West, Costello's Market, Frog Hollow, Champlain Valley Apiaries, Zeno House, website

SERVICES: Farm tours during spring and fall, open house events, private tours by appointment

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

63. Cutting Hill Beef



Ramsey/Caroline Mellish | 2438 South Bingham Street | Cornwall

603-306-7921 | info@cuttinghillbeef.com | cuttinghillbeef.com

PRODUCTS: Organic beef

Common Ground Center
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AVAILABLE: Farm direct, website

ONLINE STORE: Yes

64. The Knoll

Middlebury College students | 152 VT-Route 125 | Cornwall
802-443-5788 | knoll@middlebury.edu
go.middlebury.edu/knollhours

The Knoll (formally Middlebury College Organic Farm) is a space for students and the community to explore the transformative potential of food as a medium to cultivate justice of all kinds. The Knoll sits on the edge of the TAM and is run by students under the mentorship of Megan Brakeley '06. Join us for gardening and events of all kinds!

PRODUCTS: Diversified vegetables, herbs, flowers, and fruit for community and campus partners

SERVICES: Community and local school partnerships, Serenity Garden and labyrinth, and events

65. Lemon Fair Honey Works

Andrew Munkres | 2703 West Street | Cornwall
ajmunkres@yahoo.com | lemonfairhoneyworks.com
Treatment-free.

PRODUCTS: Honey and comb honey from untreated bees, queen bees, nucleus colonies

AVAILABLE: Middlebury Natural Foods Co-op, City Market, Healthy Living, Champlain Orchards, Rutland Area Food Co-op, Hunger Mountain Co-op, Wine and Cheese Traders, Jake's ONE Market, wholesale

SERVICES: Please email to sign up for nucleus colonies

ONLINE STORE: Yes



66. Rowe Crest Farm

Daniel Rowe | 123 Lambert Lane | Cornwall | 802-349-4530

PRODUCTS: Grass-fed beef, organic hay, grass-fed steers for finishing

AVAILABLE: Farm direct

67. Sunrise Orchards

Chris and Barney Hodges | 1287 N. Bingham Street
Cornwall | 802-989-0694 | chodges@sunriseorchards.com
sunriseorchards.com

Sunrise Orchards is a family owned and operated 150 acre orchard on a beautiful ridge in West Cornwall. We have a diverse range of offerings including a secluded pick your own area, farmstand, on-site

packing house and acres of wholesale cider orchards.

PRODUCTS: Cider, donuts, 12 varieties of eco-certified apples, pies, turnovers, applesauce and many other Vermont made and grown products in our farmstand

AVAILABLE: Middlebury Natural Foods Co-op, Greg's Market, Pratt's General Store, farm direct

SERVICES: Pick your own in season at 1333 N Bingham St, Cornwall

68. Twig Farm

Michael Lee | 2575 South Bingham Street | West Cornwall
twigcheese@gmail.com | twigfarm.com

PRODUCTS: Goat's milk cheeses

AVAILABLE: Middlebury Natural Foods Co-op, City Market, Healthy Living, website

SERVICES: Farm stays/B&Bs

ONLINE STORE: Yes

69. Williams Farm Maple

Kevin Williams | 5283 Route 30 | Cornwall | 802-771-7307
blueribbonvtmaple.com

PRODUCTS: Maple syrup, maple products

AVAILABLE: Farm direct, website

ONLINE STORE: Yes

70. Windfall Orchard

Bradley Koehler | 1491 Route 30 | Cornwall | 802-462-3158
bradk@shoreham.net

Family run orchard with over 100 apple varieties. We sell local farmstead cheeses and other local products.

PRODUCTS: Apples, plums, pears, blueberries, farmhouse hard cider, ice cider, fresh pressed cider, homemade soup and stew, and woodfired par-baked pizza

AVAILABLE: Middlebury Natural Foods Co-op, farm stand

SERVICES: Catering, farm tours, wedding/event site, pick your own

AVAILABLE SEASON: Spring, Summer, Fall

Ferrisburgh

71. Dakin Farm

Sam Cutting | 5797 Route 7 | Ferrisburgh | 1-800-99DAKIN
customerservices@dakinfarm.com | dakinfarm.com

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PRODUCTS: Pure Vermont maple syrup, smoked meats, artisan cheese, Vermont clover honey, preserves, specialty gifts and so much more!

AVAILABLE: Retail stores in Ferrisburgh and Burlington, website

ONLINE STORE: Yes

72. Dream in Color

Muff Parsons-Reinhardt | 286 Old Hollow Road | Ferrisburgh
802-881-4880 | muff.parsons@uvm.edu |

Dream In Color was established in 2010. Muff & Paul do a home business making jams, pickles, beaded jewelry and unique wooden items.

PRODUCTS: Pickles, pickled fiddleheads, dilly beans, dill pickles, tongue pickles, Bread & Butter pickles, sweet and hot pickled peppers, 24 flavors of jams, wood products

AVAILABLE: Craft shows, farm direct. Pickled Fiddleheads sold at Fiddlehead Brewing Company.

73. Earth House Farm

Finn Yarbrough | 4215 Sand Road | Ferrisburgh
802-877-6288 | finn.yarbrough@gmail.com

PRODUCTS: Live lambs for purchase

AVAILABLE: Farm direct, call ahead for pick-up

74. Fern Bridge Farm

Kelly Otty | Ferrisburgh | 802-793-2218
fernbridgefarm@gmail.com | fernbridgefarm.com

We raise Shetland sheep for their incredibly warm, soft, versatile wool. We have the wool processed in Vermont mills and dye it ourselves. We offer educational farm experiences, knitting & spinning lessons, yarn, roving, fleeces, and sheep for sale.

PRODUCTS: Wool, fleece, roving, fiber, yarn, knitting & felting kits, eggs, honey

AVAILABLE: Farm direct

SERVICES: Breeding, educational programs, farm events

75. Flowerpower VT

Anne Matthews | 991 Middlebrook Road | Ferrisburgh
802-877-3476 | flowerpowervermont@gmail.com
flowerpowervt.com

For the past 20 years, we have been farming specialty cut flowers. These are available by pick up in our farm store, as well as local delivery. We design gorgeous bridal work, installing wedding blossoms in many of the beautiful venues in the state. You can also find yarn from our flock of Finn sheep and Suri llamas for sale on Etsy.

PRODUCTS: Flowers, eggs, fiber, wool, yarn, CBD

AVAILABLE: City Market, farm stand, Must Love Yarn store

SERVICES: Floral services

AVAILABLE SEASON: Year Round

76. Fuller Mountain Farm

Sheri & Alexander Arroyo | 1411 Fuller Mountain Road
Ferrisburgh | 802-391-0121 | info@fullermountainfarm.com
fullermountainfarm.com

Fuller Mountain Farm is a dynamic and sustainable farm. We are focused on tree crops, heirloom vegetables, medicinal and culinary herbs, flowers, and heritage breed chickens. We utilize concepts of agroecology and permaculture on our farm.

PRODUCTS: Assorted seasonal vegetables, herbs, flower bouquets, asparagus, rhubarb, strawberries, raspberries, eggs, baked goods, jams and jellies, pickles and ferments, soap and body products, beans, wool yarn, roving, farm-sourced seeds

AVAILABLE: Middlebury Natural Foods Co-op, Farm Stand, Online Market

SERVICES: Community events, floral services

AVAILABLE SEASON: Spring, Summer, Fall

ONLINE STORE: Yes

77. Kimball Brook Farm



Cheryl DeVos | 2263 Greenbush Road | Ferrisburgh
802-734-6346 | kbffvermont@gmail.com

PRODUCTS: 100% grass fed beef, cheese

AVAILABLE: Middlebury Natural Foods Co-op, Lantman's Hinesburg, Shelburne Supermarket, Shaw's, Hannaford, website

ONLINE STORE: Yes

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78. LaLumiere Farm and Greenhouse

Justin and Karolyn Lalumiere | 3747 Sand Road | Ferrisburgh
802-349-7782 | kslalumiere.1955@gmail.com

Lalumiere Farm is a small, sustainable, family operated farm since 1986. Over the years we've added greenhouses to the farm for extended produce production in spring and fall. We are best known for our early delicious tomatoes, sweet melons, spring mix, and late season strawberries. Also low sugar jams and pickles from old family recipes.

PRODUCTS: Assorted vegetables, herbs, greens, strawberries, melons, bedding plants, hanging baskets, planters, vegetable starts, jam, pickles, and farm merchandise

AVAILABLE: Shelburne Farmers Market, Winooski Farmers Market, Isham Family Farm, Vergennes Farmers Market, Great Harvest Bread, Cucina Antiqua Bistro, CSA

79. Scott's Greenbush Gardens

Bill & Donna Scott | 79 Quaker Street | Ferrisburgh
802-425-2370 | wjscottjr@comcast.net

We have decided to retire from our 46 year plus farming operation but will still have PYO fall raspberries and some produce for sale from mid-August to frost; raspberries, sweet corn, winter squash, melons, and pumpkins. Thanks for your patronage!

PRODUCTS: Assorted vegetables, sweet corn, apples, raspberries, sweet cider

AVAILABLE: Farm direct

SERVICES: Pick your own

AVAILABLE SEASON: Fall

80. Shellhouse Mountain Beef

Brent Jerger | 2565 Shellhouse Mountain Road | Ferrisburgh
802-877-3092

PRODUCTS: Weaned feeder calves 800 lbs. and up, sold in lots

AVAILABLE: Farm direct

81. Van De Weert Farmstand

Bill Van De Weert | 3670 Route 7 | Ferrisburgh
bvandeweert@gmail.com

Specializing in new potato, sweet corn and fall decorations including diverse gourd selection, corn stalk bundles and ornamental corn.

PRODUCTS: Sweet corn, cucumbers, squash, yellow, red and blue potatoes, pumpkins, apples, melons, tomatoes, hay, mums

AVAILABLE: Farm stand

SERVICES: Hay

AVAILABLE SEASON: Summer, Fall

82. Vermont Livestock Slaughter and Processing Co.

Carl Cushing | 76 Depot Road | Ferrisburgh | 802-877-3421
vermontmeat@gmail.com

PRODUCTS: Beef, lamb, pork, sides, retail cuts, and roaster pigs are available through our customers

SERVICES: USDA inspected meat processing

Goshen

83. Ice House Farm

Morgan and Chad Beckwith | 421 Hathaway Road | Goshen
802-247-1443 | goats@icehousefarmvt.com | icehousefarmvt.com

Our most meaningful work is with our animals and on the land.

Our goal is to build a healthier environment with a more robust surrounding ecosystem. We do this by adaptively grazing a herd of dairy goats, moving them to new pastures each day.

PRODUCTS: Cheese, goat dairy, raw milk, yogurt, kefir

AVAILABLE: Middlebury Natural Foods Co-op, Healthy Living, farm stand, website

SERVICES: Farm tours by appointment, farm events

84. Republic of Vermont



Ethan West | 234 Cape Look Off Road | Goshen
802-989-2901 | ethan@republicofvermont.com
republicofvermont.com

Vermont is an exceedingly special place and we've made it our life's work to share this unique little state with the rest of the world in the best way we know how: by producing organic maple syrup & raw honey - the two most quintessentially Vermont products.

PRODUCTS: Maple syrup, raw honey, rum-aged maple syrup

AVAILABLE: Website

ONLINE STORE: Yes

Granville

85. Clearfield Farm



John Hirsch | 250 Genes Road | Granville | 802-565-0774



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clearfieldfarmvermont@gmail.com | clearfieldfarmvt.com

Clearfield Farm is a wholesale mixed vegetable farm producing fingerling and regular potatoes, carrots, delicata squash, tomatoes, broccolini, shishito peppers and more.

PRODUCTS: Assorted vegetables

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, grocery stores, restaurants, institutions, food shelves, CSAs and wholesalers in central Vermont



86. Old Road Farm

Henry Webb | 4911 Route 100 | Granville | 802-318-0423

henry@oldroadfarmvt.com | oldroadfarmvt.com

PRODUCTS: Assorted vegetables

AVAILABLE: ACORN Food Hub, Shelburne Farmers Market, Middlebury Natural Foods Co-op

SERVICES: CSA

Hinesburg



87. Full Moon Farm

David Zuckerman and Rachel Nevitt | 2083 Gilman Road
Hinesburg | 802-598-1986 | info@fullmoonfarminc.com
fullmoonfarminc.com

PRODUCTS: Pork, poultry, assorted vegetables, melons, watermelons, eggs, flower bouquets, herbs, CBD products

AVAILABLE: Farm stand

SERVICES: 100% flexible CSA

88. Needham Family Farm

Kristin Needham | 186 Boutin Road | Hinesburg
802-777-4439 | needhamfamilyfarm@gmavt.net

PRODUCTS: Asparagus and strawberries

Cornbread Pancake & Muffin Baking Mix
High Meadow Yellow Cornmeal
Wapsie Valley Cornmeal

All-Purpose VT White Flour
VT Pastry Flour
VT Whole Wheat Flour
VT Whole Wheat Pastry Flour

Hard Red Winter Wheat Berries
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Wapsie Valley Corn Berries



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best economically to let
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89. Red Wagon Plants



Julie Rubaud | 2408 Shelburne Falls Road | Hinesburg
802-482-4060 | julie@redwagonplants.com
redwagonplants.com

PRODUCTS: Organic plants for vegetable gardens, flower beds, containers and herb gardens, herb salts and herb vinegars

AVAILABLE: Retail greenhouse open mid-April through August, website

SERVICES: Delivery of plants to area garden centers, grocery stores and hardware/feed stores

AVAILABLE SEASON: Spring, Summer

ONLINE STORE: Yes

90. Rock Meadow Farm

Betsy Orvis | 2053 Texas Hill Road | Hinesburg | 802-482-2247
rockmeadowvt@gmail.com | rockmeadowvt.com

Since 2012, we have grown a wide variety of cut flowers using sustainable farming methods, available via our CSA and at retail locations. We provide flowers for weddings/events, including DIY bulk options. Fresh flowers in season; dried through Dec.

PRODUCTS: Ecologically grown cut flowers

AVAILABLE: Lantman's Market, Richmond Market, Trillium Hill Farmstand, Jubilee Farmstand, farm stand, farm direct

SERVICES: CSA, floral services

AVAILABLE SEASON: Year Round

91. Trillium Hill Farm



James Donegan | 10643 Route 116 | Hinesburg

802-488-0283 | trilliumhills@gmail.com | trilliumhillfarm.com

We are a long time family farm with a market garden and maple sugaring operation. Maple sugaring is done in the traditional way with buckets and horses.

PRODUCTS: Organic assorted vegetables

AVAILABLE: Farm stand, CSA, Lantman's Grocery Store, City Market, Muddy Boots CSA, The Tillerman, Starry Night Cafe

SERVICES: Spring, summer, fall, and meat CSA and farm stand shares. Farm stand open 7 days a week, April-November, daylight hours

ONLINE STORE: Yes

Hubbardton

92. Frog Hollow Farmstead

Janis Reinke | 924 Frog Hollow Road | Hubbardton
802-468-7975 | info@froghollowvt.com | froghollowvt.com

Founded in 2020, a small family farm committed to the traditional and wholesome practices of growing, raising, and otherwise producing the tastiest foods and provisions. We are proud to offer our gourmet and flavorful take on the foods you love.

PRODUCTS: Beef, poultry, pork, lamb, assorted vegetables, herbs, flowers, apples, rhubarb, eggs, baked goods, jams and jellies, oils and vinegars, pickles and ferments, wool, plants and starts

AVAILABLE: ACORN Food Hub, Middlebury Farmers Market, Rutland Farmers Market, The Farmstand Cafe & Market in Hydeville, website

SERVICES: Farm events, accepts EBT

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

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Huntington

93. Burnt Rock Farm



Justin Rich | 7052 Main Road | Huntington | 802-434-7170
justin@burntrockfarm.com | burntrockfarm.com

PRODUCTS: Sweet potatoes, potatoes, winter squash, onions and greenhouse tomatoes

AVAILABLE: Middlebury Natural Foods Co-op, City Market in Burlington, Healthy Living in South Burlington, Farmers to You

94. Couching Lion Maple Sugar Farm

Chaska Richardson | 100 Aestivalis Hill | Huntington
802-338-1679 | couchinglionsugar@gmavt.net
couchinglionsugar.com

Small batch, wood fired maple syrup, sourced from a single forest at the base of Camel's Hump. Our sugarbush is sustainably managed with animal habitat in mind and is enrolled in Audubon's Bird Friendly Maple Project. Find our maple products on our website or shop at our self serve kiosk.

PRODUCTS: Maple syrup, Certified Bird Friendly per Audubon's Bird Friendly Maple Project

AVAILABLE: Farm stand, farm direct, online market

95. Midnight Goat Farm

Yves Gonnet | 9613 Main Street | Huntington
802-882-1952

midnightgoatfarm.com

PRODUCTS: Goats, rabbits, pigs, chickens

AVAILABLE: Farm direct

96. Mountainside Maple

Jim & Gayle Rowe | 7926 Main Road | Huntington
802-434-7415 | mtinsidemaple@gmavt.net

Maple syrup producers since 1977.

PRODUCTS: Maple syrup, maple cream, maple granulated sugar

AVAILABLE: Farm direct, Pratt's Store, Buxton's Store, Prunier's Market, Kamuda's Country Market

SERVICES: Maple Open House in March each year, open daily for sugarhouse product pickup, free delivery

97. Petrichor Farm



Matthew Steinke | 502 Lincoln Hill | Huntington | 802-558-1657
petrichorfarmvt@gmail.com | petrichorfarmvt.com

PRODUCTS: Trimmed CBD flower, full spectrum extracts, & full spectrum CBD balms, eggs, heirloom tomatoes

AVAILABLE: Farm stand, website

SERVICES: Farm tours

98. Pleasant Mount Farm



Heidi Racht | 4501 Main Road | Huntington | 802-434-2690
pleasantmountfarm@gmavt.net | pleasantmountfarm.com

Since 1992, a small family retail greenhouse selling annuals, potted garden plants and certified organic vegetable starts and herbs. 33rd

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season. Open May into July. Lovely plants for northern gardens. Over 140 varieties of tomatoes and more.

PRODUCTS: Plants and starts

AVAILABLE: Farm direct

99. Purinton Maple

Austin & Cody Purinton | Huntington | 802-434-4385

purintonmaple@gmail.com | purintonmaple.com

PRODUCTS: Maple syrup, maple equipment, Christmas trees

AVAILABLE: Healthy Living South Burlington, City Market, Kinney Drugs, Lake Champlain Chocolates Waterbury, Lawson's Finest Liquids, Commodity Market-Stowe, Vermont's Own Products, Champs Trading Post



100. RambleBramble Farm

Jamie Sky Bianco | 1340 Carse Road | Huntington

802-434-2626 | farmer@ramblebramblefarm.com

ramblebramblefarm.com

RambleBramble Farm is a 2SLGBTQIA+ and woman-owned and operated egg, chicken, sheep, goat, and vegetable farm. We raise our animals and grow crops organically and also sustainably, using compost, cover cropping and rotation.

PRODUCTS: Poultry, lamb, goat, assorted vegetables, eggs, fiber, wool, fleece, yarn

AVAILABLE: Last Resort Farm, Jubilee Farm Market

SERVICES: Breeding, farm stays

101. Tafts Milk and Maple

Mary Taft | 1470 Taft Road | Huntington | 802-434-2727

orders@vtmaplesyrup.com | vtmaplesyrup.com

PRODUCTS: Maple syrup, maple cream, granulated maple sugar

AVAILABLE: Beaudry's Store, farm direct, website

ONLINE STORE: Yes

Leicester

102. Blue Ledge Farm

Hannah Sessions and Greg Bernhardt | 2001 Old Jerusalem Road | Leicester | 802-247-0095 | info@blueledgefarm.com

blueledgefarm.com

Founded in 2000, first-generation family farm, Animal Welfare

Approved goat dairy producing a full line of award-winning fresh and

aged goat and cow's milk cheeses.

PRODUCTS: Cheese, goat dairy

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, City Market, Healthy Living, farm stand, online market

SERVICES: Farm events, farm stays/B&Bs

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

103. Depot Farm Supply



Rick Oberkirch | 2681 Leicester Whiting Road | Leicester

802-247-6700 | depotfarmsupply.com

PRODUCTS: Organic, conventional and non-GMO animal feed

AVAILABLE: Direct sales and delivery

104. Foxglove Farm

Catherine Raishart | Leicester | 802-345-3708

catherine.raishart@gmail.com | foxglovefarmvt.com

High quality unique cut flowers and maple syrup. Certified Bird Friendly Habitat.

PRODUCTS: Flowers, maple syrup, wreaths

AVAILABLE: ACORN Food Hub, farm stand, Middlebury Farmers Market, website

SERVICES: Farm stays/B&Bs, farm tours, summer and fall CSA

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

105. Mt. Pleasant Sugarworks

Andy, Donna & Cody Hutchison | 2668 U.S. Route 7 | Leicester

802-247-3117 | mountpleasantmaple@gmail.com

mountpleasantmaple.com

Maple syrup producers since 1988. Retail shop selling maple products. Maple equipment sales since 1996.

PRODUCTS: Maple syrup

AVAILABLE: Online market, Brandon Farmers Market

106. Oliver Hill Farm



Suki Fredericks | 1033 Bullock Road | Leicester | 802-247-3479

spfspf@gmail.com | airbnb.com/rooms/720709

PRODUCTS: Free-range eggs, hay

AVAILABLE: Farm direct, please call

SERVICES: B&B guest house on the farm

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**107. Summer's Gale Farm**

James Ellefson and Lesley Wright | 588 Fern Lake Road
Leicester | 802-247-5920 | cehp@gmavt.net

PRODUCTS: Vegetables, garlic, pumpkins, and eggs

AVAILABLE: Farm direct

**108. Taconic End Farm**

Annie Claghorn | 1395 Leicester Whiting Road | Leicester
802-247-3979

Dairy farm with registered Jerseys. Founded 1987 by Catlin Fox and Annie Claghorn. Seasonal, long time rotational grazing practiced.

PRODUCTS: Beef

AVAILABLE: Farm direct

AVAILABLE SEASON: Year Round

Lincoln

109. Hidden Mountain Maple

Christopher Johnson and Carol Boyd | 480 Green Road North
Lincoln | 802-453-8324 | hiddenmtmaple.com

PRODUCTS: Maple syrup

AVAILABLE: Online

110. Isham Brook Farm

William Roleau | 1426 W. River Road | Lincoln | 802-453-3713

PRODUCTS: Beef, pork, retail cuts, maple syrup, honey

AVAILABLE: Farm direct, Lincoln Store, Bristol Beverage

111. Meetinghouse Farm

Ruth Shepherd | 192 Isham Hollow | Lincoln | 802-453-4786
mhfarm@gmavt.net

Meetinghouse Farm is a small, family-owned, livestock farm in Lincoln. All of our livestock are born and raised solely on our farm. Our lambs are rotationally grazed throughout the spring, summer and fall, but do receive a small ration of organic corn and hay to help them reach market weight.

PRODUCTS: Grass-fed beef, lamb and hay

AVAILABLE: Farm direct and Middlebury Natural Foods Co-op

112. Metta Earth Institute & Metta Earth Farm

Gillian & Russell Comstock | 334 Geary Road South | Lincoln
802-453-8111 | info@mettaearth.org | mettaearth.org

PRODUCTS: Herbal tea blends, herbal salts, naturally tanned sheepskins

AVAILABLE: Farm direct

SERVICES: Individual and group retreats, leadership trainings, yoga/meditation programs and re-skilling workshops

113. Solar Sweet Maple Farm

Tom & Rhonda Gadhue | 3841 S. Lincoln Road | Lincoln
info@solarsweetmaplefarm.com

PRODUCTS: Maple syrup, maple cream, maple glazed walnuts, maple balsamic dressing, maple candy

AVAILABLE: Farm direct, website

SERVICES: Annual pancake breakfast in March

ONLINE STORE: Yes

114. Sweetgrass Herbals

Emily French | 2908 Ripton Road | Lincoln
emily@sweetgrassherbals.com | sweetgrassherbals.com

PRODUCTS: Consultations

SERVICES: Wellness consultations, classes & workshops

**115. Twin Maple Sugarworks**

Don Gale | 88 W. River Road | Lincoln | 802-453-2785,
802-989-3293 | twinmaplesugarworksvt.com

PRODUCTS: Maple syrup in various grades, maple cream, maple sugar, maple glazed nuts, Maple Halvah, and Tree Heat

AVAILABLE: Sugarhouse Direct, Middlebury Farmers Market, website

SERVICES: Delivery

ONLINE STORE: Yes

Middlebury

116. Appalachian Gap Distillery

88 Mainelli Road | Middlebury | 802-989-7362
info@appgap.com | appalachiangap.com

From our solar-powered distillery, we are handcrafting a line of delicious, unique spirits that will delight the senses. Rye whiskey grains are 100% local. As many of our ingredients are grown as locally as practicable.



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PRODUCTS: Spirits: whiskey, gin, liqueur, specialty spirits

AVAILABLE: Distillery Tasting Room, Vermont Liquor Outlets, website

ONLINE STORE: Yes

117. Champlain Valley Apiaries

Charles Mraz | 504 Washington Street Ext. | Middlebury
802-388-7724 | cee@champlainvalleyhoney.com
champlainvalleyhoney.com

We are a fourth-generation, family-owned Vermont business. Our mission, along with producing the highest quality honey, is to foster sustainable agriculture and promote the importance of honeybees to our food system.

PRODUCTS: Liquid and naturally crystallized raw honey, beeswax, teas, soap, cookbooks, maple syrup, cheese, books, candles, pollen

AVAILABLE: Farm direct, Middlebury Natural Foods Co-op, City Market, Healthy Living, Greg's Market, wholesale, website, Middlebury Inn, Fire & Ice, Otter Creek Bakery, Mirabelle's, Stone Leaf Tea House

SERVICES: Farm tours, educational programs

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

118. Champlain Valley Creamery

Carleton Yoder | 88 Mainelli Road, Ste. 3 | Middlebury
802-989-7361 | cheeseguy@cvccream.com | cvccream.com

PRODUCTS: Old Fashioned Organic Cream Cheese, Champlain Triple, Pyramid Scheme, Champlain Truffle Triple, Organic Queso Fresco, Pepper Queso, Organic Smoked Queso, Bleu de Champlain

AVAILABLE: Middlebury Natural Foods Co-op, City Market, Healthy Living, Shelburne Market, American Flatbread

119. Dancing Bee Gardens

Ross Conrad | Middlebury | 802-349-4279

Dancingbhoney@gmail.com | dancingbeegardens.com

Dancing Bee Gardens is a small-scale artisanal operation specializing in raw unheated and unfiltered honey, and other hive products.

Located entirely in Addison County, all bee colonies are managed without using antibiotics or synthetic chemicals.

PRODUCTS: Raw honey, beeswax candles, herbal salve, propolis tincture

AVAILABLE: ACORN Food Hub, Rutland Farmers Market, Golden Rule Mead, Middlebury Summer Market, farm direct

SERVICES: Educational programs, local pollination services

AVAILABLE SEASON: Year Round

120. Elmer Farm



Spencer & Jennifer Blackwell | 855 Case Street | Middlebury
elmer.farm@yahoo.com | elmerfarm.com

Elmer Farm is a vegetable farm serving Addison County since 2008. It grows a wide variety of vegetables which are all sold either at its own on farm CSA pick-up or through stores and restaurants within the county.

PRODUCTS: Assorted vegetables, sweet corn, herbs, flowers

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, CSA

SERVICES: Pick your own cut flowers and vegetables

121. Deep Roots Farm and The Garden Patch at Hannaford Career Center

Kelley Mills | Deep Roots Farm: 372 Mainelli Road, The Garden Patch: 51 Charles Avenue | Middlebury

802-382-1012 | kmills@pahcc.org | hannafordcareercenter.org

Deep Roots Farm and The Garden Patch are student managed agribusinesses at the Patricia A. Hannaford Career Center. The Garden patch sells veggie starts, hanging baskets, and bedding plants

PRODUCTS: Goat meat, chicken eggs, herbs, veggie starts, hanging baskets, and bedding plants

AVAILABLE: Shelburne Farmers Market in association with Smith Family Farm

SERVICES: Educational programs

AVAILABLE SEASON: Spring

ONLINE STORE: Yes

122. Golden Rule Mead

Alexandre Apfel | 8 Elm Street | Middlebury | 719-216-2911
aapfel@goldenrulebrew.com | goldenrulebrew.com

Golden Rule Mead combines 100% VT-origin honey with a variety of other locally sourced ingredients to create a range of light, dry, usually bubbly and always accessible meads. Available statewide at retail outlets and at our Middlebury tasting room.

PRODUCTS: Mead (honey-based wine)

AVAILABLE: Middlebury Natural Foods Co-op, Rutland Farmers Market, City Market, Healthy Living

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Map Key

Addison

- 1 Harrison's Homegrown
- 2 Harwood Farm
- 3 Mike's Farm
- 4 West Addison Acres

Benson

- 5 Cobble Knoll Orchard
- 6 Falkenbury Farm
- 7 Little Sister Farm
- 8 Maple Ridge Meats
- 9 The Bur-Ger Farm
- 10 Vermont Natural Beef

Brandon

- 11 Country Blossoms Honey
- 12 Funk's Farmin'
- 13 Hamilton Cattle Company
- 14 High Pond Goat Farm
- 15 Neshobe River Winery, Foley Brothers Brewery
- 16 Renaissance Farm
- 17 Spotted Dog Family Farm
- 18 Wood's Market Garden

Bridport

- 19 Bridport Creamery
- 20 Champlain Valley Alpacas at The Vermont Wedding Barn
- 21 Fairy Tale Farm
- 22 Hemenway Hillbillies/Myrick Maple Works
- 23 Little Ditty Farm
- 24 Long Cloud Farm
- 25 Morgan Hill Farm
- 26 Shallow Rock Farm
- 27 Understory Farm

Bristol

- 28 Bristol Community Gardens
- 29 Emerald Rose Grows
- 30 Farmhouse Chocolates
- 31 Firefly Fields
- 32 Gateway Farm
- 33 Hogback Mountain Brewing
- 34 Interlace Commons
- 35 Little Hogback Farm
- 36 Lower Notch Farm
- 37 Mayer Maple Producers
- 38 Norm Booska
- 39 savour/© soda
- 40 V Smiley Preserves
- 41 Wild Roots Farm
- 42 Yore Fare Farm

Charlotte

- 43 Adam's Berry Farm
- 44 Allen Family Maple
- 45 Charlotte Village Winery
- 46 Fat Cow Farm
- 47 Golden Apple Family Farm
- 48 Grass Cattle Company
- 49 Greylaine Farm
- 50 Hands and Heart Farm
- 51 Head Over Fields
- 52 High Hedge Farm

- 53 Nitty Gritty Grain Co. of Vermont
- 54 Pelkey's Blueberries
- 55 Plum Hill Farm
- 56 Rise 'n Shine
- 57 ShakeyGround Farm
- 58 Sobremesa
- 59 Stony Loom Farm
- 60 Sparrowhawk Farm
- 61 Sweet Roots Farm

Cornwall

- 62 Bread Loaf View Farm
- 63 Cutting Hill Beef
- 64 The Knoll
- 65 Lemon Fair Honey Works
- 66 Rowe Crest Farm
- 67 Sunrise Orchards
- 68 Twig Farm
- 69 Williams Farm Maple
- 70 Windfall Orchard

Ferrisburgh

- 71 Dakin Farm
- 72 Dream in Color
- 73 Earth House Farm
- 74 Fern Bridge Farm
- 75 Flowerpower VT
- 76 Fuller Mountain Farm
- 77 Kimball Brook Farm
- 78 LaLumiere Farm and Greenhouse
- 79 Scott's Greenbush Gardens
- 80 Shellhouse Mountain Beef
- 81 Van De Weert Farmstead
- 82 Vermont Livestock Slaughter and Processing Co.

Goshen

- 83 Ice House Farm
- 84 Republic of Vermont

Granville

- 85 Clearfield Farm
- 86 Old Road Farm

Hinesburg

- 87 Full Moon Farm
- 88 Needham Family Farm
- 89 Red Wagon Plants
- 90 Rock Meadow Farm
- 91 Trillium Hill Farm

Hubbardton

- 92 Frog Hollow Farmstead

Huntington

- 93 Burnt Rock Farm
- 94 Couching Lion Maple Sugar Farm
- 95 Midnight Goat Farm
- 96 Mountinside Maple
- 97 Petrichor Farm
- 98 Pleasant Mount Farm
- 99 Purinton Maple
- 100 RambleBramble Farm
- 101 Tafts Milk and Maple

Leicester

- 102 Blue Ledge Farm

- 103 Depot Farm Supply
- 104 Foxglove Farm
- 105 Mt. Pleasant Sugarworks
- 106 Oliver Hill Farm
- 107 Summer's Gale Farm
- 108 Taconic End Farm

Lincoln

- 109 Hidden Mountain Maple
- 110 Isham Brook Farm
- 111 Meetinghouse Farm
- 112 Metta Earth Institute & Metta Earth Farm
- 113 Solar Sweet Maple Farm
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Middlebury

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Monkton

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New Haven

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- 146 Dog Team Farm and Pin Up Pickles
- 147 Field of Dreams
- 148 Greenhaven Gardens
- 149 The Hart Homestead
- 150 Kayharf's Homegrown Beef

- 151 Lincoln Peak Vineyard
- 152 Misty Knoll Farms
- 153 Purple Crow Permaculture
- 154 Smith Family Farm
- 155 Sweet Hill Farm
- 156 Valley Clayplain Forest Farm
- 157 Wild Winds Farm

N. Chittenden

- 158 Baird Farm

Orwell

- 159 Berry Meadow Farm
- 160 Champlain Valley Mushrooms
- 161 Danz Ahn Dairy
- 162 Lazy Dog Farm
- 163 Ledge Haven Farm
- 164 Lucas Family Farms
- 165 Red Sky Farm
- 166 Singing Cedars Farmstead
- 167 Stonewood Farm
- 168 Sylvan Shades Farm
- 169 Tup's Crossing Farm LLC
- 170 Vermont Yogurt Company
- 171 Yankee Rock Farm

Panton

- 172 Agricola Farm
- 173 Farmhouse Table
- 174 Jackson Hill Gardens

Pawlet

- 175 Laughing Child Farm

Pittsford

- 176 Gagnon Lumber
- 177 VT Terps Cannabis

Richmond

- 178 Farr Farm
- 179 Maple Wind Farm

Ripton

- 180 High Rows Vineyards
- 181 Mountinyard Farm
- 182 Nola's Secret Garden

Rochester

- 183 Kismet Farm
- 184 North Hollow Farm
- 185 Sunshine Valley Berry Farm
- 186 Uphill Farm

Salisbury

- 187 Maple Meadow Farm

Shelburne

- 188 Bread & Butter Farm
- 189 Farm Craft VT
- 190 Killeen Crossroads Farm
- 191 New Village Farm
- 192 O Bread Bakery
- 193 Shelburne Farms
- 194 Shelburne Sugarworks
- 195 Shelburne Vineyard
- 196 Sisters of Anarchy Ice Cream
- 197 Vermont Tortilla Company

Shoreham

- 198 Champlain Orchards
- 199 Cousineau Cattle Co.

- 200 Daona Farm American Wagyu Beef
- 201 Elysian Fields
- 202 Golden Russet Farm
- 203 Lakeview Leicesters
- 204 Rolling Bale Farm and Animal Farm Creamery
- 205 Solar Haven Farm
- 206 Vermont Trade Winds Farm
- 207 WhistlePig Farm
- 208 Work and Days Farm

Shrewsbury

- 209 Stone's Throw Farmstead

Starksboro

- 210 Bee Happy Vermont
- 211 Bending Birch Homestead
- 212 Champlain Valley Hops
- 213 Dunham Family Maple
- 214 Flatlander Farm
- 215 Footprint Farm
- 216 Hillsboro Sugarworks
- 217 Lewis Creek Farm
- 218 Maggie Brook Sugarworks
- 219 Norris Sugarworks
- 220 Red Rock Valley Maple Farm
- 221 Russell Farm
- 222 Sentinel Farms
- 223 Shaker Mountain Farm
- 224 Shangrila Farm
- 225 Upstream Sugarworks
- 226 vTerra Farms

Sudbury

- 227 Green & Gold CSA
- 228 Miller Hill Farm Nursery and Gardens
- 229 Mountain Meadows Farm
- 230 Rup's Custom Cutting and Smoking
- 231 The Stevens Farmstead

Vergennes

- 232 Boundbrook Farm
- 233 Diddle & Zen
- 234 Shacksbury Cider
- 235 Treleven
- 236 Vermont Pure Essentials
- 237 Woodman Hill Orchard

Weybridge

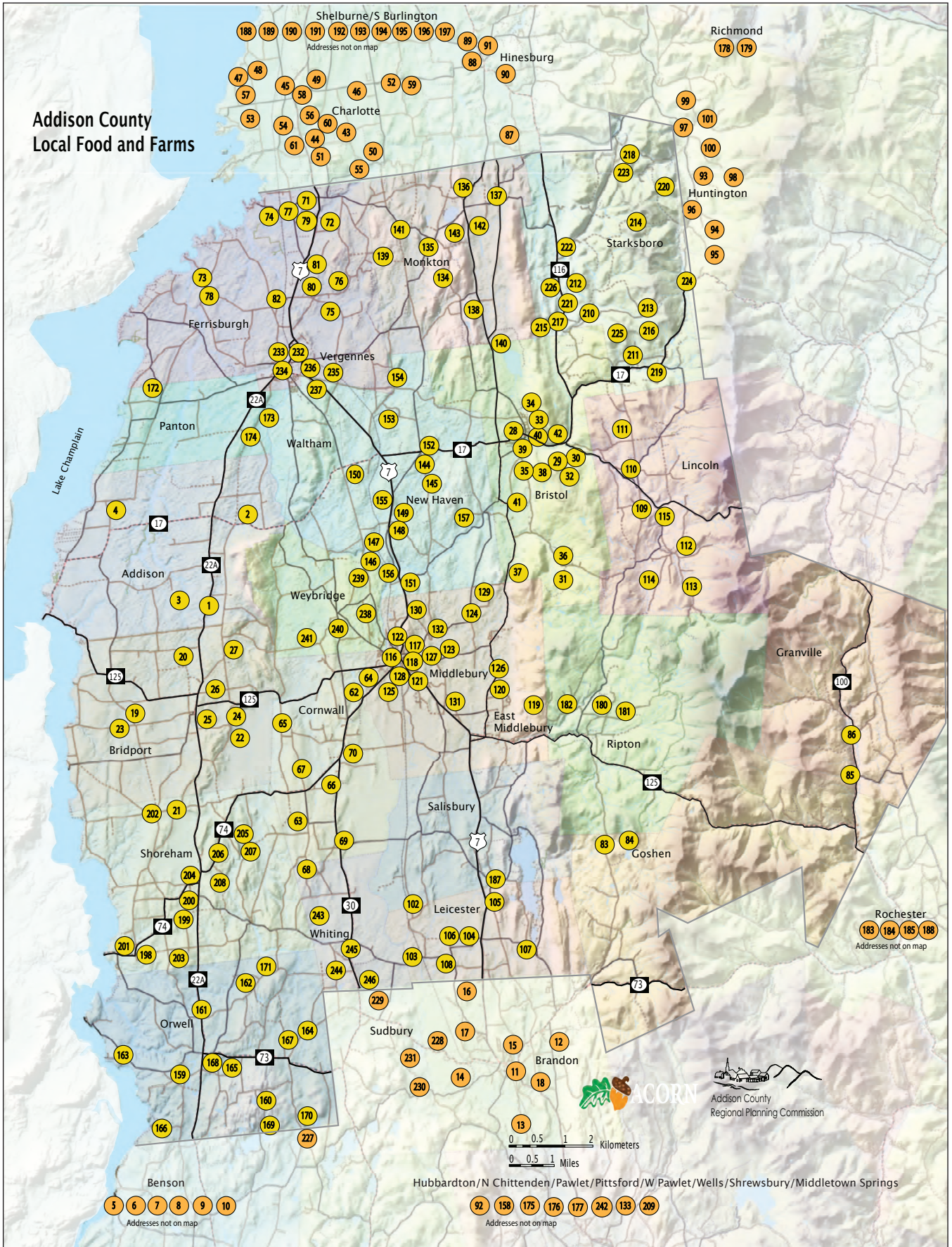
- 238 Duclos and Thompson Farm
- 239 Ledge Hill Farm
- 240 Monument Farms
- 241 Weybridge Farm

Wells

- 242 Larson Farm and Creamery

Whiting

- 243 Corner OAKK Farm
- 244 Fast Hitch Farm
- 245 Fowlers R&R Ranch
- 246 Mo'Se Farm





123. Happy Valley Orchard

217 Quarry Road | Middlebury | 802-388-2411

happyvalleyorchard.com

PRODUCTS: Vegetables, apples, cider, berries, peaches, cider donuts, baked goods

AVAILABLE: Farm stand

SERVICES: Pick your own

124. LedgeEnd Farm

Hank Dimuzio | 1288 Munger Street | Middlebury

802-388-8979 | ledgendeer@comcast.net | ledgendfarm.com

Established in 1991, LedgeEnd farm is a 420 acre Vermont Land Trust conserved farm selling quality Fallow Deer venison year-round, farm direct and in local stores and restaurants. We also sell antlers for your pet's chewing pleasure.

PRODUCTS: Venison, antler pet chews

AVAILABLE: Middlebury Natural Foods Co-op, Healthy Living, Greg's Meat Market, Lantman's Market, farm direct

AVAILABLE SEASON: Year Round

125. Limeridge Sugar Works

Wesley Butler | Middlebury | 802-458-1666

limeridgesw@gmail.com

Limeridge Sugarworks was born as an evolving journey to find a personal balance between agriculture and ecosystem stewardship. Our current focus is small scale maple syrup as well as raw honey

production using organic beekeeping methods.

PRODUCTS: Maple, raw honey

AVAILABLE: ACORN Food Hub, farm direct, farmstand at The Hart Homestead, 1579 Halpin Road, New Haven

126. Marble Rose Farm

Thomas Kruk | 1733 Case Street | Middlebury

802-388-9411 | marblerosefarm@comcast.net

U-pick strawberries and mixed veggies

PRODUCTS: Assorted vegetables, herbs, melons, peaches, pears, raspberries, strawberries, Christmas trees, wreaths and baskets, asparagus

AVAILABLE: Farm stand

SERVICES: Pick your own strawberries

127. Method Organics

Chris Anderson | | Middlebury | 802-989-7382

Method Organics is committed to crafting Vermont hemp-infused offerings for customers who find value in knowing the who, what, and how of the products they consume. With rigorous quality assurances from seed to shelf, Method provides consumers with a reliable, effective, and affordable source for their hemp-based wellness needs.

PRODUCTS: Hemp-infused products

AVAILABLE: Middlebury Natural Foods Co-op, Greg's Market, website

SERVICES: Private label/white label



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128. Middlebury Community Gardens

Porter Medical Center | Middlebury |
info@middleburygardens.org | middleburygardens.org
PRODUCTS: Community garden plots

129. Omar's Uncommon Fruits

Omar Fugaro | 488 E. Munger Street | Middlebury
 802-282-6739 | omarfooge@yahoo.com
Unusual fruits and berries grown with passion. Constant experimentation with trying new things keeps my work exciting, interesting and satisfying.

PRODUCTS: Cantaloupe, melons, pears, plums, blackberries, raspberries, strawberries, gooseberries and currants

AVAILABLE: Middlebury Farmers Market, Middlebury Natural Foods Co-op, farm direct by appointment

SERVICES: Pick your own raspberries and currants

AVAILABLE SEASON: Summer and Fall

130. Tail Feather Farm

Jennifer Kennett | 1740 Route 7 N. | Middlebury | 802-683-6436
tailfeatherfarm6@gmail.com | tailfeatherfarm.com
PRODUCTS: Grass-grazed, humane-raised, grain-finished beef
AVAILABLE: Farm stand
SERVICES: Farm education, farm camps, horse boarding, riding lessons, therapeutic riding, gymkhana, and training

131. Vermont Natural Ag Products

Tricia Foster | 297 Lower Foote Street | Middlebury
 802-388-1137 | questions@vermontnaturalagproducts.com
moodoo.com

We are a family-owned composting business that has been composting for over 30 years. We produce bagged and bulk soil which we sell to garden centers and growers throughout New England and New York.

PRODUCTS: Bagged and bulk compost

AVAILABLE: Local garden centers, bulk sold directly from facility

132. Werner Tree Farm

Cheryl Werner | 429 Painter Road | Middlebury | 802-388-7781
wernertreefarm@yahoo.com | wernertreefarm.com

We're a small, family-owned tree farm, selling trees for 40 years. We produce yarn & lamb from Shropshire sheep that graze the trees for weed control. We believe that farming should improve the local environment through smart farming choices.

PRODUCTS: Lamb, wool, fleece, roving, Christmas trees, wreaths, garlands, hay, honey, maple syrup, chocolate maple syrup, and maple cream

AVAILABLE: Middlebury Natural Foods Co-op, farm direct, online market

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

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Middletown Springs

133. Naga Bakehouse

Julie Sperling and Doug Freilich | Middletown Springs
802-235-1282 | nagabakehouse@gmail.com
nagabakehouse.com

Naga Bakehouse is a wood-fired bakery, gristmill and micro-farm in the hills of southwestern Vermont. Naga stands for (NA)tural (G)rain (A)lchemy; and is the magic of changing something simple into something special. We create "Good Food" to regenerate the land and to reinvigorate our rural economy.

PRODUCTS: Freshly baked wood-fired breads at farmers' markets and festivals, seasonally. Small-batch, freshly milled, flours and grains.

AVAILABLE: ACORN Food Hub

Monkton

134. Boro Hill Nursery

Chris Urban | 995 Monkton-Vergennes Road | Monkton
borohillnursery@gmail.com | borohillnursery.com

Superior cultivars of hardy Vermont-grown fruit, shade and ornamental trees.

PRODUCTS: Fruit, shade, and ornamental trees

AVAILABLE: Nursery direct

SERVICES: Consultation and design; delivery and installation and seasonal pruning

135. Stine Orchard

Aaron and Kathleen Stine | 1823 Monkton Road | Monkton
802-453-2676 | stineorchard@gmail.com | stineorchard.com

PRODUCTS: Apples, pears, plums, cider, pies, donuts, wine & hard cider

AVAILABLE: Orchard direct

SERVICES: Pick your own

136. Full Belly Farm

Stephen Park | 886 Davis Road | Monkton | 802-453-3793
fullbellyfarmvt@gmail.com | fullbellyfarmvt.com

PRODUCTS: Strawberries, blueberries, raspberries, tomatoes, sweet corn, seasonal vegetables, bedding plants & flowers

AVAILABLE: Farm stand, City Market, Shelburne Supermarket

SERVICES: Pick your own strawberries, raspberries, blueberries, cut-your-own flowers

137. Last Resort Farm



Silas Doyle-Burr | 2246 Tyler Bridge Road | Monkton
802-453-2847 | silas@lastresortfarm.com | lastresortfarm.com

Last Resort Farm is a multigenerational family owned farm growing a diverse mix of certified organic berries, vegetables, maple syrup, hay and straw.

PRODUCTS: Assorted vegetables, sweet corn, herbs, flowers, blackberries, blueberries, currants, raspberries, strawberries, soda, jams and jellies, pickles and ferments, hay, honey, maple syrup

AVAILABLE: City Market, Healthy Living, Richmond Farmers Market, Winooski Farmers Market, pop-up across from Burlington Farmers Market, farm stand

SERVICES: Farm share program, pick your own, accepts EBT

ONLINE STORE: Yes

138. Layn Farms

Heather Layn | 3984 Bristol Road | Monkton | 802-355-0178
heatherlayn802@outlook.com

Layn Farms is a fifth generation farm. Also, a certified Homegrown-By-Heroes farm. We have been diversifying since we stopped milking and have a wide range of products.

PRODUCTS: Beef, pork, turkey, chicken, eggs, Ledge farm venison, honey, maple products, yarn, felt items, shell corn, cracked corn, soybeans, wheat, oats, rye, chicken scratch, hay, straw, sweet corn, pumpkins, Christmas tree's, + more to come!

AVAILABLE: Farm stand, Isham Family Farmers Market, Bristol Discount Beverage, Village Green Market

SERVICES: Monthly meat box, farm visits

AVAILABLE SEASON: Year Round

139. Monkton Ridge Orchard

Christine & Charles LaFreniere | 79 Rotax Road | Monkton
802-318-3785 | christinelee.laf@gmail.com | monktonridgeorchard.com

We are a family run orchard with three acres of apple trees. Our apple cider is made on site with a beautifully restored early 1900s cider press. We make our cider donuts by hand, along with apple pies and homemade cookies.

PRODUCTS: Apples, cider, apple pie, cider donuts, gluten free cookies, local honey, pumpkins, gourds, bundles of apple wood, orchard-

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made apple butter, hand painted barn quilts, and products from other local artisans

AVAILABLE: Farm stand. Barn quilts at Shelburne Farmers Market

SERVICES: Pick your own apples

140. New Leaf Organics



Jill Kopel | 4818 Bristol Road | Monkton | 802-349-7369
newleaf@gmavt.net | newleaforganics.org

Farming here since 2002, we grow five acres of certified organic vegetables and flowers. We sell all of our produce within a 50 mile range. Our flowers are used all season long at weddings and events around Vermont.

PRODUCTS: Assorted vegetables, herbs, flowers, blueberries, peaches, pears, plums, raspberries, strawberries

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, farm direct, online market

SERVICES: Farm events, farm stays/B&Bs, floral services, pick your own flowers

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

141. Vermont Vinegars

Debra Boyer | Monkton | 802-989-9645, 802-453-4077
debb@vtvinegars.com | vtvinegars.com

VT Vinegars is an artisanal producer of vinegar, vinaigrette, and marinades with a focus on using natural local ingredients for creating unique, healthful, and tasty food.

PRODUCTS: Vinegar, vinaigrette

AVAILABLE: Middlebury Natural Foods Co-op, Healthy Living, Dakin's Farm Store, Shelburne Farm Store, Shelburne Market, Vermont's Own Gifts & Goods, online market

SERVICES: Accepts EBT

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

142. Willowell Community Garden

Tasha Ball | Bristol Road | Monkton | 802-453-6195
info@willowell.org | willowell.org

The Willowell Foundation is dedicated to supporting local and global initiatives for sustainable ecological land use, and to serve as a resource for area students, teachers and community members. We run programs that integrate the sciences, arts and humanities into place-based and outdoors education for ages 3-18.

PRODUCTS: Assorted vegetables

AVAILABLE: Farm to school, donations to food shelves

SERVICES: Farm tours, educational programs, fun for kids

143. Yates Family Orchard

Jessika Yates | 1074 Davis Road | Monkton | 802-373-7437
yatesfamilyorchard.com

Enjoy 28+ varieties of apples plus peaches, plum and pears. Come visit us to PYO or purchase pre-picked. Visit our orchard stand for some of the best local Vermont Specialty Foods and artisan works. Pick up orchard made raw cider, our jams and savory preserves. Don't miss our hand rolled, made-to-order, hot cider donuts,

Vermont made, orchard blended all natural creamees, our signature Dreamee®- a hot cider donut topped with maple creamie or the Supreemee Dreamee® that adds our warm, homemade apple pie filling and drizzled caramel on top. Check our website/social media for up to date live music and events happenings. Come, relax and enjoy time spent here!

PRODUCTS: 25 varieties of apples, pears, plums, peaches, farm-made jams, local raw honey and maple syrup, baked goods, cider donuts, Kingdom Creamery Creamees, local artisanal crafts, fresh pressed cider

AVAILABLE: Orchard direct

SERVICES: Pick your own and picked apples

New Haven

144. Buck Mountain Maple Farm

Tim & Kristine Bouvier | 2569 South Street | New Haven
802-349-8161 | Buckmtnmaple@gmail.com
buckmtnmaplefarm.com

PRODUCTS: Maple syrup and products: maple cream, granulated maple sugar, maple pecans and maple walnuts

AVAILABLE: Direct sales

145. Champlain Valley Bees and Queens

Kirk Webster | 1437 South Street | New Haven | 802-989-5895
30# pails raw honey available in the fall. Reserve before September.

PRODUCTS: Honey, nucleus colonies

AVAILABLE: Farm Direct



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146. Dog Team Farm and Pin Up Pickles

Rachel Smith | 933 Dog Team Road | New Haven
802-448-0787 | pinuppickles@gmail.com | pinuppickles.com
Small micro-pickle maker and now micro-farm! We are offering a seasonal selection of our pickle and DIY pickle kit products as well as produce and flowers. NEW! Pottery made from the clay on our farm! Food safe and locally sourced. All available at our self-service farm stand. (Seasonally May-October)

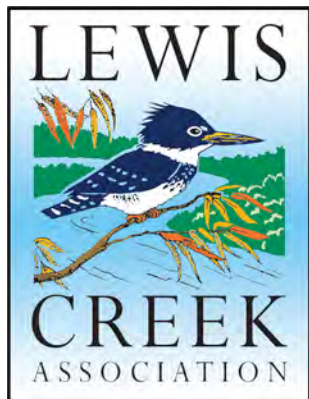
PRODUCTS: Assorted vegetables, herbs, flowers, jams and jellies, pickles, eggs, sauces, plants and starts

AVAILABLE: Self-serve farm stand

SERVICES: Floral services, pick your own

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147. Field of Dreams

Chuck King | 370 Dallinger Road | New Haven
802-388-4174 | rhythmreed@madriver.com

PRODUCTS: Nigerian dwarf goats, dog breeding

AVAILABLE: Farm direct

148. Greenhaven Gardens

Danielle Norris | 2638 Ethan Allen Hwy. | New Haven
802-453-5382 | plants@greenhavenvt.com

greenhavengardensandnursery.com

Addison County's Largest Full Service Garden Center!

PRODUCTS: Veggie, annual, and perennial plants, trees & nursery stock, veg & flower seeds

AVAILABLE: Retail shop

SERVICES: Landscaping

149. The Hart Homestead

Shannon Hart | 1579 Halpin Road | New Haven | 802-989-0943
theharthomestead.vt@gmail.com | theharthomestead.com

We're a small but mighty homestead. We have some fabulous pigs, plentiful laying hens, and our jersey milk cows. Our garden and orchard grow every year, as well as our knowledge of them. We have a year round farm stand open daily 8am - 8pm.

PRODUCTS: Pork, beef, assorted vegetables, herbs, flowers, rhubarb, eggs, jams and jellies, raw milk, dehydrated sourdough starter

AVAILABLE: Farm stand

SERVICES: Farm events

150. Kayhart's Homegrown Beef

Brian & Cindy Kayhart | 4188 Otter Creek Hwy. | New Haven
802-545- 2484 | kayhartshomegrown@gmail.com

kayhartmeats.weebly.com

We have beef and pork including linked sausages, bacon, and ham. Eggs and maple syrup that we make the old fashioned way. We are open 7-7 every day!

PRODUCTS: Beef, pork, lamb, sweet corn, eggs, maple syrup

AVAILABLE: Farm stand

AVAILABLE SEASON: Year Round

151. Lincoln Peak Vineyard

142 River Road | New Haven

RambleBramble Farm

VOF certified organic chicken, eggs, lamb & goat
farmer@ramblebramblefarm.com



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hello@lincolnpeakvineyard.com | lincolnpeakvineyard.com

PRODUCTS: Wine made exclusively from our own grapes

AVAILABLE: Vineyard Direct, Middlebury Natural Foods Co-op, Healthy Living, City Market, and many restaurants

SERVICES: Tasting room

152. Misty Knoll Farms

Minda Lafountain | 1687 Main Street | New Haven

802-453-4748 | mistyknollfarm@gmavt.net | mistyknollfarms.com

PRODUCTS: Turkeys, chickens, retail cuts

AVAILABLE: Middlebury Natural Foods Co-op, most natural food stores, farm direct Tuesday (Preorder Monday by Noon)

153. Purple Crow Permaculture

Eric and Jennifer Neil | New Haven | 802-989-5944

jennifer.neil77@gmail.com

PRODUCTS: Pelts, roving, sheepskins naturally tanned in Vermont

AVAILABLE: Farm direct

154. Smith Family Farm

Harvey, Donna and AnnaJo Smith | 2516 Lime Kiln Road

New Haven | 802-349-0284 | smithfamilymeats.com

We are a multi-generational family farm raising our animals through sustainable practices like rotational grazing.

PRODUCTS: Grass-fed beef, natural pork & lamb, poultry, retail cuts and wholesale

AVAILABLE: ACORN Food Hub, farm direct, deliveries, website, Vergennes Farmers Market, Shelburne Farmers Market and Winooski Farmers Market

155. Sweet Hill Farm

Chris, Dianne & Chelsea Bingham | 3835 Ethan Allen Hwy

New Haven | 802-453-7751 | sweetcorn@gmavt.net

Sweet corn is our specialty at Sweet Hill Farm. Open Tuesday through Sunday from mid-July to end of October.

PRODUCTS: Sweet corn, tomatoes, cucumbers, summer squash, sunflowers, zinnias, garlic, potatoes, winter squash, pumpkins,

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Hot Italian Sausage



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City Market

Healthy Living

Rutland Co-op

Hanover Co-ops



gourds and ornamental corn.

AVAILABLE: Farm stand

156. Valley Clayplain Forest Farm

Mark Krawczyk | 37 Kelton Drive | New Haven | 802-999-2768
valleyclayplain@gmail.com | valleyclayplain.com

Valley Clayplain Forest Farm is a small agroforestry farm focused on growing perennial crops that nourish people and the landscape. Our main products include log-grown shiitake mushrooms, black currants, asparagus and other nutrient dense berries.

PRODUCTS: Assorted vegetables, currants, asparagus, plums, shiitake mushrooms, black currant 'Oxymel' tonic, tree seedlings, wreaths and baskets

AVAILABLE: Online market, Middlebury Natural Foods Co-op, farm direct

SERVICES: Educational programs, farm events, consulting

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

157. Wild Winds Farm

Brittany Leno | 716 Hunt Road | New Haven | 802-349-8680
wildwindsfarmvt@gmail.com

At Wild Winds Farm, we raise animals with regenerative farming practices for the most nutrient dense products and for the health and productivity of our land. We also support neighboring land through custom grazing with our goats and sheep.

PRODUCTS: Beef, pork, lamb, goat, pelts

AVAILABLE: Website, farm direct

North Chittenden

158. Baird Farm



Jenna Baird | 65 West Road | North Chittenden
802-558-8443 | jenna.p.baird@gmail.com | bairdfarm.com

Baird Farm is a fourth-generation farm that produces Vermont maple syrup and other maple products. We've been making maple syrup on our farm for over 100 years! Tours by appointment or by chance. Visit the farm's website for more information.

PRODUCTS: Maple syrup, maple products, grass-fed beef

AVAILABLE: Farm stand, website, wholesale

SERVICES: Farm tours

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

Orwell

159. Berry Meadow Farm

Kevin Schumann | 56 Mt. Independence Road | Orwell
908-507-2461 | info@berrymeadow.com | berrymeadow.com

In the studio on our 110 acre Orwell Vermont fiber farm, we create unique designs for our berry meadow knitting and crochet kits, all nestled in fun reusable packaging, that allow knitters and crocheters of all abilities to create beautiful garments and accessories.

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JULY: U-Pick Raspberries

AUGUST: U-Pick Blueberries

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Tue-Fri 9-6, Sat & Sun 9-5

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(802)453-3793 fullbellyfarmvt.com

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Tuesday-Sunday 10-5

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(802)453-3132



PRODUCTS: Knitting and crochet kits, alpaca and rambouillet yarn
AVAILABLE: Website

160. Champlain Valley Mushrooms

Heather Ewing | 193 Young Road | Orwell
 802-948-2563 | champlainvalleymushrooms@gmail.com
champlainvalleymushrooms.com

PRODUCTS: Fresh mushrooms: Oyster, Lion's Mane, Chestnut. Dried mushrooms, medicinal mushrooms, tinctures & teas

AVAILABLE: Rutland Farmers Market, Dorset Farmers Market, Rutland and Middlebury Natural Foods Co-op, website

ONLINE STORE: Yes

161. Danz Ahn Dairy

Juliana Danyew | 44 Hemenway Hill Road | Orwell
 802-948-2852 | danzahn.dairy@gmail.com | danzahndairy.com

Danz Ahn Dairy, licensed in 2021, is located at Danz Ahn Farm in Orwell. We make small batch, artisanal farmstead goat cheese with milk from our herd of seasonal Saanen/LaMancha-cross dairy goats, and aged cow milk cheese from milk locally sourced.

PRODUCTS: Cheese, eggs, goat milk soap

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, Vergennes Farmers Market, Shelburne Farmers Market, City Market Downtown, farm direct

SERVICES: Farm events



162. Lazy Dog Farm

Jesse Wilbur | 152 Royce Hill Road | Orwell | 802-948-2565
facebook.com/LazyDogFarm

PRODUCTS: Organic beef (retail cuts), natural pork (retail cuts), organic eggs, maple syrup

AVAILABLE: Farm direct, Brandon Farmers Market

163. Ledge Haven Farm

Tom Audet | 145 Mt. Independence Road | Orwell
 802-948-2545 | ledgehavenfarm@gmail.com | vtmaple.net

PRODUCTS: Maple syrup & maple products

AVAILABLE: Farm direct, website

ONLINE STORE: Yes

164. Lucas Family Farms

Josh & Janelle Lucas | 37 Old Sawmill Road | Orwell

802-779-7261 | lucasfamilyfarmsllc@gmail.com
facebook.com/lucasfamilyfarms

Growing healthy soils and healthy animals, supporting clean water.

PRODUCTS: Grass-fed, grass-finished beef & lamb, freezer boxes, wholes and halves, non-GMO pastured eggs

AVAILABLE: Farm direct (call ahead), Ground Beef at Woods Market, Middlebury and Rutland Natural Foods Co-ops, Fire and Ice

165. Red Sky Farm

Ed and Paula Barnes | 613 Route 73 | Orwell | 802-948-2566
barnespj4@gmail.com | redskyfarmvt.com

A traditional farm market providing quality meats, produce and desserts year round.

PRODUCTS: Beef, poultry, turkey, pork, retail cuts, vegetables, apples, berries, bedding plants, veggie starts, hanging baskets, herb plants, perennials, cut flowers, free-range eggs, milk, cheese, honey, maple syrup, quilts, clothing, and handmade items

AVAILABLE: Farm stand

SERVICES: Root crop box (year-round with choice of meat, vegetable, dairy, dessert, eggs, potatoes, carrots, onions)



166. Singing Cedars Farmstead

Scott Greene and Becky Madden | 30 Black Snake Lane
 Orwell | 802-948-2062 | singingseeders@gmail.com
singing-cedars-farmstead.com

Located along the shore of Lake Champlain, Singing Cedars Farmstead strives to provide high quality diverse organic foods direct to our local community. All efforts are purposeful, ecological and humanely based; organized to make a thriving farm.

PRODUCTS: Assorted vegetables, winter greens, tomatoes, specialty vegetables, beef

AVAILABLE: ACORN Food Hub, Middlebury and Rutland Natural Foods Co-op, Buxton's Store, Three Squares Cafe, City Market, American Flatbread

SERVICES: Special orders, wholesale

167. Stonewood Farm

Peter Stone | 105 Griswold Lane | Orwell | 802-948-2277
stone@stonewoodfarm.com | stonewoodfarm.com

PRODUCTS: Turkey: whole birds, ground meat and breast meat

AVAILABLE: Middlebury Natural Foods Co-op, Healthy Living, City Market



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168. Sylvan Shades Farm



Missy Clifford | 133 Raymond Hill Road | Orwell | 802-948-2798

PRODUCTS: Grass-fed Highland beef (sides), broilers, organic hay

AVAILABLE: Farm direct

169. Tup's Crossing Farm LLC

Holly & Faruk Menguc | 66 Young Road | Orwell

802-948-9827 | tupscrossing@gmail.com

facebook.com/tupscrossingfarm

Family owned and operated goat's milk dairy. We produce pasture raised goat's milk for Vermont Creamery. We do NOT sell raw milk on the farm. Seasonally offering Alpine, Saanen and LaMancha dairy goat bucklings and doelings.

PRODUCTS: Dairy goat bucklings and doelings

SERVICES: Breeding stock, farm tours

AVAILABLE SEASON: Spring

170. Vermont Yogurt Company

Jennifer Bruyneel | 1 Horton Road | Orwell | 802-948-2543

vermontyogurt@gmail.com

Full fat yogurt with homemade granola on top.

AVAILABLE: Middlebury Natural Foods Co-op, Rutland Food Co-op, Greg's Market, Pratt's Store, Buxton's, Gas-n-Go, Castleton Village Store

171. Yankee Rock Farm

Siri Swanson | 363 Fisher Road | Orwell | 781-264-0430

yankeerockfarm@gmail.com | yankeerockfarm.com

Yankee Rock Farm is home to a pastured flock of Border Leicesters and Finnsheep. The primary focus of the flock is to produce quality purebred sheep for other farms but offerings from the flock include lamb, wool products, and hides.

PRODUCTS: Lamb, fiber, wool, pelts, fleece, roving, yarn, knits

AVAILABLE: Website

SERVICES: Sheep shearing

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

Panton

172. Agricola Farm

Ale Rellini and Steo Pinna | 2674 Jersey Street | Panton

802-475-3409 | alerellini@gmail.com | agricolavermont.net

PRODUCTS: Salami & charcuteries, pastured meats, seasonal duck and chicken eggs, italian products at the farmstand

AVAILABLE: ACORN Food Hub, farm stand, website

SERVICES: Monthly farm dinners

173. Farmhouse Table

Teresa Smith | 21 Fisher Lane | Panton | 802-345-5360

madhunter@gmavt.net

PRODUCTS: Poultry, pork, beef, vegetables and different types of pickles

AVAILABLE: Vergennes Farmers Market, farm direct

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info@lantmansmarket.com
(802) 482-2361



174. Jackson Hill Gardens

Joy Jackson | 409 East Road | Panton | 802-324-3653

PRODUCTS: Free-range eggs, veggies and baked goods

AVAILABLE: Farm stand, pickup and delivery in Vergennes area

Pawlet

175. Laughing Child Farm



Brooke & Timothy Hughes-Muse | 3209 VT Route 30 | Pawlet
802-884-5893 | farmer@laughingchildfarm.com
laughingchildfarm.com

Vermont's organic sweet potato farm is located in Pawlet VT, in the scenic Mettawee Valley. We've been organically farming sweets for over 10 years. Life is sweeter here.

PRODUCTS: Sweet potatoes, sweet potato pie

AVAILABLE: Middlebury Natural Foods Co-op, City Market, Healthy Living, farm stand

AVAILABLE SEASON: Spring, Fall, Winter

Pittsford

176. Gagnon Lumber

Ken Gagnon | 89 Stevens Road | Pittsford | 802-483-6550
gagnonlumber@aol.com | gagnonlumber.com

Small family owned sawmill and lumber yard producing local lumber, bark mulch, wood chips and sawdust.

PRODUCTS: Lumber, bark mulch, sawdust, wood chips

177. VT Terps Cannabis



Susan Markowski | 4270 Route 7 | Pittsford | 802-483-6503
mail@vtterps.com | vtterps.com

Seed to package organic CBD Products.

PRODUCTS: CBD oil, CBD lotions, gummies and teas

AVAILABLE: Retail Store in Pittsford, website

Richmond

178. Farr Farm

Erin Farr | 400 Huntington Road | Richmond | 802-233-7925
farr.farm@gmail.com | farrfarm.com

We are a family farm in Richmond, after being a dairy since the '40s we have transitioned to crops, beef, pork, eggs and agrotourism! We have a farm stand where folks can buy our products and other local items. In the fall, we have a Sunflower Walk.

PRODUCTS: Beef, pork, flowers, eggs, pickles and ferments, soap and body products, wreaths and baskets, maple syrup

AVAILABLE: Farm stand

SERVICES: CSA, community events, educational programs, farm events, floral services, pick your own

179. Maple Wind Farm

Beth Whiting | 1149 E Main Street | Richmond | 802-322-3739
hello@maplewindfarm.com | maplewindfarm.com

PRODUCTS: 100% grass fed beef, pasture raised, non GMO turkeys, chickens, pork and eggs

AVAILABLE: Burlington Farmers Market, website, select home delivery, shipping in New England, market open daily 10am-8pm

SERVICES: Poultry processing

ONLINE STORE: Yes

Ripton

180. High Rows Vineyards

William Ford | 388 Lincoln Road | Ripton
highrowsvineyards@gmail.com | highrowsvineyards.com

Bill and Brian Ford have been producing wine from cold-hardy grapes grown in our Goshen, Middlebury, and Ripton vineyards since 2018. Our Ripton winery is open by appointment or during scheduled tasting hours.

PRODUCTS: Wine from grapes grown in vineyard

AVAILABLE: Middlebury Natural Foods Co-op, farm direct, Middlebury Discount Beverage, ShireTown Marketplace, Hare and the Dog, website

181. Mountainyard Farm



Mia and Freeman Allen | 1676 Natural Turnpike Road | Ripton
802-388-7394 | mtydfm@gmail.com

V.O.F certified - 1991 and R.O.P. certified - 2020

PRODUCTS: Cucumbers, flowers, garlic, onions, tomatoes

AVAILABLE: Ripton Country Store, farm stand

AVAILABLE SEASON: Summer, Fall

182. Nola's Secret Garden



Nola Kevra | 2936 Natural Turnpike Road | Ripton

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802-388-6107 | markrusciolelli@gmail.com

PRODUCTS: Organic greens, herbs, mixed vegetables, vegetable plants, cut flowers, Middle Eastern summer squash (Koosa)

AVAILABLE: Farm direct, Middlebury Natural Foods Co-op

Rochester

183. Kismet Farm

Megan Payne | 405 Sawmill Hill Road | Rochester

802-767-3282 | kismetfarmvermont.com

PRODUCTS: Seed to vase flowers, cut flowers, craft CBD flowers and tincture

AVAILABLE: Local florists, farmers markets, restaurants, website

ONLINE STORE: Yes

184. North Hollow Farm

Mike Bowen | 2124 N. Hollow Road | Rochester

802-767-4255 | orders@vermontgrassfedbeef.com

vermontgrassfedbeef.com

PRODUCTS: Grass-fed beef, pork (retail cuts), chickens, maple syrup

AVAILABLE: Farm direct, North Hollow Farm Store, Middlebury Natural Foods Co-op, website

ONLINE STORE: Yes

185. Sunshine Valley Berry Farm

Rob Meadows | 129 Ranger Road | Rochester | 802-767-3989

rob@vermontberries.com | vermontberries.com



PRODUCTS: Blueberries, raspberries, jam, raw honey, maple syrup

AVAILABLE: Farm direct

SERVICES: Pick your own, barter help for farm credit

186. Uphill Farm

Paula and Kevin Dougherty | Rochester

farmers@uphillfarmvt.com | uphillfarmvt.com

At Uphill Farm we emphasize quality over quantity. As a small scale grower we can make sure only the best produce finds its way to your table. We love what we do and take great pride in being affordable and of top quality with all of our offerings.

PRODUCTS: Poultry, assorted vegetables, herbs, flowers, blueberries, currants, raspberries, eggs, jams and jellies, variety of pestos, plants and starts

AVAILABLE: Farm direct, website, Rochester Farmers Market

SERVICES: CSA

AVAILABLE SEASON: Spring, Summer, Fall

ONLINE STORE: Yes

Salisbury


187. Maple Meadow Farm

George & Jackie Devold | 518 Maple Street | Salisbury

802-352-4241 | maplemeadowfarmvt@gmail.com

maplemeadowfarmeggs.com

Providing fresh local eggs and Vermont Maple Syrup for three generations. Maple Meadow Farm is owned and operated by the Devold Family.



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PRODUCTS: Eggs (conventional and cage-free) and maple syrup
AVAILABLE: Middlebury Natural Foods Co-op, City Market, Healthy Living, Greg's Meat Market, farm store, website
SERVICES: Wholesale egg delivery
AVAILABLE SEASON: Year Round
ONLINE STORE: Yes

Shelburne

188. Bread & Butter Farm

Corie Pierce | 200 Leduc Farm Rd. | Shelburne | 802-985-9200
breadandbutterfarm@gmail.com | breadandbutterfarm.com
PRODUCTS: Beef and pork, retail cuts, mixed vegetables. Blank Page Cafe: gluten-free bakery, coffee drinks
AVAILABLE: Farm store, website
SERVICES: Educational programs, summer camp, farmer training, live music, CSA
ONLINE STORE: Yes

189. Farm Craft VT

Rebecca Lindenmeyr | 6608 Route 116 | Shelburne
802-363-3044 | farmcraftvermont@gmail.com | farmcraftvt.com
A Seed to Soap Herb Farm in Vermont - growing herbs and sunflowers, pressing and distilling plant oils, raising bees, and making botanical products. Stop by the self-serve farm shop to buy natural soaps, lotions, herb teas, honey and more!
PRODUCTS: Herbs, soap and body products, honey
AVAILABLE: Farm stand, website
SERVICES: Educational programs, farm events, farm stays/B&Bs
AVAILABLE SEASON: Year Round
ONLINE STORE: Yes

190. Killeen Crossroads Farm

Kieran & Breana Killeen | 1283 Cheesefactory Road | Shelburne
802-233-5131 | hello@killeencrossroadsfarm.com
killeencrossroadsfarm.com
Chef-owned farm hosting Asian-inspired dinners and events using vegetables, poultry, eggs, beef, and flowers grown on the farm.
PRODUCTS: Vegetables, poultry, eggs, beef, flowers
AVAILABLE: Farm stand
SERVICES: CSA, private events, dinners, wholesale

191. New Village Farm

Michaela Ryan | 700 Harbor Road | Shelburne | 802-338-0116
michaela@newvillagefarm.com | newvillagefarm.com
PRODUCTS: Raw cow & goat's milk, chicken, eggs, beef, lamb & goats, seasonal vegetables, herbs and flowers
AVAILABLE: Farm stand
SERVICES: Educational programs year round, summer camp, farm school, after school programs, animal rentals, community garden plots

192. O Bread Bakery

Chuck Conway and Carla Kevorkian | 352 Farm Barn Lane
Shelburne | 802-985-8771 | info@obread.com | obread.com
A family owned business located in the Farm Barn at Shelburne Farms since 1977. Handmade breads, pastries and cookies available at the





bakery when walking at Shelburne Farms, at local stores, Shelburne Farmers Market and website.

PRODUCTS: Bread, pastries, cookies

AVAILABLE: Middlebury Natural Foods Co-op, City Market, Shelburne Farmers Market

193. Shelburne Farms

1611 Harbor Road | Shelburne | 802-985-8686

info@shelburnefarms.org | shelburnefarms.org

PRODUCTS: Cheese, eggs, vegetables, beef, lamb (retail cuts), maple syrup

AVAILABLE: Farm store, website, cheese sold through catalog and at local grocery stores

SERVICES: Farm-based education programs for all ages; Institute for Sustainable Schools, walking trails, inn & dining

ONLINE STORE: Yes

194. Shelburne Sugarworks

Steve Palmer | 746 Shelburne-Hinesburg Road | Shelburne

802-233-7531 | shelburnesugarworks@gmail.com

shelburnesugarworks.com

PRODUCTS: Maple products: syrup, cream, sugar, candy. Line of maple ice creams. March - Sugar on Snow

AVAILABLE: Sugarhouse, Website, Healthy Living

SERVICES: Tours, tastings

195. Shelburne Vineyard

Ken Albert, Sam Coppola & Ethan Joseph

6803 Shelburne Road | Shelburne | 802-985-8222

info@shelburnevineyard.com | shelburnevineyard.com

It takes determination and dedication to be a winegrower in Vermont. This land is not for the faint of heart. At Shelburne Vineyard, we have been pioneers and champions of the Vermont wine region for over two decades.

PRODUCTS: Red, white, rose and ice wines made from our cold-hardy Vermont-grown grapes, cider

AVAILABLE: Tasting room, retail store, website, as well as stores, specialty shops and restaurants throughout VT and NH

SERVICES: Tastings, tours, musical events, event facilities

ONLINE STORE: Yes

196. Sisters of Anarchy Ice Cream

Becky Castle | 4947 Spear Street | Shelburne

802-495-5165 | info@sistersofanarchyicecream.com

sistersofanarchyicecream.com

Unlike most ice cream companies, we don't throw around farm-to-cone just because it's a catchy phrase. Our ice cream is, truly, farm-to-cone, made on-site at our farm, almost entirely with flavor elements grown by the ice cream makers. We pride ourselves on sustainable practices.

PRODUCTS: Blackberries, blueberries, grapes, raspberries, farm-to-cone ice cream, wellness syrups

AVAILABLE: ACORN Food Hub, website, Middlebury Natural Foods Co-op, City Market, Healthy Living, farm stand

SERVICES: Community events. At the farm we have a great playground,



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AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

197. Vermont Tortilla Company



April Moulart | 22 Sage Court, Suite 1 | Shelburne

802-999-4823 | april@vttortillaco.com | vttortillaco.com

Our certified organic tortillas are made with 100% freshly stone ground corn grown 8 miles from our factory. They are gluten, allergen, and additive free.

PRODUCTS: Tortillas

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, City Market, Healthy Living, wholesale, factory store, website

SERVICES: Factory tours, educational programs

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

Shoreham

198. Champlain Orchards

Bill Suhr | 3597 VT Route 74W | Shoreham | 802-897-2777

office@champlainorchards.com | champlainorchards.com

PRODUCTS: 110 varieties of apples, cherries, peaches, pears, plums and raspberries. Bakery: fresh apple pie, cider donuts, apple butter, cider syrup and apple sauce. Cider Mill: sweet pasteurized and unpasteurized cider, preservative-free, cranberry apple cider. Cider: Specialty hard ciders and ice ciders.

AVAILABLE: Farm stand, restaurants, grocery stores throughout Vermont, wholesale, website

SERVICES: Pick your own

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

199. Cousineau Cattle Co.

Glen Cousineau | 114 Hemenway Hill Road | Shoreham

802-349-4222

PRODUCTS: USDA inspected beef, sides, quarters, retail cuts

AVAILABLE: Farm direct

200. Daona Farm American Wagyu Beef

Elaine Brisson | 1079 School Street | Shoreham | 802-771-7391

daona@shoreham.net | daonawagyu.com

We sell farm raised American Wagyu Beef from our farm store. Frozen individual cuts and larger amounts available. Please call ahead or pre-order.

PRODUCTS: Beef

AVAILABLE: Farm direct (call ahead or pre-order), Red Sky Farm, Greg's Market, Shiretown Market

AVAILABLE SEASON: Year Round

201. Elysian Fields



Kathleen Hescok | 3658 VT Route 74W | Shoreham

802-897-7484 | kathleenhescok@hotmail.com

PRODUCTS: Beef, fed on homegrown feed, by the half or whole, wheat berries

AVAILABLE: Farm direct

202. Golden Russet Farm



Pauline Stevens | 1329 Lapham Bay Road | Shoreham

802-897-7031 | orders@goldenrussetfarm.com

goldenrussetfarm.com

Golden Russet Farm is a certified organic wholesale vegetable, herb and cut flower farm. Our greenhouses are open in the Spring for retail plant sales. We've been certified organic by VOF since 1987 and are focused on selling most of our high quality produce, flowers and plants within Addison County.

PRODUCTS: Assorted vegetables, herbs and cut flowers, vegetable and herb starts, flowering annuals, perennials, hanging baskets, organic fertilizer, compost and potting soil, seeds, onion sets, seed potatoes, decorative pottery and supplies.

AVAILABLE: Middlebury Natural Foods Co-op, American Flatbread Middlebury, Haymaker Bun Company, The Tillerman, Vergennes Laundry, Jessica's at Swift House Inn, City Market, Healthy Living

SERVICES: Fall CSA from September through November

AVAILABLE SEASON: Year Round

203. Lakeview Leicesters

Glen Cousineau | 144 Hemenway Hill Road | Shoreham

802-948-2779 | gcct@shoreham.net

PRODUCTS: USDA inspected lamb, whole or retail cuts, sheepskins, breeding stock, raw fleeces

AVAILABLE: Farm direct

204. Rolling Bale Farm and Animal Farm Creamery



Ben and Hilary Haigh | 1695 Shacksboro Road | Shoreham

802-897-5630 | rollingbalefarm@gmail.com

rollingbalefarm.com

Founded in 2014, Hilary and Ben Haigh raise beef, certified organic lamb, blueberries, and make farmstead cultured butter and buttermilk.

PRODUCTS: Beef, lamb, blueberries, butter, buttermilk, pelts

AVAILABLE: Farm direct, Trillium Hill Farm Stand. Buttermilk: most VT co-ops and health food stores, contact the farm for more info

SERVICES: Bulk discounts, custom cut, shipping of frozen meat

AVAILABLE SEASON: Year Round

205. Solar Haven Farm

Barbara Wilson | 977 Bates Road | Shoreham

802-289-4287 | barb@solarhavenfarm.com

solarhavenfarm.com

A woman owned fruit farm, established in 2011, specializing in value added specialty products, featuring low sugar jams and creamy dairy free sorbets. Our fruits are grown, using organic practices and are never sprayed with chemicals.

PRODUCTS: Blueberries, peaches, plums, black raspberries, baked goods, sorbet, jams and jellies

AVAILABLE: Farm Direct (call ahead), website, Vermont Maple Market, Vermont's Own, Scentsations Flowers & Gifts, Gateway Farm

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes



206. Vermont Trade Winds Farm

Tim & Loraine Hescok | 884 Route 74E | Shoreham
802-897-2448 | info@vermonttradewinds.com
vermonttradewinds.com

Trade Winds Farm has been a family-owned maple syrup farm since 2003. Tim & Loraine Hescok run the farm and maple store year-round. The farm produces different grades of maple syrup, as well as barrel aged & infused. Containers can be filled with syrup-on-tap. Seasonal produce: peaches, Christmas trees, wreaths & garland.

PRODUCTS: Maple syrup, maple rub, Frog Run Granola, maple candies, maple cream, maple walnuts, maple popcorn, maple cotton candy, sweet corn, pumpkins, peaches, apples, strawberries, ciders, Christmas trees, wreaths, garlands

AVAILABLE: Middlebury Natural Foods Co-op, Hunger Mountain Co-op, Upper Valley Food Co-op, farm stand, website

SERVICES: Full tasting bar, over 6 varieties of maple syrup on tap

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

207. WhistlePig Farm

2139 Quiet Valley Road | Shoreham | 802-897-7700
info@whistlepigrye.com | whistlepigwhiskey.com

PRODUCTS: Rye whiskey

AVAILABLE: See Vermont DLC for local liquor store listings; Waitsfield, Burlington, and Rutland Farmers Markets; local restaurants; website

ONLINE STORE: Yes

208. Work and Days Farm

Caroline Usher | 619 Totttingham Road | Shoreham
802-897-2822 | sheep@shoreham.net

PRODUCTS: Lamb, seasonal and dried flowers

AVAILABLE: Farm direct

Shrewsbury

209. Stone's Throw Farmstead



Jessica Purks and Connor Self | 120 Wilmouth Hill Road
Shrewsbury | 240-818-4521

stonethrowfarmstead@gmail.com | stonethrowfarmstead.com

We are young farmers growing certified organic flowers and veggies

on a half-acre low-till market garden. We also raise pasture-raised sheep and alpacas for meat, fiber, and fertility. We believe farming can be one of the best ways to care for our planet and mitigate climate disruption.

PRODUCTS: Cut flowers, assorted vegetables, lamb, mutton

AVAILABLE: ACORN Food Hub, Rutland Farmers Market, VFFC Online Market, farm stand

SERVICES: Flower arrangements

Starksboro

210. Bee Happy Vermont

Pedro Salas | 258 Big Hollow Road | Starksboro | 802-453-7996 beehappybeekeeper@gmail.com | beehappyvermont.com

Our land where we have our hives is all natural. Our Honey, from Starksboro and St. Albans, is a mix of clover and wildflowers.

PRODUCTS: Honey, creamy honey, honey mead, honey lemonade, honey baklava, lip balm, beeswax candles

AVAILABLE: Burlington Farmers Market, Richmond Farmers Market, Winooski Farmers Market, website, farm stand

SERVICES: Picking up wayward swarms

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

211. Bending Birch Homestead

Dwyer Haney | 685 Dan Sargent Road | Starksboro
801-550-5874 | dwyer.haney@gmail.com
[instagram.com/bendingbirchhomestead](https://www.instagram.com/bendingbirchhomestead)

Bending Birch Homestead is a young, incredibly diverse food forest seeking to change people's perceptions of what agriculture can look like. We focus on chestnuts, hickories, mulberries, and silvopastured meat.

PRODUCTS: Nuts, fruits, silvopastured meat, tree seedlings

SERVICES: Permaculture / agroforestry design and consulting

212. Champlain Valley Hops

Max Licker | 5459 Route 116 | Starksboro | 802-448-0525
max@champlainvalleyhops.com | champlainvalleyhops.com

Champlain Valley Hops is the largest hop farm in New England. 30 minutes south of Burlington, we grow and process premium hops for the region's craft breweries and home brewers. CVH is passionate



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Gold Standard Bookkeeping & Consulting

802.309.0149 shawna@goldstandardvt.com



about local agriculture and enjoy providing regional brewers access to local ingredients with unique flavors that represent Vermont.

PRODUCTS: Hop pellets and wet hops during harvest (varieties: Cascade, Centennial, Chinook, Comet, Crystal, Magnum, Triumph, Nugget, and Willamette)

AVAILABLE: Website

SERVICES: Spot hops, hop contracts, public and private farm tours

213. Dunham Family Maple

Jeff Dunham | 3702 Ireland Road | Starksboro
802-453-4219 | dfmaple@gmavt.net|

PRODUCTS: Maple syrup

AVAILABLE: Farm direct

214. Flatlander Farm

Keith and Lisa Drinkwine | 2148 VT Route 17 | Starksboro
802-453-4631 | info@flatlanderfarm.com | flatlanderfarm.com

Founded in 2013 by Keith Drinkwine and Lisa Burritt Drinkwine, Flatlander Farm is known for quality pasture-raised chicken, duck and goose. Our grazing practices are rooted in our commitment to healthy animals, diverse pasture systems and clean watersheds. Our chicken and duck, and other local products, are available at our farm stand.

PRODUCTS: Pasture raised chicken, duck, goose, goat, flowers, duck eggs, chicken eggs, baked goods, jams, herbal products

AVAILABLE: Farm stand



SERVICES: Chicken CSA and goose pre-order. Sign-up begins in January

215. Footprint Farm



Taylor Mendell | 760 Tatso Road | Starksboro | 802-318-2090
csa@footprintfarmvt.com | footprintfarmvt.com

We grow organic vegetables for a CSA program and local restaurants, caterers, and retail establishments. We specialize in year-round greens, and partner with over a dozen local producers to bring a wide range of products to our CSA members.

PRODUCTS: Assorted vegetables

AVAILABLE: Middlebury Natural Foods Co-op, Minifactory, Old Brick Store, Tillerman, Bobcat Cafe, Hogback Brewery, Haymaker Buns, Tourterelle, Starry Night Cafe, Cucina Antica, Honey Road, Grey Jay, Beaudry's, Pizzeria Ida

SERVICES: Year round CSA

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

216. Hillsboro Sugarworks



Julie and Bill Heffernan | 409 Gore Road | Starksboro
info@hillsborosugarworks.com | hillsborosugarworks.com

We are a family owned and operated certified organic maple sugaring operation located on Hillsboro Mountain in Starksboro Vt. Visit our website to learn more.

PRODUCTS: Maple

AVAILABLE: ACORN Food Hub, Healthy Living, City Market, Middlebury Natural Foods Co-op, farm stand, website

217. Lewis Creek Farm

Hank Bissell | 3071 VT Route 116 | Starksboro
802-453-4591 | lewiscreekfarm@gmavt.net
lewiscreekfarm.com

Lewis Creek Farm has been growing vegetables on the rich bottom lands of Lewis Creek since 1981. We have a reputation for top quality, competitive pricing and environmental responsibility. All winter we offer potatoes and root vegetables, dry beans, eggs and pickles. Summer begins with strawberries...and ends with watermelon.

PRODUCTS: Assorted vegetables, herbs, strawberries, melons, eggs, pickles and ferments, plants and starts, flowers, hanging baskets

AVAILABLE: City Market, Healthy Living, wholesale, farm stand, website

SERVICES: Year round CSA, pick your own

AVAILABLE SEASON: Year Round

ONLINE STORE: Yes

218. Maggie Brook Sugarworks

Matthew Elder | 500 Ruby Brace Road | Starksboro
melder@gmavt.net

PRODUCTS: Maple syrup and sap

219. Norris Sugarworks

Kelly Norris | 2951 Vermont Route 17 | Starksboro
802-453-4753 | norrissw@gmavt.net | norrissugarworks.com

PRODUCTS: Maple syrup, maple candy, maple cream

AVAILABLE: Farm direct, mail order



220. Red Rock Valley Maple Farm

Henry & Linda Emmons | 160 Sugarhouse Lane | Starksboro
802-434-2858

PRODUCTS: Maple syrup

AVAILABLE: Sugar house

221. Russell Farm

David Russell | 1248 VT Route 116 | Starksboro
802-453-2208 | amymansfield@gmavt.net

PRODUCTS: Sweet corn, summer & winter squash, maple syrup, maple products

AVAILABLE: Farm direct

SERVICES: Christmas Trees with horse drawn rides

222. Sentinel Farms

Kerry Harris | Starksboro | 802-377-1066 | unboundgrace.org

Beef raised with love, harvested without stress or fear, leaving no harmful fight or flight toxins behind.

PRODUCTS: Grass-fed, grass-finished beef

AVAILABLE: Farm direct

SERVICES: Sentinel Saturdays: Noon-3pm. Enjoy family activities with horses and healthy food. Horse and farm educational health experiences, riding lessons, individual and group equine programs

223. Shaker Mountain Farm

Ann Bove | 1400 Shaker Hill Road | Starksboro
802-434-4254 | shakermountainfarmvt.com

PRODUCTS: Maple syrup

AVAILABLE: Farm direct, website

ONLINE STORE: Yes

224. Shangrila Farm

Kit & Karen | 35567 Route 17 | Starksboro
kitharris72@gmail.com | shangrilafarmvermont.com

PRODUCTS: Eggs, garlic

AVAILABLE: Farm direct, Middlebury Natural Foods Co-op, Jerusalem Store

225. Upstream Sugarworks

Michael Shepard | Starksboro | 802-349-5785
upstreamsugarworks@gmail.com

7th generation family farm producing wood fired pure maple syrup.

PRODUCTS: Sweet cider, maple syrup, maple cream, maple sugar

AVAILABLE: Island Girl Jewelry, Flatlander Farm Farmstand, farm direct

226. vTerra Farms



Kevin Kennedy | 205 Cemetery Road | Starksboro
802-434-7484 | kevin@vterrafarms.com | vterrafarms.com

vTerra is a diversified hemp farm specializing in fast-acting CBD products formulated with premium, vitamin-rich, low glycemic whole foods. We are vertically integrated, managing every step of the process ourselves, and use regenerative growing techniques that ensure crop health and potency. Full spectrum CBD is nano-encapsulated using 100% natural, plant-based emulsifiers.

PRODUCTS: Pasture-raised chicken and duck eggs, garlic, peppers,

ginger, tomatoes, cucumbers, corn, sunflowers, squashes, pumpkins, CBD hemp, berries, apples, melons, eggs, CBD products

AVAILABLE: Shelburne Farmers Market, Hudak Farm Store, Champlain Valley Community Fitness, Hatchet Restaurant, Spruce Restaurant, website

SERVICES: Event hosting

Sudbury

227. Green & Gold CSA



Paige Wener | Sudbury | greenandgoldcsa@gmail.com
greenandgoldcsa.com

Green & Gold is a no-till, woman-run farm that began in New Haven, VT in 2019. We now cultivate one acre in Sudbury within sight of Lake Horton. We market our high-quality produce through our beloved CSA and the Middlebury Farmers Market.

PRODUCTS: Assorted vegetables, heirloom and cherry tomatoes, watermelon and cantaloupe, herbs

AVAILABLE: CSA, the Middlebury Farmers Market

SERVICES: Summer and fall CSA

AVAILABLE SEASON: Summer, Fall, Winter

228. Miller Hill Farm Nursery and Gardens

Carl Phelps and Nan Jenks-Jay | 2127 Route 73 E. | Sudbury
802-623-7373 | mhfarm@shoreham.net | millerhillfarmvt.com

Not your ordinary plant nursery! Customers describe having an enchanting and inspiring experience. Vibrant plants, prices you'll love and expert advice. Annuals, perennials, trees, shrubs, berry plants and native species. Plus fun and unusual garden accessories and accents.

PRODUCTS: Flowers, herbs, plants and starts, trees, wreaths and baskets, ornamental & native plants

AVAILABLE: Farm store

AVAILABLE SEASON: Spring, Summer, Fall

229. Mountain Meadows Farm

Brian Kemp | 2711 Route 30 | Sudbury | 802-989-0514
briankemp@shoreham.net

PRODUCTS: Beef, wholesale/retail, organic, retail cuts

AVAILABLE: Whole Foods Stores

230. Rup's Custom Cutting and Smoking

Rupert Larock | 2015 Willowbrook Road | Sudbury
802-247-4570

Retail Sales on Friday. Call ahead to order.

PRODUCTS: Meat processing & smoking

231. The Stevens Farmstead

Jane Costello | 5 Williams Lane | Sudbury | 802-623-6755
thestevensfarmstead@gmail.com | thestevensfarmstead.com

I started the Stevens Farmstead in 2014 in honor of my late mother, Dawn Stevens. I produce Christmas wreaths, vegetables, and run a certified catering kitchen out of my home.

PRODUCTS: Assorted vegetables, herbs, flowers, baked goods, prepared meals, plants and starts, wreaths and baskets

AVAILABLE: Brandon Farmers Market, farm stand, VFFC Online Market,



The Giving Fridge

SERVICES: CSA, floral services, catering, dinner and dessert delivery service

Vergennes

232. Boundbrook Farm

Erik Andrus | 276 Burroughs Farm Road | Vergennes
802-877-1396 | erik@vermontrice.net | vermontrice.net

PRODUCTS: Ducks, white rice, brown rice

AVAILABLE: Farm direct, website

ONLINE STORE: Yes

233. Diddle & Zen

Abby Matson | 221 Main Street | Vergennes | 303-709-9930
abby@diddleandzen.com | diddleandzen.com

Founded in 2019, Diddle & Zen is a cut flower farm located 8 miles outside of Vergennes. Our seasonal farm stand features ready made bouquets, flower bar and gifts. We are also a full service flower and gift shop in Vergennes, VT.

PRODUCTS: Flowers, plants and starts, wreaths and baskets

AVAILABLE: 221 Main St, Farm Stand at 3376 Jersey St, Panton

SERVICES: CSA, farm events, floral services, pick your own

234. Shacksbury Cider



David Dolginow | 75 Meigs Road | Vergennes
802-458-0530 | cidershop@shacksbury.com | shacksbury.com

We make complex ciders that are always pushing forward, while never straying far from the natural beauty our home state is known for.

PRODUCTS: Cider

AVAILABLE: Cider direct, Middlebury Natural Foods Co-op, Two Brothers, American Flatbread, Bobcat Cafe & Middlebury Discount Beverage

SERVICES: Co-packing

235. Treleven

Cheryl Mitchell | 164 Mitchell Drive | Vergennes | 802-545-2278
cheryl.w.mitchell@gmail.com | trelevenfarm.org

Treleven is a farm and forest setting with hay fields and large vegetable gardens that are mostly used as learning centers. A variety of educational activities take place on the farm.

PRODUCTS: Hay

AVAILABLE: Farm direct

SERVICES: Community events, educational programs, farm events, farm stays/B&Bs

236. Vermont Pure Essentials



Jonathan Namanworth | 237 Main Street | Vergennes
802-897-5663 | vermontpurecbd.com

PRODUCTS: CBD tinctures, capsules, salve, roll on, dog treats, CBD honey, lotion, pet tincture, bath bombs, milk chocolate and dark chocolate, certified organic smokable flowers

AVAILABLE: Vermont Pure Essentials Store, Middlebury Natural Foods Co-op, website

Addison County Solid Waste Management District

The District provides innovative solutions for waste reduction and diversion. Get help with:

- Solid waste planning and management
- Public outreach
- Hazardous waste, recycling, composting
- Educational programs and technical support
- Advocacy on waste-related issues
- Enforcement against illegal burning and dumping

Purchase containers for recycling and organics management.

1223 Rte 7 South Middlebury, VT

(802) 388-2333 - AddisonCountyRecycles.org - acswmid@acswmid.org

District Transfer Station Hours:
M-F: 7 AM to 3 PM
SAT: 8 AM to 1 PM

HazWaste Center Hours:
M-F: 8 AM to 2 PM
SAT: 8 AM to 1 PM

Celebrating Vermont's vibrant local food culture!

86 Main Street, Middlebury :: 802.388.0002 :: www.twobrotherstavern.com



237. Woodman Hill Orchard

Stephanie Lowe | 175 Plank Road | Vergennes | 802-877-6686
apples@woodmanhillorchard.com | woodmanhillorchard.com

U-pick apple orchard, unpasteurized cider, donuts. Use latest IPM (Integrated Pest Management) practices to manage our orchard. Our Farm Stand also sells pumpkins, gourds, maple syrup and honey produced by other local growers.

PRODUCTS: Apples, pears, peaches, baked goods, apple cider, jams and jellies

AVAILABLE: Farm stand, VanDeWeert Farm Stand

SERVICES: Catering (apples, donuts, baked goods, and cider), pick your own, farm tours

AVAILABLE SEASON: Fall

Weybridge

238. Duclos and Thompson Farm

Lisa Thompson | 1026 Sheep Farm Road | Weybridge
802-545-2230

PRODUCTS: Pork, lamb, beef and turkeys, retail cuts

AVAILABLE: Farm store

239. Ledge Hill Farm

Violet LaFountain | 58 LaFountain Lane | Weybridge
802-377-0452 | violet.lafountain802@gmail.com

PRODUCTS: Vegetable plants, fruits, jams, USDA inspected goat meat, retail cuts, duck and chicken eggs, baked goods

AVAILABLE: Farm direct, Middlebury Farmers Market

240. Monument Farms

Robert James | 2107 James Road | Weybridge
802-545-2119 | monumentfarms.com

PRODUCTS: Milk, retail milk, bottled cream, half & half, chocolate milk

AVAILABLE: Retail store, stores in Addison, Franklin, Rutland and Chittenden Counties

241. Weybridge Farm

Phyllis Bowdish | 21 Denisville Lane | Weybridge
802-545-2446

PRODUCTS: Eggs, beef

AVAILABLE: Farm direct, Middlebury Natural Foods Co-op (eggs)

Wells

242. Larson Farm and Creamery

Rich & Cynthia Larson | 661 South Street | Wells
802-645-1957 | larsonfarmvt@gmail.com | larsonfarmvt.com

Certified organic, certified grass fed, Raw A2, pasteurized cream-top cow milk, all cow to cup made from our own A2 cow's milk, plus our organic beef by the cut

PRODUCTS: Milk, plain and maple yogurt, Italian gelato, beef

AVAILABLE: ACORN Food Hub, Middlebury Natural Foods Co-op, City Market, Healthy Living, other area stores, and farm store



SERVICES: Farm tours by appointment, on-farm AirBnB, farm stays

AVAILABLE SEASON: Year Round

Whiting

243. Corner OAKK Farm

Kevin Riley | 4467 Richville Rd | Whiting | 720-470-8843
kkriley19@gmail.com

A small family-operated market garden rooted in sustainable practices. Forging connections between farm, food, and the local community in a modern setting. Our fresh flowers and produce are grown with care within a closed-loop model.

PRODUCTS: Greens, herbs, beans, cucumber, tomatoes, onions, garlic, carrots, beets, peppers, squashes, broccoli, cabbage, radicchio, endive, and more! Cut flowers include sunflowers, zinnia, dahlias, sweet pea, asters, and snapdragons

AVAILABLE: Online market, farm direct

244. Fast Hitch Farm



Donner D & Donner R Carr | 389 West Road | Whiting
802-623-6519 | fasthitchfarm@gmail.com

Both Seed Grade and Kitchen Grade garlic offered. Five varieties available: Siberian, Russian Red, Music, Bogatyr and Metechi. Green Rye Straw in round bales and small square bales.

PRODUCTS: Garlic, hay

AVAILABLE: Middlebury Agway, Farmers to You, by appointment

245. Fowlers R&R Ranch



Bruce Fowler | 38 South Main Street | Whiting
802-598-0940 | fowlersrandr.org

Eight years ago we started Fowler's R and R Ranch to assist veterans returning from active service. They can stay for free, but some that can afford to pay help with donations. We have had animals and gardens for them to help out with chores.

PRODUCTS: Beef, pork, assorted vegetables, sweet corn, flowers, apples, blackberries, raspberries, baked goods, beans, compost, hay, plants and starts, honey

AVAILABLE: Middlebury Natural Foods Co-op, Middlebury Farmers Market, farm stand

SERVICES: Farm events, pick your own

AVAILABLE SEASON: Spring, Summer, Fall

246. Mo*Se Farm

Seth Ross | 165 Sawyer Needham Road | Whiting
mosefarm@gmail.com | mosefarmvt.com

We lease a dairy barn and 30 acres of pasture in Whiting, where our small herd of predominantly Ayrshire cows live. Their high quality raw milk is sold to a local artisan cheese producer and directly to our customers. Excess milk is used to grow the bulls born on the farm to produce truly excellent and humane veal.

PRODUCTS: Rose veal, raw cow milk

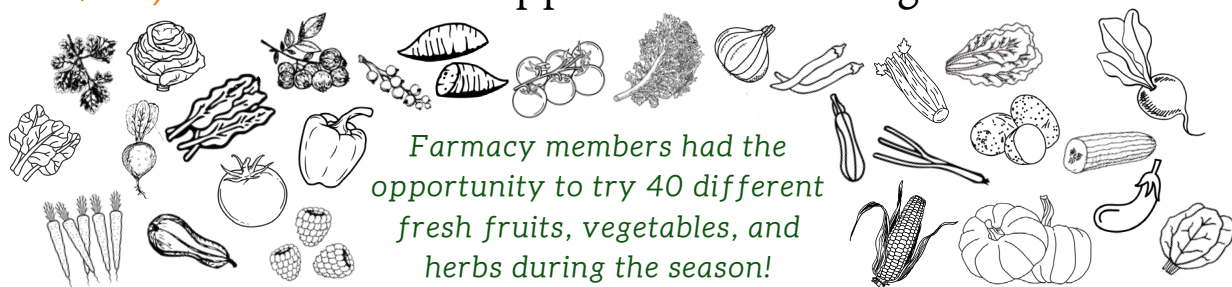
AVAILABLE: Rutland Farmers Market, Shelburne Farmers Market, farm stand

AVAILABLE SEASON: Year Round



2023 ADDISON COUNTY FARMACY PROGRAM REPORT

In 2023, ACORN served 100 families with 14,000 pounds of locally purchased food, accounting for \$48,300 in direct support of three Organic farms.



Farmacy members had the opportunity to try 40 different fresh fruits, vegetables, and herbs during the season!

In the words of our participants...

"{We had} more and better quality vegetables with more variety than we would have otherwise had. That led to more imaginative meals and we felt cared for, enjoyed the weekly connection and using food that was from local farmers was a gift to us. It was special."

"We had access to healthier, organic vegetables that we would not otherwise have been able to afford."

"It's joyful to have access to local, fresh food."



Pre and post surveys reveal that:

85% of participants reported an increase in fruit and vegetable consumption through the program.

78% of participants indicated that their confidence in cooking increased.

95% of participants reported that the program benefited their health.



The Raishart family keeps watch over the evaporator in their maple boiling room at Foxglove Maple in Leicester.

Photo credit: New England Farm and Food

Can Vermont farmers Scale Up?

BY EMMA MCKEE

Earl Butz, the secretary of the USDA from 1971-1976, famously told farmers to get big or get out. As a result of this mindset, he slashed New Deal era policies that protected small farmers from

large agribusiness companies, leading to a decrease in the viability of small- and medium-sized farms. At the same time, the U.S. judicial system weakened their support of antitrust laws, allowing for massive consolidation of the agribusiness industry. These policies led to increased agricultural production and decreased commodity prices (think: corn, soy, wheat, etc.), at the cost of the survival of rural communities, the health of consumers, and environmental sustainability. With this shift in the structure of the agricultural system over the past half century, farmers across

(See Scaling Up, page 60)



MIDDLEBURY
NATURAL
FOODS
CO-OP

Last year, with your support,
MIDDLEBURY NATURAL FOODS CO-OP
 was able to pay Vermont
 Farmers and Producers over
\$6,600,000
THANK YOU!



MIDDLEBURY
NATURAL
FOODS
CO-OP

9 Washington St | middlebury.coop | 8:00-7:00 Daily

Natural Foods Café



Scaling Up continued from page 59

the U.S. have been forced to scale up to survive in a market with slim profit margins. This pressure continues to this day across the country, including in Vermont.

We set out to understand how today's small-scale farmers in the Champlain Valley are responding to this pressure, in addition to the compounding pressure of extreme weather events. Vermont, thanks in part to its culture of independence, resilience, and support for local businesses, combined with the back to the land movement of the 1960s and '70s, has a larger prevalence of small farms than many areas of the country. The majority of new farms in Vermont are between 10 and 50 acres. According to the most recent Vermont Agriculture Census, over half of Vermont's farms sell less than \$10,000 of products a year, and only 19% of farms report sales over \$100,000. The average sales per farm is \$159,373, but only 43% of farms report net gains. Our agriculture may be diverse, but it is also consolidated. Just 3% of our farms account for two-thirds of all agricultural sales. Nationally, however, farms larger than a thousand acres are steadily increasing.

Vermont has the highest number of farmers markets and Community Supported Agriculture programs (CSAs) per capita, and interest in local food is continuing to rise. According to researchers at the University of Vermont, between 2010 and 2017... the proportion of local food and beverage consumption has increased from 5% in 2010 to 9.7% in 2014 and 13.9% in 2017 (Conner et al., 2020). Seeking markets other than centralized, commodity markets; small, ecologically-minded farms in Vermont are tapping into a base of supportive consumers at co-op grocery stores, farmers markets, farm stands, and food hubs. Through Covid, the importance of a localized foodshed became headline news as photos of empty store shelves, a result of globalized markets and long supply chains, became commonplace. The popularity of farm stands increased, with many new ones popping up, demonstrating the agility and resilience of local networks in times of crisis.

Beyond the hyper-local foodshed, the Champlain Valley has a key role to play in supplying the broader New England region with regional food. The New England Food Vision report identified the Champlain Valley, Aroostook County in Maine, and the Connecticut Valley as key regions that have the capacity to largely increase the amount of food they are growing. Food Solutions New England has put forward the goal of New England's diet being 30% local by 2030 and 50% by 2060. There is demand for more local food to be grown in the Champlain Valley to further provide for Vermont and New England, but how do we get there? Should Vermont farmers scale up to meet this increasing need? What challenges do farmers face who want to scale up? In the face of ongoing extreme weather events, would scaling current operations or starting more small farms be most resilient?

Seeking to investigate how Vermont farmers are thinking about the question of scale, seven small-scale farmers in the Champlain Valley who produce vegetables, fruits and nuts, maple, and cheese were interviewed. These seven farms ranged in size from one acre



Paige Wener seeds cover crops with the Earthway push seeder at her Green & Gold CSA in Sudbury.

Photo courtesy of Paige Wener

in Sudbury to 30 acres in Brandon. While 20- to 30-acre vegetable farms are considered medium-sized in Vermont, they would be tiny in many other states. For reference, in California — the state that currently produces the majority of fruits, nuts, and vegetables in the U.S. — the average farm size is 328 acres.

Silas Doyle-Burr of Last Resort Farm in Monkton has 20 acres in vegetable production and 1,000 tapped maple trees. Silas expressed that he thinks scaling up is essential if Vermont farms want to be able to compete with the prices of California produce. "Scaling is important for efficiency," he said, "I need to decrease my demand for labor in order to keep prices down and be competitive."

Finding labor is a constant challenge for Vermont farms, and most medium- and large-scale producers rely on the H-2A program: a program that brings foreign guest workers to the U.S. to perform seasonal agricultural work. 11.3% of all farm work in Vermont is accomplished by seasonal H-2A workers — amounting to an estimated 400 people coming each year. Silas has one H-2A worker and relies on the consistency of someone that he knows will come back year after year. Dan Wulfschle from Wood's Market Garden in Brandon, who has three H-2A workers, expressed that to feel confident building a business that is so labor intensive, you can't rely on locals. Most Vermonters can't afford to be farmworkers long-term and, in Dan's opinion, financials aside, most American-born people would not be satisfied farming for their career but not owning their own farm. According to these medium-scale farmers, participating in the H-2A program is an essential ingredient to scaling-up, but a large barrier to that is the requirement that they provide housing for the seasonal workers. When farmers purchase conserved agricultural land, a conservation easement bars them from building new dwellings on their property.

Neither Nathan Hammer of Firefly Fields Farm, a three-acre vegetable, fruit and nut farm in Bristol nor Paige Wener of Green & Gold CSA (one acre of vegetables in Sudbury) are participants

(See Scaling Up, page 62)



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Scaling Up continued from page 60

in the H-2A program. But both see it as an essential component of our current food system and as a band-aid solution to larger issues that lead to the necessity of importing an international workforce. Paige explained, “Labor is a large limiting factor, so a more affordable standard of living, with more social programs that help all of us in Vermont, would also benefit farmers. It’s a whole-systems approach; a lot of solutions that don’t at first seem like they’re tied to farming, in the end would affect it for the better.”

Another challenge that farmers who want to scale-up face is finding markets. Dan at Wood’s Market Garden remarked that Vermont loves local food, but doesn’t have enough people or enough money to ensure small farms stay viable. Vermont is a state of only half a million, so tapping into metropolitan centers like Boston and New York City can help larger farmers reach millions of eaters. Silas works with Farmers to You, one of a handful of middleperson organizations that help Vermont farmers reach markets in larger cities.

With these challenges at play and other lifestyle goals and interests, many Vermont farmers are choosing to keep their operations on the smaller side. Spencer Blackwell grows seven acres of diversified vegetables at Elmer Farm (Middlebury) and when asked if he wants to scale up, he stated that his interest is

not to grow as much as I can possibly grow. His focus is on soil quality and maximizing the productivity of a small plot of land. He also notes that, with the increased presence of electronic communication and aggregation hubs like the ACORN Food Hub, it is becoming easier for smaller farms to collaborate and reach wholesale buyers. And increasing the viability of small farmers would make it possible for more Vermonters to be involved in agriculture, centering it as an esteemed career and a viable way of life.

Catherine Raishart of Foxglove Maple (Leicester) explained that they have found financial sustainability through diversification, not scaling up. In addition to tapping 500 trees and hosting a yearly maple open house, they sell cut flowers, have an Airbnb, and she sells her art. “There’s a cultural narrative that the goal should always be growth, our goal is balance,” says Catherine. There are more trees on their property that could be tapped, but that would mean less family time and decreased work-life balance, a cost that Catherine and her husband, Mark, were not willing to pay. Nathan at Firefly Fields Farm also expressed that keeping his farm at a manageable size was essential to avoiding burnout. Hannah Sessions of Blue Ledge Farm (Salisbury), a goat farm and creamery producing 55,000 pounds of goat and cow cheese annually, has noted that for her family, work-life balance was found in the sweet spot between micro- and medium-sized. Because they have 160 goats that need to be watered and milked every day, being at a

(See Scaling Up, page 63)

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Rows of buckwheat shimmer in the sunlight at Elmer Farm in Middlebury. Buckwheat as a cover crop is great at suppressing weeds, building soil health, and attracting beneficial insects and pollinators.

Photo credit: Spencer Blackwell

Scaling Up continued from page 62

scale where they can hire some help has made it possible for them to leave the farm for activities and events and provide a good work-life balance for themselves but especially for their kids.

Most of the producers I spoke to were of the opinion that having a larger number of small farms would provide a greater degree of resiliency in terms of the climate crisis. Paige, who farms one acre with no-till methods using only human-powered tools, sees strength in this type of farming that is not reliant on fossil fuels or long supply chains for farm machinery and chemical inputs. As Spencer stated, smaller farms can focus more attention on building soil health — through agroforestry, intercropping, cover cropping, no-till, and other permaculture/agroecological methods — leading to more carbon sequestration and biodiversity conservation.

This is true locally as well as globally. La Via Campesina — an international peasant organization that connects over 200 million farmers advocating for food sovereignty — supports this idea that, across the world, we need localized, indigenous approaches to agriculture to have resilient crops and robust local food systems to both mitigate and adapt to the impacts of extreme weather events.

Hoping to increase the diversity of the landscape of her farm, Paige is attempting to invite collaborators to join her and complement her vegetable operation with fruit, livestock, beekeeping, herbs, or value-added products. She is envisioning this as either an incubator system or a more permanent collaborative ecosystem. Paige has always felt drawn to the camaraderie of farming and her dream is for people to farm around and with her. One family running a farm can be extraordinarily stressful, and while the farmers interviewed for this story have all found

(See Scaling Up, page 64)



Menus and more!





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different ways of making it work, envisioning a more collaborative, collectivized future may be the path forward.

New projects like the White River Land Collaborative — a community-driven incubator farm for young farmers in White River Junction — and the Susu CommUNITY Farm — an Afro-indigenous project focused on food and land sovereignty in Newfane — are paving the way for new methods of collectively growing food with and for their communities.

It is possible to grow more food in the Champlain Valley. But, the answer is certainly not get big or get out. There will always be people drawn to create farms of different sizes, which may be essential to meet both the goal of New England food sovereignty as well as hyper-local resilience here in Vermont.

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Conner, D., Becot, F., Kahler, E., Claro, J., & Harlow, A. (2020). Counting local food consumption: Longitudinal data and lessons from Vermont. *Journal of Agriculture, Food Systems, and Community Development*, 9(2), 87–100. <https://doi.org/10.5304/jafscd.2020.092.007>



Sungold tomatoes grow in a high tunnel at Firefly Fields Farm in Bristol.

Photo credit: Nathan Hammer



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FARMERS MARKET GUIDE

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Orwell Food Fest

July 14, Aug. 11 and Sept. 8., noon to 4 p.m.
Town Green
Kate Hunter | orwellfreelibrary@gmail.com
orwellfreelibrary.org

MONDAYS

Bristol Farmers Market

June 3 - Sep. 30, 3:00 - 7:00 p.m.
Town Green
director@bristolcore.org

WEDNESDAYS

Vermont Farmers Market, Rutland

June 5 - Oct. 29, 1:00 - 5:00 p.m.
Depot Park (in front of WalMart)
78 Merchants Row
Ann Finley | 802-747-8264
vfmrutland@gmail.com
vtfarmersmarket.org

THURSDAYS

Midd Summer Market

June 6 - Aug 29, 3:30 - 7:30 p.m.
Triangle Park, Middlebury
MiddSummerMarket@gmail.com
ExperienceMiddlebury.com

Fair Haven Market

June 7 - Oct. 31, 3:00 - 6:00 p.m.
Fair Haven Park
Ann Finley | 802-747-8264
vtfarmersmarket.org
vfmrutland@gmail.com

Vergennes Farmers Market

June 13 - Oct. 10, 3:00 - 6:30 p.m.
City Green
Chris Reck | 802-233-9180
vergennesfm@gmail.com

FRIDAYS

Brandon Farmers Market

June - early Oct., 9:30 a.m.- 2:30 p.m.
Central Park
Wendy Cijka | 802-273-2655
cijka4@gmail.com
brandonfarmersmarketvt.com

Richmond Farmers Market

May 31 - Oct. 11, 3:00 p.m. - 6:30 p.m.
Volunteers Green
rfmmanager@gmail.com
richmondfarmersmarketvt.org

SATURDAYS

Shelburne Farmers' Market

May 18 - Oct. 12, 9:00 a.m.- 1:00 p.m.
Shelburne Village Green
shelburnefarmersmarketvt@gmail.com
shelburnefarmersmarketvt.org

Vermont Farmers Market, Rutland

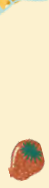
May 11 - Oct. 26, 9:00 a.m. - 2:00 p.m.
Depot Park (outdoor)
Nov. 2 - May 10, 10:00 a.m. - 2:00 p.m.
One Scale Ave, Suite 92 (indoor)
Ann Finley | 802-747-8264
vfmrutland@gmail.com | vtfarmersmarket.org

Middlebury Farmers Market

May 4 - Oct. 26, 9:00 a.m. - 12:30 p.m.
VFW Parking Lot (outdoor)
530 Exchange St.
Nov. 4 - April 27, 9 a.m. - 12:30 p.m.
VFW (indoor)
middleburyfarmersmarket.org
middleburyfarmersmkt@yahoo.com

Midd Summer Market

June 1 - Aug 31, 9:00 a.m. - noon
Triangle Park, Middlebury
middsummermarket@gmail.com
experiencemiddlebury.com





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282 Boardman St., Middlebury | 802-388-3608

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The Right to Food

BY LILAH KRUGMAN

The Right to Food is as simple as it sounds: Food should be available, accessible, adequate and sustainable for everyone.

The Right to Food's simplicity, however, can be deceiving; food continues to be excluded from American citizens' constitutional rights. During a 2021 vote on a UN draft that supported the global Right to Food, the U.S. and Israel were the only two countries to vote no.

Addison County is home to Right to Food expert Molly Anderson, a decades-long advocate for community-centered farming and food production. Anderson, the William R. Kenan Jr. Professor of Food Studies at Middlebury College, has

"Charitable organizations were never designed to provide all of the nutritious food that food-insecure people need, and they are over-stretched. Food banks are not in the business of putting themselves out of business."

— Molly Anderson

dedicated her academic career to researching sustainable food systems. To learn more about the Right to Food, we sat down with Anderson.

Anderson is a fierce proponent of increased governmental action in supporting food access and farm viability. The government is ultimately responsible for ensuring that everyone has a right to safe, healthy and nutritious food that is produced in sustainable ways. But our government is not upholding that right, she explained. Anderson described the current model of hunger relief work, which relies on donations from charitable organizations, as not dependable. She expanded, "Charitable organizations were never designed to provide all of the nutritious food that food-insecure people need, and they are over-stretched. Food banks are not in the business of putting themselves out of business."

The Right to Food demands community control of the whole food chain, equitable land access and small-farm viability, another challenge for our local food system. According to the recent USDA Agriculture Census, Addison County lost almost 8,000 acres of farmland between 2017-2022. Across Vermont, nearly 20,000 acres transitioned away from farming. This equates to a 1.6% loss of total state farmland, a trend found across the globe.

We can look to the global south for a shining example of the

(See Right to Food, page 69)



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Right to Food in practice. During Brazilian President Luiz Inácio Lula da Silva's first term (2003-2011), the campaign Fome Zero, or Zero Hunger, built off long-term efforts to eradicate hunger and support local farm viability.

"Farmers were struggling as much or more than urban people from destitution," explained Anderson. Fome Zero's funding for food access programs specifically included local food, thereby supporting entire communities and farmers across the country. Fome Zero also included free school meals, direct cash payments, subsidized staple food stores supplied with local foods, and in-town cafeterias providing healthy, culturally appropriate meals to all community members.

Local examples of the Right to Food exist as well. Maine enshrined the Right to Food into law in 2021, declaring that all individuals have the right to grow, raise, harvest, produce and consume the food of their own choosing for their own nourishment, sustenance, bodily health and well-being. The law is the first of its kind nationally. It affirms for Maine's small-scale food producers the right to grow and distribute food without regulation, cementing community control of food into law. Anderson explained that the law is successful because it builds upon the trust and community cohesion that is inherent to rural communities. It is up to the people buying the food to inspect it and say I trust this farm. By reducing barriers to small-scale food

production, the law also aims to reduce the cost burden of local food for consumers.

Back home, Anderson finds hope in the recent enactment of Universal School Meals into Vermont law. She views this as a step to safe, nutritious food for all Vermonters, especially those who are most vulnerable. Future steps Anderson envisions are: a higher minimum wage to accommodate rising costs of living, further investigation into land access disparities, and a changed narrative around hunger that acknowledges that food insecurity doesn't reflect individual choices, but rather the failings of our government. Some of these efforts are already underway through initiatives such as Vermont's Land Access and Opportunity Board (LAOB) and the Local Foods for Schools Program.

Anderson encourages readers to learn more about the Right to Food and how to advocate for it at the local and state level. Visit www.righttofoodus.org to learn more or check out Anderson's newest book, *Food Systems Transformation: Narratives of Power*, available for purchase July 4, 2024.

"Farmers were struggling as much or more than urban people from destitution."

— Molly Anderson



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